

2018 Cross Country Practice/Meet Schedule

Date	Day	Event Time	Scheduled Event	Bus Leaves	Location	For Whom
28-Jul	Sat	11:00 AM	Introductory Meeting	n/a	CHS Cafeteria	ALL
30-Jul	Mon	5:53 AM	Practice (Meet @ CHS)	6:13 AM	Burke Lake	ALL
31-Jul	Tues	7:53 AM	Tryouts (Meet @ CHS)	8:10 AM	Burke Lake	ALL
1-Aug	Wed	7:53 AM	Practice (Meet @ CHS)	8:10 AM	Burke Lake	ALL
2-Aug	Thurs	6:23 AM	Practice (Meet @ CHS)	n/a	CHS	ALL
2-Aug	Thurs	7:30 PM	Potomac River Running- Shoe Night	n/a	Fairfax Corner	ALL
3-Aug	Fri	7:53 AM	Practice (Meet @ CHS)	8:10 AM	Burke Lake	ALL
3-Aug	Fri	7:53 AM	LAST DAY TO JOIN TEAM	n/a	n/a	ALL
3-Aug	Fri	n/a	FINAL DEADLINE FOR SPIRIT PACK FORMS	n/a	n/a	ALL
4-Aug	Sat	7:13 AM	Practice (Meet @ Manassas Battlefield)	n/a	Manassas Battlefield	ALL
6-Aug	Mon	5:53 AM	Practice (Meet @ CHS)	6:13 AM	Burke Lake	ALL
7-Aug	Tues	7:13 AM	Practice (Meet @ Manassas Battlefield)	n/a	Manassas Battlefield	ALL
7-Aug	Tues	7:00 PM	Fall Athletics Parents Meeting	n/a	CHS Auditorium	Parents
8-Aug	Wed	6:23 AM	Practice (Meet @ Lees Corner)	n/a	Lees Corner Elem	ALL
9-Aug	Thurs	5:53 AM	Practice (Meet @ CHS)	6:13 AM	Burke Lake	ALL
10-Aug	Fri	7:13 AM	Scrim vs. Robinson & Lee	7:33 AM	Burke Lake	ALL
11-Aug	Sat	7:13 AM	Practice (Meet @ Manassas Battlefield)	n/a	Manassas Battlefield	ALL
13-Aug	Mon	11:30 AM	Depart for Lost River	11:30 AM	CHS	Campers
16-Aug	Thurs	1:00 PM	Return from Lost River	10:30 AM	CHS	Campers
17-Aug	Fri	7:13 AM	Practice (Meet @ Walney Pond)	n/a	E.C. Lawrence Park	ALL
18-Aug	Sat	9:30 AM	Team Pictures/Field Day	n/a	CHS	ALL
20-Aug	Mon	5:53 AM	Practice (Meet @ CHS)	n/a	CHS	ALL
21-Aug	Tues	5:53 AM	Practice (Meet @ CHS)	n/a	CHS	ALL
22-Aug	Wed	5:53 AM	Practice (Meet @ Lees Corner)	n/a	Lees Corner Elem	ALL
23-Aug	Thurs	5:53 AM	Practice (Meet @ CHS)	n/a	CHS	ALL
24-Aug	Fri	5:53 AM	Practice(Meet @ CHS)- 2nd Time Trial	6:13 AM	Burke Lake	ALL
25-Aug	Sat	7:13 AM	Practice (Meet @ Manassas Battlefield)	n/a	Manassas Battlefield	ALL
27-Aug	Mon	6:23 AM	Practice(Meet@Lees Corner)	n/a	CHS Track	ALL
28-Aug	Tues	3:20 PM	First Day of School (Practice)	n/a	CHS Track	ALL
1-Sep	Sat	7:13 AM	Practice(Meet@Lees Corner)	n/a	Lees Corner Elementary	ALL
3-Sep	Mon	8:23 AM	Practice (Meet @ CHS)	n/a	CHS	ALL
8-Sep	Sat	8:00 AM	Monroe Parker Invitational	5:33 AM	Burke Lake	All ***
12-Sep	Wed	4:30 PM	Concorde District Tri-Meet #1	3:15 PM	Lake Fairfax	ALL
15-Sep	Sat	9:00 AM	Oatlands Invitational	6:00 AM	Oatlands Plantation	TBA
21-Sep	Fri	5:30 PM	Team Dinner	n/a	CHS Cafeteria	ALL
26-Sep	Wed	4:30 PM	Concorde District Tri-Meet #2	3:15 PM	Bull Run Park, Manassas	ALL
29-Sep	Sat	9:00 AM	Octoberfest Invitational	6:00 AM	Great Meadow, The Plains, VA	TBA
4-Oct	Thurs	4:30 PM	Dobson Double Dual Invitational	3:15 PM	Burke Lake	ALL
6-Oct	Sat	10:00 AM	Glory Days Grill Invitational	8:00 AM	Bull Run Park, Manassas	ALL
8-Oct	Mon	8:23 AM	Practice (Meet @ CHS)	n/a	CHS	ALL
9-Oct	Tues	4:30 PM	Concorde District Tri-Meet #3	3:15 PM	Lake Fairfax	ALL
13-Oct	Sat	9:00 AM	Third Battle Invitational	6:13 AM	Winchester, VA	ALL
17-Oct	Wed	4:30 PM	Concorde District Tri-Meet (Rain Date)	3:15 PM	Lake Fairfax	TBA
18-Oct	Thurs	5:30 PM	Team Dinner	n/a	CHS Cafeteria	ALL
20-Oct	Sat	8:00 AM	Practice (District Teams Only)	n/a	TBA	Varsity
25-Oct	Thurs	1:00 (b), 1:30 (g)	Concorde District Championships	10:00 AM	Burke Lake	Varsity
1-Nov	Thurs	3:00(B),3:30 (G)	Northern Region Championships	10:00 AM	Burke Lake	Varsity
10-Nov	Sat	TBA	VA 6A State Championships	TBA	Great Meadow, The Plains, VA	Varsity
24-Nov	Sat	TBA	Footlocker Southern Regionals	n/a	Charlotte, NC	TBA
27-Nov	Tues	7:00 PM	Fall Athletic Awards	n/a	CHS Auditorium	ALL

Please set ALL of these dates aside right now. You are making a real commitment to this team. You are expected to make ALL functions at which you are expect to participate. All absences must be exused approved ahead of time by Coach G.