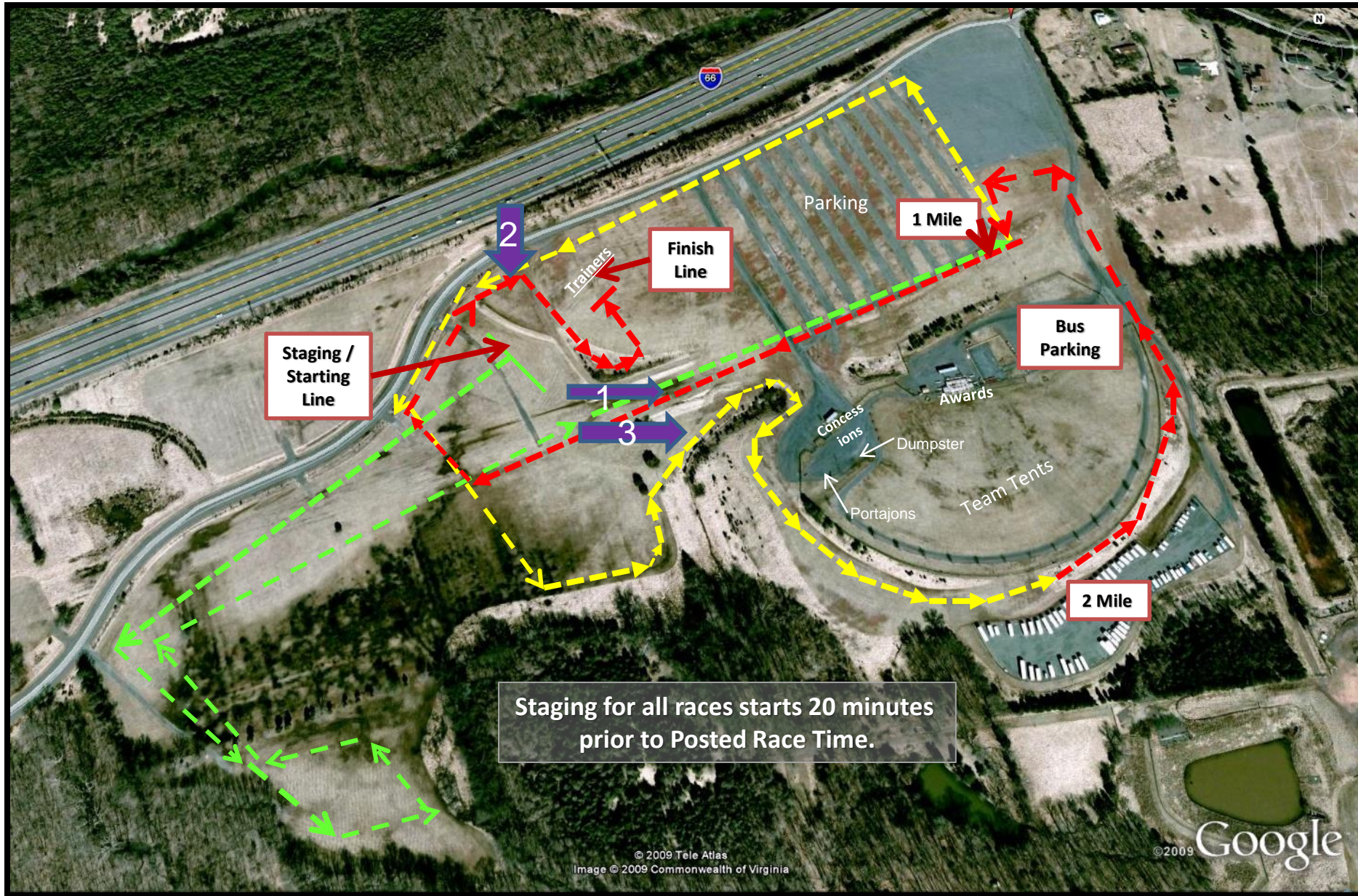


2018 Invitational Cross County Meet



2018 Box Assignments

Bishop O'Connell	1
Yorktown	
Briar Woods	2
WT Woodson	
Bullis	3
Georgetown Visitation	
National Cathedral	
Woodbridge	
Covenant Christian	4
Winston Churchill	
Dematha	5
Elizabeth Seton	
Westfield	
Dominion	6
West Springfield	
Flint Hill	7
West Potomac	
Freedom	8
Towson	
GC Marshall	9
Stone Bridge	

Good Counsel	10
The Heights	
Hayfield	11
St. Anselm's	
Herndon	12
St. Albans	
Saint John Paul the	13
South County	
Loudoun County	14
South Lakes	
Loudoun Valley	15
Robinson	
Millbrook	16
Quince Orchard	
Mount Vernon	17
Potomac	
Oak Hill	18
Patriot	
Osborn Park	19
Paul VI	
Oakton	20
Robert E Lee	

Lake Braddock	21
Rock Ridge	
JH Blake	22
Sidwell Friends	
Gar-Field	23
Skyline	
Fairfax	24
Stonewall Jackson	
Dulaney	25
Trinity Christian	
Cosby	26
Wakefield	
Chantilly	27
Warren County	
Centennial	28
Washington Latin	
Annandale	29
Washington Lee	

Freshman Boys	10:30 AM
Freshman Girls	11:10 AM
JV Boys Division 1	11:50 AM
JV Boys Division 2	12:30 PM
JV Girls	1:10 PM
Varsity B Boys	2:00 PM
Varsity B Girls	2:30 PM
Varsity A Seeded Boys	3:00 PM
Varsity A Seeded Girls	3:30 PM

First Call**2nd Call****Final Call****Final
Instructions**

<u>Race</u> (Staging Opens at 10:00 AM)	Warm UP On Course Starting Area	Final Call Validate Box Assignment	Athletes Race Ready	Coaches Clear Starting Area	Start
	RT - :15	RT - :10	RT - :05	RT - :03	RT - :00
Freshman Boys	10:15	10:20	10:25	10:27	10:30 AM
Freshman Girls	10:55	11:00	11:05	11:07	11:10 AM
JV Boys Division 1 (RANDOM SPLIT)	11:35	11:40	11:45	11:47	11:50 AM
JV Boys Division 2	12:15	12:20	12:25	12:27	12:30 PM
JV Girls	12:55	1:00	1:05	1:07	1:10 PM
Varsity B Boys	1:45	1:50	1:55	1:57	2:00 PM
Varsity B Girls	2:15	2:20	2:25	2:27	2:30 PM
Varsity A Seeded Boys	2:45	2:50	2:55	2:57	3:00 PM
Varsity A Seeded Girls	3:15	3:20	3:25	3:27	3:30 PM



October 08, 2018

- ❖ No Electronics Rule in effect
- ❖ Uniform Rules in effect – Uniforms must be worn as issued
- ❖ Make Sure You Run Across both Mats at the end of the race



JV RACE # 1 – 11:50

Bishop O'Connell	1
Briar Woods	2
Bullis	3
Covenant Christian	4
Dematha	5
Dominion	6
Flint Hill	7
Freedom	8
GC Marshall	9
Good Counsel	10
Hayfield	11
Herndon	12
Saint John Paul the Great	13
Loudoun County	14
Loudoun Valley	15
Millbrook	16
Mount Vernon	17
Oak Hill	18
Paul VI	19
Robert E Lee	20
Rock Ridge	21
Sidwell Friends	22
Skyline	23
Stonewall Jackson	24
Trinity Christian	25
Wakefield	26
Warren County	27
Washington Latin	28
Washington Lee	29

JV RACE # 2 – 12:30

Annandale	29
Centennial	28
Chantilly	27
Cosby	26
Dulaney	25
Fairfax	24
Gar-Field	23
JH Blake	22
Lake Braddock	21
Oakton	20
Osbourn Park	19
Patriot	18
Potomac	17
Quince Orchard	16
Robinson	15
South Lakes	14
South County	13
St. Albans	12
St. Anselm's	11
The Heights	10
Stone Bridge	9
Towson	8
West Potomac	7
West Springfield	6
Westfield	5
Winston Churchill	4
Woodbridge	3
WT Woodson	2
Yorktown	1

Annandale	29
Bishop O'Connell	1
Briar Woods	2
Bullis	3
Centennial	28
Chantilly	27
Cosby	26
Covenant Christian	4
Dematha	5
Dominion	6
Dulaney	25
Elizabeth Seton	5
Fairfax	24
Flint Hill	7
Freedom	8
Gar-Field	23
GC Marshall	9
Georgetown Visitation	3
Good Counsel	10
Hayfield	11
Herndon	12
JH Blake	22
Lake Braddock	21
Loudoun County	14
Loudoun Valley	15
Millbrook	16
Mount Vernon	17
National Cathedral	3
Oak Hill	18
Oakton	20
Osbourn Park	19

Patriot	18
Paul VI	19
Potomac	17
Quince Orchard	16
Robert E Lee	20
Robinson	15
Rock Ridge	21
Saint John Paul the Great	13
Sidwell Friends	22
Skyline	23
South County	13
South Lakes	14
St. Albans	12
St. Anselm's	11
Stone Bridge	9
Stonewall Jackson	24
The Heights	10
Towson	8
Trinity Christian	25
Wakefield	26
Warren County	27
Washington Latin	28
Washington Lee	29
West Potomac	7
West Springfield	6
Westfield	5
Winston Churchill	4
Woodbridge	3
WT Woodson	2
Yorktown	1