

2018 Oatlands Cross Country Invitational

When: Saturday, September 15, 2018

Where: Oatlands Plantation (www.oatlands.org)

Who: Teams from Virginia, Colorado, Delaware, Maryland, New Jersey West Virginia, Pennsylvania, North Carolina, New York and Washington, DC

Course: A 5K course run on the grounds on Leesburgs historic Oatlands Plantation. The course is mostly grass, with rolling hills, some wooded trails, and two creek crossings. Runners can expect some short hills with sharp inclines. A spectator friendly course that requires very little walking.

Host School: Riverside High School
19019 Upper Belmont Place
Leesburg, VA 20176

Entries: Please submit roster on milestat.com. Instructions will be sent as the meet approaches. Entries are due no later than Monday, September 10, 2018.

Entry Fee: \$250 for Boys or Girls team or \$300 for both teams. The entry fee check made payable to Riverside High School and mailed to Riverside HS.

Entries fees are due no later than Friday, August 31, 2018.

Awards: There will be medals given to the top 20 individuals in each race. The top three teams in the varsity A race and the top two teams in the varsity B and junior varsity races will receive trophies.

T-Shirts: Short sleeve tees will be available for purchase the day of the meet for \$10.

Meet Directors: Derek Farrey, LCPS Matt Oblas, Athletic Director
Loudoun County Public Schools Riverside High School
Cell Phone: 703-431-4763 Cell Phone: 703-727-7592
E-mail: derek.farrey@lcps.org E-mail: matt.oblas@lcps.org

Facilities: You may bring a tent. Port-a-johns will be available for your bathroom needs. Please pick-up all trash before leaving for the day. Athletic trainers will be on site. Please bring your own tape.

Parking: Follow signs and attendants. Admission charge will be \$10.00 per car. Parking is always tight and traffic is always slow. Car pooling is strongly encouraged.

Directions: From the South: Rt 29 North or I-66 to Rt 15 North. Rt 15 North approximately 18 miles to Oatlands Plantation on the right.

From the East: Rt. 267 (Toll Road) West to Leesburg. Left Lane at the end of the toll road. Less than .5 mile to second exit, Rt 15 South. Follow Rt 15 South approximately 5 miles to Oatlands Plantation on the left.

From the West: Rt 7 East to Leesburg. Follow Rt 7 Bypass to exit for Rt. 15 South. Follow Rt 15 for approximately 5 miles to Oatlands Plantation on the left.

Hotel Information: There are a number of hotels within a 15 mile radius of Oatlands Plantation. A few that have been used by teams in past years are listed below. We are in the process of trying to establish group rates and will send that info as soon as we have it.

Meet Schedule:

Friday Course preview is available. Please contact Matt Oblas

7:00 a.m. Course Open

8:00 a.m. Packet Pick-up at Officials Tent

8:30 a.m. Coaches Meeting
9:00a.m. JV Upperclassmen Boys(10 Runners)
9:30 a.m. JV Upperclassmen Girls (10 Runners)
10:00a.m. Varsity A Girls (7 Runners)
10:30a.m. Varsity A Boys (7 Runners)
11:00a.m. JV Underclassmen Girls (10 Runners)
11:30a.m. JV Underclassmen Boys(10 Runners)
12:00p.m. Varsity B Girls (7 Runners)
12:30p.m. Varsity B Boys (7 Runners)