

**Concorde District Track & Field Championship**  
**Thursday, May 17<sup>th</sup> and Friday, May 18<sup>th</sup>**

**Thursday, May 17<sup>th</sup>**

- 4:00 PM Coaches Meeting  
Weigh in Shot/Discus  
Certify Pole Vaulter Weights
- 4:30 PM Girls Shot Boys Discus  
Girls Long Jump Boys Long Jump  
Girls High Jump  
Girls Pole Vault, followed by Boys Pole Vault
- (all events are Girls followed by Boys)
- 6:00 PM 100 Meter Dash Preliminaries – if needed  
6:20 PM 100/110 Meter High Hurdle Semifinals  
6:40 PM 100 Meter Dash Semifinals  
7:00 PM 3200 Meter Relay Finals  
7:20 PM 200 Meter Dash Preliminaries

**Friday, May 18<sup>th</sup>**

- 4:00 PM Coaches Meeting  
Weigh in Shot/Discus
- 4:30 PM Girls Discus Boys Shot Put  
Girls Triple Jump Boys Triple Jump  
Boys High Jump
- 6:10 PM National Anthem  
(all events are Girls followed by Boys)
- 6:15 PM 100/110 Meter High Hurdle Finals  
6:25 PM 100 Meter Dash Finals  
6:35 PM 1600 Meter Run (Sections on Time)  
7:05 PM 400 Meter Relay (Sections on Time)  
7:25 PM 400 Meter Dash (Sections on Time)  
7:45 PM 300 Meter Intermediate Hurdle (Sections on Time)  
8:15 PM 800 Meter Run (Sections on Time)  
8:35 PM 200 Meter Dash Finals  
8:45 PM 3200 Meter Run (Sections on Time)  
9:15 PM 1600 Meter Relay (Sections on Time)  
9:40 PM Team Awards

The meet will not run ahead. If the meet falls behind we will try to keep approximately the same time between events as listed above, but will not try and rush ahead to get back on schedule. We want the athletes to have an appropriate amount of time between their events.