

**2018 Carolyn Legard Relays
Estimated Time Schedule**

****This is for planning only, the meet will operate on a rolling schedule****

8:45 a.m. Coaches Meeting at finish line

9:00 a.m. Field Events

Boys and Girls Long Jump
Boys Discus Throw
Girls Shot Put
Boys High Jump
Girls Pole Vault

1:00 p.m. Field Events

Boys and Girls Triple Jump
Girls Discus Throw
Boys Shot Put
Girls High Jump
Boys Pole Vault

9:30 a.m. Rolling Schedule

9:30 AM 4x1600 Meter Relay
11:00 AM 100/110 Hurdle Relay (two hurdlers - times will be combined)
11:40 AM Swedish Relay (100-200-300-400m)
12:25 PM 4 x 800 Meter Relay
1:15 PM 4 x 200 Meter Relay
1:55 PM 8th grade 100 Meter Dash *#
2:00 PM 8th grade 1600 Meter Run *#
2:10 PM 4 x 100 Meter Relay
2:40 PM 9/10th Grade 1600 Meter Run *
3:40 PM Sprint Medley (200-200-400-800)
4:45 PM Distance Medley Relay (1200-400-800-1600)
5:35 PM Co-ed Clydesdale 4x100m - Throwers- 2 girls, 2 boys (order will be girl, girl, boy, boy)
5:50 PM 9/10th Grade 4 x 400 Meter Relay *
6:35 PM 4 x 400 Meter Relay
7:20 PM Meet Concludes