

**New Balance Outdoor Nationals**  
**June 14<sup>th</sup>-17<sup>th</sup>, 2018**  
**CHS Itinerary**

Coaches: Gilchrist, Franks

Emergency Contact- Dr. Gilchrist (703-861-9642); Coach Franks (703-909-8814)

North Carolina A&T University  
Aggie Stadium  
E Lindsay Street, Greensboro, NC  
27411

Hotel: **Red Roof Inn Greensboro Coliseum**  
**2101 W Meadowview Rd**  
**Greensboro, NC 27403**  
**336-862-6560**

Cecelia Bacon (HJ- EE, SMR-EE)  
Ruby Carter-Ogden (SMR-EE)

Alice Han (SMR-EE)  
Nicole Re (SMR-EE, 800m-EE)

**COSTS: We are asking each participant to contribute \$125 towards hotel/transportation/meet entry costs. Checks should be made out to CHS Track.** Athletes are also responsible for costs for their meals and any souvenirs.

In addition, each athlete must register for a USATF membership to satisfy sanctioning requirements. You may do so by going to <https://www.usatf.org/membership/application/>. Each athlete must submit a signed waiver (attached), as well as the printed receipt from their USATF registration to Coach Gilchrist prior to departure. Each athlete will receive a post-season, XBC Track jersey to wear (if they don't have one already).

Thursday, June 14th  
10:30 am- Departure  
5:00 pm- Arrive at Hotel

6:00 pm- Dinner  
11:00 pm- Lights Out

Friday, 6/16:  
Breakfast  
10 am- Depart for Stadium  
2:10 pm- Emerging Elite SMR (Ruby, Alice, Cecelia, Nicole)

Return to Hotel  
5:30 pm- Dinner  
11:00pm – Lights Out

Saturday, 6/17:  
Breakfast  
10 am- Depart for Stadium  
1:00 pm- Emerging Elite HJ (Cecelia)  
Depart for Home- Cecelia, Alice, Ruby

Return to Hotel  
6:00 pm- Dinner  
11:00pm – Lights Out

Sunday, 6/18:  
8 am- Breakfast, Check out; Go to Stadium  
11:15 am- Emerging Elite 800m (Nicole)  
Lunch  
12:30 pm- Depart  
7:00 pm- Return