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# New Balance Nationals Outdoor

June 15-17, 2018

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## 2018 NBNO Schedule of Events

**\*UPDATED June 10**

### Friday, June 15, 2018

#### Track Events

Track Events			
9:45 AM		GIRLS - Championship 3000m Racewalk	FINAL
10:10 AM		GIRLS - Emerging Elite - 4x800 Relay	FINAL
10:40 AM		BOYS - Championship 3000m Racewalk	FINAL
11:00 AM		BOYS - Emerging Elite - 4x800 Relay	FINAL
11:35 AM		BOYS - Emerging Elite - 110H	Qualifying
11:50 AM		GIRLS - Emerging Elite - 100H	Qualifying
12:00 PM		Emerging Elite - One Mile Run	FINAL
12:40 PM		Emerging Elite - 100m	Qualifying
1:00 PM		Championship Swedish Relay (100-200-300-400)	FINAL
1:20 PM		100m Hurdles	Heptathlon
1:30 PM		Emerging Elite - 4x200 Relay	FINAL
2:10 PM		Emerging Elite 1600 Medley	FINAL
3:30 PM		Freshman 100m	Qualifying
3:55 PM		Freshman 400m	FINAL
4:35 PM		GIRLS - Emerging Elite - 100m Hurdles -	FINAL
4:40 PM		BOYS - Emerging Elite - 110m Hurdles	FINAL
4:45 PM		Emerging Elite 800 Medley	FINAL

5:25 PM		Emerging Elite - 400m	FINAL
5:55 PM		Freshman 100m	FINAL
6:00 PM		Emerging Elite -100m	FINAL
6:05 PM		Freshman 2 Mile	FINAL
6:30 PM		200m	Heptathlon
6:40 PM		Championship 5000 Meters	FINAL
8:00 PM		Mixed 4x400m (New)	FINAL

### Field Events

11:00 AM		GIRLS - Freshman Long Jump (pit 1)	FINAL
11:00 AM		BOYS - Freshman Long Jump (pit 2)	FINAL
11:00 AM		BOYS - Emerging Elite - Hammer	FINAL
12:00 PM		BOYS - Emerging Elite Javelin (outside stadium)	FINAL
1:00 PM		GIRLS - Emerging Elite Pole Vault	FINAL
2:30 PM		GIRLS - Emerging Elite Triple Jump (pit 2)	FINAL
2:30 PM		High Jump	Heptathlon
2:30 PM		GIRLS - Emerging Elite Discus	FINAL
3:30 PM		GIRLS - Emerging Elite Javelin (outside stadium)	FINAL
4:00 PM		BOYS - Emerging Elite High Jump	FINAL
4:00 PM		BOYS - Emerging Elite Triple Jump	FINAL
4:30 PM		Shot Put	Heptathlon
5:00 PM		BOYS - Emerging Elite Pole Vault	FINAL
5:15 PM		BOYS - Emerging Elite Discus	FINAL
6:30 PM		GIRLS - Championship Javelin (infield)	FINAL

## Saturday, June 16, 2018

### Track Events

9:15 AM		Emerging Elite - 4x100 Relay	Qualifying
9:45 AM		Championship 4x200m Relay	FINAL
10:35 AM		100m	Decathlon
10:45 AM		Championship 100m	Qualifying
11:15 AM		GIRLS - Championship 100m Hurdles	Qualifying
11:30 AM		BOYS - Championship 110m Hurdles	Qualifying
11:55 AM		Emerging Elite - 200m	Qualifying
12:30 PM		Championship 2000m SteepleChase	FINAL

1:10 PM		Championship 1600m Medley Relay	FINAL
2:20 PM		800m	Heptathlon
2:35 PM		Emerging Elite - 200m	FINAL
2:45 PM		Championship 100m	FINAL
2:55 PM		Freshman Mile	FINAL
3:25 PM		Junior High School Mile (New)	FINAL
3:55 PM		Championship 4 X Shuttle Hurdle Relay (Girls First)	FINAL
4:40 PM		Emerging Elite - 2 Mile Run	FINAL
5:20 PM		GIRLS - Championship 2 Mile Run (unseeded)	FINAL
5:35 PM		BOYS - Championship 2 Mile Run (unseeded)	FINAL
5:40 PM		Emerging Elite - 4x100 Relay #	FINAL
5:50 PM		Championship 4x100m Relay	Qualifying
6:35 PM		400m	Decathlon
6:50 PM		GIRLS - Championship 2 Mile Run (Top seeded section)	FINAL
7:05 PM		BOYS - Championship 2 Mile Run (Top seeded section)	FINAL
7:20 PM		BOYS- Championship 110 H	FINAL
7:25 PM		GIRLS- Championship 100H	FINAL
7:30 PM		Championship 4x800m Relay	FINAL

### Field Events

9:00 AM		Long Jump (pit 1)	Heptathlon
9:00 AM		GIRLS - Freshman Triple Jump (pit 2)	FINAL
11:00 AM		GIRLS - Championship Discus	FINAL
11:30 AM		Javelin (outside stadium)	Heptathlon
11:30 AM		BOYS - Emerging Elite - Shot Put	FINAL
12:00 PM		BOYS - Freshman Triple Jump (pit 2)	FINAL
12:00 PM		Long Jump (pit 1)	Decathlon
1:00 PM		GIRLS - Emerging Elite High Jump (2 pits)	FINAL
2:30 PM		GIRLS Championship Triple Jump (pit 1)	FINAL
2:30 PM		Shot Put	Decathlon
2:30 PM		GIRLS - Emerging Elite Hammer	FINAL
3:45 PM		BOYS - Championship Shot Put	FINAL
4:00 PM		GIRLS - Championship Pole Vault	FINAL
		(Seeded and Unseeded flights on adjacent runways)	
4:00 PM		High Jump	Decathlon
5:00 PM		BOYS - Championship Triple Jump (pit 2)	FINAL
6:00 PM		BOYS - Championship Hammer	FINAL
6:00 PM		BOYS - Championship Javelin (infield)	FINAL

**Sunday, June 17, 2018****Track Events**

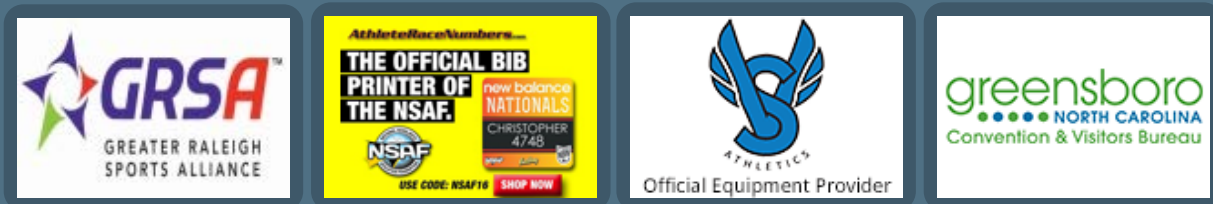
8:00 AM	110 Hurdles	Decathlon
8:10 AM	Championship 4 Mile Relay	FINAL
9:50 AM	Emerging Elite Distance Medley Relay	FINAL
10:30 AM	Championship 800m Medley	FINAL
11:15 AM	Emerging Elite 800m	FINAL
11:50 AM	Emerging Elite 400m Hurdles	FINAL
12:15 PM	Championship 400m Hurdles - All but top section	FINAL
12:30 PM	Championship 200m	Qualifying
12:55 PM	Emerging Elite 4x400m Relay	FINAL
1:25 PM	Championship 800m - All but top section	FINAL
2:00 PM	Championship 400m - All but top section	FINAL
2:25 PM	Championship One Mile - All but top section	FINAL
3:05 PM	Championship 4x400 - All but top section	FINAL
3:50 PM	CELEBRATION CEREMONY	
4:00 PM	Championship 400m Hurdles - Girls - Seeded Section	FINAL
4:05 PM	Championship 400m Hurdles- Boys - Seeded Section	FINAL
4:10 PM	Championship 4x100m Relay	FINAL
4:20 PM	Championship 800m - Seeded Section	FINAL
4:30 PM	Championship 400m - Seeded Section	FINAL
4:40 PM	1500m	Decathlon
4:55 PM	Championship One Mile - Seeded Section	FINAL
5:10 PM	Championship 200m	FINAL
5:20 PM	Championship Distance Medley Relay	FINAL
5:45 PM	Championship 4x400m Relay - Seeded Section	FINAL

**Field Events**

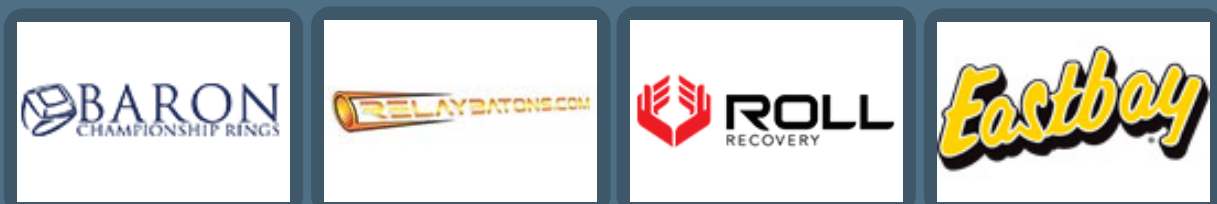
9:00 AM	Discus	Decathlon
9:00 AM	BOYS - Emerging Elite Long Jump (pit 1)	FINAL
9:00 AM	GIRLS - Emerging Elite Long Jump (pit 2)	FINAL
10:00 AM	GIRLS - Emerging Elite Shot Put	FINAL
11:00 AM	GIRLS - Championship Hammer	FINAL
11:00 AM	Pole Vault	Decathlon

11:00 AM	BOYS - Championship High Jump	FINAL
12:00 PM	BOYS - Championship Long Jump (pit 1)	FINAL
1:30 PM	GIRLS - Championship Shot Put	FINAL
2:00 PM	BOYS - Championship Discus	FINAL
2:00 PM	Javelin (outside stadium)	Decathlon
2:00 PM	GIRLS - Championship High Jump	FINAL
2:30 PM	BOYS - Championship Pole Vault	FINAL
	(Seeded and Unseeded flights on adjacent runways)	
3:00 PM	GIRLS - Championship Long Jump (pit 2)	FINAL

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The mission of the NSAF is to inspire youth to live healthy and active lifestyles, and to prepare them for success.

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