
 Already Inducted  
 Eligible for Induction

 Not Yet Eligible  
 Still Active

Name	Year	Season	Event	Place	Perf	Level	Points	HoF Points	TOTAL
1 <b>McGorty, Brandon</b> Eligible in 2020	2016	Winter Track	Sprint Medley	Champion	3:24.02	Nationals		<b>30</b>	
	2015	Winter Track	800m Run	2nd	1:51.50	Nationals		<b>20</b>	
	2015	Winter Track	1000m Run	Champion	2:29.81	State	10	20	
	2016	Spring Track	1600m Run	Champion	4:16.54	State	10	20	
	2016	Spring Track	800m Run	Champion	1:51.86	State	10	20	
	2015	Winter Track	4x800m	Champion	7:56.02	State	10	20	
	2015	Spring Track	4x800m	Champion	7:48.08	State	10	20	
	2015	Spring Track	4x400m	Champion	3:20.55	State	10	20	
	2016	Winter Track	1600m Run	Champion	4:13.46	State	10	20	
	2016	Winter Track	1000m Run	Champion	2:29.62	State	10	20	
	2017	Winter Track	1600m Run	Champion	4:13.31	State	10	20	
	2016	Winter Track	4x400m	Champion	3:24.38	State	10	20	
	2017	Spring Track	1600m Run	Champion	4:13.91	State	10	20	
	2017	Spring Track	800m Run	Champion	1:55.01	State	10	20	
	2017	Winter Track	800m Run	3rd	1:50.29	Nationals			12
	2015	Spring Track	Sprint Medley	3rd	3:25.65	Nationals			12
	2016	Spring Track	800m Run	4th	1:50.43	Nationals			<b>12</b>
	2016	Winter Track	800m Run	4th	1:51.36	Nationals			<b>12</b>
	2015	Spring Track	Distance Medley	6th	10:10.74	Nationals			12
	2016	Cross Country	Cross Country	Champion	15:14.00	Region	1	12	
	2015	Winter Track	4x400m	Champion	3:27.76	Region	10	12	
	2016	Winter Track	1000m Run	Champion	2:25.81	Region	10	12	
	2017	Spring Track	800m Run	Champion	1:48.71	Region	10	12	
	2016	Spring Track	4x400m	Champion	3:19.36	Region	10	12	
	2016	Winter Track	4x400m	Champion	3:27.03	Region	10	12	
	2015	Spring Track	800m Run	3rd	1:52.69	State	6	8	
	2014	Spring Track	800m Run	8th	1:56.76	State	1	8	
	2014	Spring Track	4x800m	4th	7:57.21	State	5	8	
	2014	Winter Track	4x800m	7th	8:10.67	State	2	8	
	2015	Winter Track	4x400m	3rd	3:29.35	State	6	8	
	2016	Spring Track	4x400m	3rd	3:20.90	State	6	8	
	2017	Winter Track	4x400m	6th	3:28.89	State	3	8	
	2016	Cross Country	Cross Country	4th	15:39.00	State	4	8	
	2015	Cross Country	Cross Country	6th	16:13.00	State		8	
	2014	Winter Track	4x400m	6th	3:28.78	State	3	8	
	2014	Spring Track	4x400m	8th	3:24.26	State	1	8	
	2015	Winter Track	High Jump	2nd	6-2.00	Region	8	8	
	2015	Winter Track	500m Dash	2nd	1:05.34	Region	8	8	
	2014	Winter Track	High Jump	Champion	6-0.00	District	10	6	
	2014	Winter Track	500m Dash	Champion	1:08.11	District	10	6	
2015	Winter Track	High Jump	Champion	6-3.00	District	10	6		
2015	Winter Track	1000m Run	Champion	2:29.43	District	10	6		
2015	Winter Track	4x400m	Champion	3:28.17	District	10	6		
2014	Winter Track	4x400m	Champion	3:30.59	District	10	6		
2015	Winter Track	4x800m	Champion	8:00.17	District	10	6		
2014	Winter Track	4x800m	Champion	8:08.10	District	10	6		
2016	Winter Track	1600m Run	Champion	4:23.74	District	10	6		
2016	Winter Track	High Jump	Champion	6-2.00	District	10	6		
2016	Winter Track	1000m Run	Champion	2:34.49	District	10	6		
2016	Winter Track	4x400m	Champion	3:30.20	District	10	6		
2016	Spring Track	1600m Run	Champion	4:17.55	District	10	6		
2016	Spring Track	800m Run	Champion	1:54.59	District	10	6		
2017	Winter Track	1600m Run	Champion	4:30.38	District	10	6		
2017	Winter Track	1000m Run	Champion	2:38.38	District	10	6		

2017	Winter Track	4x400m	Champion	3:32.98	District	10	6
2017	Spring Track	1600m Run	Champion	4:18.04	District	10	6
2017	Spring Track	400m Dash	Champion	48.70	District	10	6
2017	Spring Track	800m Run	Champion	1:54.39	District	10	6
2014	Winter Track	High Jump	3rd	6-2.00	Region	6	4
2014	Winter Track	4x400m	5th	3:31.60	Region	4	4
2014	Winter Track	4x800m	4th	8:22.19	Region	5	4
2016	Spring Track	400m Dash	4th	48.52	Region	5	4
2017	Spring Track	4x400m	6th	3:24.62	Region	3	4
2014	Winter Track	500m Dash	7th	1:07.97	Region	2	4
2014	Spring Track	4x800m	2nd	7:57.50	District	8	4
2014	Spring Track	4x400m	2nd	3:26.40	District	8	4
2016	Spring Track	4x800m	2nd	8:06.97	District	8	4
2014	Spring Track	High Jump	2nd	6-0.00	District	8	4
2014	Spring Track	High Jump	4th (tie)	6-0.00	Region	4.5	4
2014	Spring Track	800m Run	4th	1:57.15	Region	3	4
2014	Spring Track	4x800m	3rd	7:56.67	Region	6	4
2015	Spring Track	4x800m	3rd	7:54.17	Region	6	4
2016	Cross Country	Cross Country	2nd	15:29.00	District	2	4
2015	Cross Country	Cross Country	11th	15:56.00	Regional		3
2014	Spring Track	800m Run	4th	1:58.67	District	4	3
2015	Cross Country	Cross Country	4th	16:02.00	District	4	3
2012	Cross Country	Cross Country	7th	15:38.0	District	7	3
2016	Winter Track	1000m Run		2:25.81	CHS Record		5
2016	Winter Track	800m Run		1:51.36	CHS Record		5
2015	Spring Track	800m Run		1:52.69	CHS Record		5
2015	Winter Track	High Jump		6-05.00	CHS Record		5
2017	Winter Track		Runner of the Year		All-Met		10
2017	Spring Track		Runner of the Year		All-Met		10
2015	Winter Track		1st Team		All-Met		7
2016	Winter Track		1st Team		All-Met		7
2016	Spring Track		1st Team		All-Met		7
2016	Cross Country		1st Team		All-Met		7
2015	Winter Track		Relay		All-Met		3
2015	Spring Track		Hon Men		All-Met		3
2015	Cross Country		Hon Men		All-Met		3

**TOTAL 795**

**2 McGorty, Sean**

<b>2013</b>	<b>Spring Track</b>	<b>2 Mile Run</b>	<b>Champion</b>	<b>8:45.61</b>	<b>Nationals</b>		<b>30</b>
2012	Cross Country	Cross Country	Champion	14:47.00	State	1	20
2012	Spring Track	3200m Run	Champion	9:05.51	State	10	20
2012	Cross Country	Cross Country	2nd	15:04.70	Nationals		20
2013	Winter Track	2 Mile Run	2nd	9:02.02	Nationals		20
2013	Winter Track	1600m Run	Champion	4:11.68	State	10	20
2013	Winter Track	3200m Relay	Champion	7:52.99	State	10	20
2013	Spring Track	3200m Run	Champion	8:58.07	State	10	20
2013	Winter Track	3200m Run	2nd	9:06.63	State	8	12
2013	Spring Track	3200m Relay	2nd	7:47.30	State	8	12
2013	Winter Track	4 x 1 Mile Relay	6th	17:34.57	Nationals		12
2011	Cross Country	Cross Country	10th	15:28.00	Nationals		12
2011	Winter Track	1 Mile Run	6th	4:13.81	Nationals		12
2010	Winter Track	1 Mile Run	5th	4:35.61	Nationals		12
2012	Cross Country	Cross Country	Champion	14:19.00	Region		12
2011	Spring Track	3200m Run	Champion	9:24.39	Region	10	12
2013	Winter Track	1000m Run	Champion	2:28.54	Region	10	12
2011	Cross Country	Cross Country	2nd	15:21.00	State	1	12
2012	Cross Country	Cross Country		14:28.00	FLS		10
2011	Cross Country	Cross Country		14:54.00	FLS		10
2011	Spring Track	3200m Run	3rd	9:12.03	State	6	8
2012	Spring Track	1600m Run	3rd	4:16.64	State	6	8

2011	Winter Track	1600m Run	5th	4:22.85	State	4	8
2011	Winter Track	3200m Run	6th	9:33.20	State	3	8
2012	Winter Track	3200m Run	6th	9:25.66	State	3	8
2011	Spring Track	1600m Run	7th	4:17.96	State	2	8
2012	Spring Track	1600m Run	2nd	4:09.19	Region	8	8
2011	Winter Track	3200m Run	2nd	9:43.47	Region	8	8
2010	Cross Country	Cross Country	2nd	15:26.20	Region	1	8
2011	Cross Country	Cross Country	2nd	14:42.00	Region	1	8
2011	Spring Track	1600m Run	2nd	4:21.11	Region	8	8
2012	Winter Track	1600m Run	2nd	4:16.21	Region	8	8
2012	Winter Track	3200m Run	2nd	9:23.24	Region	8	8
2013	Spring Track	800m Run	3rd	1:53.00	State	6	8
2010	Cross Country	Cross Country	4th	15:44.00	State		8
2010	Cross Country	Cross Country	Champion	15:42.00	District		6
2011	Cross Country	Cross Country	Champion	14:57.00	District		6
2012	Cross Country	Cross Country	Champion	14:38.00	District		6
2013	Winter Track	1000m Run	Champion	2:30.81	District	10	6
2013	Winter Track	1600m Run	Champion	4:11.52	District	10	6
2013	Winter Track	3200m	Champion	8:55.38	District	10	6
2011	Winter Track	1000m Run	Champion	2:37.43	District	10	6
2011	Winter Track	1600m Run	Champion	4:31.16	District	10	6
2011	Winter Track	3200m Run	Champion	9:43.10	District	10	6
2011	Spring Track	1600m Run	Champion	4:18.85	District	10	6
2011	Spring Track	3200m Run	Champion	9:36.42	District	10	6
2012	Winter Track	1600m Run	Champion	4:15.29	District	10	6
2012	Winter Track	3200m Run	Champion	9:41.63	District	10	6
2012	Spring Track	1600m Run	Champion	4:17.88	District	10	6
2012	Spring Track	3200m Run	Champion	9:22.04	District	10	6
2013	Spring Track	1600m Run	Champion	4:13.56	District	10	6
2013	Spring Track	3200m Run	Champion	9:20.61	District	10	6
2012	Winter Track	1000m Run	2nd	2:29.50	District	8	4
2013	Spring Track	4x800m	2nd	7:55.46	District	8	4
2011	Winter Track	1600m Run	3rd	4:24.24	Region	6	4
2010	Winter Track	3200m Run	8th	9:51.95	Region	1	4
2013	Winter Track	4x400m	3rd	3:28.39	Region	6	4
2010	Spring Track	4x800m	3rd	7:57.93	Region	6	4
2010	Spring Track	4x800m	3rd	8:06.92	District	6	3
2012	Spring Track	4x800m	3rd	8:02.79	District	6	3
2010	Winter Track	3200m Run	5th	9:55.99	District	2	3
2010	Spring Track	1600m Run	5th	4:26.81	District	2	3
2010	Spring Track	3200m Run	5th	9:58.41	District	2	3
2009	Cross Country	Cross Country	8th		District		2
2012	Cross Country		Runner of the Year		All-Met		10
2013	Spring Track		Runner of the Year		All-Met		10
2010	Cross Country		1st Team		All-Met		7
2011	Cross Country		1st Team		All-Met		7
2012	Winter Track		1st Team		All-Met		7
2012	Spring Track		1st Team		All-Met		7
2011	Winter Track		Hon Men		All-Met		3
2013	Indoor Track	1000m Run		2:28.54	CHS Record		5
2013	Indoor Track	1600m Run		4:11.52	CHS Record		5
2013	Indoor Track	3200m Run		8:55.38	CHS Record		5
2013	Spring Track	800m Run		1:53.00	CHS Record		5
2013	Spring Track	1600m Run		4:03.05	CHS Record		5
2013	Spring Track	3200m Run		8:42.56	CHS Record		5
2013	Cross Country	3 Mile (Burke Lake)		14:19	CHS Record		5
2013	Cross Country	5000m		14:28	CHS Record		5

**TOTAL 634**

3 **Aiken, Alyssa**

1999	Spring Track	400m Dash	Champion	53.45	State	10	20
2000	Spring Track	200m Dash	Champion	24.44	State	10	20
2000	Spring Track	400m Dash	Champion	53.83	State	10	20
1999	Winter Track	300m Dash	Champion	39.30	State	10	20
2000	Winter Track	55m Dash	Champion	7.05	State	10	20
2000	Winter Track	300m Dash	Champion	38.30	State	10	20
1999	Winter Track	Pentathlon	2nd	3481	Nationals		20
1999	Spring Track	400m Dash	2nd	53.99	Nationals		20
1999	Spring Track	100m Dash	Champion	12.06	Region	10	12
2000	Spring Track	100m Dash	Champion	12.22	Region	10	12
1999	Spring Track	200m Dash	Champion	23.94	Region	10	12
2000	Spring Track	200m Dash	Champion	25.36	Region	10	12
2000	Spring Track	400m Dash	Champion	55.24	Region	10	12
1999	Spring Track	300m Hurdles	Champion	43.03	Region	10	12
2000	Winter Track	55m Dash	Champion	6.96	Region	10	12
1999	Winter Track	55m Dash	Champion	7.04	Region	10	12
2000	Winter Track	300m Dash	Champion	38.39	Region	10	12
1999	Winter Track	300m Dash	Champion	39.32	Region	10	12
2000	Winter Track	55m Hurdles	Champion	7.98	Region	10	12
1999	Winter Track	55m Hurdles	Champion	8.27	Region	10	12
2000	Winter Track	55m Hurdles	2nd	8.11	State	8	12
2000	Winter Track	400m Dash	3rd	56.20	Nationals		12
1999	Spring Track	Long Jump	2nd	18-01.00	Region	8	8
1999	Spring Track	Triple Jump	2nd	38-09.00	Region	8	8
1999	Spring Track	200m Dash	5th	25.13	State	4	8
2000	Spring Track	100m Dash	4th	12.04	State	5	8
1999	Winter Track	Long Jump	2nd	18-06.50	Region	8	8
1999	Winter Track	55m Dash	3rd	7.20	State	6	8
1999	Winter Track	55m Hurdles	4th	8.20	State	5	8
1999	Winter Track	Long Jump	6th	17-11.50	State	3	8
2000	Spring Track	100m Dash	Champion	12.02	District	10	6
1999	Spring Track	100m Dash	Champion	12.03	District	10	6
2000	Spring Track	200m Dash	Champion	24.19	District	10	6
2000	Spring Track	400m Dash	Champion	55.38	District	10	6
1999	Spring Track	100m Hurdles	Champion	15.27	District	10	6
1999	Spring Track	300m Hurdles	Champion	44.99	District	10	6
1999	Spring Track	Long Jump	Champion	17-10.75	District	10	6
1999	Spring Track	Triple Jump	Champion	36-01.00	District	10	6
1999	Spring Track	Shot Put	Champion	35-10.75	District	10	6
2000	Winter Track	55m Dash	Champion	7.25	District	10	6
1999	Winter Track	55m Dash	Champion	7.27	District	10	6
2000	Winter Track	300m Dash	Champion	41.28	District	10	6
1999	Winter Track	300m Dash	Champion	41.33	District	10	6
2000	Winter Track	55m Hurdles	Champion	8.41	District	10	6
1999	Winter Track	55m Hurdles	Champion	8.62	District	10	6
1999	Winter Track	Shot Put	6th	34-01.00	Region	1	4
1999	Spring Track	High Jump	4th	5-00.00	District	4	3
1999	Spring Track	Discus	3rd	84-08.00	District	6	3
2000	Winter Track	High Jump	4th	5-00.00	District	4	3
2000	Winter Track	Long Jump	3rd	16-06.00	District	6	3
1999	Winter Track		1st Team		All-Met		7
2000	Winter Track		1st Team		All-Met		7
2000	Winter Track		1st Team		All-Met		7
1999	Spring Track		Hon Men		All-Met		3
2000	Indoor Track	55m Dash		6.96	CHS Record		5
2000	Indoor Track	300m Dash		38.3	CHS Record		5
1999	Indoor Track	Long Jump		18-01.00	CHS Record		5
1999	Indoor Track	Pentathlon		3481	CHS Record		5
2000	Spring Track	100m Dash		12.02	CHS Record		5

1999	Spring Track	200m Dash		23.94	CHS Record	5
1999	Spring Track	400m Dash		53.45	CHS Record	5
1999	Spring Track	300m Hurdles		46.03	CHS Record	5
1999	Spring Track	Long Jump		18-06.50	CHS Record	5
1999	Spring Track	Triple Jump		38-09.00	CHS Record	5

**TOTAL 572**

4	<b>Colling, Jim</b>	1992	Cross Country	Cross Country	1st			State		20
		1993	Spring Track	1600m	Champion	4:16.91		State	10	20
		1993	Winter Track	1600m	Champion	4:18.42		State	10	20
		1992	Cross Country	Cross Country	Champion			Regional		12
		1994	Spring Track	3000m Run	3rd	08:38.2		Nationals		12
		1994	Spring Track	3200m Run	Champion	9:23.65		Region	10	12
		1993	Spring Track	3200m Run	Champion	9:34.90		Region	10	12
		1992	Spring Track	3200m Run	Champion	9:46.84		Region	10	12
		1994	Spring Track	3200m	2nd	9:28.38		State	8	12
		1993	Winter Track	1600m Run	Champion	4:18.15		Region	10	12
		1993	Winter Track	3200m Run	Champion	9:34.20		Region	10	12
		1994	Winter Track	3200m Run	Champion	9:34.79		Region	10	12
		1994	Winter Track	3200m	2nd	9:32.25		State	8	12
		1994	Spring Track	4x800m	Champion	7:58.78		Region	10	12
		1992	Cross Country		Runner of the Year			All-Met		10
		1994	Spring Track		Runner of the Year			All-Met		10
		1991	Cross Country	Cross Country	4th			State		8
		1993	Spring Track	1600m Run	2nd	4:22.37		Region	8	8
		1992	Spring Track	1600m Run	2nd	4:23.34		Region	8	8
		1993	Spring Track	3200m	6th	9:52.80		State	1	8
		1994	Spring Track	1600m	4th	4:12.73		State	4	8
		1994	Winter Track	1600m Run	2nd	4:18.46		Region	8	8
		1993	Winter Track	3200m	3rd	9:38.76		State	6	8
		1994	Winter Track	1600m	3rd	4:19.18		State	6	8
		1993	Spring Track		1st Team			All-Met		7
		1991	Cross Country		1st Team			All-Met		7
		1993	Winter Track		1st Team			All-Met		7
		1990	Cross Country	Cross Country	1st			District		6
		1991	Cross Country	Cross Country	1st			District		6
		1993	Cross Country	Cross Country	11th			State		6
		1994	Spring Track	1600m Run	Champion	4:19.1h		District	10	6
		1993	Spring Track	1600m Run	Champion	4:26.3h		District	10	6
		1992	Spring Track	1600m Run	Champion	4:26.7h		District	10	6
		1994	Spring Track	3200m Run	Champion	9:26.8h		District	10	6
		1992	Spring Track	3200m Run	Champion	9:44.2h		District	10	6
		1991	Spring Track	3200m Run	Champion	9:56.0h		District	10	6
		1993	Winter Track	1600m Run	Champion	4:24.28		District	10	6
		1994	Winter Track	1600m Run	Champion	4:26.74		District	10	6
		1994	Winter Track	3200m Run	Champion	9:44.84		District	10	6
		1993	Winter Track	4x800m	Champion	8:18.07		District	10	6
		1993	Cross Country		2nd Team			All-Met		5
		1992	Cross Country	Cross Country	2nd			District		4
		1991	Cross Country	Cross Country	4th			Regional		4
		1993	Cross Country	Cross Country	5th			Regional		4
		1991	Spring Track	1600m Run	2nd	4:28.5h		District	8	4
		1991	Spring Track	3200m Run	5th	9:51.04		Region	2	4
		1990	Cross Country	Cross Country	6th			Regional		3
		1994	Winter Track		Hon Men			All-Met		3
		1993	Indoor Track	1600m Run		4:18.15		CHS Record		5
		1994	Indoor Track	3200m Run		9:32.25		CHS Record		5
		1994	Spring Track	1600m Run		4:12.73		CHS Record		5
		1994	Spring Track	3200m Run		9:23.65		CHS Record		5

**TOTAL 426**

5	Jeffries, Titus	2016	Winter Track	Sprint Medley	Champion	3:24.02	Nationals		30		
		2015	Winter Track	4x800m	Champion	7:56.02	State	10	20		
		2015	Spring Track	4x800m	Champion	7:48.08	State	10	20		
		2016	Winter Track	4x400m	Champion	3:24.38	State	10	20		
		2015	Spring Track	4x400m	Champion	3:20.55	State	10	20		
		2015	Spring Track	Sprint Medley	3rd	3:25.65	Nationals		12		
		2015	Spring Track	Distance Medley	6th	10:10.74	Nationals		12		
		2016	Spring Track	800m Sprint Med	6th	1:32.48	Nationals		12		
		2015	Winter Track	500m Dash	2nd	1:04.85	State	8	12		
		2016	Winter Track	500m Dash	Champion	1:04.82	Region	10	12		
		2016	Winter Track	4x400m	Champion	3:27.03	Region	10	12		
		2016	Winter Track	4x200m	Champion	1:32.68	Region	10	12		
		2015	Winter Track	4x400m	Champion	3:27.76	Region	10	12		
		2016	Spring Track	4x400m	Champion	3:19.36	Region	10	12		
		2015	Winter Track	4x400m	3rd	3:29.35	State	6	8		
		2016	Spring Track	4x400m	3rd	3:20.90	State	6	8		
		2016	Spring Track	400m Dash	5th	49.34	State	4	8		
		2015	Spring Track	400m Dash	5th	49.45	State	4	8		
		2016	Winter Track	4x200m	6th	1:32.46	State	3	8		
		2016	Spring Track	4x100m	7th	42.89	State	2	8		
		2014	Spring Track	4x400m	8th	3:24.26	State	1	8		
		2015	Spring Track	400m Dash	2nd	48.89	Region	8	8		
		2015	Winter Track	4x400m	Champion	3:28.17	District	10	6		
		2015	Spring Track	400m Dash	Champion	49.06	District	10	6		
		2016	Spring Track	4x400m	Champion	3:26.83	District	10	6		
		2015	Spring Track	4x400m	Champion	3:26.92	District	10	6		
		2016	Winter Track	500m Dash	Champion	1:06.03	District	10	6		
		2016	Winter Track	300m Dash	Champion	36.17	District	10	6		
		2016	Winter Track	4x200m	Champion	1:32.67	District	10	6		
		2016	Spring Track	400m Dash	Champion	50.24	District	10	6		
		2015	Winter Track	500m Dash	2nd	1:07.94	District	8	4		
		2015	Winter Track	300m Dash	2nd	36.19	District	8	4		
		2014	Spring Track	4x400m	2nd	3:26.40	District	8	4		
		2014	Spring Track	4x400m	7th	3:25.67	Region	1	4		
		2015	Winter Track	500m Dash	5th	1:06.30	Region	4	4		
						22.49f/					
				2016	Spring Track	200m Dash	5th	22.34p	Region	4	4
				2016	Spring Track	400m Dash	5th	49.20	Region	4	4
				2015	Winter Track	300m Dash	7th	12:00.00	Region	2	4
				2015	Spring Track	4x800m	3rd	7:54.17	Region	6	4
				2015	Spring Track	4x400m	4th	3:23.09	Region	5	4
				2016	Spring Track	200m Dash	3rd	22.47	District	2	3
				2015	Spring Track	200m Dash	5th	22.87	District	2	3
				2016	Winter Track		1st Team		All-Met		7
				2015	Winter Track		Hon Men		All-Met		3

**TOTAL 386**

6	Bacon, Cecilia Still Active	2018	Winter Track	Triple Jump	2nd	37-7.75	State	8	12
		2018	Winter Track	High Jump	2nd	5-4.00	State	8	12
		2018	Winter Track	Triple Jump	Champion	37-5.75	Region	10	12
		2018	Spring Track	Triple Jump	Champion	36-7.00	Region	10	12
		2018	Spring Track	High Jump	3rd	5-4.00	State	6	8
		2017	Spring Track	Triple Jump	4th	39-0.00	State	5	8
		2018	Winter Track	4x400m	4th	4:02.77	State	5	8
		2016	Winter Track	4x400m	5th	4:04.13	State	4	8
		2017	Spring Track	4x100m	6th	45.81	State	3	8
		2018	Spring Track	Triple Jump	8th	37-5.00	State	1	8
		2018	Spring Track	4x400m	8th	4:01.59	State	1	8
		2016	Winter Track	Triple Jump	2nd	36-6.75	Region	8	8
		2017	Spring Track	4x400m	2nd	3:58.52	Region	8	8

2018	Winter Track	4x400m	2nd	4:05.67	Region	8	8
2018	Winter Track	High Jump	Champion	5-2.00	District	10	6
2018	Winter Track	Triple Jump	Champion	36-6.75	District	10	6
2015	Spring Track	4x400m	Champion	4:06.31	District	10	6
2016	Winter Track	4x400m	Champion	4:07.14	District	10	6
2018	Spring Track	4x400m	Champion	4:10.43	District	10	6
2016	Winter Track	Triple Jump	Champion	35-10.0	District	10	6
2016	Spring Track	High Jump	Champion	5-3.00	District	10	6
2017	Winter Track	Triple Jump	Champion	36-10.25	District	10	6
2017	Spring Track	Triple Jump	Champion	36-9.5	District	10	6
2018	Spring Track	Triple Jump	Champion	35-2	District	10	6
2016	Winter Track	4x400m	3rd	4:03.89	Region	6	4
2015	Winter Track	300m Dash	7th	43.21	Region	2	4
2015	Spring Track	4x400m	8th	4:02.97	Region	1	4
2016	Spring Track	High Jump	4th	5-3.00	Region	5	4
2017	Winter Track	Triple Jump	3rd	36-8.00	Region	6	4
2017	Winter Track	4x400m	3rd	4:05.95	Region	6	4
2018	Spring Track	4x400m	3rd	4:03.29	Region	6	4
2017	Winter Track	300m Dash	7th	42.27	Region	2	4
2017	Winter Track	High Jump	7th	5-2.00	Region	2	4
2017	Spring Track	Triple Jump	5th	36-10.5	Region	4	4
2017	Spring Track	4x100m	4th	49.00	Region	5	4
2018	Winter Track	High Jump	3rd	5-3.50	Region	6	4
2018	Winter Track	300m Dash	5th	42.81	Region	4	4
2018	Winter Track	4x200m	3rd	1:48.79	Region	4	4
2018	Spring Track	High Jump	3rd	5-3.00	Region	4	6
				26.68f/			
2018	Spring Track	200m Dash	6th	26.66p	Region	4	3
2018	Spring Track	4x400m	3rd	4:03.29	Region	6	4
2015	Spring Track	400m Dash	2nd	59.20	District	8	4
2015	Spring Track	400m Dash	2nd	59.20	District	8	4
2015	Winter Track	4x400m	2nd	4:14.15	District	8	4
2017	Winter Track	4x400m	2nd	4:11.31	District	8	4
2017	Spring Track	High Jump	2nd	5-3.00	District	8	4
2018	Spring Track	High Jump	2nd	4-10.00	District	8	4
2018	Spring Track	400m Dash	2nd	60.88	District	8	4
2015	Winter Track	300m Dash	3rd	43.53	District	6	3
2017	Winter Track	300m Dash	3rd	43.08	District	6	3
2018	Winter Track	300m Dash	3rd	43.63	District	6	3
2017	Winter Track	High Jump	3rd	5-0.00	District	6	3
2015	Spring Track	High Jump	5th	4-8.00	District	1.5	3
2015	Winter Track	300m Dash	6th	43.09	District	1	3
2017	Winter Track	4x200m	3rd	1:49.03	District	6	3
2017	Spring Track	400m Dash	5th	1:00.87	District	2	3
				27.72f/			
2018	Spring Track	200m Dash	4th	27.04p	District	4	3
2017	Spring Track	Triple Jump		39-0.00	CHS Record		5
2018	Winter Track	Triple Jump		37-7.75	CHS Record		5
2016	Winter Track		Hon Men		All-Met		3
2018	Winter Track		Hon Men		All-Met		3

**TOTAL 328**

**Labor-Koroma,  
7 Mohamed**

2011	Winter Track	300m Dash	Champion	35.18	State	10	20
2011	Winter Track	500m Dash	2nd	1:04.51	State	8	12
2010	Winter Track	500m Dash	Champion	1:06.03	Region	10	12
2011	Winter Track	500m Dash	Champion	1:06.10	Region	10	12
2009	Winter Track	500m Dash	Champion	1:06.77	Region	10	12
2010	Winter Track	4x800m	Champion	8:08.02	Region	10	12
2011	Spring Track	400m Dash	4th	49.39	State	5	8

2011	Winter Track	High Jump	8th	6-1.00	State	1	8
2011	Winter Track	300m Dash	2nd	35.21	Region	8	8
2011	Winter Track	High Jump	2nd	6' 4"	Region	8	8
2010	Winter Track	500m Dash	5th	1:07.31	State	4	8
2010	Spring Track	400m Dash	7th	49.74p/ 51.1	State	2	8
2009	Winter Track	500m Dash	8th	1:07.08	State	1	8
2010	Spring Track	400m Dash	2nd	50.07	Region	8	8
2010	Spring Track	200m Dash	2nd	22.71	Region	8	8
2011	Winter Track		1st Team		All-Met		7
2011	Winter Track	500m Dash	Champion	1:06.47	District	10	6
2011	Winter Track	300m Dash	Champion	36.15	District	10	6
2010	Winter Track	500m Dash	Champion	1:06.64	District	10	6
2010	Winter Track	300m Dash	Champion	36.64	District	10	6
2009	Winter Track	500m Dash	Champion	1:07.74	District	10	6
2011	Spring Track	400m Dash	Champion	49.00	District	10	6
2009	Winter Track	4x400m	Champion	3:35.39	District	10	6
2011	Winter Track	High Jump	2nd	6-1.00	District	8	4
2011	Spring Track	200m Dash	2nd	22.48p/ 22.6	District	8	4
2011	Spring Track	High Jump	2nd	6-2.00	District	8	4
2010	Winter Track	High Jump	5th	6-0.00	Region	4	4
2010	Winter Track	300m Dash	8th	37.47	Region	1	4
2010	Spring Track	High Jump	8th	5-10.00	Region	1	4
2011	Spring Track	300m Hurdles	4th	39.77	Region	5	4
2011	Spring Track	200m Dash	4th	22.29p/ 22.5	Region	5	4
2009	Winter Track	4x400m	4th	3:33.00	Region	5	4
2010	Spring Track	4x800m	3rd	7:57.93	Region	6	4
2011	Spring Track	Long Jump	3rd	19-11.75	District	4	3
2011	Winter Track	55m Dash	4th	6.72	District	4	3
2011	Winter Track	Pole Vault	4th	10-4.5	District	4	3
2011	Winter Track	Long Jump	6th	19-8	District	6	3
2010	Winter Track	High Jump	4th	5-10.00	District	4	3
2010	Spring Track	400m Dash	3rd	51.55p	District	4	3
2010	Spring Track	High Jump	4th	6-00.00	District	4	3
2011	Spring Track	300m Hurdles	5th	40.70p/ 57.0	District	2	3
2010	Spring Track	Pole Vault	6th (tie)	10-6.00	District	0.5	3
2010	Winter Track	Pole Vault	6th	10-6.00	District	1	3
2008	Spring Track	High Jump	5th	5-08.00	District	1.5	3
2008	Spring Track	400m Dash	4th	53.07	District	4	3
2009	Winter Track	High Jump	4th	5-06.00	District	4	3
2010	Winter Track		Hon Men		All-Met		3
2011	Spring Track		Hon Men		All-Met		3
2010	Spring Track	4x800m	3rd	8:06.92	District	6	3
2010	Cross Country	Cross Country	14th	16:35.00	District		2
2011	Indoor Track	300m Dash		35.18	CHS Record		5
2011	Indoor Track	500m Dash		1:04.51	CHS Record		5
2011	Indoor Track	High Jump		6-04.00	CHS Record		5
2011	Spring Track	400m Dash		48.39	CHS Record		5

**TOTAL 311**

8	<b>Colvin, Amy</b>	1986	Winter Track	1600m Run	1st	4:56.47	State	10	20
		1986	Winter Track	4x800m	2nd	9:35.61	Nationals		20
		1987	Spring Track	1600m Run	Champion	4:49.89	Region	10	12
		1986	Spring Track	1600m Run	2nd	4:56.99	State	8	12
		1986	Winter Track	1600m Run	Champion	4:56.10	Region	10	12
		1987	Winter Track	1600m Run	Champion	4:57.95	Region	10	12
		1986	Winter Track	3200m Run	Champion	10:40.80	Region	10	12
		1986	Winter Track	3200m Run	2nd	10:41.53	State	8	12
		1987	Winter Track	1600m Run	2nd	5:01.50	State	8	12
		1985	Cross Country	Cross Country	3rd		State		8
		1986	Cross Country	Cross Country	4th		State		8



1985	Spring Track	1600m Run	5th	5:07.50	State	2	8
1986	Spring Track	3200m Run	3rd	10:47.66	State	6	8
1987	Spring Track	1600m Run	3rd	4:54.86	State	6	8
1987	Spring Track	3200m Run	3rd	10:59.34	State	6	8
1987	Spring Track	3200m Run	Champion	10:48.0h	District	10	6
1986	Spring Track	3200m Run	Champion	???	District	10	6
1985	Spring Track	3200m Run	Champion	11:25.3h	District	10	6
1986	Winter Track	1600m Run	Champion	4:54.0h	District	10	6
1987	Winter Track	1600m Run	Champion	4:55.2h	District	10	6
1987	Winter Track	1600m Run	Champion	4:57.40	District	10	6
1985	Winter Track	1600m Run	Champion	5:18.1h	District	10	6
1986	Winter Track	3200m Run	Champion	10:49.9h	District	10	6
1987	Winter Track	3200m Run	Champion	10:55.44	District	10	6
1985	Winter Track	3200m Run	Champion	11:49.9h	District	10	6
1985	Cross Country	Cross Country	2nd		District		4
1986	Cross Country	Cross Country	2nd		District		4
1985	Cross Country	Cross Country	4th		Regional		4
1986	Cross Country	Cross Country	5th		Regional		4
1986	Spring Track	1600m Run	2nd	4:59.8h	District	8	4
1985	Spring Track	1600m Run	2nd	5:07.2h	District	8	4
1985	Spring Track	1600m Run	4th	5:02.60	Region	4	4
1987	Spring Track	3200m Run	4th	11:01.62	Region	4	4
1986	Spring Track	1600m Run	3rd	4:59.6h	Region	6	4
1984	Cross Country	Cross Country	3rd		District		3
1984	Cross Country	Cross Country	10th		Regional		3
1984	Spring Track	1600m Run	3rd	5:24.4h	District	6	3
1984	Spring Track	3200m Run	3rd	12:12.6h	District	6	3
1984	Winter Track	1600m Run	6th	5:50.7h	District	1	3
1984	Winter Track	3200m Run	4th	12:03.5h	District	4	3
1983	Cross Country	Cross Country	12th		District		2
1986	Indoor Track	1600m Run		4:54.0	CHS Record		5
1986	Indoor Track	3200m Run		10:40.8	CHS Record		5
1987	Spring Track	1600m Run		4:49.89	CHS Record		5
1986	Spring Track	3200m Run		10:43.6h	CHS Record		5

**TOTAL 308**

9 Siragusa, Brad

2003	Winter Track	1600m Run	Champion		Nationals		30
2005	Cross Country	Cross Country	1st		State		20
2004	Cross Country	Cross Country	1st		Regional		12
2005	Winter Track	1600m Run	Champion	4:24.43	Region	10	12
2006	Winter Track	1600m Run	2nd	4:21.21	State	8	12
2003	Spring Track	1600m Run	5th		Nationals		12
2006	Winter Track	1600m Run	4th		Nationals		12
2005	Cross Country	Cross Country	6th- 1st Team		FLS		10
2005	Cross Country	Cross Country	4th		Regional		8
2004	Cross Country	Cross Country	5th		State		8
2006	Winter Track	1600m Run	2nd	4:21.75	Region	8	8
2004	Winter Track	1600m Run	2nd	4:25.45	Region	8	8
2004	Winter Track	1600m Run	8th	4:22.47	State	1	8
2005	Winter Track	1000m Run	4th	2:32.02	State	5	8
2004	Cross Country		1st Team		All-Met		7
2005	Cross Country		1st Team		All-Met		7
2006	Winter Track		1st Team		All-Met		7
2005	Spring Track		1st Team		All-Met		7
2006	Spring Track		1st Team		All-Met		7
2004	Cross Country	Cross Country	1st		District		6
2005	Spring Track	1600m Run	Champion	4:18.01	District	10	6
2003	Spring Track	1600m Run	Champion	4:23.83	District	10	6
2005	Spring Track	3200m Run	Champion	9:38.44	District	10	6
2005	Winter Track	1600m Run	Champion	4:21.24	District	10	6

2005	Winter Track	3200m Run	Champion	9:44.39	District	10	6
2005	Cross Country	Cross Country	2nd		District		4
2004	Spring Track	800m Run	5th	1:56.18	Region	2	4
2003	Spring Track	1600m Run	5th	4:21.28	Region	2	4
2006	Winter Track	3200m Run	2nd	9:46.02	District	8	4
2003	Winter Track	3200m Run	4th	9:45.58	Region	4	4
2005	Winter Track	4x800m	5th	8:14.76	Region	2	4
2004	Spring Track	4x800m	6th	8:11.45	Region	3	4
2004	Spring Track	800m Run	5th	1:58.26	District	2	3
2004	Spring Track	1600m Run	5th	4:17.00	District	2	3
2004	Winter Track	3200m Run	6th	9:58.67	District	1	3
2003	Winter Track	3200m Run	6th	10:03.05	District	1	3
2003	Winter Track	1600m Run	5th	4:30.78	District	2	3
2006	Winter Track	1600m Run	3rd	4:26.32	District	6	3
2005	Winter Track		Hon Men		All-Met		3
2004	Winter Track	4x800m	3rd	8:27.53	District	6	3
2004	Spring Track	4x800m	3rd	8:08.33	District	6	3
2003	Cross Country	Cross Country	10th		District		2
2004	Cross Country	Cross Country	17th- 3rd Team		FLS		
2005	Indoor Track	1000m Run		2:32.02	CHS Record		5

**TOTAL 301**

10	<b>Post, Eric</b>	1997	Spring Track	3200m Run	Champion	9:12.7h	State	10	20
		1996	Winter Track	3200m Run	2nd	9:28.34	State	8	12
		1997	Winter Track	3200m Run	2nd	9:13.12	State	8	12
		1996	Cross Country	Cross Country	2nd		Regional		8
		1996	Cross Country	Cross Country	3rd		State		8
		1997	Spring Track	3200m Run	2nd	9:16.43	Region	8	8
		1996	Spring Track	3200m Run	3rd	9:27.92	State	6	8
		1997	Winter Track	1600m Run	2nd	4:12.95	Region	8	8
		1996	Winter Track	3200m Run	2nd	9:33.44	Region	8	8
		1995	Winter Track	3200m Run	6th	9:29.15	State	1	8
		1995	Winter Track	4x800m	5th	8:05.87	State	4	8
		1995	Cross Country		1st Team		All-Met		7
		1996	Cross Country		1st Team		All-Met		7
		1997	Spring Track		1st Team		All-Met		7
		1995	Cross Country	Cross Country	1st		District		6
		1996	Cross Country	Cross Country	1st		District		6
		1997	Spring Track	1600m Run	Champion	4:21.8h	District	10	6
		1997	Spring Track	3200m Run	Champion	9:36.0h	District	10	6
		1996	Spring Track	3200m Run	Champion	9:41.3h	District	10	6
		1997	Winter Track	1600m Run	Champion	4:30.0h	District	10	6
		1996	Winter Track	1600m Run	Champion	4:32.20	District	10	6
		1997	Winter Track	3200m Run	Champion	9:28.3h	District	10	6
		1996	Winter Track	3200m Run	Champion	9:37.20	District	10	6
		1996	Spring Track	4x800m	Champion	8:12.7	District	10	6
		1995	Cross Country	Cross Country	4th		Regional		4
		1995	Spring Track	3200m Run	2nd	9:45.0h	District	8	4
		1996	Spring Track	1600m Run	6th	4:19.77	Region	1	4
		1997	Spring Track	1600m Run	4th	4:18.98	Region	4	4
		1994	Spring Track	3200m Run	4th	9:36.22	Region	4	4
		1996	Spring Track	3200m Run	3rd	9:24.69	Region	6	4
		1995	Winter Track	3200m Run	2nd	9:50.10	District	8	4
		1994	Winter Track	3200m Run	2nd	10:00.44	District	8	4
		1995	Winter Track	1600m Run	6th	4:22.64	Region	1	4
		1994	Winter Track	3200m Run	6th	9:47.14	Region	1	4
		1996	Winter Track	1600m Run	4th	4:23.76	Region	4	4
		1995	Winter Track	3200m Run	4th	9:33.15	Region	4	4
		1997	Winter Track	3200m Run	3rd	9:33.92	Region	6	4

1994	Cross Country	Cross Country	5th		District		3
1994	Spring Track	1600m Run	5th	4:32.1h	District	2	3
1996	Spring Track	1600m Run	3rd	4:20.5h	District	6	3
1994	Spring Track	3200m Run	3rd	9:47.2h	District	6	3
1994	Winter Track	1600m Run	4th	4:37.94	District	4	3
1995	Winter Track	1600m Run	3rd	4:36.80	District	6	3
1997	Winter Track		Hon Men		All-Met		3
1996	Winter Track		Hon Men		All-Met		3
1993	Cross Country	Cross Country	9th		District		2
1997	Indoor Track	1600m Run		4:12.95	CHS Record		5
1997	Indoor Track	3200m Run		9:13.12	CHS Record		5
1997	Spring Track	3200m Run		9:12.7h	CHS Record		5

**TOTAL 282**

11	<b>McGorty, Ryan</b>	2015	Winter Track	4x800m	Champion	7:56.02	State	10	20
		2015	Spring Track	4x800m	Champion	7:48.08	State	10	20
		2013	Winter Track	4 x 1 Mile Relay	6th	17:34.57	Nationals		12
		2015	Spring Track	Distance Medley	6th	10:10.74	Nationals		12
		2013	Cross Country	Cross Country	3rd	15:45.00	State		8
		2014	Winter Track	1600m Run	3rd	4:20.99	State	6	8
		2014	Cross Country	Cross Country	4th	15:26.00	State	4	8
		2014	Winter Track	4x800m	7th	8:10.67	State	2	8
		2014	Spring Track	4x800m	4th	7:57.21	State	5	8
		2014	Spring Track	3200m Run	5th	9:26.74	State	4	8
		2015	Winter Track	1600m Run	4th	4:21.72	State	5	8
		2015	Spring Track	1600m Run	5th	4:18.35	State	4	8
		2015	Winter Track	3200m Run	7th	9:40.58	State	2	8
		2015	Spring Track	1600m Run	2nd	4:17.70	Region	8	8
		2014	Cross Country	Cross Country	Champion	14:49.00	District	1	6
		2015	Winter Track	4x800m	Champion	8:00.17	District	10	6
		2014	Winter Track	4x800m	Champion	8:08.10	District	10	6
		2013	Cross Country	Cross Country	2nd	15:25.00	District		4
		2014	Cross Country	Cross Country	3rd	14:53.0	Region	3	4
		2013	Cross Country	Cross Country	4th	15:15.0	Region		4
		2015	Winter Track	1600m Run	3rd	4:23.81	Region	6	4
		2013	Winter Track	3200m Run	4th	9:37.63	Region	5	4
		2014	Winter Track	1600m Run	5th	4:21.74	Region	4	4
		2013	Spring Track	3200m Run	8th	9:31.60	Region	1	4
		2014	Spring Track	4x800m	2nd	7:57.50	District	8	4
		2014	Spring Track	4x800m	3rd	7:56.67	Region	6	4
		2015	Spring Track	4x800m	3rd	7:54.17	Region	6	4
		2014	Spring Track	1600m Run	7th	4:20.69	Region	2	4
		2015	Spring Track	1600m Run	2nd	4:25.13	District	8	4
		2015	Spring Track	3200m Run	2nd	9:38.90	District	8	4
		2014	Winter Track	1600m Run	5th	4:25.21	District	2	3
		2013	Winter Track	1600m Run	6th	4:29.04	District	1	3
		2013	Spring Track	3200m Run	5th	9:37.17	District	2	3
		2012	Cross Country	Cross Country	7th	15:34.00	Region		3
		2012	Cross Country	Cross Country	10th	15:48.0	District		3
		2014	Spring Track	1600m Run	4th	4:21.78	District	4	3
		2014	Spring Track	3200m Run	4th	9:43.48	District	4	3
		2015	Winter Track	1600m Run	3rd	4:26.31	District	4	3
		2015	Winter Track	3200m Run	4th	9:39.65	District	4	3
		2015	Spring Track	4x800m	3rd	8:13.44	District	6	3
		2014	Cross Country		1st Team		All-Met		7
		2013	Cross Country		2nd Team		All-Met		5
		2012	Cross Country		Hon Men		All-Met		3
		2014	Winter Track		Hon Men		All-Met		3
		2015	Spring Track		Hon Men		All-Met		3

	2015	Winter Track		Relay		All-Met		3	
							<b>TOTAL</b>	<b>268</b>	
12	<b>Johnson, Laura</b>	1982	Winter Track	500m Dash	Champion	1:17.4h	State	10	20
		1982	Winter Track	300m Dash	Champion	43.6h	Region	9	12
		1983	Winter Track	500m Dash	Champion	1:19.50	Region	10	12
		1982	Winter Track	500m Dash	Champion	1:20.2h	Region	10	12
		1982	Winter Track	300m Dash	2nd	41.7h	State	8	12
		1981	Winter Track	4x200m	Champion	1:49.8	Region	10	12
		1981	Spring Track	400m Dash	5th	57.7h	State	2	8
		1983	Winter Track	500m Dash	4th	1:19.3h	State	3	8
		1980	Spring Track	400m Dash	2nd	57.3h	Region	8	8
		1981	Spring Track	400m Dash	Champion	57.4h	District	10	6
		1981	Spring Track	100m Hurdles	Champion	15.0h	District	10	6
		1983	Winter Track	55m Dash	Champion	7.5h	District	10	6
		1981	Winter Track	300m Dash	Champion	42.8h	District	10	6
		1982	Winter Track	300m Dash	Champion	42.9h	District	10	6
		1983	Winter Track	500m Dash	Champion	1:20.0h	District	10	6
		1982	Winter Track	500m Dash	Champion	1:20.8h	District	10	6
		1981	Winter Track	55m Hurdles	Champion	8.4h	District	10	6
		1981	Winter Track	4x200m	Champion	1:50.4	District	10	6
		1980	Spring Track	400m Dash	2nd	58.0h	District	8	4
		1981	Spring Track	200m Dash	2nd	26.4h	District	8	4
		1982	Spring Track	400m Dash	3rd	58.3h	Region	6	4
		1981	Spring Track	100m Hurdles	3rd	14.8h	Region	6	4
		1983	Winter Track	300m Dash	2nd	45.5h	District	8	4
		1982	Winter Track	55m Hurdles	2nd	8.7h	District	8	4
		1981	Winter Track	300m Dash	4th	43.2h	Region	4	4
		1981	Winter Track	55m Hurdles	3rd	8.5h	Region	6	4
		1981	Spring Track	400m Dash	5th	57.6h	Region	2	4
		1982	Spring Track	400m Dash	3rd	58.1h	District	6	3
		1982	Winter Track	High Jump	3rd	4-10.00	District	6	3
		1980	Spring Track	100m Dash	5th	13.1h	District	2	3
		1982	Spring Track	400m Dash		57.6h	State		
		1982	Spring Track	400m Dash		58.2h	State		
		1983	Indoor Track	55m Dash		7.5	CHS Record		5
		1982	Indoor Track	300m Dash		41.7	CHS Record		5
		1982	Indoor Track	500m Dash		1:17.4	CHS Record		5
		1980	Indoor Track	55m Hurdles		8.4	CHS Record		5
		1982	Indoor Track	High Jump		4-10.00	CHS Record		5
		1981	Spring Track	200m Dash		26.64	CHS Record		5
		1981	Spring Track	400m Dash		57.64	CHS Record		5
		1982	Spring Track	800m Run		2:24.8h	CHS Record		5
		1981	Spring Track	100m Hurdles		14.8h	CHS Record		5
							<b>TOTAL</b>	<b>249</b>	
12	<b>Miller, Logan</b>	2012	Winter Track	1600m Run	Champion	4:15.48	State		20
		2013	Winter Track	4x800m	Champion	7:52.99	State		20
		2013	Winter Track	1600m Run	2nd	4:16.01	State		12
		2013	Winter Track	4 x 1 Mile Relay	6th	17:34.57	Nationals		12
		2013	Spring Track	Sprint Medley	5th	3:29.38	Nationals		12
		2013	Winter Track	1600m Run	Champion	4:21.80	Region		12
		2013	Spring Track	3200m Relay	2nd	7:47.30	State	8	12
		2012	Cross Country	Cross Country	2nd	15:19.00	NXN-S		10
		2012	Cross Country	Cross Country	3rd	15:34.00	State	3	8
		2013	Spring Track	1600m Run	7th	4:21.77	State	2	8
		2011	Cross Country		1st Team		All Met		7
		2012	Cross Country		1st Team		All Met		7
		2013	Winter Track		1st Team		All-Met		7
		2011	Cross Country	Cross Country	8th	15:54.00	State		6
		2012	Cross Country	Cross Country	3rd	15:23.00	Region		4

2011	Cross Country	Cross Country	4th	15:10.80	Region		4		
2011	Winter Track	3200m Run	8th	9:55.07	Region	1	4		
2011	Spring Track	1600m Run	3rd	4:22.84	Region	6	4		
2012	Winter Track	1600m Run	5th	4:25.87	Region	4	4		
2012	Winter Track	3200m Run	5th	9:33.76	Region	4	4		
2012	Winter Track	1600m Run	6th	4:26.12	Region	3	4		
2012	Winter Track	3200m Run	2nd	9:41.83	District	8	4		
2013	Winter Track	1600m Run	2nd	4:21.96	District	8	4		
2013	Winter Track	3200m Run	2nd	9:29.05	District	8	4		
2013	Spring Track	1600m Run	3rd	4:22.35	Region	6	4		
2012	Cross Country	Cross Country	2nd	15:38.0	District		4		
2013	Spring Track	4x800m	2nd	7:55.46	District	8	4		
2013	Winter Track	4x400m	3rd	3:28.39	Region	6	4		
2013	Spring Track	4x400m	8th	3:32.02	Region	1	4		
2012	Winter Track	1600m Run	3rd	4:21.90	District	6	3		
2012	Winter Track	1000m Run	4th	2:33.24	District	4	3		
2010	Cross Country	Cross Country	7th	16:21	District		3		
2011	Winter Track	3200m Run	4th	10:02.94	District	4	3		
2011	Spring Track	3200m Run	3rd	9:44.31	District	6	3		
2011	Spring Track	1600m Run	5th	4:24.38	District	2	3		
2011	Cross Country	Cross Country	3rd	15:40	District		3		
2012	Spring Track	1600m Run	6th	4:26.42	District	1	3		
2013	Spring Track	1600m Run	5th	4:24.61	District	2	3		
2012	Winter Track		Hon Men		All-Met		3		
2012	Spring Track	4x800m	3rd	8:02.79	District	6	3		
2013	Spring Track	4x400m	3rd	3:31.98	District	6	3		
							<b>TOTAL</b>	<b>249</b>	
14	<b>Foley, Chris</b>	2010	Spring Track	3200m Run	Champion	9:08.43	State	10	20
		2009	Cross Country	Cross Country	Champion	14:49.90	Regional		12
		2009	Winter Track	3200m Run	Champion	9:30.84	Region	10	12
		2010	Winter Track	3200m Run	2nd	9:22.99	State		12
		2010	Winter Track	4x800m	Champion	8:08.02	Region	10	12
		2010	Winter Track	Two Mile Run	4th	9:09.75	Nationals		12
		2008	Cross Country	Cross Country	2nd		Regional		8
		2008	Spring Track	3200m Run	8th	9:46.71	State	1	8
		2009	Cross Country	Cross Country	4th	15:50.00	State		8
		2009	Winter Track	3200m Run	3rd	9:30.96	State	6	8
		2010	Spring Track	1600m Run	2nd	4:19.87	Regional		8
		2009	Cross Country		1st Team		All-Met		7
		2008	Cross Country	Cross Country	11th		State		6
		2008	Spring Track	3200m Run	Champion	9:53.54	District	10	6
		2009	Winter Track	3200m Run	Champion	9:38.96	District	10	6
		2010	Spring Track	3200m Run	Champion	9:26.44	District		6
		2010	Winter Track	1000m Run	Champion		District		6
		2008	Cross Country		2nd Team		All-Met		5
		2008	Cross Country	Cross Country	2nd		District		4
		2008	Spring Track	3200m Run	3rd	9:31.09	Region	6	4
		2008	Winter Track	3200m Run	7th	9:48.76	Region	2	4
		2009	Cross Country	Cross Country	2nd		District		4
		2009	Winter Track	1000m Run	2nd	2:36.92	District	8	4
		2009	Winter Track	1600m Run	2nd	4:23.66	District	8	4
		2010	Spring Track	4x800m	3rd	7:57.93	Region	6	4
		2010	Winter Track	1000m Run	3rd	2:38.04	Region	6	4
		2010	Winter Track	1600m Run	2nd		District		4
		2010	Winter Track	3200m Run	2nd		District		4
		2007	Cross Country	Cross Country	5th		District		3
		2007	Cross Country	Cross Country	11th		Regional		3
		2007	Spring Track	3200m Run	6th	9:53.25	District	1	3
		2007	Winter Track	3200m Run	6th	10:02.95	District	1	3

	2008	Spring Track	4x800m	3rd	8:11.06	District	6	3	
	2008	Winter Track	3200m Run	3rd	9:52.60	District	6	3	
	2010	Spring Track	1600m Run	4th	4:24.59	District	4	3	
	2010	Spring Track	4x800m	3rd	8:06.92	District	6	3	
	2010	Spring Track		Hon Men		All-Met		3	
	2010	Winter Track		Hon Men		All-Met		3	
	2006	Cross Country	Cross Country	9th		District		2	
	2010	Indoor Track	3200m Run		9:06.56	CHS Record		5	
	2010	Spring Track	3200m Run		9:08.43	CHS Record		5	
						<b>TOTAL</b>		<b>244</b>	
15	<b>Mitchell, Daniel</b>	2015	Winter Track	4x800m	Champion	7:56.02	State	10	20
	<b>Eligible in 2020</b>	2015	Spring Track	4x800m	Champion	7:48.08	State	10	20
		2015	Spring Track	4x400m	Champion	3:20.55	State	10	20
		2015	Spring Track	Distance Medley	6th	10:10.74	Nationals		12
		2016	Winter Track	4x400m	Champion	3:27.03	Region	10	12
		2015	Winter Track	4x400m	Champion	3:27.76	Region	10	12
		2016	Spring Track	4x400m	Champion	3:19.36	Region	10	12
		2015	Winter Track	4x400m	3rd	3:29.35	State	6	8
		2015	Winter Track	4x200m	5th	1:33.53	State	4	8
		2017	Winter Track	4x400m	6th	3:28.89	State	3	8
		2014	Winter Track	4x800m	4th	8:22.19	Region	5	4
		2015	Winter Track	4x800m	Champion	8:00.17	District	10	6
		2015	Winter Track	4x400m	Champion	3:28.17	District	10	6
		2015	Spring Track	4x400m	Champion	3:26.92	District	10	6
		2016	Spring Track	4x400m	Champion	3:26.83	District	10	6
		2016	Winter Track	4x400m	Champion	3:30.20	District	10	6
		2017	Winter Track	4x400m	Champion	3:32.98	District	10	6
		2017	Winter Track	500m Dash	Champion	1:09.52	District	10	6
		2015	Spring Track	4x800m	3rd	7:54.17	Region	6	4
		2015	Spring Track	4x400m	4th	3:23.09	Region	5	4
		2017	Winter Track	4x400m	6th	3:32.63	Region	3	4
		2017	Spring Track	4x400m	6th	3:24.62	Region	3	4
		2016	Spring Track	4x800m	2nd	8:06.97	District	8	4
		2017	Winter Track	4x200m	2nd	1:35.12	District	8	4
		2015	Spring Track	4x800m	3rd	8:13.44	District	6	3
		2017	Spring Track	4x400m	2nd	3:29.78	District	8	4
		2017	Spring Track	4x100m	2nd	43.92	District	8	4
		2015	Winter Track	500m Dash	5th	1:09.90	District	2	3
		2016	Winter Track	500m Dash	6th	1:11.09	District	1	3
		2017	Spring Track	400m Dash	5th	51.06	District	2	3
		2015	Spring Track	400m Dash	5th	52.34	District	2	3
		2015	Winter Track		Relay		All-Met		3
						<b>TOTAL</b>		<b>228</b>	
16	<b>Cowne, Kendall</b>	2013	Spring Track	1600m Run	2nd	4:57.19	State	8	12
		2011	Winter Track	1000m Run	2nd	2:59.91	Region	8	8
		2011	Spring Track	1600m Run	6th	5:05.88	State	3	8
		2011	Winter Track	1000m Run	8th	3:00.08	State	1	8
		2012	Winter Track	1000m Run	2nd	2:59.09	Region	8	8
		2012	Spring Track	1600m Run	4th	4:58.53	State	5	8
		2013	Winter Track	4x800m Relay	2nd	9:33.45	Region	8	8
		2013	Winter Track	1000m Run	7th	3:00.74	State	2	8
		2013	Winter Track	1600m Run	3rd	5:04.60	State	6	8
		2013	Winter Track	4x800m Relay	5th	9:30.57	State	4	8
		2013	Spring Track	800m Run	5th	2:15.05	State	4	8
		2011	Winter Track	1000m Run	Champion	3:02.66	District	10	6
		2011	Winter Track	3200m Run	Champion	11:28.16	District	10	6
		2011	Winter Track	4x800m	Champion	9:54.98	District	10	6
		2012	Spring Track	4x800m	Champion	9:33.96	District	10	6
		2012	Winter Track	1000m Run	Champion	3:01.39	District	10	6

2012	Winter Track	4x800m	Champion	9:50.41	District	10	6		
2012	Cross Country	Cross Country	10th	18:29.00	State	8	6		
2012	Cross Country		2nd Team		All-Met		5		
2011	Spring Track	800m Run	2nd	2:21.46	District	8	4		
2011	Spring Track	1600m Run	5th	5:10.74	Region	4	4		
2011	Spring Track	800m Run	6th	2:18.69	Region	3	4		
2011	Winter Track	4x800m	3rd	9:44.64	Region	6	4		
2012	Cross Country	Cross Country	7th	17:33.0	Region		4		
2012	Spring Track	1600m Run	3rd	5:00.12	Region	6	4		
2012	Spring Track	3200m Run	5th	11:16.39	Region	4	4		
2012	Spring Track	4x800m	7th	9:36.62	Region	2	4		
2012	Winter Track	4x800m	3rd	9:41.07	Region	6	4		
2013	Spring Track	1600m Run	2nd	4:57.52	District	8	4		
2013	Spring Track	3200m Run	2nd	11:02.67	District	8	4		
2013	Spring Track	4x800m	2nd	9:30.43	District	8	4		
2013	Spring Track	800m Run	4th	2:13.80	Region	5	4		
2013	Spring Track	4x400m	8th	4:14.02	Region	1	4		
2013	Winter Track	1000m Run	5th	3:01.72	Region	4	4		
2011	Cross Country	Cross Country	7th	18:40	District		3		
2011	Spring Track	1600m Run	4th	5:12.39	District	4	3		
2011	Spring Track	4x800m	3rd	9:37.77	District	6	3		
2011	Cross Country	Cross Country	12th	18:04.0	Region		3		
2012	Cross Country	Cross Country	3rd	17:57.0	District		3		
2012	Winter Track	1600m Run	5th	5:10.80	District	2	3		
2013	Winter Track	1000m Run	3rd	3:02.89	District	6	3		
2013	Winter Track	1600m Run	3rd	5:09.73	District	6	3		
2013	Winter Track	3200m Run	4th	11:21.37	District	4	3		
2013	Winter Track		Hon Men		All-Met		3		
2013	Spring Track		Hon Men		All-Met		3		
2013	Spring Track	800m Run		2:12.69	CHS Record		5		
							<b>TOTAL</b>	<b>225</b>	
17	Re, Nicole Still Active	2018	Spring Track	800m Run	Champion	2:13.73	State	10	20
		2018	Spring Track	800m Run	Champion	2:15.33	Region	10	12
		2018	Winter Track	1000m Run	3rd	2:59.63	State	6	8
		2017	Spring Track	800m Run	4th	2:16.71	State	5	8
		2018	Winter Track	4x400m	4th	4:02.77	State	5	8
		2017	Spring Track	4x800m	6th	9:36.25	State	3	8
		2018	Spring Track	4x400m	8th	4:01.59	State	1	8
		2018	Winter Track	1000m Run	2nd	2:59.15	Region	8	8
		2017	Spring Track	4x400m	2nd	3:58.52	Region	8	8
		2018	Winter Track	4x400m	2nd	4:05.67	Region	8	8
		2017	Cross Country	Cross Country	Champion	18:12.00	District	1	6
		2018	Winter Track	1000m Run	Champion	3:10.66	District	10	6
		2017	Winter Track	4x800m	Champion	9:34.81	District	10	6
		2016	Spring Track	4x400m	Champion	4:00.81	District	10	6
		2018	Spring Track	800m Run	Champion	2:18.93	District	10	6
		2018	Spring Track	1600m Run	Champion	5:09.46	District	10	6
		2018	Spring Track	4x800m	Champion	9:41.69	District	10	6
		2016	Winter Track	4x800m	6th	9:49.37	Region	6	4
		2017	Winter Track	1600m Run	2nd	5:15.18	District	8	4
		2018	Winter Track	500m Dash	2nd	1:19.36	District	8	4
		2018	Winter Track	4x800m	2nd	9:54.69	District	8	4
		2017	Winter Track	4x400m	3rd	4:05.95	Region	6	4
		2017	Spring Track	800m Run	4th	2:14.60	Region	5	4
		2017	Spring Track	4x800m	5th	9:34.29	Region	3	4
		2017	Spring Track	4x800m	3rd	9:55.58	District	6	4
		2018	Spring Track	4x400m	3rd	4:03.26	Region	6	4
		2018	Spring Track	4x800m	3rd	9:41.21	Region	6	4
		2018	Winter Track	4x800m	6th	9:58.62	Region	3	4

2018	Spring Track	4x400m	3rd	4:03.29	Region	6	4
2017	Cross Country	Cross Country	7th	18:45.00	Region	7	3
2017	Spring Track	400m Dash	3rd	58.91	District	1	3
2016	Winter Track	4x800m	3rd	9:56.59	District	6	3
2016	Spring Track	4x800m	3rd	9:37.73	District	6	3
2016	Spring Track	1600m Run	4th	5:15.94	District	4	3
2017	Winter Track	1000m Run	4th	3:10.29	District	4	3
2017	Spring Track	1600m Run	6th	5:19.83	District	1	3
2016	Winter Track	1600m Run	6th	5:25.72	District	1	3
2018	Spring Track	High Jump	6th	4-6.00	District	1	3
2017	Cross Country		Hon Men		All-Met		3
2018	Winter Track		Hon Men		All-Met		3
2018	Spring Track		Hon Men		All-Met		3
2016	Cross Country	Cross Country	10th	18:47.00	District	10	2

**TOTAL 224**

18 DiValentin, Lia

2007	Cross Country	Cross Country	1st		Regional		12
2007	Cross Country	Cross Country	2nd		State		12
2007	Spring Track	3200m Run	2nd	11:04.99	State	8	12
2008	Winter Track	3200m Run	Champion	11:12.63	Region	10	12
2007	Winter Track	3200m Run	2nd	10:54.46	State	8	12
2008	Winter Track	3200m Run	2nd	10:48.86	State	8	12
2006	Winter Track	1600m Run	4th		Nationals		12
2008	Winter Track	5000m Run	5th		Nationals		12
2007	Cross Country		Runner of the Year		All-Met		10
2006	Spring Track	3200m Run	5th	11:08.11	State	4	8
2007	Winter Track	1600m Run	2nd	5:09.11	Region	8	8
2008	Winter Track		1st Team		All-Met		7
2007	Cross Country	Cross Country	1st		District		6
2006	Spring Track	3200m Run	Champion	11:18.39	District	10	6
2007	Spring Track	3200m Run	Champion	11:21.02	District	10	6
2007	Winter Track	1600m Run	Champion	5:07.35	District	10	6
2008	Winter Track	3200m Run	Champion	10:52.12	District	10	6
2007	Winter Track	3200m Run	Champion	11:06.50	District	10	6
2007	Spring Track	1600m Run	3rd	5:02.91	Region	6	4
2006	Spring Track	1600m Run	3rd	5:08.12	Region	6	4
2008	Winter Track	1600m Run	2nd	5:06.51	District	8	4
2008	Winter Track	1600m Run	5th	5:14.41	Region	2	4
2006	Winter Track	1000m Run	6th	3:04.08	Region	3	4
2007	Winter Track	4x800m	6th	9:48.22	Region	3	4
2006	Cross Country	Cross Country	3rd		District		3
2007	Spring Track	1600m Run	4th	5:09.55	District	4	3
2006	Winter Track	1600m Run	5th	5:15.85	District	2	3
2006	Cross Country		Hon Men		All-Met		3
2007	Winter Track		Hon Men		All-Met		3
2007	Spring Track		Hon Men		All-Met		3
2006	Winter Track	4x800m	3rd	9:49.26	District	6	3
2007	Indoor Track	3200m Run		10:39.49	CHS Record		5
2008	Indoor Track	5000m Run		17:57.3	CHS Record		5

**TOTAL 220**

19 Pereira, Conrad  
Eligible in 2020

2016	Winter Track	4x400m	Champion	3:24.38	State	10	20
2015	Spring Track	Sprint Medley	3rd	3:25.65	Nationals		12
2016	Spring Track	800m Sprint Med	6th	1:32.48	Nationals		12
2016	Winter Track	4x200m	Champion	1:32.68	Region	10	12
2017	Spring Track	High Jump	6th	6-2.00	State	3	8
2016	Winter Track	4x200m	6th	1:32.46	State	3	8
2017	Winter Track	4x400m	6th	3:28.89	State	3	8
2016	Spring Track	4x100m	7th	42.89	State	2	8
2017	Winter Track	High Jump	2nd	6-4.00	Region	8	8
2016	Spring Track	4x400m	Champion	3:26.83	District	10	6



2015	Spring Track	4x400m	Champion	3:26.92	District	10	6
2016	Winter Track	4x400m	Champion	3:30.20	District	10	6
2017	Winter Track	4x400m	Champion	3:32.98	District	10	6
2015	Spring Track	High Jump	2nd	6-0.00	District	8	4
2017	Winter Track	High Jump	2nd	6-4.00	District	8	4
2016	Winter Track	300m Dash	2nd	37.13	District	8	4
2016	Winter Track	High Jump	3rd	6-0.00	District	6	4
2015	Spring Track	4x400m	4th	3:23.09	Region	5	4
2017	Spring Track	High Jump	4th	6-0.00	Region	5	4
2016	Winter Track	High Jump	6th	5-10.00	Region	2	4
2017	Winter Track	4x400m	6th	3:32.63	Region	3	4
2017	Spring Track	4x400m	6th	3:24.62	Region	3	4
2017	Spring Track	4x400m	2nd	3:29.78	District	8	4
2017	Spring Track	High Jump	2nd	6-0.00	District	8	4
2017	Spring Track	110m Hurdles	2nd	15.86	District	8	4
2017	Winter Track	55m Hurdles	3rd	8.44	District	6	3
2016	Spring Track	300m Hurdles	4th	42.75	District	4	3
2016	Winter Track	High Jump	4th	5-8.00	District	3	3
2015	Spring Track	300m Hurdles	5th	43.81	District	2	3
2015	Winter Track	High Jump	5th	5-6.00	District	2	3
2016	Winter Track	55m Dash	5th	6.94	District	2	3
2016	Winter Track	Pole Vault	5th	10-00.00	District	2	3
2017	Spring Track	300m Hurdles	4th	41.81	District	4	3
2015	Winter Track	High Jump		6-4.25	CHS Record		5

**TOTAL 197**

20 **Sturans, Andris**

2013	Winter Track	4x800m	Champion	7:52.99	State		<b>20</b>
2013	Spring Track	3200m Relay	2nd	7:47.30	State	8	<b>12</b>
2013	Spring Track	Sprint Medley	5th	3:29.38	Nationals		<b>12</b>
2013	Winter Track	500m Dash	2nd	1:06.63	Region	8	8
2014	Winter Track	4x200m	4th	1:32.14	State	5	8
2014	Winter Track	4x400m	6th	3:28.78	State	3	8
2014	Spring Track	4x400m	8th	3:24.26	State	1	8
2014	Winter Track	Pole Vault	Champion	12-0.00	District	10	6
2014	Winter Track	4x400m	Champion	3:30.59	District	10	6
2014	Spring Track	Pole Vault	Champion	12-3.00	District	10	6
2013	Winter Track	4x400m	3rd	3:28.39	Region	6	4
2014	Winter Track	4x400m	5th	3:31.60	Region	4	4
2014	Winter Track	4x200m	5th	1:34.92	Region	4	4
2013	Spring Track	4x800m	2nd	7:55.46	District	8	4
2014	Winter Track	500m Dash	2nd	1:08.16	District	8	4
2014	Winter Track	High Jump	2nd	5-8.00	District	8	4
2014	Winter Track	Pole Vault	7th	12-3.00	Region	2	4
2013	Spring Track	4x400m	8th	3:32.02	Region	1	4
				16.67f/			
2014	Spring Track	110m Hurdles	2nd	16.32p	District	8	4
2014	Spring Track	4x400m	2nd	3:26.40	District	8	4
2014	Spring Track	4x100m	5th	43.64	Region	4	4
2014	Spring Track	4x400m	7th	3:25.67	Region	1	4
2014	Spring Track	Pole Vault	7th	12-3.00	Region	2	4
2014	Winter Track	300m Dash	6th	37.21	District	1	3
2013	Winter Track	Pole Vault	5th	11-0.00	District	2	3
2013	Winter Track	500m Dash	3rd	1:07.65	District	6	3
2013	Winter Track	4x400m	3rd	3:34.92	District	6	3
2013	Spring Track	4x400m	3rd	3:31.98	District	6	3
2013	Spring Track	High Jump	3rd	5-8.00	District	6	3
2013	Spring Track	400m Dash	4th	51.06	District	4	3
2013	Spring Track	Pole Vault	6th	11-0.00	District	1	3
2014	Spring Track	Long Jump	4th	19-2.50	District	4	3

					51.31f/			
	2014	Spring Track	400m Dash	4th	51.15p	District	4	3
	2014	Spring Track	High Jump	5th	5-8.00	District	1	3
	2014	Indoor Track	Decathlon		5908 pts	CHS Record		5
								<b>TOTAL 184</b>
21	<b>Scopellite, Michael</b>	2016	Winter Track	Sprint Medley	Champion	3:24.02	Nationals	<b>30</b>
		2016	Winter Track	4x400m	Champion	3:24.38	State	20
		2016	Spring Track	800m Sprint Med	6th	1:32.48	Nationals	12
		2015	Winter Track	4x400m	Champion	3:27.76	Region	10
		2016	Winter Track	4x400m	Champion	3:27.03	Region	10
		2016	Spring Track	4x400m	Champion	3:19.36	Region	10
		2016	Spring Track	4x400m	3rd	3:20.90	State	6
		2016	Winter Track	4x200m	6th	1:32.46	State	3
		2016	Spring Track	4x100m	7th	42.89	State	2
		2015	Winter Track	4x200m	Champion	1:33.55	District	10
		2015	Winter Track	4x400m	Champion	3:28.17	District	10
		2016	Winter Track	4x400m	Champion	3:30.20	District	10
		2016	Winter Track	300m Dash	4th	36.53	Region	6
		2015	Winter Track	4x200m	6th	1:34.70	Region	3
		2014	Spring Track	4x400m	2nd	3:26.40	District	8
		2014	Spring Track	4x400m	7th	3:25.67	Region	1
		2016	Spring Track	200m Dash	2nd	22.44	District	8
		2016	Spring Track	300m Hurdles	2nd	41.34	District	8
		2016	Spring Track	100m Dash	3rd	11.02	District	6
					44.03f/			
		2014	Spring Track	300m Hurdles	5th	42.42p	District	2
		2016	Winter Track	Pole Vault	4th	10-06.00	District	4
		2016	Winter Track	500m Dash	5th	1:11.05	District	2
		2015	Winter Track	500m Dash	6th	1:10.60	District	1
		2016	Winter Track		Hon Men		All-Met	
								<b>TOTAL 182</b>
22	<b>Beno, Jeff</b>	1993	Winter Track	Pole Vault	Champion	14-03.00	Region	10
		1993	Winter Track	Pole Vault	5th	14-3.25	Nationals	
		1992	Winter Track	500 Dash	6th	1:08.50	State	1
		1993	Winter Track	Pole Vault	3rd	13-06.00	State	6
		1993	Spring Track	200m Dash	Champion	22.3h	District	10
		1991	Spring Track	200m Dash	Champion	23.0h	District	10
		1992	Spring Track	400m Dash	Champion	50.5h	District	10
		1992	Spring Track	Pole Vault	Champion	12-06.00	District	10
		1993	Spring Track	Triple Jump	Champion	44-08.50	District	10
		1993	Winter Track	300m Dash	Champion	36.27	District	10
		1993	Winter Track	500m Dash	Champion	1:07.56	District	10
		1992	Winter Track	Pole Vault	Champion	14-01.00	District	10
		1993	Winter Track	Long Jump	Champion	20-08.25	District	10
		1992	Winter Track	Long Jump	Champion	20-00.25	District	10
		1993	Winter Track	4x400m	Champion	3:34.39	District	10
		1993	Spring Track	400m Dash	2nd	49.8h	District	8
		1991	Spring Track	400m Dash	5th	51.94	Region	2
		1992	Winter Track	500m Dash	2nd	1:11.44	District	8
		1993	Winter Track	Pole Vault	2nd	12-06.00	District	8
		1992	Winter Track	Triple Jump	2nd	43-02.75	District	8
		1993	Winter Track	Triple Jump	2nd	42-10.50	District	8
		1993	Winter Track	500m Dash	5th	36.50	Region	2
		1992	Winter Track	500m Dash	5th	1:09.82	Region	2
		1991	Winter Track	Pole Vault	5th	12-00.00	Region	2
		1992	Winter Track	Pole Vault	4th	13-00.00	Region	4
		1991	Spring Track	400m Dash	3rd	52.4h	District	6
		1993	Spring Track	Pole Vault	3rd	13-06.00	District	6
		1992	Spring Track	Long Jump	3rd	20-07.75	District	6

	1993	Spring Track	Long Jump	3rd	20-04.50	District	6	3	
	1992	Spring Track	Triple Jump	3rd	42-02.50	District	6	3	
	1991	Winter Track	Pole Vault	5th	10-06.00	District	2	3	
	1992	Winter Track	300m Dash	4th	38.90	District	4	3	
	1991	Winter Track	Triple Jump	3rd	40-09.75	District	6	3	
	1993	Winter Track		Hon Men		All-Met		3	
							<b>TOTAL</b>	<b>173</b>	
22	<b>Kazuba, Nicole</b>	2006	Spring Track	Pole Vault	Champion	11-06.00	State	10	20
		2006	Winter Track	Pole Vault	Champion	11-00.00	State	10	20
		2006	Spring Track	Pole Vault	Champion	11-06.00	Region	10	12
		2005	Spring Track	Pole Vault	2nd	10-06.00	State	8	12
		2006	Winter Track	Pole Vault	Champion	11-00.00	Region	10	12
		2004	Spring Track	Pole Vault	2nd	10-00.00	Region	8	8
		2004	Spring Track	Pole Vault	5th	9-00.00	State	4	8
		2005	Winter Track	Pole Vault	5th	10-00.00	State	4	8
		2006	Spring Track	Pole Vault	Champion	10-00.00	District	10	6
		2006	Winter Track	Pole Vault	Champion	11-00.00	District	10	6
		2005	Winter Track	Pole Vault	Champion	10-00.00	District	10	6
		2004	Winter Track	Pole Vault	Champion	8-06.00	District	10	6
		2004	Spring Track	Pole Vault	2nd	9-00.00	District	7	4
		2005	Spring Track	Pole Vault	2nd	10-00.00	District	8	4
		2005	Spring Track	Pole Vault	5th	10-03.00	Region	4	4
		2005	Winter Track	Pole Vault	4th	9-06.00	Region	6	4
		2003	Spring Track	Pole Vault	3rd	7-06.00	District	5	3
		2006	Spring Track	High Jump	3rd	4-06.00	District	6	3
		2006	Winter Track	High Jump	3rd	4-08.00	District	6	3
		2006	Winter Track		1st Team		All-Met		7
		2006	Spring Track		1st Team		All-Met		7
		2005	Indoor Track	Pole Vault		11-00.00	CHS Record		5
		2006	Spring Track	Pole Vault		11-06.00	CHS Record		5
							<b>TOTAL</b>	<b>173</b>	
22	<b>Smith, Azibo</b>	1996	Spring Track	110m Hurdles	Champion	15.05	Region	10	12
		1996	Spring Track	110m Hurdles	8th	15.02	State	1	8
		1995	Winter Track	Triple Jump	4th	44-07.50	State	4	8
		1996	Winter Track	55m Hurdles	3rd	7.64	State	6	8
		1996	Spring Track	110m Hurdles	Champion	14.7h	District	10	6
		1996	Spring Track	Triple Jump	Champion	44-04.25	District	10	6
		1995	Spring Track	Triple Jump	Champion	43-11.00	District	10	6
		1996	Winter Track	55m Hurdles	Champion	7.8h	District	10	6
		1996	Winter Track	Triple Jump	Champion	42-08.75	District	10	6
		1995	Winter Track	Triple Jump	Champion	41-07.00	District	10	6
		1994	Spring Track	110m Hurdles	2nd	15.5h	District	8	4
		1996	Spring Track	Long Jump	2nd	21-09.25	District	8	4
		1995	Spring Track	Long Jump	2nd	21-02.50	District	8	4
		1994	Spring Track	Triple Jump	2nd	43-00.50	District	8	4
		1995	Spring Track	Long Jump	5th	21-09.50	Region	2	4
		1996	Spring Track	Long Jump	5th	21-06.00	Region	2	4
		1995	Spring Track	100m Dash	4th	14.81	Region	4	4
		1995	Spring Track	Triple Jump	4th	45-01.50	Region	4	4
		1996	Spring Track	Triple Jump	4th	44-06.50	Region	4	4
		1995	Winter Track	55m Hurdles	2nd	7.6h	District	8	4
		1996	Winter Track	Pole Vault	2nd	12-06.00	District	8	4
		1996	Winter Track	Long Jump	2nd	20-09.50	District	8	4
		1995	Winter Track	Long Jump	6th	20-11.00	Region	1	4
		1995	Winter Track	Triple Jump	6th	44-00.25	Region	1	4
		1993	Spring Track	110m Hurdles	6th	16.6h	District	1	3
		1994	Spring Track	Long Jump	6th	19-09.75	District	1	3
		1993	Spring Track	Triple Jump	6th	41-09.50	District	1	3
		1994	Spring Track	300m Hurdles	5th	44.2h	District	2	3

1996	Spring Track	High Jump	5th	5-06.00	District	2	3
1994	Winter Track	55m Hurdles	4th	8.44	District	4	3
1995	Winter Track	Pole Vault	4th	9-00.00	District	4	3
1995	Winter Track	Long Jump	4th	20-00.50	District	4	3
1996	Winter Track		Hon Men		All-Met		3
1996	Spring Track		Hon Men		All-Met		3
1996	Indoor Track	55m Hurdles		7.64	CHS Record		5
1995	Indoor Track	Triple Jump		44-07.50	CHS Record		5
1996	Spring Track	110m Hurdles		14.7h	CHS Record		5

**TOTAL 173**

25 **Colvin, Sarah**

1986	Winter Track	4x800m	2nd	9:35.61	Nationals		20
1986	Spring Track	800m Run	Champion	2:14.39	Region	10	12
1987	Winter Track	1000m Run	2nd	2:59.61	State	8	12
1986	CC	Cross Country	3rd		State		8
1987	Spring Track	800m Run	2nd	2:14.88	Region	8	8
1987	Spring Track	1600m Run	2nd	4:50.50	Region	8	8
1986	Spring Track	800m Run	3rd	2:13.70	State	6	8
1987	Spring Track	1600m Run	4th	5:03.94	State	4	8
1987	Winter Track	3200m Run	2nd	10:58.00	Region	8	8
1986	Winter Track	1000m Run	5th	3:02.90	State	2	8
1985	CC	Cross Country	14th		State		6
1987	Winter Track	1000m Run	Champion	2:55.80	District	10	6
1986	CC	Cross Country	3rd		Regional		4
1986	Spring Track	800m Run	2nd	2:16.5h	District	8	4
1987	Winter Track	800m Run	2nd	2:18.7h	District	8	4
1987	Winter Track	1600m Run	2nd	4:56.1h	District	8	4
1987	Winter Track	3200m Run	2nd	10:56.22	District	8	4
1986	Winter Track	1000m Run	4th	3:03.70	Region	4	4
1985	CC	Cross Country	5th		District		3
1984	Spring Track	800m Run	4th	2:32.50	District	4	3
1985	Spring Track	3200m Run	4th	12:24.90	District	4	3
1985	Spring Track	800m Run	3rd	2:22.5h	District	6	3
1984	Winter Track	1000m Run	5th	3:20.2h	District	2	3
1985	Winter Track	1600m Run	5th	5:39.0h	District	2	3
1985	Winter Track	3200m Run	5th	12:57.3h	District	2	3
1986	Winter Track	1000m Run	3rd	3:11.2h	District	6	3
1984	CC	Cross Country	9th		District		2
1987	Indoor Track	1000m Run		2:55.8	CHS Record		5
1986	Spring Track	800m Run		2:13.70	CHS Record		5

**TOTAL 172**

26 **Geldermann, Jennifer**

2003	Spring Track	200m Dash	Champion	25.92	Region	10	12
2005	Winter Track	4x200m	5th	1:44.43	Nationals		12
2004	Spring Track	200m Dash	2nd	25.68	Region	8	8
2004	Winter Track	4x200m	4th	1:46.13	State	5	8
2005	Winter Track	4x200m	5th	1:44.85	State	4	8
2005	Spring Track	4x400m	2nd	4:10.43	Region	8	8
2004	Spring Track	200m Dash	Champion	25.82	District	10	6
2004	Winter Track	4x200m	Champion	1:47.18	District	10	6
2005	Winter Track	4x200m	Champion	1:46.10	District	10	6
2002	Spring Track	4x100m	Champion	52.32	District	10	6
2004	Spring Track	4x100m	Champion	49.77	District	10	6
2004	Spring Track	100m Dash	2nd	12.73	District	8	4
2003	Spring Track	200m Dash	2nd	26.39	District	8	4
2003	Winter Track	300m Dash	2nd	42.47	District	8	4
2003	Winter Track	55m Dash	5th	7.59	Region	2	4
2003	Winter Track	300m Dash	5th	43.55	Region	2	4
2003	Winter Track	4x200m	2nd	1:50.07	District	8	4
2002	Winter Track	4x200m	5th	1:50.34	Region	2	4

2004	Winter Track	4x200m	4th	1:50.47	Region	4	4
2003	Spring Track	4x100m	5th	51.14	Region	4	4
2004	Spring Track	4x100m	3rd	50.02	Region	6	4
2004	Spring Track	4x400m	6th	4:10.43	Region	3	4
2005	Spring Track	200m Dash	5th	27.22	District	2	3
2003	Spring Track	100m Dash	4th	12.83	District	4	3
2005	Winter Track	300m Dash	6th	44.20	District	1	3
2002	Winter Track	55m Dash	5th	7.75	District	2	3
2004	Winter Track	300m Dash	5th	43.68	District	2	3
2002	Winter Track	300m Dash	5th	43.75	District	2	3
2003	Winter Track	55m Dash	3rd	7.48	District	6	3
2004	Winter Track	55m Dash	3rd	7.60	District	6	3
2005	Winter Track	55m Dash	3rd	7.60	District	6	3
2003	Spring Track	4x100m	3rd	51.72	District	6	3

**TOTAL 160**

27	<b>Sneckim, Nhoj</b>	1993	Spring Track	Pole Vault	Champion	14-06.00	District	10	6
		1994	Spring Track	Pole Vault	Champion	13-00.00	District	10	6
		1993	Winter Track	55m Hurdles	Champion	8.11	District	10	6
		1994	Winter Track	Pole Vault	Champion	13-00.00	District	10	6
		1993	Spring Track	110m Hurdles	2nd	15.6h	District	8	4
		1993	Spring Track	300m Hurdles	5th	42.3h	District	2	3
		1994	Winter Track	High Jump	5th	5-08.00	District	1.5	3
		1993	Winter Track	Pole Vault	3rd	12-00.00	District	6	3
		1993	Winter Track	Pole Vault	Champion	14-06.00	State	10	20
		1994	Winter Track	Pole Vault	Champion	14-06.00	State	10	20
		1994	Spring Track	Pole Vault	Champion	13-00.00	Region	10	12
		1994	Winter Track	Pole Vault	Champion	14-00.00	Region	10	12
		1993	Spring Track	Pole Vault	2nd	13-06.00	Region	8	8
		1993	Spring Track	Pole Vault	3rd	14-06.00	State	6	8
		1994	Spring Track	110m Hurdles	5th	15.69	Region	2	4
		1993	Spring Track	110m Hurdles	4th	16.14	Region	4	4
		1993	Winter Track	Pole Vault	6th	12-06.00	Region	1	4
		1993	Winter Track		1st Team		All-Met		7
		1994	Winter Track		1st Team		All-Met		7
		1994	Spring Track		Hon Men		All-Met		3
		1993	Indoor Track	Pole Vault		14-06.00	CHS Record		5
		1993	Spring Track	Pole Vault		14-06.00	CHS Record		5

**TOTAL 156**

27	<b>Kanamine, Sara</b>	2005	Spring Track	4x100m	Champion	50.02	Region	10	12
		2005	Winter Track	4x200m	5th	1:44.43	Nationals		12
		2004	Winter Track	4x200m	4th	1:46.13	State	5	8
		2005	Winter Track	4x200m	5th	1:44.85	State	4	8
		2005	Spring Track	4x400m	2nd	4:10.43	Region	8	8
		2004	Winter Track	4x200m	Champion	1:47.18	District	10	6
		2005	Winter Track	4x200m	Champion	1:46.10	District	10	6
		2004	Spring Track	4x100m	Champion	52.32	District	10	6
		2006	Spring Track	100m Dash	2nd	12.92	District	8	4
		2006	Spring Track	100m Dash	6th	12.93	Region	3	4
		2005	Spring Track	100m Dash	4th	12.71	Region	5	4
		2004	Winter Track	55m Dash	2nd	7.45	District	8	4
		2006	Winter Track	55m Dash	2nd	7.55	District	8	4
		2004	Winter Track	300m Dash	2nd	43.13	District	8	4
		2006	Winter Track	Long Jump	2nd	16-02.00	District	8	4
		2004	Winter Track	300m Dash	5th	42.70	Region	2	4
		2004	Winter Track	55m Dash	4th	7.44	Region	4	4
		2005	Winter Track	55m Dash	5th	7.52	Region	4	4
		2006	Winter Track	55m Dash	3rd	7.44	Region	6	4
		2004	Winter Track	4x200m	4th	1:50.47	Region	4	4
		2005	Winter Track	4x200m	3rd	1:48.38	Region	6	4

	2003	Spring Track	4x100m	5th	51.14	Region	4	4	
	2004	Spring Track	4x100m	3rd	50.02	Region	6	4	
	2003	Spring Track	200m Dash	6th	27.85	District	1	3	
	2004	Spring Track	200m Dash	5th	27.01	District	2	3	
	2004	Spring Track	100m Dash	4th	13.04	District	4	3	
	2005	Spring Track	100m Dash	3rd	13.08	District	6	3	
	2005	Spring Track	200m Dash	3rd	26.61	District	6	3	
	2005	Spring Track	Long Jump	3rd	16-03.00	District	6	3	
	2005	Winter Track	55m Dash	6th	7.64	District	1	3	
	2006	Winter Track	Long Jump	4th	16-02.00	District	4	3	
	2004	Winter Track	Long Jump	3rd	16-04.50	District	6	3	
	2003	Spring Track	4x100m	3rd	51.72	District	6	3	
								<b>TOTAL</b>	<b>156</b>
29	<b>Nelson, Jasmine</b>	2005	Spring Track	100m Hurdles	Champion	14.81	Region	10	12
		2005	Winter Track	55m Hurdles	Champion	8.61	Region	10	12
		2005	Spring Track	4x100m	Champion	50.02	Region	10	12
		2005	Winter Track	4x200m	5th	1:44.43	Nationals		<b>12</b>
		2004	Winter Track	4x200m	4th	1:46.13	State	5	8
		2005	Winter Track	4x200m	5th	1:44.85	State	4	8
		2005	Spring Track	4x400m	2nd	4:10.43	Region	8	8
		2005	Spring Track	100m Hurdles	Champion	15.10	District	10	6
		2004	Winter Track	4x200m	Champion	1:47.18	District	10	6
		2005	Winter Track	4x200m	Champion	1:46.10	District	10	6
		2004	Spring Track	4x100m	Champion	49.77	District	10	6
		2004	Spring Track	100m Hurdles	2nd	15.77	District	8	4
		2004	Spring Track	300m Hurdles	2nd	46.98	District	8	4
		2005	Spring Track	300m Hurdles	2nd	47.03	District	8	4
		2004	Spring Track	100m Hurdles	5th	15.72	Region	2	4
		2005	Winter Track	55m Hurdles	2nd	8.80	District	8	4
		2004	Winter Track	55m Hurdles	4th	8.97	Region	4	4
		2004	Winter Track	4x200m	4th	1:50.47	Region	4	4
		2005	Winter Track	4x200m	3rd	1:48.38	Region	6	4
		2005	Winter Track	4x400m	5th	4:08.97	Region	2	4
		2004	Spring Track	4x100m	3rd	50.02	Region	6	4
		2004	Spring Track	4x400m	6th	4:10.43	Region	3	4
		2003	Spring Track	100m Hurdles	4th	16.96	District	4	3
		2004	Winter Track	300m Dash	3rd	43.42	District	6	3
		2004	Winter Track	55m Hurdles	3rd	9.46	District	6	3
		2005	Spring Track	100m Hurdles		14.81	CHS Record		5
								<b>TOTAL</b>	<b>154</b>
30	<b>Buell, Amanda</b>	1996	Winter Track	1000m Run	Champion	3:00.69	State	10	20
		1993	Cross Country	Cross Country	2nd		State		12
		1996	Winter Track	4x800m	2nd	9:32.61	State	8	12
		1996	Spring Track	800m Run	5th	2:18.37	State	5	8
		1995	Winter Track	1600m Run	2nd	5:07.83	Region	8	8
		1993	Cross Country		1st Team		All-Met		7
		1993	Cross Country	Cross Country	1st		District		6
		1995	Winter Track	1000m Run	Champion	3:03.00	District	10	6
		1994	Winter Track	1600m Run	Champion	5:18.94	District	10	6
		1996	Winter Track	1600m Run	Champion	5:29.50	District	10	6
		1993	Winter Track	4x800m	Champion	10:02.0	District	10	6
		1993	Cross Country	Cross Country	5th		Regionals		4
		1996	Spring Track	800m Run	2nd	2:20.4h	District	8	4
		1994	Spring Track	800m Run	2nd	2:24.3h	District	8	4
		1996	Spring Track	800m Run	3rd	2:20.36	Region	6	4
		1996	Winter Track	1000m Run	2nd	3:01.80	District	8	4
		1995	Winter Track	1600m Run	2nd	5:20.10	District	8	4
		1996	Winter Track	1600m Run	4th	5:15.79	Region	4	4
		1996	Winter Track	1000m Run	3rd	3:02.13	Region	6	4

1995	Cross Country	Cross Country	7th		District		3
1996	Spring Track	1600m Run	6th	5:29.2h	District	1	3
1994	Spring Track	1600m Run	3rd	5:22.6h	District	6	3
1993	Winter Track	1600m Run	3rd	5:20.61	District	6	3
1994	Winter Track		1st Team		All-Met		3
1995	Cross Country		Hon Men		All-Met		3
1996	Winter Track		1st Team		All-Met		3
1996	Spring Track		Hon Men		All-Met		3

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31	<b>McDuffy, Arthur</b>	2012	Spring Track	Long Jump	Champion	22-2.25	Region	10	12
		2012	Spring Track	Triple Jump	Champion	47-4.25	Region	8	12
		2012	Spring Track	Long Jump	5th	22-8.00	State	4	8
		2012	Spring Track	Triple Jump	7th	45-8.25	State	2	8
		2011	Spring Track	Long Jump	2nd	21-5.75	Region	8	8
		2011	Spring Track	Triple Jump	2nd	45-8.50	Region	8	8
		2011	Winter Track	Long Jump	Champion	20-10.5	District	10	6
		2011	Winter Track	Triple Jump	Champion	44-1	District	10	6
		2011	Spring Track	Long Jump	Champion	20-11.25	District	10	6
		2011	Spring Track	Triple Jump	Champion	44-7.00	District	10	6
		2011	Winter Track	Long Jump	Champion	21-7.75	District	10	6
		2011	Winter Track	Triple Jump	Champion	46-3.25	District	10	6
		2012	Spring Track	Long Jump	Champion	20-9.75	District	10	6
		2012	Winter Track	Long Jump	4th	20-8.00	Region	5	4
		2011	Winter Track	Long Jump	5th	20-5.0	Region	4	4
		2011	Winter Track	Triple Jump	5th	44-10.75	Region	4	4
		2010	Winter Track	Triple Jump	2nd	42-0.75	District	8	4
		2012	Spring Track	Triple Jump	2nd	43-7.00	District	8	4
		2009	Spring Track	Triple Jump	3rd	41-05.50	District	6	3
		2010	Winter Track	Long Jump	5th	19-6.5	District	2	3
		2012	Spring Track	300m Hurdles	5th	41.44	District	2	3
		2010	Winter Track	Long Jump	8th	19-10.25	Region	1	4
		2010	Spring Track	Triple Jump	6th	41-0	District	1	3
		2010	Spring Track	Long Jump	6th	19-9.5	District	1	3
		2012	Spring Track		Hon Men		All-Met		3
		2012	Indoor Track	Triple Jump		46-03.25	CHS Record		5
		2012	Spring Track	Triple Jump		47-04.25	CHS Record		5

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32	<b>Almodiel, Jose Diego</b>	2016	Winter Track	Pole Vault	Champion	13-9.00	Region	10	12
		2016	Spring Track	Pole Vault	2nd	14-0.00	State	7	12
		2016	Winter Track	Pole Vault	5th	13-0.00	State	4	8
		2014	Winter Track	Pole Vault	5th	12-9.00	State	4	8
		2014	Spring Track	Pole Vault	5th	12-6.00	State	4	8
		2015	Winter Track	Pole Vault	7th	12-9.00	State	1.5	8
		2016	Spring Track	Pole Vault	Champion	13-6.00	District	10	6
		2015	Winter Track	Pole Vault	Champion	13-1.00	District	10	6
		2016	Winter Track	Pole Vault	Champion	12-9.00	District	10	6
		2016	Winter Track	55m Hurdles	Champion	8.05	District	10	6
		2016	Winter Track	4x200m	Champion	1:32.67	District	10	6
		2016	Spring Track	Pole Vault	4th	13-6.00	Region	5	4
		2015	Winter Track	Pole Vault	4th	12-6.00	Region	4.5	4
		2014	Winter Track	Pole Vault	4th	12-3.00	Region	5	4
		2016	Winter Track	55m Hurdles	6th	7.99	Region	3	4
		2015	Spring Track	Pole Vault	8th	12-0.00	Region	1	4
		2014	Winter Track	Pole Vault	2nd	11-6.00	District	8	4
		2014	Spring Track	Pole Vault	3rd	12-9.00	District	6	4
		2015	Spring Track	Pole Vault	2nd	12-0.00	District	8	4
		2016	Spring Track	4x100m	2nd	44.24	District	8	4
		2014	Spring Track	Pole Vault	4th	11-3.00	District	3	3

2015	Winter Track	55m Hurdles	4th	8.51p/8.64f	District	10	3	
2015	Spring Track	Triple Jump	5th	40-2.00	District	2	3	
2016	Winter Track	Triple Jump	5th	38-10.5	District	2	3	
2016	Spring Track	110m Hurdles	3rd	15.83	District	2	3	
2016	Spring Track	300m Hurdles	6th	43.02	District	1	3	
2015	Spring Track	110m Hurdles	5th	17.00f/16.66	District	2	3	
2015	Spring Track	300m Hurdles	6th	44.37f/42.60f	District	1	3	
2016	Winter Track		Hon Men		All-Met		3	
							<b>TOTAL</b>	<b>149</b>

32	<b>Sun, Wesley</b>	2009	Spring Track	Pole Vault	Champion	14-06.00	Region	10	12	
		2008	Spring Track	Pole Vault	Champion	14-00.00	Region	10	12	
		2009	Winter Track	Pole Vault	Champion	15-00.00	Region	10	12	
		2008	Spring Track	Pole Vault	3rd	14-00.00	State	6	8	
		2008	Winter Track	Pole Vault	2nd	13-06.00	Region	8	8	
		2008	Winter Track	Pole Vault	6th	13-06.00	State	3	8	
		2009	Winter Track	Pole Vault	3rd	14-09.00	State	6	8	
		2008	Spring Track	Pole Vault	Champion	13-06.00	District	10	6	
		2007	Spring Track	Pole Vault	Champion	13-00.00	District	10	6	
		2009	Winter Track	Pole Vault	Champion	14-06.00	District	10	6	
		2008	Winter Track	Pole Vault	Champion	12-06.00	District	10	6	
		2007	Winter Track	Pole Vault	Champion	12-06.00	District	10	6	
		2007	Spring Track	Pole Vault	5th	12-00.00	Region	4	4	
		2009	Winter Track	55m Hurdles	2nd	8.30	District	8	4	
		2009	Winter Track	Triple Jump	2nd	40-09.75	District	8	4	
		2007	Winter Track	Pole Vault	5th	12-06.00	Region	4	4	
		2006	Spring Track	Pole Vault	6th	10-00.00	District	1	3	
		2008	Winter Track	55m Hurdles	5th	8.57	District	2	3	
		2009	Winter Track	Long Jump	3rd	19-09.00	District	6	3	
		2008	Winter Track		1st Team		All-Met		7	
		2008	Spring Track		Hon Men		All-Met		3	
		2009	Winter Track		Hon Men		All-Met		3	
		2009	Spring Track		Hon Men		All-Met		3	
		2009	Indoor Track	Pole Vault		15-00-00	CHS Record		5	
		2009	Spring Track	Pole Vault		14-07.00	CHS Record		5	
									<b>TOTAL</b>	<b>149</b>

34	<b>Schmader, Gus</b>	1999	Spring Track	Long Jump	Champion	23-07.00	State	10	20	
		1999	Winter Track	Triple Jump	Champion	45-03.00	Region	10	12	
		1999	Winter Track	Sprint Medley	5th	3:34.88	Nationals		12	
		1999	Winter Track	Long Jump	2nd	22-05.00	Region	8	8	
		1999	Winter Track	300m Dash	3rd	35.30	State	6	8	
		1999	Winter Track	Long Jump	8th	21-10.00	State	1	8	
		1999	Winter Track	Triple Jump	6th	44-03.50	State	3	8	
		1999	Winter Track	4x200m	6th	1:32.70	State	3	8	
		1999	Spring Track	Long Jump	Champion	23-03.50	District	10	6	
		1997	Spring Track	Triple Jump	2nd	42-00.00	District	8	4	
		1999	Spring Track	Long Jump	4th	22-02.00	Region	4	4	
		1997	Spring Track	Long Jump	3rd	21-05.00	Region	6	4	
		1999	Winter Track	55m Dash	2nd	6.70	District	8	4	
		1999	Winter Track	55m Dash	5th	6.61	Region	2	4	
		1999	Winter Track	300m Dash	5th	36.16	Region	2	4	
		1997	Spring Track	300m Hurdles	6th	43.6h	District	1	3	
		1997	Spring Track	Long Jump	4th	21-01.75	District	4	3	
		1999	Winter Track	300m Dash	6th	37.87	District	1	3	
		1999	Winter Track	55m Hurdles	4th	8.32	District	4	3	
		1999	Indoor Track	300m Dash		35.3	CHS Record		5	
		1999	Indoor Track	Long Jump		22-05.00	CHS Record		5	
		1999	Indoor Track	Triple Jump		46-02.00	CHS Record		5	
		1999	Spring Track	Long Jump		23-07.00	CHS Record		5	
									<b>TOTAL</b>	<b>146</b>



35	Mattioli, Keith	1983	Winter Track	Long Jump	2nd	21-11.25	Region	8	8
		1983	Winter Track	Long Jump	6th	21-11.00	State	1	8
		1983	Spring Track	100m Dash	Champion	11.1h	District	10	6
		1983	Spring Track	110m Hurdles	Champion	15.0h	District	10	6
		1983	Spring Track	300m Hurdles	Champion	39.9h	District	10	6
		1983	Spring Track	Long Jump	Champion	21-10.00	District	10	6
		1983	Winter Track	55m Dash	Champion	6.7h	District	10	6
		1983	Winter Track	55m Hurdles	Champion	7.8h	District	10	6
		1983	Winter Track	High Jump	Champion	6-00.00	District	10	6
		1983	Winter Track	Long Jump	Champion	20-04.00	District	10	6
		1982	Spring Track	Long Jump	2nd	20-09.50	District	8	4
		1983	Spring Track	110m Hurdles	6th	15.94	Region	1	4
		1982	Spring Track	Long Jump	5th	21-08.25	Region	2	4
		1983	Spring Track	Long Jump	4th	21-03.25	Region	4	4
		1983	Spring Track	300m Hurdles	3rd	40.74	Region	6	4
		1983	Winter Track	55m Hurdles	6th	8.04	Region	1	4
		1983	Winter Track	Pole Vault	6th	12-00.00	Region	1	4
		1983	Spring Track	High Jump	4th	4-08.00	District	3	3
		1982	Winter Track	Pole Vault	6th	11-00.00	District	1	3
		1983	Winter Track	300m Dash	3rd	38.5h	District	6	3
		1982	Winter Track	Triple Jump	3rd	41-09.25	District	6	3
		1982	Indoor Track	55m Hurdles		7.8h	CHS Record		5
		1983	Indoor Track	High Jump		6-0.00	CHS Record		5
		1983	Indoor Track	Long Jump		21-11.25	CHS Record		5
		1982	Indoor Track	Triple Jump		41-09.25	CHS Record		5
		1983	Spring Track	100m Dash		11.1h	CHS Record		5
		1983	Spring Track	110m Hurdles		15.0h	CHS Record		5
		1983	Spring Track	300m Hurdles		39.9h	CHS Record		5
		1983	Spring Track	Long Jump		21-10.00	CHS Record		5

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36	Simcox, Laurel	1996	Cross Country	Cross Country	6th		State		8
		1996	Spring Track	3200m Run	8th	11:31.29	State	1	8
		1997	Spring Track	3200m Run	5th	11:01.54	State	4	8
		1997	Winter Track	3200m Run	2nd	11:13.75	Region	8	8
		1995	Cross Country	Cross Country	11th		State		6
		1997	Spring Track	3200m Run	Champion	11:03.8h	District	10	6
		1995	Cross Country	Cross Country	7th		Regional		4
		1996	Cross Country	Cross Country	5th		Regional		4
		1996	Spring Track	3200m Run	2nd	11:17.8h	District	8	4
		1994	Spring Track	3200m Run	2nd	11:59.6h	District	8	4
		1995	Spring Track	3200m Run	2nd	12:01.9h	District	8	4
		1995	Spring Track	1600m Run	6th	5:21.90	Region	1	4
		1995	Spring Track	3200m Run	6th	11:33.74	Region	1	4
		1996	Spring Track	3200m Run	4th	11:09.0	Region	4	4
		1997	Spring Track	3200m Run	4th	11:11.98	Region	4	4
		1996	Winter Track	3200m Run	2nd	11:43.0h	District	8	4
		1995	Winter Track	3200m Run	6th	11:53.88	Region	1	4
		1993	Cross Country	Cross Country	3rd		District		3
		1995	Cross Country	Cross Country	5th		District		3
		1996	Cross Country	Cross Country	4th		District		3
		1994	Cross Country	Cross Country	10th		Regional		3
		1994	Spring Track	1600m Run	5th	5:41.2h	District	2	3
		1996	Spring Track	1600m Run	4th	5:20.5h	District	4	3
		1997	Winter Track	1600m Run	6th	5:35.29	District	1	3
		1996	Winter Track	1600m Run	5th	5:35.9h	District	2	3
		1997	Winter Track	3200m Run	4th	11:26.4h	District	4	3
		1995	Winter Track	3200m Run	4th	12:03.00	District	4	3
		1994	Winter Track	3200m Run	3rd	12:39.64	District	6	3
		1994	Cross Country	Cross Country	8th		District		2

	1994	Cross Country		1st Team		All-Met		7	
	1994	Cross Country		2nd Team		All-Met		5	
	1997	Winter Track		Hon Men		All-Met		3	
	1997	Spring Track		Hon Men		All-Met		3	
							<b>TOTAL</b>	<b>141</b>	
37	<b>Moore, Hollie</b>	1989	Spring Track	3200m Run	2nd	11:00.10	State	8	12
		1989	Winter Track	3200m Run	2nd	11:10.48	State	8	12
		1989	Spring Track	3200m Run	2nd	11:12.39	Region	8	8
		1988	Spring Track	3200m Run	4th	11:06.20	State	4	8
		1989	Winter Track	3200m Run	2nd	11:09.04	Region	8	8
		1986	CC	Cross Country	12th		State		6
		1988	CC	Cross Country	12th		State		6
		1988	Spring Track	3200m Run	Champion	11:20.8h	District	10	6
		1988	Winter Track	3200m Run	Champion	11:27.62	District	10	6
		1987	CC	Cross Country	2nd		District		4
		1987	CC	Cross Country	6th		Regional		4
		1988	Spring Track	1600m Run	2nd	5:20.7h	District	8	4
		1989	Spring Track	3200m Run	2nd	11:08.30	District	8	4
		1988	Spring Track	3200m Run	6th	11:16.80	Region	1	4
		1988	Winter Track	1000m Run	2nd	3:09.72	District	8	4
		1989	Winter Track	3200m Run	2nd	11:22.8h	District	8	4
		1986	CC	Cross Country	3rd		District		3
		1988	CC	Cross Country	3rd		District		3
		1986	CC	Cross Country	15th		Regional		3
		1988	CC	Cross Country	10th		Regional		3
		1986	Spring Track	1600m Run	6th	5:36.0h	District	1	3
		1987	Spring Track	1600m Run	4th	5:32.8h	District	4	3
		1989	Spring Track	1600m Run	3rd	5:15.2h	District	6	3
		1987	Spring Track	3200m Run	3rd	11:46.7h	District	6	3
		1986	Winter Track	1600m Run	6th	5:33.1h	District	1	3
		1986	Winter Track	3200m Run	4th	13:14.5h	District	4	3
		1989	Winter Track	1600m Run	3rd	5:14.63	District	6	3
		1987	Winter Track	3200m Run	3rd	12:07.10	District	6	3
							<b>TOTAL</b>		<b>136</b>
38	<b>Chiaromonte, Alicia</b>	1992	Spring Track	Shot Put	Champion	38-09.50	Region	10	12
		1992	Spring Track	Shot Put	2nd	37-09.50	State	8	12
		1991	Spring Track	Shot Put	2nd	37-08.00	Region	8	8
		1991	Winter Track	Shot Put	4th	38-01.00	State	4	8
		1992	Spring Track	Shot Put	Champion	39-06.25	District	10	6
		1992	Winter Track	Shot Put	Champion	34-11.50	District	10	6
		1991	Spring Track	Shot Put	2nd	36-05.25	District	8	4
		1992	Spring Track	Discus	2nd	102-02.00	District	8	4
		1991	Spring Track	Discus	2nd	97-07.00	District	8	4
		1991	Spring Track	Discus	6th	101-06.00	Region	1	4
		1992	Spring Track	Discus	4th	104-01.00	Region	4	4
		1992	Winter Track	High Jump	2nd	4-06.00	District	7	4
		1991	Winter Track	Shot Put	2nd	32-08.00	District	8	4
		1991	Winter Track	Shot Put	3rd	38-00.00	Region	6	4
		1990	Spring Track	Discus	6th	85-00.00	District	1	3
		1992	Spring Track	High Jump	5th	4-06.00	District	2	3
		1990	Spring Track	Shot Put	3rd	31-00.00	District	6	3
		1991	Winter Track	High Jump	4th	4-04.00	District	4	3
		1992	Winter Track		Hon Men		All-Met		3
		1992	Indoor Track	Shot Put		39-03.00	CHS Record		5
		1992	Spring Track	Shot Put		39-06.25	CHS Record		5
							<b>TOTAL</b>		<b>133</b>
39	<b>West, Justin</b>	2015	Spring Track	4x400m	Champion	3:20.55	State	10	20
		2015	Spring Track	Sprint Medley	3rd	3:25.65	Nationals		12
		2013	Spring Track	Sprint Medley	5th	3:29.38	Nationals		12

	2015	Winter Track	4x200m	5th	1:33.53	State	4	8	
	2015	Winter Track	4x200m	Champion	1:33.55	District	10	6	
	2013	Winter Track	4x400m	3rd	3:28.39	Region	6	4	
	2013	Spring Track	200m Dash	3rd	22.41	District	8	4	
					23.29f/				
	2013	Spring Track	200m Dash	4th	22.14p	Region	5	4	
	2014	Winter Track	4x200m	5th	1:34.92	Region	4	4	
	2014	Winter Track	55m Dash	7th	6.75f/6.63p	Region	2	4	
	2013	Spring Track	4x400m	8th	3:32.02	Region	1	4	
	2015	Winter Track	4x200m	6th	1:34.70	Region	3	4	
	2014	Winter Track	55m Dash	2nd	6.72	District	8	4	
	2014	Winter Track	Long Jump	2nd	20-6.00	District	8	4	
	2014	Winter Track	300m Dash	2nd	36.06	District	8	4	
	2015	Spring Track	4x400m	4th	3:23.09	Region	5	4	
	2015	Spring Track	200m Dash	5th	22.43	Region	4	4	
	2014	Winter Track	4x200m	3rd	1:34.87	District	6	3	
	2013	Winter Track	4x400m	3rd	3:34.92	District	6	3	
	2015	Winter Track	300m Dash	3rd	37.44	District	4	3	
	2015	Winter Track	55m Dash	4th	6.77	District	4	3	
	2013	Spring Track	100m Dash	6th	11.25	District	1	3	
	2015	Spring Track	200m Dash	3rd	22.54	District	6	3	
	2013	Spring Track	200m Dash		22.14	CHS Record		5	
					13.68f/				
	2014	Spring Track	100m Dash	6th	11.64p	District	1	3	
								<b>TOTAL 132</b>	
40	<b>Lull, Samantha</b>	2013	Winter Track	4x800m Relay	5th	9:30.57	State	4	<b>8</b>
		2013	Winter Track	4x800m Relay	2nd	9:33.45	Region	8	<b>8</b>
		2010	Spring Track	4x100m	2nd	50.02	Region	8	<b>8</b>
		2011	Spring Track	4x100m	2nd	50.69	Region	8	<b>8</b>
		2011	Winter Track	4x200m	2nd	1:35.08	Region	8	<b>8</b>
		2012	Winter Track	4x800m	Champion	9:50.41	District	10	<b>6</b>
		2010	Spring Track	4x100m	Champion	49.83	District	10	<b>6</b>
		2011	Spring Track	4x100m	Champion	50.34	District	10	<b>6</b>
		2012	Spring Track	4x800m	Champion	9:33.96	District	10	<b>6</b>
		2011	Winter Track	High Jump	8th	4-8.00	Region	0.33	<b>4</b>
		2012	Winter Track	High Jump	2nd	4-10.00	District	8	<b>4</b>
		2011	Winter Track	4x200m	2nd	1:52.20	District	8	<b>4</b>
		2013	Winter Track	4x800m	2nd	9:57.40	District	8	<b>4</b>
		2012	Winter Track	4x800m	3rd	9:41.07	Region	6	<b>4</b>
		2012	Spring Track	4x800m	7th	9:36.62	Region	2	<b>4</b>
		2013	Spring Track	800m Run	7th	2:22.28	Region	2	<b>4</b>
		2013	Spring Track	4x400m	8th	4:14.02	Region	1	<b>4</b>
		2013	Spring Track	4x800m	2nd	9:30.43	District	8	<b>4</b>
		2010	Spring Track	High Jump	3rd	4-09.00	District	6	<b>3</b>
		2011	Winter Track	High Jump	3rd	4-08.00	District	6	<b>3</b>
		2010	Winter Track	High Jump	4th	4-06.00	District	4	<b>3</b>
		2012	Spring Track	High Jump	5th	4-08.00	District	6	<b>3</b>
		2013	Winter Track	High Jump	6th	4-08.00	District	1	<b>3</b>
		2012	Spring Track	800m Run	5th	2:24.04	District	2	<b>3</b>
		2013	Spring Track	800m Run	3rd	2:21.88	District	6	<b>3</b>
		2013	Winter Track	4x400m	3rd	4:18.25	District	6	<b>3</b>
		2012	Spring Track	4x100m	3rd	4:17.25	District	6	<b>3</b>
		2011	Cross Country	Cross Country	14th		District		<b>2</b>
		2012	Cross Country	Cross Country	15th	19:29.0	District		<b>2</b>
									<b>TOTAL 131</b>
41	<b>Ullom, Nina</b>	2011	Winter Track	Pole Vault	2nd	10-0.00	Region	8	<b>8</b>
		2011	Spring Track	Pole Vault	2nd	10-6.00	Region	8	<b>8</b>
		2011	Spring Track	4x100m	2nd	50.69	Region	8	<b>8</b>
		2011	Winter Track	Pole Vault	5th	10-0.00	State	3.5	<b>8</b>

2010	Spring Track	Pole Vault	2nd	9-6.00	Region	8	8
2010	Spring Track	4x100m	2nd	50.02	Region	8	8
2011	Spring Track	Pole Vault	Champion	10-6.00	District	10	6
2011	Spring Track	4x100m	Champion	50.34	District	10	6
2011	Winter Track	Pole Vault	Champion	10-00.00	District	10	6
2010	Spring Track	Pole Vault	Champion	10-00.00	District	10	6
2010	Spring Track	4x100m	Champion	49.83	District	10	6
2009	Spring Track	Pole Vault	Champion	8-06.00	District	9	6
2011	Winter Track	4x200m	2nd	1:52.20	District	8	4
2010	Winter Track	Pole Vault	2nd	9-0.00	District	8	4
2010	Winter Track	Pole Vault	5th	9-0.00	Region	3	4
2009	Spring Track	Pole Vault	6th	9-00.00	Region	2.5	4
2011	Winter Track	300m Dash	6th	44.62	District	1	3
2010	Spring Track	400m Dash	6th	1:04.16	District	1	3
2010	Winter Track	Long Jump	3rd	16-1.5	District	6	3
2009	Spring Track	400m Dash	4th	1:02.77	District	4	3
2009	Winter Track	300m Dash	5th	43.94	District	2	3
2009	Winter Track	Pole Vault	5th	7-06.00	District	2	3
2008	Spring Track	400m Dash	5th	1:03.06	District	2	3

**TOTAL 121**

**42 Smith, Kathy**

1996	Winter Track	4x800m	2nd	9:32.61	State	8	12
1996	Winter Track	High Jump	2nd	5-03.00	Region	8	8
1997	Winter Track	4x800m	7th	9:42.35	State	2	8
1995	Spring Track	High Jump	Champion	5-03.00	District	10	6
1997	Winter Track	High Jump	Champion	5-04.00	District	10	6
1996	Winter Track	High Jump	Champion	5-02.00	District	10	6
1996	Spring Track	High Jump	2nd	5-00.00	District	8	4
1995	Spring Track	High Jump	6th	6-00.00	Region	1	4
1997	Spring Track	High Jump	6th	5-00.00	Region	1	4
1996	Spring Track	High Jump	4th	5-00.00	Region	4	4
1994	Winter Track	500m Dash	2nd	1:24.94	District	8	4
1995	Winter Track	High Jump	2nd	4-08.00	District	8	4
1995	Winter Track	High Jump	5th	5-00.00	Region	2	4
1997	Winter Track	High Jump	3rd	5-00.00	Region	6	4
1996	Spring Track	400m Dash	6th	1:01.7h	District	1	3
1997	Spring Track	800m Run	6th	2:22.5h	District	1	3
1994	Spring Track	High Jump	5th	4-08.00	District	2	3
1997	Spring Track	High Jump	3rd	5-00.00	District	6	3
1997	Spring Track	Long Jump	3rd	16-10.00	District	6	3
1997	Winter Track	500m Dash	6th	1:22.4h	District	1	3
1996	Winter Track	500m Dash	6th	1:26.70	District	1	3
1995	Winter Track	500m Dash	5th	1:28.00	District	2	3
1997	Winter Track	Long Jump	3rd	15-02.00	District	6	3
1996	Winter Track		Hon Men		All-Met		3
1997	Winter Track	4x800m	4th	9:45.70	Region	4	4
1997	Winter Track	4x400m	4th	4:10.69	Region	4	4

**TOTAL 116**

**43 Miller, Carin**

1999	Spring Track	800m Run	7th	2:19.00	State	2	8
2000	Spring Track	800m Run	6th	2:15.57	State	3	8
2000	Winter Track	1000m Run	4th	3:00.86	State	5	8
1997	Winter Track	4x200m	2nd	1:49.97	Region	8	8
1997	Winter Track	4x200m	7th	1:49.91	State	2	8
1998	Winter Track	4x400m	4th	4:01.60	State	5	8
1999	CC	Cross Country	14th		State		6
1999	Cross Country		2nd Team		All-Met		5
1999	CC	Cross Country	2nd		District		4
1999	CC	Cross Country	6th		Regional		4
1999	Spring Track	800m Run	2nd	2:18.57	District	8	4
2000	Spring Track	800m Run	2nd	2:19.37	District	8	4

1999	Spring Track	800m Run	5th	2:17.85	Region	2	4
2000	Spring Track	800m Run	3rd	2:17.38	Region	6	4
2000	Winter Track	1000m Run	2nd	3:07.82	District	8	4
2000	Winter Track	1000m Run	5th	3:03.70	Region	2	4
1997	Winter Track	4x400m	4th	4:10.69	Region	4	4
1999	Winter Track	4x400m	3rd	4:07.87	Region	6	4
1999	Winter Track	4x800m	4th	9:41.23	Region	4	4
1997	Spring Track	400m Dash	5th	1:00.9h	District	2	3
1997	Spring Track	Long Jump	5th	16-03.25	District	2	3
2000	Winter Track		Hon Men		All-Met		3
2000	Spring Track		Hon Men		All-Met		3

**TOTAL 115**

44 **Beyeah, Jimmy**

2005	Winter Track	55m Hurdles	2nd	7.96	Region	8	8
2005	Spring Track	100m Dash	Champion	11.34	District	10	6
2005	Spring Track	55m Hurdles	Champion	8.05	District	10	6
2005	Winter Track	55m Dash	Champion	6.69	District	10	6
2004	Winter Track	Long Jump	Champion	20-10.25	District	10	6
2004	Spring Track	4x100m	Champion	44.86	District	10	6
2005	Spring Track	4x100m	Champion	44.02	District	10	6
2005	Spring Track	300m Hurdles	2nd	40.76	District	8	4
2003	Spring Track	200m Dash	5th	23.63	Region	2	4
2005	Spring Track	300m Hurdles	7th	40.85	Region	2	4
2005	Spring Track	Long Jump	4th	21-07.00	Region	4	4
2005	Spring Track	100m Dash	3rd	11.14	Region	6	4
2004	Spring Track	Long Jump	3rd	20-10.50	Region	6	4
2005	Winter Track	Long Jump	4th	21-07.00	Region	4	4
2005	Winter Track	55m Dash	3rd	6.66	Region	6	4
2005	Winter Track	4x200m	6th	1:37.75	Region	1	4
2005	Spring Track	4x100m	6th	43.73	Region	3	4
2004	Spring Track	200m Dash	6th	23.89	District	1	3
2003	Spring Track	100m Dash	5th	11.60	District	2	3
2004	Spring Track	Triple Jump	5th	40-00.75	District	2	3
2003	Spring Track	200m Dash	4th	23.40	District	4	3
2003	Winter Track	55m Dash	6th	6.80	District	1	3
2004	Winter Track	55m Dash	6th	7.01	District	1	3
2005	Winter Track	Triple Jump	6th	38-11.25	District	1	3
2005	Winter Track	Long Jump	3rd	20-05.00	District	6	3
2005	Winter Track	4x200m	3rd	1:36.58	District	6	3
2003	Spring Track	4x100m	3rd	45.72	District	6	3

**TOTAL 114**

44 **Moore, Billy**

1999	Winter Track	Sprint Medley	5th	3:34.88	Nationals		12
1999	Spring Track	1600m Run	5th	4:23.59	State	4	8
1999	Winter Track	1000m Run	2nd	2:33.62	Region	8	8
1998	Winter Track	1600m Run	4th	4:28.25	State	5	8
1999	Winter Track	1600m Run	5th	4:25.43	State	4	8
1998	Cross Country	Cross Country	8th		State		6
1999	Winter Track	1000m Run	Champion	2:42.11	District	10	6
1998	Cross Country	Cross Country	4th		Regional		4
1998	Winter Track	1000m Run	2nd	2:44.68	District	8	4
1998	Winter Track	1600m Run	5th	4:23.84	Region	2	4
1997	Cross Country	Cross Country	6th		District		3
1998	Cross Country	Cross Country	7th		District		3
1997	Spring Track	1600m Run	6th	4:37.1h	District	1	3
1998	Spring Track	300m Hurdles	6th	44.33	District	1	3
1998	Spring Track	800m Run	5th	2:00.47	District	2	3
1999	Spring Track	1600m Run	4th	4:22.59	District	4	3
1998	Spring Track	1600m Run	4th	4:26.67	District	4	3
1997	Winter Track	1600m Run	6th	4:51.17	District	1	3
1997	Winter Track	3200m Run	6th	10:14.0h	District	1	3

	1999	Winter Track	1600m Run	5th	4:37.04	District	2	3		
	1998	Winter Track	1600m Run	4th	4:41.26	District	4	3		
	1996	Cross Country	Cross Country	11th		District		2		
	1998	Cross Country		2nd Team		All-Met		5		
	1999	Winter Track		Hon Men		All-Met		3		
	1999	Spring Track		Hon Men		All-Met		3		
								<b>TOTAL</b>	<b>114</b>	
46	<b>McClintock, Peyton</b>	2014	Winter Track	55m Hurdles	Champion	7.87f/7.87p	Region	10	12	
		2014	Winter Track	4x200m	4th	1:32.14	State	5	8	
		2014	Winter Track	55m Hurdles	5th	7.88	State	4	8	
		2014	Winter Track	4x400m	6th	3:28.78	State	3	8	
		2015	Winter Track	4x200m	5th	1:33.53	State	4	8	
		2014	Winter Track	55m Hurdles	Champion	7.88	District	10	6	
		2014	Winter Track	4x400m	Champion	3:30.59	District	10	6	
						16.54f/				
		2014	Spring Track	110m Hurdles	Champion	15.71p	District	10	6	
		2015	Winter Track	4x200m	Champion	1:33.55	District	10	6	
		2015	Winter Track	55m Hurdles	5th	8.00	Region	4	4	
		2014	Winter Track	4x400m	5th	3:31.60	Region	4	4	
		2015	Winter Track	4x200m	6th	1:34.70	Region	3	4	
		2013	Winter Track	55m Hurdles	8th	8.12	Region	1	4	
		2013	Spring Track	110m Hurdles	2nd	16.26	District	8	4	
		2014	Spring Track	300m Hurdles	2nd	41.61	District	8	4	
		2015	Winter Track	55m Hurdles	2nd	7.98	District	8	4	
						41.04f/				
		2014	Spring Track	300m Hurdles	7th	40.59p	Region	2	4	
		2014	Spring Track	4x100m	5th	43.64	Region	4	4	
		2013	Winter Track	55m Hurdles	4th	8.56	District	4	3	
		2013	Spring Track	300m Hurdles	3rd	41.46	District	6	3	
		2014	Winter Track	300m Dash	3rd	31:12.00	District	6	3	
									<b>TOTAL</b>	<b>113</b>
47	<b>Johnson, Kisha</b>	1994	Spring Track	Long Jump	4th	18-01.00	State	4	8	
		1995	Spring Track	400m Dash	3rd	57.62	State	6	8	
		1994	Spring Track	Long Jump	Champion	17-02.00	District	10	6	
		1993	Spring Track	Triple Jump	Champion	35-04.00	District	10	6	
		1995	Spring Track	400m Dash	2nd	58.70	District	8	4	
		1993	Spring Track	Long Jump	2nd	16-02.75	District	8	4	
		1995	Spring Track	Shot Put	2nd	33-11.00	District	8	4	
		1992	Spring Track	Shot Put	2nd	31-02.00	District	8	4	
		1994	Spring Track	Shot Put	2nd	ND	District	8	4	
		1994	Spring Track	Long Jump	5th	17-00.25	Region	2	4	
		1993	Spring Track	Triple Jump	5th	34-10.25	Region	2	4	
		1995	Winter Track	Long Jump	6th	17-02.00	Region	1	4	
		1995	Winter Track	Shot Put	6th	33-06.50	Region	1	4	
		1992	Spring Track	High Jump	6th	4-06.00	District	0.5	3	
		1992	Spring Track	200m Dash	6th	28.3h	District	1	3	
		1992	Spring Track	100m Dash	5th	13.4h	District	2	3	
		1993	Spring Track	200m Dash	5th	27.2h	District	2	3	
		1993	Spring Track	Shot Put	5th	31-08.50	District	2	3	
		1993	Spring Track	400m Dash	4th	1:01.0h	District	4	3	
		1994	Spring Track	Triple Jump	4th	33-09.50	District	4	3	
		1992	Spring Track	Long Jump	3rd	16-04.50	District	6	3	
		1995	Winter Track	Long Jump	5th	15-05.25	District	2	3	
		1995	Winter Track	High Jump	4th	4-08.00	District	4	3	
		1995	Winter Track	Shot Put	3rd	32-05.00	District	6	3	
		1995	Indoor Track	Long Jump		17-02.00	CHS Record		5	
		1994	Spring Track	Long Jump		18-01.00	CHS Record		5	
		1993	Spring Track	Triple Jump		35-04.00	CHS Record		5	
									<b>TOTAL</b>	<b>112</b>

48	Aleem, Karim	1992	Spring Track	Pole Vault	2nd	13-00.00	Region	8	8		
		1994	Spring Track	Pole Vault	6th	13-6	State	1	8		
		1993	Spring Track	Long Jump	Champion	21-04.00	District	10	6		
		1993	Winter Track	55m Dash	Champion	6.69	District	10	6		
		1993	Winter Track	Pole Vault	Champion	13-00.00	District	10	6		
		1993	Winter Track	4x200m	Champion	1:35.74	District	10	6		
		1992	Spring Track	100m Dash	2nd	11.2h	District	8	4		
		1992	Spring Track	Pole Vault	2nd	12-00.00	District	8	4		
		1991	Spring Track	Long Jump	2nd	19-06.00	District	8	4		
		1994	Spring Track	100m Dash	6th	11.84	Region	1	4		
		1992	Winter Track	55m Dash	2nd	6.93	District	8	4		
		1993	Winter Track	Long Jump	2nd	20-02.75	District	8	4		
		1992	Winter Track	Long Jump	2nd	19-08.50	District	8	4		
		1993	Winter Track	55m Dash	6th	6.75	Region	1	4		
		1994	Winter Track	55m Dash	5th	6.67	Region	2	4		
		1993	Spring Track	200m Dash	5th	23.4h	District	2	3		
		1993	Spring Track	Pole Vault	5th	11-06.00	District	2	3		
		1992	Spring Track	Long Jump	4th	20-04.50	District	4	3		
		1993	Spring Track	100m Dash	3rd	11.0h	District	6	3		
		1994	Spring Track	100m Dash	3rd	11.1h	District	6	3		
		1994	Winter Track	Long Jump	4th	20-09.75	District	4	3		
		1994	Winter Track	55m Dash	3rd	6.70	District	6	3		
		1994	Winter Track	Pole Vault	3rd	12-06.00	District	6	3		
		1992	Winter Track	Pole Vault	3rd	9-06.00	District	6	3		
		1994	Winter Track		Hon Men		All-Met		3		
		1993	Indoor Track	55m Dash		6.54	CHS Record		5		
		<b>TOTAL</b>									<b>111</b>
		49	Williams, Warren	1995	Winter Track	1000m Run	Champion	2:32.53	State	10	20
				1995	Spring Track	800m Run	2nd	1:55.87	Region	8	8
				1995	Spring Track	800m Run	6th	1:57.34	State	1	8
1995	Spring Track			1600m Run	3rd	4:12.81	State	6	8		
1995	Winter Track			4x800m	5th	8:05.87	State	4	8		
1995	Winter Track			4x400m	6th	3:28.68	State	3	8		
1995	Spring Track			800m Run	Champion	1:57.8h	District	10	6		
1995	Spring Track			1600m Run	Champion	4:19.9h	District	10	6		
1995	Winter Track			1600m Run	Champion	4:33.10	District	10	6		
1995	Spring Track			1600m Run	4th	4:13.04	Region	4	4		
1995	Winter Track			1000m Run	2nd	2:37.30	District	8	4		
1995	Winter Track			1000m Run	3rd	2:35.93	Region	6	4		
1994	Cross Country			Cross Country	3rd		District		3		
1994	Cross Country			Cross Country	13th		Regional		3		
1995	Spring Track				Hon Men		All-Met		3		
1995	Indoor Track			1000m Run		2:32.53	CHS Record		5		
<b>TOTAL</b>									<b>104</b>		
50	Jefferies, Simone Eligible in 2020	2016	Winter Track	4x400m	5th	4:04.13	State	4	8		
		2017	Spring Track	4x400m	2nd	3:58.52	Region	8	8		
		2016	Spring Track	4x400m	Champion	4:00.81	District	10	6		
		2015	Spring Track	4x400m	Champion	4:06.31	District	10	6		
		2016	Winter Track	4x400m	Champion	4:07.14	District	10	6		
		2016	Winter Track	4x400m	3rd	4:03.89	Region	6	4		
		2017	Winter Track	300m Dash	3rd	41.94	Region	6	4		
		2014	Spring Track	4x400m	2nd	4:08.02	District	8	4		
		2016	Winter Track	4x200m	2nd	1:49.13	District	8	4		
		2014	Spring Track	4x400m	6th	4:01.64	Region	3	4		
		2016	Spring Track	400m Dash	6th	58.96	Region	3	4		
		2015	Spring Track	4x400m	8th	4:02.97	Region	1	4		
		2017	Winter Track	4x400m	3rd	4:05.95	Region	6	4		
		2017	Winter Track	4x200m	7th	1:47.99	Region	2	4		
		2017	Spring Track	4x400m	2nd	4:07.68	District	8	4		

	2017	Spring Track	400m Dash	2nd	58.46	District	8	4	
	2017	Spring Track	200m Dash	2nd	25.96	District	8	4	
	2016	Spring Track	400m Dash	4th	59.92	District	4	3	
	2016	Spring Track	200m Dash	4th	26.18	District	4	3	
	2014	Spring Track	High Jump	5th	4-10.00	District	2	3	
	2015	Spring Track	High Jump	5th	4-8.00	District	2	3	
					62.03f/				
	2014	Spring Track	400m Dash	5th	60.69p	District	2	3	
	2016	Winter Track	300m Dash	5th	19:12.00	District	2	3	
	2016	Winter Track	High Jump	6th	4-8.00	District	1	3	
								<b>TOTAL 103</b>	
51	<b>Leslie, Kathy</b>	1986	Winter Track	55m Dash	Champion	7.4h	District	10	6
		1985	Winter Track	4x200m	Champion	1:52.3	District	10	6
		1986	Winter Track	4x200m	Champion	1:51.1	District	10	6
		1985	Spring Track	4x100m	Champion	51.4	District	10	6
		1986	Spring Track	100m Dash	2nd	12.8h	District	8	4
		1985	Spring Track	100m Dash	2nd	13.1h	District	8	4
		1986	Spring Track	200m Dash	2nd	26.4h	District	8	4
		1986	Spring Track	100m Dash	4th	13.00	Region	4	4
		1986	Winter Track	300m Dash	2nd	43.1h	District	8	4
		1986	Winter Track	Long Jump	2nd	16-01.50	District	8	4
		1986	Winter Track	55m Dash	6th	7.5h	Region	1	4
		1986	Spring Track	Long Jump	5th	15-04.50	District	2	3
		1987	Spring Track	100m Dash	3rd	13.50	District	6	3
		1985	Spring Track	200m Dash	3rd	26.90	District	6	3
		1987	Spring Track	200m Dash	3rd	26.9h	District	6	3
		1987	Spring Track	Long Jump	3rd	16-09.25	District	6	3
		1985	Spring Track	Long Jump	3rd	15-05.50	District	6	3
		1987	Winter Track	55m Dash	3rd	7.44	District	6	3
		1987	Winter Track	300m Dash	3rd	47.70	District	6	3
		1985	Winter Track	Long Jump	3rd	15-03.00	District	6	3
		1987	Spring Track	4x100m	3rd	51.5	District	6	3
		1987	Indoor Track	55m Dash		7.3	CHS Record		5
		1986	Indoor Track	55m Hurdles		7.64	CHS Record		5
		1986	Spring Track	100m Dash		12.5	CHS Record		5
		1986	Spring Track	Long Jump		17-02.00	CHS Record		5
									<b>TOTAL 102</b>
52	<b>Abisogun, Adeola</b>	2005	Spring Track	4x100m	Champion	50.02	Region	10	12
		2005	Winter Track	4x200m	5th	1:44.43	Nationals		<b>12</b>
		2005	Winter Track	4x200m	5th	1:44.85	State	4	8
		2005	Spring Track	4x400m	2nd	4:10.43	Region	8	8
		2005	Winter Track	4x200m	Champion	1:46.10	District	10	6
		2004	Spring Track	4x100m	Champion	52.32	District	10	6
		2004	Spring Track	200m Dash	2nd	26.42	District	8	4
		2005	Spring Track	200m Dash	2nd	26.43	District	8	4
		2004	Spring Track	400m Dash	2nd	59.50	District	8	4
		2005	Spring Track	200m Dash	3rd	25.96	Region	6	4
		2005	Winter Track	4x200m	3rd	1:48.38	Region	6	4
		2005	Winter Track	4x400m	5th	4:08.97	Region	2	4
		2004	Spring Track	4x100m	3rd	50.02	Region	6	4
		2003	Spring Track	200m Dash	4th	27.12	District	4	3
		2005	Spring Track	400m Dash	3rd	59.66	District	6	3
		2003	Spring Track	400m Dash	3rd	1:01.83	District	6	3
		2005	Spring Track	Triple Jump	3rd	33-03.00	District	6	3
		2005	Winter Track	500m Dash	6th	1:21.28	District	1	3
		2004	Winter Track	500m Dash	3rd	1:21.13	District	6	3
		2005	Winter Track	Triple Jump	3rd	32-03.75	District	6	3
									<b>TOTAL 101</b>
53	<b>Brown, Carla</b>	1992	Spring Track	200m Dash	Champion	25.90	Region	10	12



	1992	Spring Track	400m Dash	Champion	56.81	Region	10	12		
	1992	Winter Track	300m Dash	Champion	42.05	Region	10	12		
	1992	Winter Track	300m Dash	6th	42.05	State	1	8		
	1992	Spring Track	200m Dash	Champion	26.1h	District	10	6		
	1992	Spring Track	400m Dash	Champion	1:00.0h	District	10	6		
	1991	Spring Track	400m Dash	Champion	1:00.1h	District	10	6		
	1992	Winter Track	300m Dash	Champion	43.32	District	10	6		
	1992	Winter Track	4x400m	Champion	4:16.1	District	10	6		
	1992	Spring Track	100m Dash	2nd	12.6h	District	8	4		
	1991	Spring Track	200m Dash	2nd	<b>26.5h</b>	District	8	4		
	1990	Spring Track	200m Dash	2nd	26.9h	District	8	4		
	1992	Spring Track	100m Dash	5th	13.02	Region	2	4		
	1992	Winter Track	500m Dash	4th	1:25.22	District	4	3		
	1992	Spring Track	400m Dash		56.81	CHS Record		5		
								<b>TOTAL</b>	<b>98</b>	
54	<b>Bunek, Terri</b>	1985	Spring Track	High Jump	2nd	5-06.00	State	8	12	
		1984	Winter Track	High Jump	2nd	5-04.00	State	5	12	
		1985	Winter Track	High Jump	3rd	5-04.00	State	6	8	
		1985	Spring Track	Shot Put	Champion	30-11.25	District	10	6	
		1985	Spring Track	Discus	Champion	87-10.00	District	10	6	
		1985	Spring Track	High Jump	2nd	5-01.00	District	8	4	
		1984	Spring Track	High Jump	2nd	5-00.00	District	8	4	
		1985	Spring Track	High Jump	6th	5-02.00	Region	1	4	
		1984	Winter Track	High Jump	4th	5-02.00	Region	4	4	
		1982	Spring Track	High Jump	6th	4-10.00	District	0.5	3	
		1983	Spring Track	High Jump	6th	4-06.00	District	0.5	3	
		1983	Spring Track	100m Hurdles	4th	17.3h	District	4	3	
		1984	Winter Track	High Jump	4th	4-10.00	District	4	3	
		1983	Winter Track	High Jump	3rd	5-00.00	District	6	3	
		1985	Spring Track	4x100m	Champion	51.4	District	10	6	
		1985	Spring Track	4x400m	Champion	4:14.1	District	10	6	
		1984	Indoor Track	High Jump		5-04.00	CHS Record		5	
		1985	Spring Track	High Jump		5-06.00	CHS Record		5	
									<b>TOTAL</b>	<b>97</b>
54	<b>Mitchell, Tiffany</b>	2010	Spring Track	4x100m	2nd	50.02	Region	8	8	
		2011	Spring Track	4x100m	2nd	50.69	Region	8	8	
		2011	Winter Track	4x200m	2nd	1:35.08	Region	8	8	
		2009	Spring Track	4x100m	Champion	50.93	District	10	6	
		2010	Spring Track	4x100m	Champion	49.83	District	10	6	
		2011	Spring Track	4x100m	Champion	50.34	District	10	6	
		2010	Spring Track	Triple Jump	8th	34-6.00	Region	1	4	
		2011	Spring Track	Triple Jump	6th	35-6.25	Region	3	4	
		2011	Winter Track	Triple Jump	2nd	34-9.5	District	8	4	
		2011	Winter Track	Triple Jump	6th	34-9.0	Region	3	4	
		2011	Winter Track	55m Dash	8th	7.62p/7.73f	Region	1	4	
		2011	Winter Track	4x200m	2nd	1:52.20	District	8	4	
		2008	Spring Track	4x100m	8th	50.81	Region	1	4	
		2011	Winter Track	55m Dash	3rd	7.73	District	6	3	
		2011	Winter Track	Long Jump	6th	15-2.5	District	1	3	
		2010	Winter Track	55m Dash	5th	7.75	District	2	3	
		2010	Spring Track	100m Dash	4th	12.85	District	4	3	
		2010	Spring Track	200m Dash	4th	26.98	District	4	3	
		2010	Spring Track	Triple Jump	6th	32-3.00	District	1	3	
		2011	Spring Track	100m Dash	4th	13.1	District	4	3	
		2011	Spring Track	Long Jump	4th	15-2.75	District	4	3	
		2011	Spring Track	Triple Jump	4th	34-8.00	District	4	3	
									<b>TOTAL</b>	<b>97</b>
56	<b>Martin, Jim</b>	1989	Winter Track	300m Dash	2nd	35.81	Region	8	8	
		1989	Winter Track	300m Dash	5th	35.73	State	2	8	

1989	Spring Track	100m Dash	Champion	11.1h	District	10	6
1989	Spring Track	200m Dash	Champion	22.2h	District	10	6
1989	Spring Track	300m Hurdles	Champion	39.3h	District	10	6
1989	Winter Track	300m Dash	Champion	36.4h	District	10	6
1988	Spring Track	Long Jump	2nd	21-00.75	District	8	4
1989	Winter Track	55m Dash	4th	6.75	Region	4	4
1987	Spring Track	200m Dash	5th	23.0h	District	2	3
1987	Spring Track	100m Dash	4th	11.5h	District	4	3
1988	Spring Track	110m Hurdles	4th	15.5h	District	4	3
1988	Spring Track	300m Hurdles	3rd	41.3h	District	6	3
1988	Winter Track	300m Dash	6th	38.72	District	1	3
1989	Winter Track	55m Hurdles	6th	8.60	District	1	3
1989	Winter Track	Long Jump	6th	19-10.50	District	1	3
1988	Winter Track	55m Dash	5th	6.93	District	2	3
1988	Winter Track	Long Jump	5th	19-09.00	District	2	3
1988	Winter Track	55m Hurdles	4th	8.65	District	4	3
1989	Winter Track	55m Dash	3rd	6.82	District	6	3
1989	Indoor Track	300m Dash		35.73	CHS Record		5
1989	Spring Track	200m Dash		22.2h	CHS Record		5
1989	Spring Track	300m Hurdles		39.3h	CHS Record		5

**TOTAL 96**

57 **Loh, Justin**

2016	Winter Track	Sprint Medley	Champion	3:24.02	Nationals		30
2016	Winter Track	4x200m	Champion	1:32.68	Region	10	12
2015	Winter Track	4x400m	3rd	3:29.35	State	6	8
2016	Spring Track	4x400m	3rd	3:20.90	State	6	8
2016	Winter Track	4x200m	6th	1:32.46	State	3	8
2016	Winter Track	4x200m	Champion	1:32.67	District	10	6
2016	Winter Track	55m Dash	Champion	6.61	District	10	6
2016	Spring Track	4x400m	Champion	3:26.83	District	10	6
2016	Spring Track	4x800m	2nd	8:06.97	District	8	4
2013	Spring Track	4x400m	3rd	3:31.98	District	6	3
2013	Spring Track	4x400m	3rd	37.31	District	6	3

**TOTAL 94**

57 **Yarger, Laurie**

1999	Spring Track	3200m Run	8th	11:35.31	State	1	8
1999	Cross Country	Cross Country	9th		State		6
2000	Spring Track	3200m Run	Champion	11:25.36	District	10	6
1998	Winter Track	4x800m	Champion	10:17.9	District	10	6
2000	Spring Track	3200m Run	6	11:50.72	Region	1	4
1999	Spring Track	3200m Run	6th	11:28.52	Region	1	4
1998	Winter Track	1600m Run	4th	5:22.56	Region	4	4
2001	Winter Track	3200m Run	3rd	11:39.45	Region	6	4
1999	Winter Track	4x400m	3rd	4:07.87	Region	6	4
1999	Winter Track	4x800m	4th	9:41.23	Region	4	4
1998	Cross Country	Cross Country	3rd		District		3
1999	Cross Country	Cross Country	3rd		District		3
2000	Cross Country	Cross Country	5th		District		3
1997	Cross Country	Cross Country	14th		Regional		3
1998	Cross Country	Cross Country	8th		Regional		3
1999	Cross Country	Cross Country	10th		Regional		3
2000	Cross Country	Cross Country	14th		Regional		3
1998	Spring Track	1600m Run	6th	5:35.12	District	6	3
1999	Spring Track	3200m Run	3rd	11:31.81	District	6	3
2001	Winter Track	1000m Run	5th	3:13.26	District	2	3
1999	Winter Track	1600m Run	4th	5:23.06	District	4	3
1998	Winter Track	1600m Run	4th	5:36.21	District	4	3
2001	Winter Track	3200m Run	3rd	11:52.64	District	6	3
1999	Spring Track		Hon Men		All-Met		3
1997	Cross Country	Cross Country	8th		District		2

**TOTAL 94**

59	Fahey, Aryn	1992	Cross Country	Cross Country	1st		District		6		
		1992	Cross Country	Cross Country	11th		State		6		
		1994	Winter Track	3200m Run	Champion	11:51.94	District	10	6		
		1991	Winter Track	3200m Run	Champion	12:15.31	District	10	6		
		1993	Winter Track	1600m Run	Champion	5:16.41	District	10	6		
		1993	Winter Track	3200m Run	Champion	11:48.30	District	10	6		
		1992	Spring Track	1600m Run	5th	5:21.54	Region	2	4		
		1991	Winter Track	1600m Run	6th	5:23.64	Region	1	4		
		1993	Winter Track	3200m Run	6th	11:41.00	Region	1	4		
		1993	Winter Track	1600m Run	4th	5:18.50	Region	4	4		
		1992	Cross Country	Cross Country	8th		Regionals		3		
		1992	Spring Track	1600m Run	6th	5:25.8h	District	1	3		
		1993	Spring Track	1600m Run	5th	5:29.6h	District	2	3		
		1992	Spring Track	3200m Run	4th	11:52.0h	District	4	3		
		1991	Spring Track	1600m Run	3rd	5:20.5h	District	6	3		
		1994	Spring Track	3200m Run	3rd	12:06.2h	District	6	3		
		1992	Winter Track	1600m Run	6th	5:50.00	District	1	3		
		1992	Winter Track	3200m Run	5th	12:22.90	District	2	3		
		1994	Winter Track	1600m Run	3rd	5:32.74	District	6	3		
		1991	Winter Track	1600m Run	3rd	5:34.80	District	6	3		
		1993	Cross Country	Cross Country	15th		District		2		
		1991	Cross Country		Hon Men		All-Met		3		
		1993	Winter Track		Hon Men		All-Met		3		
		1993	Spring Track		Hon Men		All-Met		3		
		<b>TOTAL</b>									<b>93</b>
		60	Leslie, Larry		Spring Track	Discus	Champion	154-08.00	Region	10	12
					Spring Track	Shot Put	2nd	50-11.00	Region	8	8
					Winter Track	Shot Put	2nd	52-11.50	Region	8	8
				1989	Spring Track	Discus	Champion	144-04.00	District	10	6
				1988	Spring Track	Discus	Champion	144-03.00	District	10	6
				1989	Spring Track	Shot Put	2nd	51-09.50	District	8	4
	Spring Track			Discus	5th	139-08.00	Region	2	4		
	Spring Track			Shot Put	4th	50-02.50	Region	4	4		
1989	Winter Track			Shot Put	2nd	51-09.25	District	8	4		
1987	Winter Track			Shot Put	2nd	50-09.00	District	8	4		
1987	Winter Track			Shot Put	2nd	47-06.50	District	8	4		
	Winter Track			Shot Put	6th	49-06.75	Region	1	4		
1988	Spring Track			Shot Put	4th	51-03.50	District	4	3		
1987	Winter Track			Discus	5th	120-09.00	District	2	3		
1988	Winter Track			Shot Put	3rd	49-00.25	District	6	3		
1989	Indoor Track			Shot Put		52-11.00	CHS Record		5		
1989	Spring Track			Shot Put		51-09.50	CHS Record		5		
1989	Spring Track			Discus		154-08.00	CHS Record		5		
<b>TOTAL</b>									<b>92</b>		
61	Ploetz, Gifford	1991	Spring Track	Pole Vault	Champion	13-00.00	Region	10	12		
		1991	Winter Track	Pole Vault	2nd	14-03.00	State	7	12		
		1991	Winter Track	Pole Vault	8th	14-6	Nationals		12		
		1991	Spring Track	110m Hurdles	Champion	15.60	District	10	6		
		1991	Spring Track	Pole Vault	Champion	14-00.00	District	10	6		
		1991	Winter Track	Pole Vault	Champion	14-00.50	District	10	6		
		1991	Winter Track	55m Hurdles	2nd	8.32	District	8	4		
		1991	Winter Track	Pole Vault	4th	12-06.00	Region	4	4		
		1989	Spring Track	Pole Vault	6th	9-06.00	District	1	3		
		1990	Spring Track	110m Hurdles	4th	16.40	District	4	3		
		1990	Spring Track	Pole Vault	3rd	12-00.00	District	5	3		
		1991	Spring Track	300m Hurdles	3rd	41.9h	District	6	3		
		1991	Spring Track		1st Team		All-Met		7		
		1991	Indoor Track	Pole Vault		14-06.00	CHS Record		5		
		1991	Spring Track	Pole Vault		14-00.00	CHS Record		5		

								<b>TOTAL</b>	<b>91</b>
62	<b>Teal, Chris</b>	1990	Spring Track	Long Jump	Champion	22-01.50	Region	10	12
		1990	Spring Track	Triple Jump	Champion	45-06.50	Region	10	12
		1990	Spring Track	Long Jump	6th	22-03.75	State	1	8
		1989	Spring Track	High Jump	Champion	6-00.00	District	10	6
		1990	Spring Track	Long Jump	Champion	22-01.00	District	10	6
		1989	Spring Track	Long Jump	Champion	20-03.75	District	10	6
		1990	Spring Track	Triple Jump	Champion	44-05.00	District	10	6
		1989	Spring Track	Triple Jump	Champion	43-05.25	District	10	6
		1990	Spring Track	High Jump	2nd	6-00.00	District	8	4
		1990	Spring Track	200m Dash	5th	23.4h	District	2	3
		1990	Spring Track	400m Dash	5th	53.2h	District	2	3
		1988	Spring Track	Triple Jump	4th	42-03.00	District	4	3
		1990	Spring Track	High Jump		6-03.00	CHS Record		5
		1990	Spring Track	Long Jump		22-03.75	CHS Record		5
		1990	Spring Track	Triple Jump		45-06.50	CHS Record		5
								<b>TOTAL</b>	<b>90</b>
63	<b>Maier, Rhonda</b>	1986	Winter Track	4x800m	2nd	9:35.61	Nationals		20
		1987	Spring Track	Discus	Champion	100-05.00	District	10	6
		1985	Winter Track	4x200m	Champion	1:52.3	District	10	6
		1985	Spring Track	4x400m	Champion	4:14.1	District	10	6
		1987	Spring Track	300m Hurdles	2nd	49.2h	District	8	4
		1986	Spring Track	400m Dash	5th	59.78	Region	2	4
		1986	Winter Track	500m Dash	2nd	1:21.6h	District	8	4
		1986	Winter Track	Shot Put	2nd	32-07.00	District	8	4
		1986	Spring Track	Shot Put	4th	31-08.00	District	4	3
		1986	Spring Track	Discus	4th	88-11.50	District	4	3
		1986	Spring Track	400m Dash	3rd	59.6h	District	6	3
		1985	Spring Track	400m Dash	3rd	1:02.4h	District	6	3
		1985	Winter Track	300m Dash	4th	45.9h	District	4	3
		1987	Winter Track	500m Dash	3rd	1:23.20	District	6	3
		1987	Winter Track	Shot Put	3rd	30-03.50	District	6	3
		1987	Spring Track	4x100m	3rd	51.5	District	6	3
		1985	Cross Country	Cross Country	13th		District		2
		1986	Spring Track	Shot Put		34-04.50	CHS Record		5
								<b>TOTAL</b>	<b>85</b>
64	<b>LeFrancois, Olivia</b> <b>Eligible in 2020</b>	2018	Winter Track	4x400m	4th	4:02.77	State	5	8
		2016	Winter Track	4x400m	5th	4:04.13	State	4	8
		2018	Winter Track	4x400m	2nd	4:05.67	Region	8	8
		2017	Winter Track	4x800m	Champion	9:34.81	District	10	6
		2017	Winter Track	500m Dash	Champion	1:20.52	District	10	6
		2016	Winter Track	4x400m	Champion	4:07.14	District	10	6
		2018	Winter Track	4x400m	Champion	4:13.25	District	10	6
		2016	Winter Track	4x400m	3rd	4:03.89	Region	6	4
		2016	Winter Track	4x800m	6th	9:49.37	Region	6	4
		2018	Winter Track	4x200m	3rd	1:48.79	Region	4	4
		2017	Winter Track	4x400m	2nd	4:11.31	District	8	4
		2018	Winter Track	4x800m	2nd	9:54.69	District	8	4
		2018	Winter Track	4x800m	6th	9:58.62	Region	3	4
		2016	Winter Track	4x800m	3rd	9:56.59	District	6	3
		2017	Winter Track	Triple Jump	4th	32-10.00	District	4	3
		2018	Winter Track	Triple Jump	4th	31-2.50	District	4	3
		2016	Winter Track	500m Dash	5th	1:20.87	District	6	3
								<b>TOTAL</b>	<b>84</b>
65	<b>Manley, Genevieve</b>	2010	Spring Track	4x100m	2nd	50.02	Region	8	8
		2008	Spring Track	4x100m	Champion	50.91	District	10	6
		2009	Spring Track	4x100m	Champion	50.93	District	10	6
		2010	Spring Track	4x100m	Champion	49.83	District	10	6
		2010	Spring Track	100m Dash	3rd	12.79	Region	6	4

	2009	Spring Track	100m Dash	7th	27.06	Region	1	4		
	2008	Spring Track	100m Dash	7th	13.09	Region	2	4		
	2009	Spring Track	100m Dash	8th	12.84	Region	2	4		
	2010	Spring Track	200m Dash	8th	27.04	Region	1	4		
	2008	Spring Track	4x100m	5th	50.61	Region	4	4		
	2008	Spring Track	4x100m	8th	50.81	Region	1	4		
	2010	Spring Track	100m Dash	3rd	12.35	District	6	3		
	2010	Spring Track	200m Dash	3rd	26.53	District	6	3		
	2009	Spring Track	200m Dash	5th	26.62	District	2	3		
	2007	Spring Track	100m Dash	4th	13.07	District	4	3		
	2007	Spring Track	200m Dash	4th	26.95	District	4	3		
	2008	Spring Track	200m Dash	4th	27.81	District	4	3		
	2009	Spring Track	100m Dash	3rd	12.74	District	6	3		
	2008	Spring Track	100m Dash	3rd	13.5	District	6	3		
	2007	Spring Track	4x100m	3rd	52.04	District	6	3		
								<b>TOTAL</b>	<b>81</b>	
66	<b>McMorrow, Erin</b>	1998	Winter Track	High Jump	Champion	5-00.00	District	10	6	
		1997	Spring Track	High Jump	2nd	5-01.00	District	8	4	
		1998	Spring Track	400m Dash	6th	59.51	Region	1	4	
		1997	Spring Track	High Jump	4th	5-00.00	Region	4	4	
		1998	Winter Track	500m Dash	4th	1:18.74	Region	4	4	
		1998	Winter Track	High Jump	3rd	5-02.00	Region	6	4	
		1998	Spring Track	200m Dash	5th	26.90	District	2	3	
		1997	Spring Track	100m Dash	4th	13.1h	District	4	3	
		1997	Spring Track	200m Dash	4th	26.60	District	4	3	
		1998	Spring Track	400m Dash	4th	58.34	District	4	3	
		1997	Spring Track	400m Dash	4th	59.7h	District	4	3	
		1998	Spring Track	High Jump	4th	4-10.00	District	4	3	
		1998	Spring Track	Long Jump	3rd	16-11.00	District	6	3	
		1997	Winter Track	300m Dash	6th	45.00	District	1	3	
		1998	Winter Track	Long Jump	4th	14-07.75	District	4	3	
		1998	Winter Track	500m Dash	3rd	1:20.78	District	6	3	
		1997	Winter Track	High Jump	3rd	5-00.00	District	6	3	
		1997	Winter Track	4x200m	7th	1:49.91	State	2	8	
		1998	Winter Track	4x400m	4th	4:01.60	State	5	8	
		1997	Winter Track	4x400m	4th	4:10.69	Region	4	4	
									<b>TOTAL</b>	<b>79</b>
67	<b>Lange, Dakota</b>	2014	Spring Track	4x800m	4th	7:57.21	State	5	8	
		2013	Cross Country	Cross Country	5th	15:51.00	State		8	
		2014	Winter Track	3200m Run	5th	9:28.13	State	4	8	
		2014	Winter Track	4x800m	7th	8:10.67	State	2	8	
		2014	Winter Track	4x800m	Champion	8:08.10	District	10	6	
		2014	Spring Track	3200m Run	Champion	9:38.08	District	10	6	
		2013	Cross Country	Cross Country	5th	15:23.00	Region		5	
		2013	Cross Country		2nd Team		All-Met		5	
		2014	Winter Track	3200m Run	3rd	9:35.11	Region	6	4	
		2014	Spring Track	4x800m	2nd	7:57.50	District	8	4	
		2014	Spring Track	4x800m	3rd	7:56.67	Region	6	4	
		2013	Cross Country	Cross Country	4th	15:30.00	District		3	
		2014	Winter Track	1000m Run	4th	2:38.98	District	4	3	
		2014	Winter Track	3200m Run	6th	9:44.78	District	1	3	
		2013	Winter Track		Hon Men		All-Met		3	
									<b>TOTAL</b>	<b>78</b>
67	<b>Leslie, Michael</b>	1994	Spring Track	Discus	6th	145-00.00	State	1	8	
		1995	Spring Track	Discus	3rd	149-06.00	State	6	8	
		1995	Winter Track	Shot Put	5th	52-04.00	State	2	8	
		1994	Spring Track	Shot Put	Champion	47-04.50	District	10	6	
		1994	Spring Track	Discus	Champion	137-05.00	District	10	6	
		1994	Winter Track	Shot Put	Champion	46-07.00	District	10	6	

	1995	Winter Track	Shot Put	2nd	50-02.00	District	8	4	
	1993	Spring Track	Discus	6th	117-05.00	District	1	3	
	1993	Spring Track	Shot Put	5th	43-00.00	District	2	3	
	1992	Spring Track	Shot Put	5th	41-05.50	District	2	3	
	1993	Winter Track	Shot Put	3rd	46-00.75	District	6	3	
	1995	Winter Track	Shot Put	2nd	52-00.50	Region	8	8	
	1995	Spring Track	Discus	5th	144-08.00	Region	2	4	
	1995	Spring Track	Shot Put	3rd	50-11.25	Region	6	4	
	1993	Winter Track	Shot Put	5th	48-00.00	Region	2	4	
								<b>TOTAL</b>	<b>78</b>
67	<b>Muniz, Lance</b>	1987	Cross Country	Cross Country	1st		Regional	12	
		1987	Cross Country	Cross Country	1st		District	6	
		1988	Spring Track	3200m Run	Champion	9:50.7h	District	10	6
		1988	Winter Track	1600m Run	Champion	4:31.63	District	10	6
		1988	Winter Track	3200m Run	Champion	10:10.05	District	10	6
		1986	Cross Country	Cross Country	2nd		District	4	
		1987	Spring Track	3200m Run	3rd	9:40.86	Region	6	4
		1988	Winter Track	3200m Run	3rd	9:47.15	Region	6	4
		1985	Cross Country	Cross Country	5th		District	3	
		1985	Cross Country	Cross Country	15th		Regional	3	
		1986	Cross Country	Cross Country	10th		Regional	3	
		1987	Spring Track	1600m Run	5th	4:40.2h	District	2	3
		1986	Spring Track	3200m Run	5th	9:36.8h	District	2	3
		1988	Spring Track	1600m Run	3rd	4:34.8h	District	6	3
		1984	Cross Country	Cross Country	13th		District	2	
		1988	Indoor Track	3200m Run		9:47.15	CHS Record	5	
		1986	Spring Track	3200m Run		9:36.8h	CHS Record	5	
								<b>TOTAL</b>	<b>78</b>
70	<b>Stahli, Liane</b>	1992	Spring Track	100m Hurdles	2nd	15.95	Region	8	8
		1992	Spring Track	100m Hurdles	Champion	15.6h	District	10	6
		1992	Winter Track	Long Jump	Champion	16-00.00	District	10	6
		1992	Winter Track	Triple Jump	Champion	33-11.25	District	10	6
		1992	Spring Track	Long Jump	2nd	16-05.75	District	8	4
		1992	Spring Track	Triple Jump	2nd	33-10.00	District	8	4
		1991	Winter Track	55m Hurdles	2nd	9.13	District	8	4
		1992	Winter Track	55m Hurdles	2nd	9.21	District	8	4
		1992	Winter Track	55m Hurdles	3rd	9.06	Region	6	4
		1990	Spring Track	Triple Jump	4th	32-09.00	District	4	3
		1992	Spring Track	300m Hurdles	3rd	49.2h	District	6	3
		1991	Winter Track	300m Dash	5th	46.17	District	2	3
		1991	Winter Track	500m Dash	5th	1:24.40	District	2	3
		1992	Winter Track	500m Dash	3rd	1:23.73	District	6	3
		1991	Winter Track	Long Jump	3rd	16-02.25	District	6	3
		1991	Winter Track	Triple Jump	3rd	33-10.50	District	6	3
		1992	Indoor Track	Triple Jump		33-11.25	CHS Record	5	
		1992	Spring Track	Triple Jump		33-10.00	CHS Record	5	
								<b>TOTAL</b>	<b>77</b>
71	<b>Johnson, Valerie</b>	1981	Winter Track	4x200m	Champion	1:49.8	Region	10	12
		1981	Spring Track	400m Dash	5th	57.7	State	2	8
		1981	Winter Track	4x200m	Champion	1:50.4	District	10	6
		1980	Spring Track	4x220y Relay	Champion	1:46.8h	District	10	6
		1981	Spring Track	100m Dash	5th	12.5h	Region	2	4
		1982	Spring Track	200m Dash	3rd	25.7h	Region	6	4
		1981	Winter Track	55m Dash	2nd	7.84	District	8	4
		1980	Spring Track	4x200m Relay	5th	1:46.8h	Region	2	4
		1982	Spring Track	100m Dash	4th	13.24	District	4	3
		1980	Winter Track	50m Dash	3rd	7.6h	District	6	3
		1980	Winter Track	4x220y Relay	3rd	1:53.2	District	6	3
		1981	Spring Track	100m Dash	3rd	13.24	District	6	3

	1980	Spring Track	200m Dash	6th	26.5h	Region	1	3	
	1981	Winter Track	300m Dash	5th	44.94	District	2	3	
	1981	Spring Track	100m Dash		12.74	CHS Record		5	
	1982	Spring Track	200m Dash		25.24	CHS Record		5	
								<b>TOTAL</b>	
72	<b>Sowah, Johanan</b>	2012	Winter Track	4x800m	Champion	7:52.99	State	10	20
		2013	Spring Track	3200m Relay	2nd	7:47.30	State	8	12
		2013	Spring Track	Sprint Medley	5th	3:29.38	Nationals		12
		2013	Winter Track	4x800m	8th	8:30.41	Region	1	4
						51.07f/			
		2013	Spring Track	400m Dash	6th	50.89p	Region	3	4
		2013	Spring Track	4x400m	8th	3:32.02	Region	1	4
		2013	Winter Track	500m Dash	4th	1:08.66	District	4	3
		2013	Winter Track	4x400m	3rd	3:34.92	District	6	3
		2012	Spring Track	4x800m	3rd	8:02.79	District	6	3
		2013	Spring Track	4x400m	3rd	3:31.98	District	6	3
		2013	Spring Track	400m Dash	3rd	50.95	District	6	3
		2013	Spring Track	800m Run	3rd	2:00.12	District	1	3
									<b>TOTAL</b>
73	<b>Marcy, Grace</b>	1981	Winter Track	4x200m	Champion	1:49.8	Region	10	12
		1981	Winter Track	4x200m	Champion	1:50.4	District	10	6
		1978	Spring Track	4x220y Relay	Champion	1:47.8	District	10	6
		1980	Spring Track	4x220y Relay	Champion	1:46.8h	District	10	6
		1981	Winter Track	300m Dash	3rd	43.6h	Region	6	4
		1981	Winter Track	Long Jump	5th	15-7.75	Region	2	4
		1978	Spring Track	4x110y Relay	2nd	50.9h	District	8	4
		1978	Spring Track	4x110y Relay	5th	51.2h	Region	2	4
		1980	Spring Track	4x200m Relay	5th	1:46.8h	Region	2	4
		1981	Winter Track	300m Dash	6th	44.5h	District	1	3
		1981	Winter Track	55m Dash	5th	7.7h	District	2	3
		1980	Winter Track	4x220y Relay	3rd	1:53.2	District	6	3
		1980	Winter Track	300m Dash	3rd	44.0h	District	6	3
		1980	Winter Track	Long Jump	6th	14-11.5	District	1	3
		1980	Spring Track	100m Dash	4th	13.1h	District	4	3
		1981	Indoor Track	300m Dash		44.5	CHS Record		5
									<b>TOTAL</b>
73	<b>Thomas, Lauren</b>	1979	Spring Track	Shot Put	2nd	41' 11.75"	State	8	12
		1979	Spring Track	Shot Put	Champion	41' 3.25"	Regional	10	12
		1978	Spring Track	Shot Put	2nd	41-1.75	Regional	8	8
		1978	Spring Track	Shot Put	3rd	42' 1"	State	6	8
		1978	Spring Track	Shot Put	Champion	42' 7 3/4"	District	10	6
		1979	Spring Track	Shot Put	Champion	40' 5.5"	District	10	6
		1979	Spring Track	Discus	6th	109' 3"	Regional	1	4
		1979	Spring Track	Discus	2nd	105-7	District	8	4
		1978	Spring Track	Discus	4th	94-10.5	District	4	3
		1978	Spring Track	Shot Put		42' 7 3/4"	CHS Recc		5
		1979	Spring Track	Discus		109' 3"	CHS Recc		5
									<b>TOTAL</b>
73	<b>Weinberg, Kim</b>	2009	Spring Track	Pole Vault	Champion	8-06.00	District	9	6
		2009	Spring Track	100m Hurdles	Champion	16.69	District	10	6
		2009	Winter Track	Pole Vault	Champion	9-04.00	District	10	6
		2008	Winter Track	Pole Vault	Champion	9-00.00	District	10	6
		2008	Spring Track	Pole Vault	8th	9-03.00	Region	1	4
		2009	Winter Track	Pole Vault	5th	9-00.00	Region	4	4
		2008	Winter Track	Pole Vault	3rd	9-00.00	Region	5.5	4
		2008	Spring Track	Pole Vault	6th	8-00.00	District	0.5	3
		2007	Spring Track	100m Hurdles	3rd	17.39	District	6	3
		2008	Spring Track	100m Hurdles	3rd	18.54	District	6	3
		2007	Spring Track	Pole Vault	3rd	8-06.00	District	7	3

	2007	Winter Track	55m Hurdles	6th	10.22	District	1	3	
	2007	Winter Track	Pole Vault	6th	7-06.00	District	1	3	
	2008	Winter Track	55m Hurdles	4th	10.18	District	4	3	
	2009	Winter Track	55m Hurdles	3rd	9.71	District	6	3	
	2009	Spring Track	4x100m	Champion	50.93	District	10	6	
	2008	Spring Track	4x100m	8th	50.81	Region	1	4	
	2007	Spring Track	4x100m	3rd	52.04	District	6	3	
							<b>TOTAL</b>	<b>73</b>	
76	<b>Alderman, Haley</b> <b>Eligible in 2021</b>	2017	Spring Track	Long Jump	Champion	16-5.25	District	10	6
		2018	Spring Track	4x100m	Champion	51.37	District	10	6
		2017	Winter Track	4x400m	3rd	4:05.95	Region	6	4
		2018	Winter Track	4x200m	3rd	1:48.79	Region	4	4
		2018	Winter Track	Long Jump	5th`	17-0.25	Region	4	4
		2018	Spring Track	4x100m	7th	51.38	Region	2	4
		2018	Winter Track	High Jump	8th	4-10.00	Region	0.5	4
		2018	Spring Track	Long Jump	2nd	16-7.50	Region	8	4
		2016	Winter Track	High Jump	3rd	4-8.00	District	6	3
		2016	Spring Track	4x100m	3rd	51.27	District	6	3
		2017	Winter Track	4x200m	3rd	1:49.03	District	6	3
		2018	Winter Track	Long Jump	3rd	16-2.75	District	6	3
		2018	Spring Track	High Jump	3rd	4-8.00	District	6	3
		2018	Winter Track	High Jump	4th	4-8.00	District	4	3
		2015	Spring Track	Long Jump	4th	15-0.25	District	4	3
		2016	Winter Track	Long Jump	4th	15-6.75	District	4	3
						13.42f/			
		2018	Spring Track	100m Dash	5th	13.37p	District	1	3
		2016	Spring Track	Long Jump	6th	15-2.00	District	1	3
		2016	Spring Track	100m Dash	6th	13.05	District	1	3
		2017	Winter Track	High Jump	6th	4-10.00	District	1	3
								<b>TOTAL</b>	<b>72</b>
77	<b>Winstead, Laura</b>	1997	Winter Track	1000m Run	5th	3:03.49	State	2	8
		1996	Spring Track	1600m Run	2nd	5:13.0h	District	8	4
		1995	Spring Track	1600m Run	5th	5:16.84	Region	2	4
		1996	Winter Track	1600m Run	6th	5:25.43	Region	1	4
		1997	Winter Track	1000m Run	5th	3:04.57	Region	2	4
		1995	Winter Track	1000m Run	5th	3:09.88	Region	2	4
		1995	Winter Track	1000m Run	5th	3:07.50	District	2	3
		1996	Winter Track	1000m Run	4th	3:13.7h	District	4	3
		1995	Winter Track	1600m Run	4th	5:32.10	District	4	3
		1997	Winter Track	1000m Run	3rd	3:04.8h	District	6	3
		1996	Winter Track	1600m Run	3rd	5:33.7h	District	6	3
		1995	CC	Cross Country	9th		District		2
		1996	CC	Cross Country	10th		District		2
		1996	Winter Track	4x800m	2nd	9:32.61	State	8	12
		1997	Winter Track	4x800m	7th	9:42.35	State	2	8
		1997	Winter Track	4x800m	4th	9:45.70	Region	4	4
								<b>TOTAL</b>	<b>71</b>
78	<b>Almodiel, Darren</b>	2014	Winter Track	4x200m	4th	1:32.14	State	5	8
		2015	Winter Track	4x200m	5th	1:33.53	State	4	8
		2015	Winter Track	Long Jump	Champion	21-5.75	District	10	6
		2015	Winter Track	4x200m	Champion	1:33.55	District	10	6
		2014	Winter Track	4x200m	3rd	1:34.87	Region	6	4
		2015	Winter Track	4x200m	6th	1:34.70	Region	3	4
		2015	Winter Track	Long Jump	4th	20-9.00	Region	4.5	4
		2015	Winter Track	55m Dash	2nd	6.71	District	8	4
		2015	Winter Track	Triple Jump	2nd	42-6.00	District	8	4
		2015	Spring Track	Long Jump	2nd	20-9.75	District	8	4
		2014	Winter Track	4x200m	5th	1:34.92	District	4	3
		2013	Winter Track	Triple Jump	5th	39-11.75	District	2	3



	2014	Winter Track	Triple Jump	3rd	41-0.00	District	6	3	
	2014	Winter Track	High Jump	3rd	5-6.00	District	6	3	
	2014	Winter Track	55m Dash	4th	6.83	District	4	3	
	2014	Winter Track	Long Jump	5th	19-8.00	District	2	3	
								<b>TOTAL</b>	
								<b>70</b>	
78	<b>Raher, Nora</b>	2013	Winter Track	4x800m	5th	9:30.57	State	4	<b>8</b>
		2013	Winter Track	4x800m	2nd	9:33.45	Region	8	<b>8</b>
		2012	Winter Track	4x800m	Champion	9:50.41	District	10	6
		2012	Spring Track	4x800m	Champion	9:33.96	District	10	6
		2013	Winter Track	3200m Run	6th	11:22.0	Region		4
		2012	Winter Track	4x800m	3rd	9:41.07	Region	6	4
		2012	Spring Track	4x800m	7th	9:36.62	Region	2	4
		2013	Spring Track	1600m Run	6th	5:11.82	Region	3	4
		2013	Winter Track	1600m Run	4th	5:11.77	District	1	3
		2013	Spring Track	4x800m	2nd	9:30.43	District	8	4
		2012	Spring Track	1600m Run	6th	5:22.40	District	1	3
		2013	Spring Track	1600m Run	6th	5:15.84	District	1	3
		2013	Spring Track	3200m Run	5th	11:29.53	District	2	3
		2013	Winter Track	4x400m	3rd	4:18.25	District	6	3
		2012	Spring Track	4x400m	3rd	4:17.25	District	6	3
		2011	Cross Country	Cross Country	10th		District		2
		2012	Cross Country	Cross Country	11th	0:00	District		2
									<b>TOTAL</b>
									<b>70</b>
80	<b>Ganster, Debbie</b>	1985	Winter Track	4x200m	Champion	1:52.3	District	10	6
		1985	Winter Track	4x400m	Champion	4:22.5	District	10	6
		1986	Winter Track	4x200m	Champion	1:51.1	District	10	6
		1985	Spring Track	4x400m	Champion	4:14.1	District	10	6
		1986	Spring Track	100m Hurdles	2nd	16.1h	District	8	4
		1985	Spring Track	100m Hurdles	2nd	16.5h	District	8	4
		1986	Spring Track	High Jump	2nd	5-00.00	District	8	4
		1986	Winter Track	High Jump	2nd	4-10.00	District	8	4
		1984	Spring Track	High Jump	5th	4-08.00	District	2	3
		1984	Spring Track	400m Dash	4th	1:02.2h	District	4	3
		1986	Spring Track	300m Hurdles	4th	48.4h	District	4	3
		1985	Spring Track	High Jump	4th	4-10.00	District	4	3
		1985	Spring Track	300m Hurdles	3rd	49.1h	District	6	3
		1984	Winter Track	55m Hurdles	5th	10.2h	District	2	3
		1985	Winter Track	55m Hurdles	3rd	9.1h	District	6	3
		1986	Winter Track	55m Hurdles	3rd	9.2h	District	6	3
		1985	Winter Track	High Jump	3rd	4-10.00	District	6	3
									<b>TOTAL</b>
									<b>67</b>
80	<b>Wigle, Kayla</b> Eligible in 2021	2017	Spring Track	4x800m	6th	9:36.25	State	3	8
		2018	Spring Track	3200m Run	Champion	11:31.52	District	10	6
		2017	Winter Track	4x800m	Champion	9:34.81	District	10	6
		2018	Spring Track	4x800m	Champion	9:41.69	District	10	6
		2018	Spring Track	4x800m	3rd	9:41.21	Region	6	4
		2017	Spring Track	4x800m	5th	9:34.29	Region	3	4
		2018	Winter Track	4x800m	6th	9:58.62	Region	3	4
		2017	Winter Track	3200m Run	2nd	12:00.81	District	8	4
		2018	Winter Track	4x800m	2nd	9:54.69	District	8	4
		2017	Spring Track	4x800m	3rd	9:55.58	District	6	3
		2016	Cross Country	Cross Country	15th	18:39.00	Region	13	3
		2017	Spring Track	3200m Run	4th	11:50.65	District	4	3
		2016	Spring Track	3200m Run	5th	11:45.86	District	2	3
		2018	Winter Track	1600m Run	6th	5:31.63	District	1	3
		2016	Cross Country	Cross Country	11th	18:49.00	District	11	2
		2017	Cross Country	Cross Country	12th	19:00.0	District	12	2
		2015	Cross Country	Cross Country	12th	19:32.0	District	12	2

									<b>TOTAL</b>	<b>67</b>
82	<b>Dobson, Matt</b>	2005	Spring Track	Shot Put	2nd	51-06.00	Region	8	8	
		2005	Spring Track	Discus	2nd	165-01.00	Region	8	8	
		2005	Spring Track	Shot Put	Champion	54-05.50	District	10	6	
		2005	Spring Track	Discus	Champion	154-02.00	District	10	6	
		2004	Spring Track	Shot Put	2nd	47-09.50	District	8	4	
		2003	Spring Track	Shot Put	2nd	46-00.00	District	8	4	
		2004	Spring Track	Discus	2nd	140-03.00	District	8	4	
		2003	Spring Track	Discus	2nd	134-10.00	District	8	4	
		2004	Spring Track	Discus	4th	148-07.00	Region	4	4	
		2005	Spring Track	Discus	4th	164-05.00	State	5	8	
		2005	Spring Track	Shot Put		54-05.50	CHS Record		5	
		2005	Spring Track	Discus		165-01.00	CHS Record		5	
									<b>TOTAL</b>	<b>66</b>
83	<b>Kemp, Scott</b>	1986	Spring Track	Pole Vault	Champion	12-06.00	District	10	6	
		1986	Winter Track	55m Hurdles	2nd	7.6h	District	8	4	
		1985	Winter Track	High Jump	4th	6-02.00	Region	1.75	4	
		1986	Winter Track	55m Hurdles	5th	7.70	Region	2	4	
		1986	Spring Track	300m Hurdles	4th	41.8h	District	4	3	
		1986	Spring Track	110m Hurdles	3rd	15.0h	District	6	3	
		1985	Spring Track	High Jump	3rd	5-10.00	District	6	3	
		1986	Winter Track	High Jump	6th	5-10.00	District	1	3	
		1986	Winter Track	Long Jump	6th	20-04.75	District	1	3	
		1985	Winter Track	High Jump	4th	6-00.00	District	4	3	
		1985	Winter Track	Triple Jump	4th	41-07.00	District	4	3	
		1985	Winter Track	55m Hurdles	3rd	7.9h	District	6	3	
		1986	Winter Track	Pole Vault	3rd	10-06.00	District	6	3	
		1986	Indoor Track	55m Hurdles		7.7	CHS Record		5	
		1985	Indoor Track	High Jump		6-02.00	CHS Record		5	
		1986	Spring Track	High Jump		6-00.00	CHS Record		5	
		1985	Spring Track	Triple Jump		41-01.50	CHS Record		5	
									<b>TOTAL</b>	<b>65</b>
83	<b>Morris, Ana</b> <b>Eligible in 2020</b>	2017	Spring Track	4x800m	6th	9:36.25	State	3	8	
		2016	Cross Country	Cross Country	Champion	18:31.0	District	1	6	
		2017	Winter Track	4x800m	Champion	9:34.81	District	10	6	
		2014	Winter Track	4x800m	2nd	10:00.24	District	8	4	
		2016	Winter Track	4x800m	6th	9:49.37	Region	4	4	
		2014	Winter Track	4x800m	5th	10:00.43	Region	4	4	
		2017	Winter Track	1000m Run	8th	3:05.58	Region	1	4	
		2015	Winter Track	4x400m	2nd	4:14.15	District	8	4	
		2017	Spring Track	4x800m	3rd	9:55.58	District	6	4	
		2016	Spring Track	4x800m	3rd	9:37.73	District	6	3	
		2015	Winter Track	4x800m	3rd	10:00.63	District	6	3	
		2016	Winter Track	4x800m	3rd	9:56.59	District	6	3	
		2017	Winter Track	1600m	4th	5:20.77	District	4	3	
		2016	Winter Track	1000m Run	4th	3:12.27	District	4	3	
		2017	Winter Track	1000m Run	5th	3:11.29	District	2	3	
		2017	Spring Track	800m Run	6th	2:21.98	District	1	3	
									<b>TOTAL</b>	<b>65</b>
83	<b>Patterson, David</b>	1986	Winter Track	1000m Run	2nd	2:35.59	State	8	12	
		1986	Spring Track	800m Run	6th	1:55.57	State	1	8	
		1987	Winter Track	1000m Run	2nd	2:33.90	Region	8	8	
		1985	Winter Track	1000m Run	Champion	2:38.1h	District	10	6	
		1986	Winter Track	1000m Run	Champion	2:40.3h	District	10	6	
		1986	Spring Track	800m Run	2nd	1:58.5h	District	8	4	
		1986	Spring Track	800m Run	3rd	1:57.30	Region	6	4	
		1985	CC	Cross Country	5th		District		3	
		1987	Spring Track	800m Run	5th	1:59.6h	District	2	3	
		1987	Winter Track	1000m Run	3rd	2:40.96	District	6	3	

	1986	Winter Track	1600m Run	3rd	4:31.4h	District	6	3	
	1986	Indoor Track	1000m Run		2:33.20	CHS Record		5	
								<b>TOTAL 65</b>	
83	<b>Peters, Vincent</b>	1991	Spring Track	Pole Vault	6th	14-00.00	State	1	8
		1991	Winter Track	Pole Vault	4th	13-06.00	State	4	8
		1991	Spring Track	400m Dash	Champion	51.5h	District	10	6
		1990	Spring Track	Pole Vault	Champion	12-06.00	District	10	6
		1991	Winter Track	500m Dash	Champion	1:09.49	District	10	6
		1991	Spring Track	200m Dash	2nd	23.3h	District	8	4
		1991	Spring Track	Pole Vault	2nd	13-06.00	District	8	4
		1990	Spring Track	Pole Vault	6th	12-00.00	Region	0.5	4
		1991	Winter Track	Pole Vault	2nd	12-06.00	District	8	4
		1991	Winter Track	500m Dash	6th	1:08.75	Region	1	4
		1991	Winter Track	300m Dash	5th	38.37	District	2	3
		1991	Spring Track		Hon Men		All-Met		3
		1991	Spring Track	Pole Vault		14-00.00	CHS Record		5
								<b>TOTAL 65</b>	
83	<b>Singh, Amandeep</b>	1994	Winter Track	55m Dash	Champion	6.52	Region	10	12
		1994	Winter Track	55m Dash	5th	6.57	State	2	8
		1993	Spring Track	100m Dash	Champion	10.8h	District	10	6
		1993	Spring Track	300m Hurdles	Champion	40.8h	District	10	6
		1993	Winter Track	4x200m	Champion	1:35.74	District	10	6
		1994	Winter Track	55m Dash	2nd	6.64	District	8	4
		1993	Winter Track	55m Dash	2nd	6.71	District	8	4
		1993	Winter Track	300m Dash	2nd	37.15	District	8	4
		1993	Winter Track	100m Dash	6th	11.41	Region	1	4
		1992	Spring Track	100m Dash	4th	11.7h	District	4	3
		1992	Spring Track	110m Hurdles	4th	17.2h	District	4	3
		1994	Indoor Track	55m Dash		6.52	CHS Record		5
								<b>TOTAL 65</b>	
88	<b>Carter-Ogden, Nyla Still Active</b>	2018	Winter Track	4x400m	4th	4:02.77	State	5	8
		2018	Spring Track	4x400m	8th	4:01.59	State	1	8
		2018	Winter Track	4x400m	2nd	4:05.67	Region	8	8
		2018	Spring Track	4x800m	Champion	9:41.69	District	10	6
		2018	Spring Track	4x400m	Champion	4:10.43	District	10	6
		2018	Winter Track	4x400m	Champion	4:13.25	District	10	6
		2017	Spring Track	4x400m	2nd	4:07.68	District	8	4
		2018	Spring Track	4x400m	3rd	4:03.29	Region	6	4
		2018	Spring Track	4x800m	3rd	9:41.21	Region	6	4
		2018	Spring Track	400m Dash	3rd	1:01.96	District	6	3
		2018	Winter Track	500m Dash	4th	1:23.08	District	4	3
		2018	Winter Track	300m Dash	6th	44.67	District	1	3
								<b>TOTAL 63</b>	
88	<b>Swan, Kisasi</b>	1995	Winter Track	300m Dash	Champion	36.07	Region	10	12
		1995	Spring Track	400m Dash	3rd	49.64	State	6	8
		1995	Winter Track	300m Dash	4th	35.91	State	4	8
		1995	Spring Track	400m Dash	Champion	49.5h	District	10	6
		1995	Winter Track	300m Dash	Champion	36.8h	District	10	6
		1995	Spring Track	Triple Jump	6th	44-09.00	Region	1	4
		1995	Spring Track	400m Dash	4th	50.47	Region	4	4
		1995	Winter Track	Long Jump	2nd	20-08.25	District	8	4
		1995	Winter Track	Long Jump	4th	21-01.75	Region	4	4
		1995	Winter Track	55m Dash	3rd	6.61	Region	6	4
		1995	Winter Track	55m Dash	3rd	6.5h	District	6	3
								<b>TOTAL 63</b>	
90	<b>Terry, Darianna</b>	2006	Spring Track	100m Dash	8th	13.06	Region	1	4
		2007	Spring Track	Triple Jump	8th	35-01.25	Region	1	4
		2007	Spring Track	100m Dash	7th	12.91	Region	2	4
		2006	Spring Track	Long Jump	7th	16-07.25	Region	2	4

	2007	Winter Track	55m Dash	2nd	7.44	District	8	4	
	2007	Winter Track	Long Jump	8th	16-09.00	Region	1	4	
	2007	Winter Track	Triple Jump	7th	33-09.50	Region	2	4	
	2007	Winter Track	55m Dash	5th	7.46	Region	4	4	
	2006	Spring Track	100m Dash	5th	13.07	District	2	3	
	2006	Spring Track	Triple Jump	5th	32-06.75	District	2	3	
	2007	Spring Track	100m Dash	3rd	13.06	District	6	3	
	2007	Spring Track	Triple Jump	3rd	34-07.00	District	6	3	
	2007	Winter Track	Triple Jump	5th	32-10.50	District	2	3	
	2007	Winter Track	Long Jump	4th	15-10.50	District	4	3	
	2006	Winter Track	Long Jump	4th	15-09.00	District	4	3	
	2007	Spring Track	4x100m	3rd	52.04	District	6	3	
	2007	Indoor Track	Triple Jump		34-07.75	CHS Record		5	
							<b>TOTAL</b>	<b>61</b>	
90	<b>Ward, Rachel</b>	1990	Spring Track	800m Run	5th	2:18.40	State	2	8
		1989	Spring Track	800m Run	Champion	2:17.4h	District	10	6
		1990	Spring Track	800m Run	Champion	2:19.5h	District	10	6
		1989	Winter Track	500m Dash	Champion	1:20.2h	District	10	6
		1988	Winter Track	500m Dash	Champion	1:20.88	District	10	6
		1990	Winter Track	1000m Run	Champion	1:21.00	District	10	6
		1990	Spring Track	800m Run	4th	2:17.30	Region	4	4
		1989	Winter Track	500m Dash	4th	1:19.85	Region	4	4
		1988	Winter Track	500m Dash	3rd	1:21.00	Region	6	4
		1989	CC	Cross Country	7th		District		3
		1987	Winter Track	800m Run	4th	2:26.3h	District	4	3
		1988	Winter Track	1000m Run	3rd	3:15.00	District	6	3
		1988	CC	Cross Country	14th		District		2
							<b>TOTAL</b>	<b>61</b>	
92	<b>Kemp, Brian</b>	1988	Winter Track	55m Hurdles	Champion	8.34	District	10	6
		1989	Spring Track	Triple Jump	2nd	42-11.25	District	8	4
		1989	Winter Track	55m Hurdles	2nd	8.2h	District	8	4
		1989	Winter Track	Triple Jump	2nd	42-02.50	District	8	4
		1989	Winter Track	55m Hurdles	6th	8.21	Region	1	4
		1988	Spring Track	Triple Jump	6th	41-10.75	District	1	3
		1988	Spring Track	110m Hurdles	5th	15.5h	District	2	3
		1989	Spring Track	High Jump	5th	5-10.00	District	2	3
		1989	Spring Track	Long Jump	5th	19-03.25	District	2	3
		1988	Spring Track	High Jump	4th	5-08.00	District	3	3
		1989	Spring Track	110m Hurdles	3rd	15.7h	District	6	3
		1989	Spring Track	Pole Vault	3rd	11-00.00	District	6	3
		1988	Winter Track	High Jump	6th	5-08.00	District	1	3
		1989	Winter Track	Pole Vault	4th	10-06.00	District	4	3
		1988	Winter Track	Triple Jump	4th	40-06.50	District	4	3
		1989	Winter Track	High Jump	3rd	5-10.00	District	6	3
		1989	Spring Track	Triple Jump		42-11.25	CHS Record		5
							<b>TOTAL</b>	<b>60</b>	
92	<b>Lauchengco, Dominic</b>	2005	Winter Track	Pole Vault	4th	13-00.00	State	4.5	8
		2006	Winter Track	Pole Vault	5th	13-06.00	State	4	8
		2004	Spring Track	Pole Vault	4th	13-00.00	Region	4	4
		2005	Spring Track	Pole Vault	4th	13-00.00	Region	5	4
		2006	Winter Track	Pole Vault	3rd	13-06.00	Region	6	4
		2005	Winter Track	Pole Vault	3rd	13-00.00	Region	6	4
		2005	Spring Track	Pole Vault	2nd	13-00.00	District	8	4
		2004	Spring Track	Pole Vault	2nd	12-00.00	District	8	4
		2005	Winter Track	Pole Vault	2nd	12-00.00	District	8	4
		2005	Spring Track	4x400m	8th	3:32.22	Region	1	4
		2005	Spring Track	300m Hurdles	3rd	42.52	District	6	3
		2005	Winter Track	High Jump	6th	5-06.00	District	1	3



97	Smith, Tina	1994	Spring Track	100m Hurdles	2nd	16.4h	District	8	4		
		1995	Winter Track	55m Hurdles	2nd	9.10	District	8	4		
		1996	Spring Track	300m Hurdles	5th	48.8h	District	2	3		
		1996	Spring Track	100m Hurdles	4th	15.6h	District	4	3		
		1997	Spring Track	300m Hurdles	4th	48.3h	District	4	3		
		1994	Spring Track	300m Hurdles	3rd	49.3h	District	6	3		
		1996	Winter Track	High Jump	6th	4-08.00	District	1	3		
		1994	Winter Track	500m Dash	5th	1:27.54	District	2	3		
		1996	Winter Track	55m Hurdles	5th	9.5h	District	2	3		
		1994	Winter Track	55m Hurdles	4th	9.68	District	4	3		
		1997	Winter Track	High Jump	4th	4-11.00	District	4	3		
		1997	Winter Track	Long Jump	4th	15-01.00	District	4	3		
		1997	Winter Track	4x200m	2nd	1:49.97	Region	8	8		
		1997	Winter Track	4x200m	7th	1:49.91	State	2	8		
		1997	Winter Track	4x400m	5th	4:10.69	Region	4	4		
		<b>TOTAL</b>									<b>58</b>
		99	Brennan, Danielle Eligible in 2020	2017	Spring Track	4x100m	6th	45.81	State	3	8
				2017	Spring Track	4x400m	2nd	3:58.52	Region	8	8
				2017	Spring Track	4x100m	Champion	49.50	District	10	6
2017	Spring Track			4x100m	4th	49.00	Region	5	4		
2017	Winter Track			4x200m	7th	1:47.99	Region	2	4		
2016	Winter Track			4x200m	2nd	1:49.13	District	8	4		
2016	Winter Track			55m Hurdles	2nd	9.49	District	8	4		
2017	Spring Track			4x400m	2nd	4:07.68	District	8	4		
2017	Winter Track			4x200m	3rd	1:49.03	District	6	3		
2017	Winter Track			300m Hurdles	3rd	49.06	District	6	3		
2017	Winter Track			55m Hurdles	4th	9.76	District	4	3		
2017	Winter Track			Long Jump	5th	15-8.50	District	2	3		
2017	Spring Track			Long Jump	5th	15-11.75	District	2	3		
<b>TOTAL</b>									<b>57</b>		
99	Watson, Kathy	1988	CC	Cross Country	13th		State		6		
		1988	Spring Track	3200m Run	2nd	11:38.7h	District	8	4		
		1988	Winter Track	1600m Run	2nd	5:25.28	District	8	4		
		1988	Winter Track	3200m Run	2nd	11:40.40	District	8	4		
		1987	Winter Track	3200m Run	2nd	11:44.0h	District	8	4		
		1988	Winter Track	3200m Run	5th	11:33.50	Region	2	4		
		1989	Winter Track	3200m Run	4th	11:13.80	Region	4	4		
		1987	CC	Cross Country	3rd		District		3		
		1988	CC	Cross Country	5th		District		3		
		1987	CC	Cross Country	15th		Regional		3		
		1988	CC	Cross Country	9th		Regional		3		
		1989	Spring Track	3200m Run	5th	11:32.0h	District	2	3		
		1989	Spring Track	1600m Run	4th	5:21.5h	District	4	3		
		1988	Spring Track	1600m Run	3rd	5:28.4h	District	6	3		
		1989	Winter Track	1600m Run	4th	5:20.00	District	4	3		
		1989	Winter Track	3200m Run	3rd	11:36.2h	District	6	3		
		<b>TOTAL</b>									<b>57</b>
		101	Darryberry, Donna	1984	Spring Track	Long Jump	2nd	15-03.25	District	8	4
				1984	Winter Track	300m Dash	2nd	44.2h	District	8	4
1984	Winter Track			500m Dash	2nd	1:24.6h	District	8	4		
1984	Winter Track			Long Jump	2nd	15-07.75	District	8	4		
1984	Spring Track			200m Dash	5th	27.8h	District	2	3		
1984	Spring Track			400m Dash	5th	1:02.5h	District	2	3		
1983	Spring Track			400m Dash	4th	1:02.50	District	4	3		
1983	Spring Track			Long Jump	3rd	15-03.50	District	6	3		
1983	Winter Track			300m Dash	3rd	NT	District	6	3		
1983	Winter Track			500m Dash	3rd	1:23.6h	District	6	3		
1983	CC			Cross Country	10th		District		2		
1983	Indoor Track			1000m Run		3:13.0	CHS Record		5		

	1984	Indoor Track	Long Jump		15-09.50	CHS Record	5		
	1984	Spring Track	300m Hurdles		49.3h	CHS Record	5		
	1984	Spring Track	Long Jump		15-10.00	CHS Record	5		
								<b>TOTAL 56</b>	
101	<b>Maye, Felicia</b>	1983	Spring Track	Shot Put	Champion	32-01.50	District	10	6
		1984	Spring Track	Discus	Champion	102-03.00	District	10	6
		1983	Spring Track	Discus	Champion	94-04.50	District	10	6
		1983	Winter Track	Shot Put	Champion	34-06.50	District	10	6
		1984	Winter Track	Shot Put	Champion	32-09.25	District	10	6
		1984	Spring Track	Discus	3rd	121-10.00	Region	6	4
		1984	Winter Track	Shot Put	3rd	33-06.25	Region	6	4
		1984	Spring Track	Shot Put	3rd	30-02.25	District	6	3
		1983	Indoor Track	Shot Put		34-6.50	CHS Record		5
		1983	Spring Track	Shot Put		33-10.00	CHS Record		5
		1984	Spring Track	Discus		121-10.00	CHS Record		5
									<b>TOTAL 56</b>
101	<b>Schnarrs, James</b>	2005	Spring Track	Long Jump	Champion	21-02.50	District	10	6
		2004	Winter Track	4x200m	Champion	1:35.27	District	10	6
		2004	Spring Track	4x100m	Champion	44.86	District	10	6
		2005	Spring Track	4x100m	Champion	44.02	District	10	6
		2004	Winter Track	4x200m	5th	1:36.44	Region	2	4
		2005	Spring Track	4x100m	6th	43.73	Region	3	4
		2005	Spring Track	4x400m	8th	3:32.22	Region	1	4
		2005	Spring Track	200m Dash	4th	23.26	District	4	3
		2004	Spring Track	200m Dash	4th	23.53	District	4	3
		2004	Spring Track	Long Jump	3rd	20-01.75	District	6	3
		2004	Winter Track	Long Jump	5th	19-10.00	District	2	3
		2004	Winter Track	Triple Jump	5th	39-02.50	District	2	3
		2003	Winter Track	Long Jump	4th	19-07.00	District	4	3
		2004	Winter Track	55m Dash	3rd	6.78	District	6	3
		2004	Winter Track	300m Dash	3rd	37.65	District	6	3
		2003	Winter Track	4x200m	3rd	1:36.53	District	6	3
		2004	Spring Track	4x400m	3rd	3:33.05	District	6	3
									<b>TOTAL 56</b>
104	<b>Allamby, Josephine Still Active</b>	2018	Winter Track	High Jump	7th	5-2.00	State	2	8
		2018	Spring Track	High Jump	8th	5-0.00	State	0.5	8
		2018	Spring Track	High Jump	2nd	5-3.00	Region	8	8
		2017	Winter Track	High Jump	Champion	5-2.00	District	10	6
		2018	Spring Track	High Jump	Champion	5-0.00	District	10	6
		2018	Winter Track	High Jump	5th	5-2.50	Region	4	4
		2018	Winter Track	High Jump	2nd	5-0.00	District	8	4
		2018	Winter Track	Pole Vault	2nd	6-6.00	District	7	4
		2017	Spring Track	High Jump	3rd	5-1.00	District	6	3
		2016	Winter Track	High Jump	4th	4-8.00	District	4	3
									<b>TOTAL 54</b>
104	<b>Hawvermale, Xaveria</b>	2014	Spring Track	3200m Run	4th	10:56.18	State	5	8
		2013	Cross Country	Cross Country	10th	18:23.00	State		6
		2013	Spring Track	4x800m	6th	9:57.89	Region	3	4
		2014	Spring Track	3200m Run	4th	10:50.31	Region	5	4
		2014	Winter Track	1600m Run	7th	5:12.09	Region	2	4
		2014	Spring Track	4x800m	8th	9:39.12	Region	1	4
		2014	Winter Track	3200m Run	4th	11:06.47	District	4	3
		2014	Winter Track	1600m Run	6th	5:09.33	District	1	3
		2013	Cross Country	Cross Country	17th	18:11.00	Region		2
		2013	Cross Country	Cross Country	7th	18:19.00	District		2
		2013	Cross Country		2nd Team		All-Met		5
		2014	Spring Track	3200m Run	3rd	11:08.25	District	6	3
		2014	Spring Track	4x800m	3rd	9:40.86	District	6	3

	2013	Spring Track		Hon Men		All-Met		3	
							<b>TOTAL</b>	<b>54</b>	
104	<b>Urrutia, Bussy</b>	2008	Winter Track	300m	Champion	36.64	District	10	6
		2008	Spring Track	100m	2nd	11.52	District	8	4
		2008	Spring Track	200m	2nd	23.26	District	8	4
		2008	Spring Track	100m Dash	6th	11.29	Region	3	4
		2008	Spring Track	200m Dash	3rd	22.41	Region	6	4
		2008	Winter Track	55m	2nd	6.69	District	8	4
		2008	Winter Track	300m Dash	6th	36.54	Region	3	4
		2008	Winter Track	55m Dash	3rd	6.64	Region	6	4
		2007	Winter Track	4x200m	2nd	1:35.83	District	8	4
		2007	Winter Track	4x200m	6th	1:35.59	Region	3	4
		2006	Spring Track	200m	6th	24.12	District	1	3
		2007	Spring Track	200m	5th	23.34	District	2	3
		2008	Winter Track	4x200m	3rd	1:35.48	District	6	3
		2007	Spring Track	4x100m	3rd	45.03	District	6	3
							<b>TOTAL</b>	<b>54</b>	
107	<b>Bessette, Susan</b>	1985	Winter Track	4x400m	Champion	4:22.5	District	10	6
		1986	Winter Track	4x200m	Champion	1:51.1	District	10	6
		1985	Spring Track	4x400m	Champion	4:14.1	District	10	6
		1985	Spring Track	100m Hurdles	2nd	16.7h	District	8	4
		1986	Spring Track	300m Hurdles	2nd	47.0h	District	8	4
		1985	Winter Track	55m Hurdles	2nd	9.0h	District	8	4
		1986	Winter Track	55m Hurdles	2nd	9.1h	District	8	4
		1984	Spring Track	100m Hurdles	3rd	16.2h	District	6	3
		1986	Spring Track	100m Hurdles	3rd	16.4h	District	6	3
		1985	Spring Track	300m Hurdles	3rd	48.4h	District	6	3
		1985	Winter Track	500m Dash	4th	1:25.9h	District	4	3
		1982	Cross Country	Cross Country	13th		District		2
		1986	Spring Track	300m Hurdles		46.70	CHS Record		5
							<b>TOTAL</b>	<b>53</b>	
107	<b>Davidson, Colleen</b>	2014	Spring Track	300m Hurdles	Champion	45.24	Region	10	12
						46.93f/			
		2014	Spring Track	300m Hurdles	Champion	46.84p	District	10	6
		2015	Winter Track	500m Dash	Champion	1:20.05	District	10	6
		2014	Spring Track	4x400m	6th	4:01.64	Region	3	4
		2014	Winter Track	4x400m	8th	4:14.78	Region	1	4
		2014	Spring Track	4x400m	2nd	4:08.02	District	8	4
		2015	Winter Track	500m Dash	6th	1:19.83	Region	3	4
						49.32f/			
		2015	Spring Track	300m Hurdles	2nd	49.20p	District	8	4
		2014	Winter Track	300m Dash	5th	43.41	District	2	3
		2015	Winter Track	300m Dash	5th	44.11	District	2	3
		2014	Winter Track	4x400m	3rd	4:18.24	District	6	3
							<b>TOTAL</b>	<b>53</b>	
107	<b>Giles, Bridgett</b>	1997	Winter Track	4x200m	2nd	1:49.97	Region	8	8
		1997	Winter Track	4x200m	7th	1:49.91	State	2	8
		1997	Spring Track	100m Dash	Champion	12.8h	District	10	6
		1994	Spring Track	100m Dash	Champion	12.7h	District	10	6
		1997	Spring Track	100m Dash	6th	13.32	Region	1	4
		1997	Winter Track	55m Dash	2nd	7.55	District	8	4
		1997	Winter Track	55m Dash	5th	7.4h	Region	2	4
		1994	Winter Track	55m Dash	2nd	7.79	District	8	4
		1997	Spring Track	200m Dash	5th	26.7h	District	2	3
		1997	Winter Track	300m Dash	5th	44.60	District	2	3
		1994	Spring Track	200m Dash	5th	26.7h	District	2	3
							<b>TOTAL</b>	<b>53</b>	
107	<b>Harrell, Bryan</b>	1994	Spring Track	4x800m	Champion	7:58.78	Region	10	12
		1994	Winter Track	1000m Run	Champion	2:38.74	District	10	6



1993	Winter Track	1000m Run	Champion	2:44.24	District	10	6
1993	Winter Track	4x800m	Champion	8:18.07	District	10	6
1994	Spring Track	800m Run	2nd	1:58.8h	District	8	4
1993	Winter Track	1000m Run	6th	2:40.30	Region	1	4
1994	Winter Track	1000m Run	5th	2:39.04	Region	2	4
1993	Cross Country	Cross Country	6th		District		3
1993	Spring Track	1600m Run	5th	4:33.2h	District	2	3
1992	Winter Track	1600m Run	6th	4:52.60	District	1	3
1992	Cross Country	Cross Country	14th		District		2

**TOTAL 53**

111 **Duran-Diaz, Jonathan**  
**Eligible in 2021**

2018	Winter Track	4x200m	2nd	1:34.79	Region	8	8
2018	Spring Track	400m Dash	Champion	52.50	District	10	6
2018	Winter Track	4x400m	Champion	3:38.04	District	10	6
2018	Winter Track	4x400m	6th	3:37.57	District	3	4
2017	Spring Track	4x400m	6th	3:24.62	Region	3	4
2018	Spring Track	4x400m	7th	3:33.53	Region	2	4
2018	Spring Track	400m Dash	8th	52.10	Region	2	4
2018	Spring Track	4x400m	2nd	3:36.20	District	8	4
2017	Spring Track	4x400m	2nd	3:29.78	District	8	4
2018	Winter Track	500m Dash	2nd	1:09.79	District	8	4
2018	Winter Track	300m Dash	6th	38.19	District	1	3

**TOTAL 51**

111 **Guinn, Julia**

1986	Winter Track	4x800m	2nd	9:35.61	Nationals		20
1986	Cross Country	Cross Country	4th		District		4
1986	Winter Track	3200m Run	2nd	12:38.0h	District	8	4
1985	Cross Country	Cross Country	6th		District		3
1985	Spring Track	1600m Run	6th	5:59.2h	District	1	3
1987	Spring Track	800m Run	5th	2:29.8h	District	2	3
1986	Spring Track	1600m Run	4th	5:22.1h	District	4	3
1986	Spring Track	3200m Run	4th	11:56.8h	District	4	3
1985	Winter Track	1000m Run	6th	3:38.0h	District	1	3
1986	Winter Track	1600m Run	3rd	5:34.5h	District	6	3
1984	Cross Country	Cross Country	13th		District		2

**TOTAL 51**

111 **Nguyen, Eric**

2013	Spring Track	Pole Vault	5th	13-3.00	State	3.5	8
2013	Spring Track	Pole Vault	Champion	13-0.00	District	10	6
2013	Winter Track	Pole Vault	2nd	13-3.00	District	8	4
2013	Winter Track	55m Hurdles	2nd	8.28	District	8	4
2013	Winter Track	Pole Vault	5th	13-9.00	Region	4	4
2013	Spring Track	Pole Vault	5th	13-0.00	Region	4	4
2011	Winter Track	55m Hurdles	3rd	8.97	District	6	3
2011	Spring Track	110m Hurdles	3rd	16.84	District	6	3
2012	Winter Track	55m Hurdles	5th	8.45	District	2	3
2011	Spring Track	Pole Vault	6th	11-0.00	District	1	3
2012	Spring Track	110m Hurdles	5th	16.46	District	2	3
2013	Spring Track	110m Hurdles	3rd	13.3	District	6	3
2013	Spring Track	300m Hurdles	5th	42.28	District	2	3

**TOTAL 51**

114 **Han, Alice**  
**Eligible in 2021**

2018	Spring Track	4x100m	Champion	51.37	District	10	6
2018	Spring Track	Long Jump	6th	16-2.5	Region	3	4
2018	Spring Track	4x100m	7th	51.38	Region	2	4
2015	Spring Track	Long Jump	2nd	15-7.25	District	8	4
2018	Winter Track	Long Jump	2nd	16-4.5	District	8	4
2016	Winter Track	4x200m	2nd	1:49.13	District	8	4
2016	Spring Track	4x100m	3rd	51.27	District	6	3
2017	Winter Track	Long Jump	3rd	15-10.5	District	6	3
2018	Spring Track	Long Jump	3rd	16-3.25	District	6	3

					13.39f/				
		2018	Spring Track	100m Dash	3rd	13.33p	District	6	3
		2016	Spring Track	Long Jump	5th	15-3.75	District	2	3
		2015	Spring Track	100m Dash	6th	13.32p	District	1	3
		2016	Winter Track	55m Dash	6th	7.60	District	1	3
		2016	Winter Track	Long Jump	6th	15-1.50	District	1	3
									<b>TOTAL</b>
									<b>50</b>
114	<b>Ransom, Miles</b>	2012	Winter Track	55m Hurdles	Champion	8.09f/8.05s	District	10	6
		2012	Winter Track	High Jump	Champion	6-1.00	District	10	6
		2011	Winter Track	55m Hurdles	Champion	8.30	District	10	6
		2011	Spring Track	110m Hurdles	Champion	15.74	District	10	6
		2012	Winter Track	High Jump	3rd	6-1.00	Region	7	4
		2012	Winter Track	55m Hurdles	4th	7.94f/7.87s	Region	5	4
		2011	Winter Track	High Jump	6th	5-10.00	Region	3	4
		2012	Spring Track	110m Hurdles	5th	15.14	Region	3	4
		2012	Spring Track	110m Hurdles	2nd	15.50	District	8	4
		2011	Winter Track	High Jump	3rd	6-1.00	District	6	3
		2010	Spring Track	110m Hurdles	4th	16.09	District	4	3
									<b>TOTAL</b>
									<b>50</b>
114	<b>Toole, Megan</b>	2013	Winter Track	4x800m	5th	9:30.57	State	4	8
		2013	Winter Track	4x800m	2nd	9:33.45	Region	8	8
		2011	Winter Track	4x800m	Champion	9:54.98	District	10	6
		2013	Winter Track	4x800m	2nd	9:57.40	District	8	4
		2011	Winter Track	4x800m	3rd	9:44.64	Region	6	4
		2014	Spring Track	4x400m	2nd	4:08.02	District	8	4
		2014	Spring Track	4x800m	8th	9:39.12	Region	1	4
		2011	Winter Track	1600m Run	6th	5:32.00	District	1	3
		2011	Spring Track	4x800m	3rd	9:37.77	District	6	3
		2014	Spring Track	4x800m	3rd	9:40.86	District	6	3
		2014	Spring Track	800m Run	4th	2:27.62	District	4	3
									<b>TOTAL</b>
									<b>50</b>
117	<b>Horn, Jason</b>	1994	Spring Track	4x800m	Champion	7:58.78	Region	10	12
		1995	Winter Track	4x800m	5th	8:05.87	State	4	8
		1995	Winter Track	4x400m	6th	3:28.68	State	3	8
		1996	Spring Track	4x800m	Champion	8:12.7	District	10	6
		1996	Spring Track	800m Run	4th	2:02.2h	District	4	3
		1995	Winter Track	500m Dash	6th	1:11.00	District	1	3
		1996	Winter Track	500m Dash	5th	1:11.3h	District	2	3
		1995	Winter Track	1000m Run	4th	2:42.30	District	4	3
		1996	Winter Track	1000m Run	4th	2:45.2h	District	4	3
									<b>TOTAL</b>
									<b>49</b>
118	<b>Dews, Jaiviah</b> <b>Eligible in 2020</b>	2017	Spring Track	4x100m	6th	45.81	State	3	8
		2017	Winter Track	Long Jump	Champion	16-10.5	District	10	6
		2017	Spring Track	4x100m	Champion	49.50	District	10	6
		2017	Spring Track	100m Dash	3rd	12.26	Region	6	4
		2017	Spring Track	4x100m	4th	49.00	Region	5	4
		2017	Winter Track	Long Jump	4th	16-8.75	Region	5	4
		2017	Spring Track	200m Dash	8th	26.13	Region	1	4
		2017	Spring Track	100m Dash	2nd	12.10	District	8	4
		2017	Spring Track	200m Dash	2nd	25.96	District	8	4
		2017	Winter Track	55m Dash	3rd	7.51f/7.45p	District	4	3
									<b>TOTAL</b>
									<b>47</b>
118	<b>Nance, Alicia</b>	1993	Spring Track	100m Hurdles	Champion	16.3h	District	10	6
		1994	Spring Track	100m Hurdles	Champion	16.4h	District	10	6
		1994	Winter Track	55m Hurdles	Champion	9.31	District	10	6
		1993	Spring Track	300m Hurdles	2nd	47.6h	District	8	4
		1994	Spring Track	300m Hurdles	2nd	47.9h	District	8	4
		1992	Spring Track	300m Hurdles	5th	52.4h	District	2	3
		1993	Spring Track	High Jump	5th	4-08.00	District	2	3

	1994	Winter Track	300m Dash	6th	45.64	District	1	3		
	1994	Winter Track	55m Dash	5th	8.01	District	2	3		
	1994	Winter Track	Triple Jump	4th	31-08.75	District	4	3		
	1993	Winter Track	300m Dash	3rd	44.71	District	6	3		
	1993	Winter Track	55m Hurdles	3rd	9.29	District	6	3		
								<b>TOTAL</b>	<b>47</b>	
118	<b>Soleau, Brandon</b>	1992	Winter Track	1000m Run	2nd	2:35.07	State	8	12	
		1992	Winter Track	1000m Run	2nd	2:35.91	Region	8	8	
		1992	Spring Track	800m Run	Champion	1:57.4h	District	10	6	
		1992	Winter Track	1000m Run	Champion	2:35.53	District	10	6	
		1991	Winter Track	1000m Run	2nd	2:45.04	District	8	4	
		1991	Cross Country	Cross Country	7th		District		3	
		1990	Cross Country	Cross Country	10th		District		2	
		1991	Winter Track	4x800m	Champion	8:38.49	District	10	6	
									<b>TOTAL</b>	<b>47</b>
121	<b>Boehlert, Hannah</b>	2015	Spring Track	High Jump	Champion	5-0.00	District	10	6	
		2015	Winter Track	High Jump	4th	5-0.00	Region	5	4	
		2016	Winter Track	High Jump	2nd	5-0.00	District	8	4	
		2016	Winter Track	High Jump	8th	5-0.00	Region	1	4	
		2016	Spring Track	High Jump	2nd	5-1.00	District	8	4	
		2015	Winter Track	High Jump	3rd	5-0.00	District	6	3	
		2013	Spring Track	High Jump	6th	4-10.00	District	1	3	
		2014	Winter Track	High Jump	5th	4-8.00	District	2	3	
		2014	Spring Track	High Jump	4th	4-10.00	District	4	3	
		2016	Winter Track	Long Jump	4th	32-4.50	District	4	3	
		2016	Spring Track	Triple Jump	4th	32-4.00	District	4	3	
		2015	Spring Track	Triple Jump	5th	31-10.00	District	2	3	
		2016	Spring Track	4x100m	3rd	51.27	District	6	3	
									<b>TOTAL</b>	<b>46</b>
122	<b>Casey, Mary</b>	2004	Winter Track	55m	6th	7.82	District	1	3	
		2003	Winter Track	300m	6th	43.81	District	1	3	
		2006	Winter Track	300m	6th	44.04	District	1	3	
		2004	Winter Track	Long Jump	5th	14-09.50	District	2	3	
		2006	Winter Track	Triple Jump	3rd	31-10.75	District	6	3	
		2004	Winter Track	4x200m	4th	1:46.13	State	5	8	
		2004	Winter Track	4x200m	Champion	1:47.18	District	10	6	
		2003	Winter Track	4x200m	2nd	1:50.07	District	8	4	
		2004	Winter Track	4x200m	4th	1:50.47	Region	4	4	
		2005	Winter Track	4x200m	3rd	1:48.38	Region	6	4	
		2005	Winter Track	4x400m	5th	4:08.97	Region	2	4	
									<b>TOTAL</b>	<b>45</b>
122	<b>Drake, Derek</b>	1993	Spring Track	110m Hurdles	Champion	15.3h	District	10	6	
		1992	Spring Track	300m Hurdles	2nd	42.7h	District	8	4	
		1992	Winter Track	55m Hurdles	2nd	8.80	District	6	4	
		1993	Winter Track	55m Hurdles	5th	8.10	Region	2	4	
		1993	Spring Track	High Jump	5th	5-08.00	District	2	3	
		1993	Spring Track	Pole Vault	4th	12-00.00	District	4	3	
		1993	Spring Track	300m Hurdles	3rd	41.4h	District	6	3	
		1992	Spring Track	Pole Vault	3rd	11-06.00	District	6	3	
		1993	Spring Track	Triple Jump	3rd	42-03.50	District	6	3	
		1992	Winter Track	High Jump	5th	5-04.00	District	2	3	
		1993	Winter Track	Pole Vault	5th	11-00.00	District	2	3	
		1993	Winter Track	55m Hurdles	3rd	8.31	District	6	3	
		1993	Winter Track	High Jump	3rd	5-08.00	District	6	3	
									<b>TOTAL</b>	<b>45</b>
122	<b>Henderson, Herson</b>	1986	Winter Track	500m Dash	6th	1:07.50	State	1	8	
		1987	Winter Track	55m Hurdles	Champion	7.97	District	10	6	
		1986	Winter Track	500m Dash	2nd	1:07.4h	District	8	4	
		1986	Winter Track	55m Hurdles	5th	8.00	Region	2	4	

	1986	Winter Track	500m Dash	3rd	1:08.10	Region	6	4	
	1986	Winter Track	55m Hurdles	5th	8.2h	District	2	3	
	1987	Winter Track	55m Dash	3rd	6.89	District	6	3	
	1986	Winter Track	300m Dash	3rd	36.1h	District	6	3	
	1986	Indoor Track	300m Dash		36.34	CHS Record		5	
	1986	Indoor Track	500m Dash		1:07.50	CHS Record		5	
								<b>TOTAL 45</b>	
122	Igbokwe, Julianne	2016	Spring Track	Shot Put	6th	38-2.50	State	3	8
		2015	Spring Track	Shot Put	4th	37-3.50	Region	5	4
		2016	Winter Track	Shot Put	6th	34-5.50	Region	3	4
		2016	Spring Track	Shot Put	7th	37-4.50	Region	2	4
		2016	Winter Track	Shot Put	2nd	34-10.00	District	8	4
		2016	Spring Track	Shot Put	4th	36-6.25	District	4	3
		2016	Spring Track	Discus	3rd	102-6.00	District	6	3
		2015	Winter Track	Shot Put	3rd	34-11.75	District	6	3
		2014	Spring Track	Shot Put	5th	32-1.75	District	2	3
		2014	Winter Track	Shot Put	3rd	31-5.00	District	6	3
		2015	Spring Track	Shot Put	3rd	34-4.25	District	6	3
		2015	Spring Track	Discus	3rd	92-9.00	District	6	3
									<b>TOTAL 45</b>
122	Williams, Tracy	2000	Cross Country	Cross Country	11th		State		6
		2000	Cross Country	Cross Country	4th		Regional		4
		2001	Spring Track	3200m Run	2nd	11:37.98	District	8	4
		2001	Spring Track	3200m Run	5th	11:25.86	Region	2	4
		1999	Cross Country	Cross Country	7th		District		3
		2000	Cross Country	Cross Country	4th		District		3
		2000	Spring Track	800m Run	6th	2:26.08	District	1	3
		2000	Spring Track	1600m Run	4th	5:15.35	District	4	3
		2001	Spring Track	1600m Run	4th	5:18.52	District	4	3
		2000	Winter Track	500m Dash	6th	1:27.56	District	1	3
		2001	Winter Track	1000m Run	4th	3:13.25	District	4	3
		2001	Winter Track	1600m Run	3rd	5:30.49	District	6	3
		2000	Cross Country		Hon Men		All-Met		3
									<b>TOTAL 45</b>
127	Cantrell, Kyle	2009	Winter Track	4x400m	Champion	3:35.39	District	10	6
		2009	Spring Track	Pole Vault	2nd	12-06.00	District	8	4
		2008	Spring Track	Pole Vault	7th	12-00.00	Region	1.5	4
		2009	Spring Track	Pole Vault	6th	13-00.00	Region	3	4
		2009	Winter Track	Pole Vault	2nd	12-06.00	District	8	4
		2009	Winter Track	Pole Vault	5th	13-00.00	Region	4	4
		2008	Winter Track	Pole Vault	4th	12-00.00	Region	4.5	4
		2009	Winter Track	4x400m	4th	3:33.00	Region	5	4
		2009	Winter Track	4x200m	6th	1:35.08	Region	3	4
		2008	Spring Track	Pole Vault	5th	11-06.00	District	2	3
		2009	Winter Track	500m Dash	5th	1:11.33	District	2	3
									<b>TOTAL 44</b>
127	Daneshmand, Arvin	2014	Winter Track	4x400m	6th	3:28.78	State	3	8
		2014	Spring Track	4x400m	8th	3:24.26	State	1	8
		2014	Winter Track	4x400m	Champion	3:30.59	District	10	6
		2014	Winter Track	4x400m	5th	3:31.60	Region	4	4
		2014	Winter Track	55m Hurdles	7th	8.22f/8.14p	Region	2	4
		2014	Spring Track	4x400m	7th	3:25.67	Region	1	4
		2014	Spring Track	4x100m	5th	43.64	Region	4	4
		2013	Spring Track	300m Hurdles	6th	43.64f/ 42.2	District	1	3
		2014	Winter Track	55m Hurdles	4th	8.41	District	4	3
									<b>TOTAL 44</b>
127	Reinhardt, Rachel	2011	Spring Track	4x100m	2nd	50.69	Region	8	8
		2011	Winter Track	4x200m	2nd	1:35.08	Region	8	8

		2011	Spring Track	4x100m	Champion	50.34	District	10	6	
		2011	Winter Track	4x200m	2nd	1:52.20	District	8	4	
		2013	Spring Track	4x100m	2nd	50.76	District	8	4	
		2013	Spring Track	4x400m	8th	4:14.02	Region	1	4	
		2013	Spring Track	4x100m	8th	50.89	Region	1	4	
		2012	Spring Track	4x100m	3rd	51.51	District	6	3	
		2012	Spring Track	4x100m	3rd	4:17.25	District	6	3	
									<b>TOTAL</b>	<b>44</b>
127	<b>Wroebel, Mike</b>	1997	Winter Track	55m Hurdles	2nd	8.37	District	8	4	
		1996	Winter Track	High Jump	2nd	5-08.00	District	8	4	
		1997	Winter Track	Long Jump	2nd	20-02.50	District	8	4	
		1996	Winter Track	High Jump	6th	5-10.00	Region	1	4	
		1996	Winter Track	Long Jump	6th	20-09.75	Region	1	4	
		1997	Spring Track	Triple Jump	5th	40-05.00	District	2	3	
		1996	Spring Track	Triple Jump	4th	40-10.50	District	4	3	
		1997	Spring Track	Long Jump	3rd	21-03.75	District	6	3	
		1996	Spring Track	Long Jump	3rd	21-00.25	District	6	3	
		1996	Winter Track	Long Jump	5th	19-03.00	District	2	3	
		1997	Winter Track	Triple Jump	4th	39-03.50	District	4	3	
		1997	Winter Track	High Jump	3rd	5-10.00	District	6	3	
		1996	Winter Track	Triple Jump	3rd	39-11.75	District	6	3	
									<b>TOTAL</b>	<b>44</b>
131	<b>Chapman, Colleen</b>	1996	Winter Track	4x800m	2nd	9:32.61	State	8	12	
		1997	Winter Track	4x800m	7th	9:42.35	State	2	8	
		1995	Winter Track	4x800m	Champion	10:25.0	District	10	6	
		1997	Winter Track	4x800m	4th	9:45.70	Region	4	4	
		1994	Spring Track	3200m Run	5th	12:25.1h	District	2	3	
		1994	Spring Track	1600m Run	4th	5:35.8h	District	4	3	
		1994	Winter Track	1600m Run	5th	5:48.44	District	2	3	
		1993	Cross Country	Cross Country	10th		District		2	
		1994	Cross Country	Cross Country	9th		District		2	
									<b>TOTAL</b>	<b>43</b>
131	<b>Grochowski, Rachel</b>	2010	Winter Track	1600m Run	4th	5:16.39	Region	5	4	
		2010	Winter Track	1000m Run	7th	3:07.54	Region	2	4	
		2010	Winter Track	1000m Run	2nd	3:11.71	District	8	4	
		2010	Spring Track	4x800m	7th	9:57.77	Region	2	4	
		2009	Cross Country	Cross Country	3rd		District		3	
		2008	Cross Country	Cross Country	6th		District		3	
		2010	Winter Track	1600m Run	4th	5:17.61	District	4	3	
		2010	Spring Track	1600m Run	4th	5:20.23	District	4	3	
		2010	Spring Track	3200m Run	5th	11:44.65	District	2	3	
		2010	Winter Track	3200m Run	5th	11:47.81	District	2	3	
		2009	Winter Track	3200m Run	6th	11:45.18	District	1	3	
		2009	Winter Track	1000m Run	6th	3:10.89	District	1	3	
		2010	Spring Track	4x800m	3rd	9:37.96	District	6	3	
									<b>TOTAL</b>	<b>43</b>
131	<b>Harper, Mark</b>	2017	Winter Track	Shot Put	8th	47' 9.25"	State	1	8	
	<b>Eligible in 2020</b>	2016	Winter Track	Shot Put	Champion	49-0.5	District	10	6	
		2017	Spring Track	Shot Put	Champion	47-7.5	District	10	6	
		2017	Spring Track	Shot Put	4th	49-9	Region	5	4	
		2016	Spring Track	Shot Put	5th	46-4.5	Region	4	4	
		2017	Winter Track	Shot Put	7th	47-6.5	Region	2	4	
		2016	Winter Track	Shot Put	2nd	44-5	District	8	4	
		2017	Spring Track	Discus	2nd	124-8.00	District	8	4	
		2016	Spring Track	Shot Put	3rd	43-11	District	1	3	
									<b>TOTAL</b>	<b>43</b>
131	<b>Recto, Julia</b>	2017	Spring Track	4x100m	6th	45.81	State	3	8	
	<b>Eligible in 2020</b>	2017	Spring Track	4x100m	Champion	49.50	District	10	6	

		2017	Spring Track	4x100m	4th	49.00	Region	5	4	
		2017	Spring Track	Triple Jump	4th	37-0.75	Region	5	4	
		2017	Winter Track	Triple Jump	2nd	33-11.25	District	8	4	
		2017	Winter Track	4x400m	2nd	4:11.31	District	8	4	
		2017	Spring Track	Triple Jump	2nd	36-6.5	District	8	4	
		2017	Winter Track	High Jump	4th	4-10.00	District	4	3	
		2017	Winter Track	Long Jump	4th	15-9.25	Region	4	3	
		2017	Winter Track	300m Dash	5th	9:36.00	District	2	3	
									<b>TOTAL</b>	<b>43</b>
135	<b>Carter-Ogden, Ruby Still Active</b>	2018	Spring Track	4x400m	8th	4:01.59	State	1	8	
		2018	Winter Track	4x400m	Champion	4:13.25	District	10	6	
		2018	Spring Track	4x400m	Champion	4:10.43	District	10	6	
		2017	Spring Track	4x800m	5th	9:34.29	Region	3	4	
		2018	Winter Track	4x800m	6th	9:58.62	Region	3	4	
		2018	Winter Track	4x800m	2nd	9:54.69	District	8	4	
		2018	Spring Track	4x400m	3rd	4:03.29	Region	6	4	
		2018	Winter Track	500m Dash	5th	1:23.69	District	2	3	
		2018	Spring Track	400m Dash	5th	1:03.46	District	2	3	
									<b>TOTAL</b>	<b>42</b>
135	<b>Recto, Eason</b>	2014	Winter Track	4x200m	4th	1:32.14	State	5	8	
		2014	Winter Track	55m Dash	8th	6.64f/6.57p	State	1	8	
		2013	Winter Track	55m Dash	Champion	6.58	District	10	6	
		2014	Winter Track	55m Dash	3rd	6.58	Region	6	4	
		2014	Winter Track	4x200m	5th	1:34.92	Region	4	4	
		2014	Winter Track	4x200m	3rd	1:34.87	District	6	3	
		2014	Winter Track	300m Dash	4th	37.13	District	4	3	
		2013	Winter Track	55m Dash	5th	6.85	District	2	3	
		2013	Winter Track	Triple Jump	6th	39-8.25	District	1	3	
									<b>TOTAL</b>	<b>42</b>
135	<b>Robinson, Mark Still Active</b>	2016	Winter Track	4x200m	Champion	1:32.68	Region	10	12	
		2017	Winter Track	4x400m	6th	3:28.89	State	3	8	
		2016	Winter Track	4x200m	Champion	1:32.67	District	10	6	
		2017	Winter Track	4x400m	6th	3:32.63	Region	3	4	
		2017	Winter Track	4x200m	2nd	1:35.12	District	8	4	
		2016	Spring Track	4x100m	2nd	44.24	District	8	4	
		2017	Spring Track	4x100m	2nd	43.92	District	8	4	
									<b>TOTAL</b>	<b>42</b>
135	<b>Sakallah, Faris</b>	2013	Winter Track	4 x 1 Mile Relay	6th	17:34.57	Nationals		12	
		2013	Winter Track	1600m Run	7th	4:27.72	Region		4	
		2012	Spring Track	3200m Run	3rd	9:45.83	District	6	3	
		2013	Spring Track	3200m Run	3rd	9:35.38	District	6	3	
		2013	Winter Track	1600m Run	5th	4:27.66	District	2	3	
		2013	Winter Track	3200m Run	5th	9:33.36	District	2	3	
		2011	Cross Country	Cross Country	4th	15:45.0	District		3	
		2012	Cross Country	Cross Country	8th	15:30.0	Region		3	
		2012	Cross Country		Hon Men		All-Met		3	
		2012	Spring Track	4x800m	3rd	8:02.79	District	6	3	
		2011	Cross Country	Cross Country	8th		District		2	
									<b>TOTAL</b>	<b>42</b>
139	<b>Eastman, Cush</b>	2016	Spring Track	800m Sprint Med	6th	1:32.48	Nationals		12	
		2016	Spring Track	4x100m	7th	42.89	State	2	8	
		2016	Spring Track	100m Dash	5th	10.94	Region	4	4	
		2016	Spring Track	100m Dash	2nd	10.99	District	8	4	
		2016	Spring Track	4x100m	2nd	44.24	District	8	4	
		2016	Spring Track	Long Jump	3rd	20-4.25	District	6	3	
		2016	Spring Track	200m Dash	4th	22.93	District	2	3	
		2016	Spring Track	High Jump	6th	5-8.00	District	1	3	
									<b>TOTAL</b>	<b>41</b>
139	<b>Hatcher, Bryant</b>	1986	Spring Track	100m Dash	2nd	11.16	Region	8	8	

	1986	Spring Track	100m Dash	2nd	11.0h	District	8	4	
	1986	Spring Track	200m Dash	2nd	22.5h	District	8	4	
	1986	Winter Track	55m Dash	2nd	6.6h	District	8	4	
	1983	Spring Track	100m Dash	6th	11.8h	District	1	3	
	1986	Spring Track	300m Hurdles	3rd	41.3h	District	6	3	
	1989	Indoor Track	55m Dash		6.74	CHS Record		5	
	1986	Spring Track	100m Dash		10.5h	CHS Record		5	
	1986	Spring Track	200m Dash		22.5h	CHS Record		5	
							<b>TOTAL</b>	<b>41</b>	
139	<b>Kohn, Mike</b>	1990	Winter Track	300m Dash	2nd	36.07	Region	8	8
		1990	Spring Track	100m Dash	Champion	11.0h	District	10	6
		1990	Winter Track	300m Dash	Champion	37.21	District	10	6
		1990	Winter Track	4x400m	Champion	3:37.56	District	10	6
		1990	Spring Track	200m Dash	2nd	23.0h	District	8	4
		1990	Spring Track	400m Dash	2nd	51.5h	District	8	4
		1990	Spring Track	400m Dash	6th	50.54	Region	1	4
		1990	Winter Track	55m Dash	6th	7.24	District	1	3
							<b>TOTAL</b>	<b>41</b>	
139	<b>Trevino, Kristina</b>	2003	Winter Track	1600m Run	6th	05:22.7	Nationals		12
		2003	Winter Track	3200m Run	5th	11:27.69	State	4th	8
		2003	Winter Track	3200m Run	2nd	11:57.89	District	8	4
		2003	Winter Track	3200m Run	6th	11:39.52	Region	1	4
		2005	Winter Track	3200m Run	7th	11:47.28	Region	2	4
		2003	Spring Track	3200m Run	4th	11:54.28	District	4	3
		2003	Winter Track	1600m Run	5th	5:31.20	District	2	3
		2005	Winter Track	3200m Run	5th	12:02.34	District	2	3
							<b>TOTAL</b>	<b>41</b>	
143	<b>Boyd, Altarius</b>	1992	Spring Track	Triple Jump	Champion	44-00.00	District	10	6
		1992	Winter Track	Triple Jump	Champion	43-05.25	District	10	6
		1991	Winter Track	Triple Jump	Champion	41-06.50	District	10	6
		1992	Spring Track	Long Jump	2nd	20-08.25	District	8	4
		1993	Winter Track	Triple Jump	2nd	42-04.75	District	8	4
		1992	Winter Track	Long Jump	6th	19-03.50	District	1	3
		1992	Winter Track	300m Dash	5th	39.10	District	2	3
		1991	Winter Track	Long Jump	4th	18-11.00	District	4	3
		1992	Indoor Track	Triple Jump		43-05.25	CHS Record		5
							<b>TOTAL</b>	<b>40</b>	
143	<b>D'Arcy, Jeff</b>	1981	Winter Track	1000m Run	6th	2:39.40	Region	1	4
		1981	Winter Track	1600m Run	3rd	4:26.70	Region	6	4
		1981	Spring Track	1600m Run	5th	4:33.5h	District	2	3
		1981	Winter Track	1000m Run	3rd	2:41.7h	District	6	3
		1981	Winter Track	1600m Run	3rd	4:27.4h	District	6	3
		1980	Spring Track	1600m Run	6th	4:34.6h	District	1	3
		1981	Indoor Track	1000m Run		2:39.40	CHS Record		5
		1981	Indoor Track	1600m Run		4:26.70	CHS Record		5
		1981	Spring Track	800m Run		1:58.8h	CHS Record		5
		1981	Spring Track	1600m Run		4:33.5h	CHS Record		5
							<b>TOTAL</b>	<b>40</b>	
143	<b>Fleming, Quintin</b>	1991	Winter Track	Long Jump	Champion	20-09.00	District	10	6
		1990	Winter Track	Long Jump	Champion	20-00.00	District	10	6
		1990	Winter Track	4x400m	Champion	3:37.56	District	10	6
		1991	Winter Track	55m Dash	2nd	6.85	District	8	4
		1991	Winter Track	300m Dash	2nd	37.92	District	8	4
		1991	Winter Track	500m Dash	2nd	1:09.43	District	8	4
		1991	Winter Track	Long Jump	4th	21-02.00	Region	4	4
		1990	Winter Track	55m Dash	4th	6.97	District	4	3
		1990	Winter Track	300m Dash	3rd	38.26	District	6	3
							<b>TOTAL</b>	<b>40</b>	
143	<b>Lannes, Mark</b>	1980	Winter Track	4x220y Relay	Champion	1:35.2	District	9	6

	1980	Winter Track	4x220y Relay	3rd	1:34.7	Region	6	4	
	1981	Winter Track	300m Dash	5th	37.50	Region	2	4	
	1981	Winter Track	500m Dash	3rd	1:07.80	Region	6	4	
	1981	Winter Track	500m Dash	6th	1:09.9h		0.5	3	
	1981	Winter Track	300m Dash	4th	37.6h	District		3	
	1980	Spring Track	400m Dash	4th	51.2h	District	4	3	
	1981	Spring Track	400m Dash	5th	51.0h	District	2	3	
	1981	Indoor Track	500m Dash		1:07.80	CHS Record		5	
	1981	Spring Track	400m Dash		51.0h	CHS Record		5	
								<b>TOTAL</b>	<b>40</b>
143	<b>Mason, Adam</b>	2018	Winter Track	4x200m	2nd	1:34.79	Region	8	8
	<b>Eligible in 2021</b>	2018	Winter Track	4x400m	Champion	3:38.04	District	10	6
		2018	Winter Track	4x200m	2nd	1:36.36	District	8	4
		2018	Spring Track	4x400m	7th	3:33.53	Region	2	4
		2018	Spring Track	4x400m	2nd	3:36.20	District	8	4
		2018	Winter Track	4x400m	6th	3:37.57	Region	3	4
		2018	Spring Track	4x100m	7th	51.38	Region	2	4
		2018	Winter Track	300m Dash	5th	38.15	District	2	3
		2018	Spring Track	4x100m	3rd	44.86	District	6	3
								<b>TOTAL</b>	<b>40</b>
143	<b>Muckel, David</b>	1992	Cross Country	Cross Country	2nd		Regional		8
		1992	Cross Country	Cross Country	7th		State		8
		1992	Cross Country	Cross Country	1st		District		6
		1991	Cross Country	Cross Country	2nd		District		4
		1992	Spring Track	1600m Run	2nd	4:33.4h	District		4
		1993	Spring Track	1600m Run	5th	4:27.84	Region	2	4
		1991	Cross Country	Cross Country	9th		Regional		3
		1992	Spring Track	3200m Run	4th	9:56.8h	District		3
								<b>TOTAL</b>	<b>40</b>
149	<b>Amos, Tyler</b>	2018	Spring Track	3200m Run	Champion	9:52.45	District	10	6
	<b>Eligible in 2021</b>	2018	Winter Track	4x800m	Champion	8:36.26	District	10	6
		2017	Cross Country	Cross Country	7th	15:53.0	Region	7	4
		2018	Spring Track	3200m Run	5th	09:48.1	Region	4	4
		2016	Spring Track	4x800m	2nd	8:06.97	District	8	4
		2017	Cross Country	Cross Country	2nd	15:51.00	District	2	4
		2017	Winter Track	4x800m	3rd	8:38.35	District	6	3
		2017	Winter Track	1000m Run	4th	2:42.92	District	4	3
		2018	Winter Track	1600m Run	5th	4:42.19	District	2	3
		2016	Cross Country	Cross Country	13th	16:14.00	District	13	2
								<b>TOTAL</b>	<b>39</b>
149	<b>Haug, Julia</b>	2017	Spring Track	4x800m	6th	9:36.25	State	3	8
	<b>Eligible in 2021</b>	2018	Spring Track	4x800m	Champion	9:41.69	District	10	6
		2018	Spring Track	4x800m	3rd	9:41.21	Region	6	4
		2017	Spring Track	4x800m	5th	9:34.29	Region	3	4
		2017	Spring Track	4x800m	3rd	9:55.58	District	6	4
		2018	Spring Track	3200m Run	5th	11:49.76	District	2	3
		2017	Spring Track	3200m Run	5th	11:50.83	District	2	3
		2017	Winter Track	3200m Run	5th	12:14.93	District	2	3
		2016	Cross Country	Cross Country	12th	18:49.00	District	12	2
		2017	Cross Country	Cross Country	13th	19:02.00	District	13	2
								<b>TOTAL</b>	<b>39</b>
149	<b>Schuster, Sarah</b>	2016	Spring Track	4x400m	Champion	4:00.81	District	10	6
		2015	Spring Track	4x400m	Champion	4:06.31	District	10	6
		2016	Winter Track	4x400m	Champion	4:07.14	District	10	6
		2016	Spring Track	400m Dash	5th	58.68	Region	4	4
		2016	Winter Track	4x800m	6th	9:49.37	Region	6	4
		2015	Spring Track	4x400m	8th	4:02.97	Region	1	4
		2016	Spring Track	4x800m	3rd	9:37.73	District	6	3
		2016	Winter Track	4x800m	3rd	9:56.59	District	6	3



		2016	Winter Track	400m Dash	4th	1:00.13	District	4	3
		<b>TOTAL</b>							<b>39</b>
152	<b>Wang, Eric</b>	1999	Winter Track	Sprint Medley	5th	3:34.88	Nationals		12
		1999	Winter Track	4x200m	6th	1:32.70	State	3	8
		1997	Spring Track	100m Dash	5th	11.5h	District	2	3
		1998	Spring Track	100m Dash	4th	11.61	District	4	3
		1999	Spring Track	Long Jump	4th	20-06.00	District	4	3
		1999	Spring Track	100m Dash	3rd	11.47	District	6	3
		1998	Winter Track	55m Dash	6th	7.08	District	1	3
		1997	Winter Track	55m Dash	4th	6.95	District	4	3
		<b>TOTAL</b>							<b>38</b>
153	<b>Buck, Laurel</b> <b>Eligible in 2021</b>	2016	Winter Track	4x400m	5th	4:04.13	State	4	8
		2017	Winter Track	4x400m	3rd	4:05.95	Region	6	4
		2018	Winter Track	4x200m	3rd	1:48.79	Region	4	4
		2017	Winter Track	4x200m	7th	1:47.99	Region	2	4
		2017	Winter Track	4x400m	2nd	4:11.31	District	8	4
		2016	Winter Track	4x200m	2nd	1:49.13	District	8	4
		2017	Winter Track	4x200m	3rd	1:49.03	District	6	3
		2017	Winter Track	300m Dash	4th	43.70	District	4	3
		2018	Winter Track	55m Dash	4th	7.63	District	4	3
		<b>TOTAL</b>							<b>37</b>
154	<b>Anderson, Todd</b>	1984	Spring Track	800m Run	Champion	1:55.80	Region	10	12
		1984	Spring Track	800m Run	Champion	1:57.60	District	10	6
		1984	Winter Track	500m Dash	Champion	1:08.4h	District	10	6
		1984	Winter Track	500m Dash	4th	1:08.2h	Region	4	4
		1983	Spring Track	400m Dash	5th	53.0h	District	2	3
		1984	Spring Track	800m Run		1:55.1h	CHS Record		5
		<b>TOTAL</b>							<b>36</b>
154	<b>Childress, Derek</b>	1986	Spring Track	Shot Put	Champion	45-04.50	District	10	6
		1986	Spring Track	Discus	2nd	142-04.50	District	8	4
		1985	Winter Track	Shot Put	2nd	42-08.75	District	8	4
		1983	Spring Track	Discus	6th	117-07.00	District	1	3
		1985	Spring Track	Shot Put	3rd	44-01.25	District	6	3
		1985	Spring Track	Discus	3rd	131-02.50	District	6	3
		1986	Winter Track	Shot Put	5th	43-00.50	District	2	3
		1986	Indoor Track	Shot Put		43-00.50	CHS Record		5
		1986	Spring Track	Discus		142-04.50	CHS Record		5
		<b>TOTAL</b>							<b>36</b>
156	<b>Bell, Valerie</b>	1987	Winter Track	100m Hurdles	Champion	16.7h	District	10	6
		1988	Winter Track	55m Hurdles	2nd	9.29	District	8	4
		1987	Winter Track	55m Hurdles	2nd	9.48	District	8	4
		1988	Spring Track	300m Hurdles	6th	52.6h	District	1	3
		1988	Spring Track	100m Hurdles	5th	16.6h	District	2	3
		1988	Spring Track	Triple Jump	5th	32-04.50	District	2	3
		1987	Winter Track	Triple Jump	6th	32-02.50	District	1	3
		1988	Winter Track	Triple Jump	6th	30-04.00	District	1	3
		1988	Winter Track	High Jump	4th	4-06.00	District	3	3
		1987	Winter Track	300m Hurdles	4th	50.4h	District	4	3
		<b>TOTAL</b>							<b>35</b>
156	<b>Cordova, Katie</b>	1997	Winter Track	4x200m	2nd	1:49.97	Region	8	8
		1998	Winter Track	4x400m	4th	4:01.60	State	5	8
		1999	Winter Track	4x400m	3rd	4:07.87	Region	6	4
		1997	Spring Track	100m Dash	5th	13.2h	District	2	3
		1999	Winter Track	300m Dash	6th	44.55	District	1	3
		1998	Winter Track	Long Jump	6th	14-04.75	District	1	3
		1998	Winter Track	55m Dash	5th	7.75	District	2	3
		1999	Winter Track	55m Dash	4th	7.88	District	4	3
		<b>TOTAL</b>							<b>35</b>
156	<b>Raher, Kendall</b>	2013	Spring Track	4x400m	8th	4:14.02	Region	1	4

	2014	Spring Track	4x400m	6th	4:01.64	Region	3	4	
	2014	Winter Track	4x400m	8th	4:14.78	District	1	4	
	2014	Spring Track	4x400m	2nd	4:08.02	District	8	4	
	2014	Spring Track	4x800m	8th	9:39.12	Region	1	4	
	2013	Winter Track	500m Dash	4th	1:26.14	District	4	3	
	2013	Winter Track	4x400m	3rd	4:18.25	District	6	3	
	2014	Winter Track	4x400m	3rd	4:18.24	District	6	3	
					61.44f/				
	2014	Spring Track	400m Dash	4th	60.45p	District	1	3	
	2014	Spring Track	800m Run	6th	2:28.76	District	1	3	
								<b>TOTAL 35</b>	
158	<b>Crafton, Lauren</b>	2013	Winter Track	Pole Vault	Champion	9-0.00	District	10	6
		2012	Winter Track	Pole Vault	2nd	8-0.00	District	7	4
		2012	Spring Track	Pole Vault	2nd	9-0.00	District	8	4
		2013	Winter Track	Pole Vault	4th	10-3.00	Region	5	4
		2012	Winter Track	Pole Vault	6th	8-6.00	Region	3	4
		2012	Winter Track	Long Jump	4th	14-11.25	District	4	3
		2013	Winter Track	Long Jump	6th	14-10.75	District	1	3
		2012	Winter Track	55m Hurdles	5th	9.86	District	2	3
		2012	Winter Track	Triple Jump	6th	31-4.00	District	1	3
								<b>TOTAL 34</b>	
158	<b>Salas, Efraem</b>	2009	Winter Track	55m Dash	7th	6.74	Region	2	4
		2007	Winter Track	4x200m	6th	1:35.59	Region	3	4
		2009	Winter Track	4x400m	4th	3:33.00	Region	5	4
		2009	Winter Track	4x200m	6th	1:35.08	Region	3	4
		2008	Spring Track	200m Dash	4th	24.25	District	4	3
		2008	Winter Track	300m Dash	6th	38.48	District	1	3
		2009	Winter Track	Long Jump	6th	19-04.50	District	1	3
		2009	Winter Track	55m Dash	5th	6.77	District	2	3
		2008	Winter Track	55m Dash	4th	6.76	District	4	3
		2008	Winter Track	4x200m	3rd	1:35.48	District	6	3
								<b>TOTAL 34</b>	
160	<b>Huff, Adam</b>	2014	Spring Track	4x800m	4th	7:57.21	State	5	8
		2014	Winter Track	4x800m	Champion	8:08.10	District	10	6
		2014	Spring Track	4x800m	2nd	7:57.50	District	8	4
		2014	Spring Track	4x800m	3rd	7:56.67	Region	6	4
		2012	Cross Country	Cross Country	5th	15:46.0	District	5th	3
		2014	Spring Track	800m Run	6th	1:59.97	District	1	3
		2013	Cross Country	Cross Country	12th	15:55.0	District		2
		2013	Cross Country		Hon Mention		All-Met		3
								<b>TOTAL 33</b>	
160	<b>Powell, Lauren</b>	2012	Spring Track	High Jump	8th	4-8.00	Region	0.16	4
		2013	Spring Track	4x100m	2nd	50.76	District	8	4
		2013	Spring Track	4x100m	8th	50.89	Region	1	4
		2012	Spring Track	High Jump	6th	4-8.00	District	1	3
		2013	Winter Track	55m Dash	4th	7.88	District	4	3
		2012	Spring Track	100m Dash	6th	13.37	District	1	3
		2013	Winter Track	4x400m	3rd	4:18.25	District	6	3
		2012	Spring Track	4x100m	3rd	51.51	District	6	3
		2013	Spring Track	High Jump	5th	4-10.00	District	2	3
		2013	Spring Track	200m Dash	4th	26.72p/26.9	District	4	3
								<b>TOTAL 33</b>	
160	<b>Ray, Dustin</b>	2004	Winter Track	4x200m	Champion	1:35.27	District	10	6
		2004	Spring Track	4x100m	Champion	44.86	District	10	6
		2005	Spring Track	4x100m	Champion	44.02	District	10	6
		2004	Winter Track	4x200m	5th	1:36.44	Region	2	4
		2005	Winter Track	4x200m	6th	1:37.75	Region	1	4
		2005	Spring Track	4x100m	6th	43.73	Region	3	4
		2005	Winter Track	4x200m	3rd	1:36.58	District	6	3

									<b>TOTAL</b>	<b>33</b>
160	<b>Sun, Curtis</b>	2009	Spring Track	Pole Vault	8th	14-00.00	State	1	8	
		2009	Spring Track	Pole Vault	Champion	13-00.00	District	10	6	
		2008	Spring Track	Pole Vault	2nd	13-00.00	District	8	4	
		2009	Spring Track	Pole Vault	3rd	14-00.00	Region	6	4	
		2008	Winter Track	Pole Vault	2nd	11-06.00	District	8	4	
		2007	Winter Track	Pole Vault	6th	12-00.00	Region	3	4	
		2007	Winter Track	Pole Vault	5th	10-06.00	District	2	3	
									<b>TOTAL</b>	<b>33</b>
160	<b>Trikakis, Josh</b>	2009	Winter Track	4x400m	Champion	3:35.39	District	10	6	
		2009	Spring Track	Pole Vault	5th	13-03.00	Region	4	4	
		2009	Winter Track	Pole Vault	6th	12-06.00	Region	3	4	
		2008	Spring Track	Pole Vault	6th	11-00.00	District	1	3	
		2009	Spring Track	Triple Jump	5th	41-01.50	District	2	3	
		2008	Winter Track	Pole Vault	5th	10-00.00	District	2	3	
		2009	Winter Track	Triple Jump	5th	40-01.00	District	2	3	
		2009	Winter Track	Long Jump	4th	19-07.00	District	4	3	
		2009	Winter Track	4x200m	6th	1:35.08	Region	3	4	
									<b>TOTAL</b>	<b>33</b>
165	<b>Eaton, Amaya Still Active</b>	2018	Winter Track	Triple Jump	7th	32-7.00	Region	2	4	
		2018	Spring Track	300m Hurdles	7th	48.51	Region	2	4	
		2018	Spring Track	Triple Jump	8th	33-10.00	Region	1	4	
		2018	Winter Track	Triple Jump	2nd	31-7.25	District	8	4	
		2018	Spring Track	Triple Jump	2nd	33-7.5	District	8	4	
		2018	Winter Track	55m Hurdles	4th	9.73f/ 9.69p	District	4	3	
		2018	Winter Track	Long Jump	6th	14-10.75	District	1	3	
						17.49f/				
		2018	Spring Track	100m Hurdles	5th	17.33p	District	2	3	
		2018	Spring Track	300m Hurdles	5th	51.15	District	2	3	
									<b>TOTAL</b>	<b>32</b>
165	<b>Herrity, Robert</b>	2008	Winter Track	55m Hurdles	Champion	8.12	District	10	6	
		2008	Winter Track	110m Hurdles	8th	15.76	Region	1	4	
		2007	Winter Track	4x200m	6th	1:35.59	Region	3	4	
		2008	Spring Track	300m Hurdles	6th	43.27	District	1	3	
		2008	Spring Track	110m Hurdles	3rd	16.16	District	6	3	
		2008	Winter Track	High Jump	4th	5-06.00	District	4	3	
		2008	Winter Track	Long Jump	4th	19-07.00	District	4	3	
		2008	Winter Track	Triple Jump	4th	40-03.75	District	4	3	
		2008	Winter Track	4x200m	3rd	1:35.48	District	6	3	
									<b>TOTAL</b>	<b>32</b>
165	<b>McClendon, Andrea</b>	1985	Spring Track	100m Dash	Champion	12.9h	District	10	6	
		1985	Spring Track	200m Dash	Champion	26.1h	District	10	6	
		1985	Spring Track	4x100m	Champion	51.4	District	10	6	
		1985	Spring Track	200m Dash	6th	26.21	Region	1	4	
		1985	Spring Track	100m Dash		12.54	CHS Record		5	
		1985	Spring Track	Long Jump		15-11.00	CHS Record		5	
									<b>TOTAL</b>	<b>32</b>
165	<b>Menzel, Chris</b>	2010	Winter Track	Pole Vault	Champion	12-6.00	District	10	6	
		2010	Spring Track	Pole Vault	Champion	12-0.00	District	10	6	
		2010	Spring Track	Pole Vault	5th	13-0.00	Region	4	4	
		2010	Spring Track	110m Hurdles	8th	16.14	Region	8	4	
		2010	Spring Track	110m Hurdles	3rd	15.96	District	6	3	
		2010	Spring Track	300m Hurdles	3rd	41.57	District	6	3	
		2009	Spring Track	Pole Vault	4th	11-00.00	District	4	3	
		2010	Winter Track	55m Hurdles	4th	8.43	District	4	3	
									<b>TOTAL</b>	<b>32</b>
165	<b>Peterson, Jawan</b>	1990	Spring Track	110m Hurdles	Champion	15.5h	District	10	6	
		1990	Spring Track	300m Hurdles	Champion	40.9h	District	10	6	

		1988	Spring Track	High Jump	2nd	6-00.00	District	8	4	
		1990	Spring Track	Long Jump	2nd	20-05.50	District	8	4	
		1990	Spring Track	300m Hurdles	6th	40.24	Region	1	4	
		1990	Spring Track	High Jump	4th	6-00.00	District	4	3	
		1988	Spring Track	High Jump		6-00.00	CHS Record		5	
									<b>TOTAL</b>	<b>32</b>
171	<b>Cooper, Stephen</b>	2005	Spring Track	4x100m	Champion	44.02	District	10	6	
		2006	Winter Track	4x400m	2nd	3:35.72	District	8	4	
		2007	Winter Track	4x400m	6th	3:33.61	Region	3	4	
		2005	Spring Track	4x100m	6th	43.73	Region	3	4	
		2005	Spring Track	4x400m	8th	3:32.22	Region	1	4	
		2007	Spring Track	400m Dash	5th	52.90	District	2	3	
		2004	Spring Track	4x400m	3rd	3:33.05	District	6	3	
		2007	Spring Track	4x100m	3rd	45.03	District	6	3	
									<b>TOTAL</b>	<b>31</b>
171	<b>Ibrahim, Ali</b> <b>Eligible in 2020</b>	2016	Spring Track	300m Hurdles	Champion	41.17	District	10	6	
		2014	Spring Track	4x100m	5th	43.64	Region	4	4	
		2017	Winter Track	4x400m	6th	3:32.63	Region	3	4	
		2016	Spring Track	4x100m	2nd	44.24	District	8	4	
		2017	Winter Track	4x200m	2nd	1:35.12	District	8	4	
		2016	Spring Track	300m Hurdles	5th	42.78	District	2	3	
		2017	Spring Track	110m Hurdles	5th	16.55	District	2	3	
		2017	Winter Track	55m Dash	6th	6.92f/6.88p	District	1	3	
									<b>TOTAL</b>	<b>31</b>
171	<b>Zoltek, Fabio</b>	1993	Winter Track	3200m	Champion	10:14.78	District	10	6	
		1994	Winter Track	1600m	2nd	4:33.84	District	8	4	
		1993	Cross Country	Cross Country	7th		District		3	
		1992	Cross Country	Cross Country	15th		Regionals		3	
		1993	Spring Track	1600m	6th	4:40.0h	District	1	3	
		1992	Spring Track	1600m	4th	4:42.1h	District	4	3	
		1993	Spring Track	3200m	4th	10:10.4h	District	4	3	
		1994	Winter Track	3200m	3rd	10:02.24	District	6	3	
		1992	Cross Country	Cross Country	5th		District		3	
									<b>TOTAL</b>	<b>31</b>
174	<b>George, Julie</b>	1982	Spring Track	1600m Run	6th	5:09.1h	State	1	8	
		1982	Winter Track	1600m Run	5th	5:29.3h	District	2	3	
		1982	Spring Track	1600m Run	???	5:09.2h	District			
		1982	Winter Track	1600m Run		5:26.40	State			
		1982	Indoor Track	1600m Run		5:25.7	CHS Record		5	
		1982	Spring Track	1600m Run		5:09.1h	CHS Record		5	
		1982	Spring Track	3200m Run		11:45.5h	CHS Record		5	
									<b>TOTAL</b>	<b>30</b>
174	<b>Highsmith, Jarel</b>	2007	Spring Track	110m Hurdles	Champion	15.77	District	10	6	
		2007	Spring Track	300m Hurdles	Champion	40.11	District	10	6	
		2007	Winter Track	Triple Jump	4th	42-11.00	Region	5	4	
		2006	Spring Track	Long Jump	4th	20-05.50	District	4	3	
		2007	Winter Track	4x200m	2nd	1:35.83	District	8	4	
		2007	Winter Track	4x400m	6th	3:33.61	Region	3	4	
		2007	Spring Track	4x100m	3rd	45.03	District	6	3	
									<b>TOTAL</b>	<b>30</b>
174	<b>Irwin, Kelsey</b>	2015	Spring Track	4x400m	Champion	4:06.31	District	10	6	
		2016	Spring Track	4x400m	Champion	4:00.81	District	10	6	
		2016	Winter Track	4x400m	3rd	4:03.89	Region	6	4	
		2015	Winter Track	4x400m	2nd	4:14.15	District	8	4	
		2015	Spring Track	4x400m	8th	4:02.97	Region	1	4	
		2016	Spring Track	4x800m	3rd	9:37.73	District	6	3	
		2016	Spring Track	300m Hurdles	4th	49.85	District	4	3	
									<b>TOTAL</b>	<b>30</b>
174	<b>Osterling, Carmen</b>	1994	Winter Track	500m Dash	Champion	1:24.34	District	10	6	

1993	Winter Track	500m Dash	2nd	1:24.97	District	8	4
1992	Spring Track	800m Run	6th	2:30.8h	District	1	3
1992	Winter Track	500m Dash	5th	1:26.54	District	2	3
1993	CC	Cross Country	14th		District		2
1992	Winter Track	4x400m	Champion	4:16.1	District	10	6
1993	Winter Track	4x800m	Champion	10:02.0	District	10	6

**TOTAL 30**

**BELOW THIRTY POINTS**

<b>Abell, Kim</b>	1985	Winter Track	1000m Run	Champion	3:15.0h	District	10	6
	1983	CC	Cross Country	7th		District		3
	1984	CC	Cross Country	7th		District		3
	1983	Spring Track	800m Run	5th	2:33.2h	District	2	3
	1984	Spring Track	1600m Run	5th	5:29.1h	District	2	3
	1985	Winter Track	3200m Run	4th	12:49.3h	District	4	3
	1984	Winter Track	3200m Run	3rd	12:02.9h	District	6	3
	1985	Indoor Track	1000m Run		3:04.6	CHS Record		5
							<b>TOTAL</b>	<b>29</b>
<b>Comerford, Kevin</b>	2003	Spring Track	300m Hurdles	5th	39.60	State	4	8
	2003	Spring Track	300m Hurdles	5th	41.33	Region	2	4
	2003	Spring Track	200m Dash	5th	24.05	District	2	3
	2003	Spring Track	300m Hurdles	4th	41.75	District	4	3
	2003	Winter Track	4x200m	3rd	1:36.53	District	6	3
	2003	Spring Track	4x100m	3rd	45.72	District	6	3
	2003	Spring Track	300m Hurdles		39.60	CHS Record		5
							<b>TOTAL</b>	<b>29</b>
<b>Compton, Evan</b>	2014	Winter Track	4x800m	7th	8:10.67	State	2	8
	2014	Winter Track	4x800m	4th	8:22.19	Region	5	4
	2015	Winter Track	4x800m	Champion	8:00.17	District	10	6
	2015	Winter Track	1600m Run	5th	4:34.71	District	2	3
	2014	Cross Country	Cross Country	11th	15:52.00	District	11	2
	2015	Spring Track	4x800m	3rd	8:13.44	District	6	3
	2015	Winter Track	Relay			All-Met		3
							<b>TOTAL</b>	<b>29</b>
<b>Meier, Sarah</b>	2009	Spring Track	Shot Put	2nd	34-01.50	District	8	4
	2009	Spring Track	Shot Put	3rd	33-06.25	Region	6	4
	2009	Winter Track	Shot Put	2nd	32-09.00	District	8	4
	2010	Winter Track	Shot Put	6th	34-4.00	Region	3	4
	2009	Winter Track	Shot Put	8th	31-01.00	Region	1	4
	2010	Winter Track	Shot Put	3rd	34-6.5	District	6	3
	2009	Spring Track	Discus	6th	85-01.00	District	1	3
	2008	Spring Track	Shot Put	4th	29-11.50	District	4	3
							<b>TOTAL</b>	<b>29</b>
<b>Chapman, Kelly</b>	1998	Winter Track	4x400m	4th	4:01.60	State	5	8
	1998	Winter Track	4x800m	Champion	10:17.9	District	10	6
	1999	Winter Track	4x400m	3rd	4:07.87	Region	6	4
	1999	Winter Track	4x800m	4th	9:41.23	Region	4	4
	1998	Spring Track	800m Run	5th	2:28.23	District	2	3
	1999	Winter Track	1000m Run	3rd	3:14.01	District	6	3
							<b>TOTAL</b>	<b>28</b>
<b>Conlin, Jennifer</b>	1997	Winter Track	4x800m	7th	9:42.35	State	2	8
	1998	Winter Track	4x800m	Champion	10:17.9	District	10	6
	1997	Winter Track	4x800m	4th	9:45.70	Region	4	4
	1997	Spring Track	3200m Run	5th	11:52.0h	District	2	3
	1997	Winter Track	3200m Run	6th	11:58.8h	District	1	3
	1996	CC	Cross Country	12th		District		2
	1997	CC	Cross Country	12th		District		2
							<b>TOTAL</b>	<b>28</b>
<b>Montague, Karen</b>	1985	Winter Track	4x400m	Champion	4:22.5	District	10	6
	1986	Spring Track	800m Run	6th	2:32.9h	District	1	3

	1985	Spring Track	800m Run	5th	2:27.9h	District	2	3	
	1984	Spring Track	800m Run	3rd	2:31.1h	District	6	3	
	1985	Winter Track	500m Dash	5th	1:26.5h	District	2	3	
	1984	Winter Track	500m Dash	4th	1:28.3h	District	4	3	
	1986	Winter Track	1000m Run	4th	3:19.4h	District	4	3	
	1984	Cross Country	Cross Country	11th		District		2	
	1985	Cross Country	Cross Country	12th		District		2	
								<b>TOTAL</b>	<b>28</b>
<b>Snyder, Jessica</b>	2016	Spring Track	100m Hurdles	2nd	16.52	District	8	4	
	2017	Spring Track	100m Hurdles	4th	16.67	District	4	3	
	2017	Spring Track	300m	5th	49.52	District	2	3	
	2016	Spring Track	300m Hurdles	5th	49.9	District	2	3	
	2016	Winter Track	Triple Jump	6th	32-2.0	District	1	3	
	2016	Spring Track	Triple Jump	6th	31-1.0	District	1	3	
	2017	Winter Track	55m Hurdles	3rd	9.37	District	6	3	
	2017	Winter Track	Pole Vault	4th	7-3.00	District	4	3	
	2017	Spring Track	Pole Vault	5th	8-0.00	District	2	3	
								<b>TOTAL</b>	<b>28</b>
<b>Tsai, Eric</b>	2018	Winter Track	55m Hurdles	Champion	8.34	District	10	6	
	2018	Spring Track	4x100m	7th	51.38	Region	2	4	
	2018	Winter Track	Pole Vault	3rd	11-0.00	District	6	3	
					17.40f/				
	2018	Spring Track	110m Hurdles	4th	17.00p	District	4	3	
	2018	Winter Track	55m Dash	6th	6.83	District	1	3	
	2017	Winter Track	Pole Vault	6th	9-6.00	District	1	3	
	2017	Winter Track	55m Hurdles	6th	8.86	District	1	3	
					12.03f/				
	2018	Spring Track	100m Dash	6th	11.50p	District	1	3	
								<b>TOTAL</b>	<b>28</b>
<b>Jancaitis, Jean</b>	1993	Spring Track	Shot Put	6th	31-09.50	Region	1	4	
	1992	Winter Track	Shot Put	2nd	32-08.00	District	8	4	
	1994	Winter Track	Shot Put	3rd	34-05.00	Region	6	4	
	1993	Spring Track	Shot Put	3rd	33-05.00	District	6	3	
	1992	Spring Track	Shot Put	3rd	30-05.25	District	6	3	
	1992	Winter Track	High Jump	6th	4-04.00	District	1	3	
	1993	Winter Track	Shot Put	4th	31-10.75	District	4	3	
	1994	Winter Track	Triple Jump	3rd	31-10.50	District	6	3	
								<b>TOTAL</b>	<b>27</b>
<b>Labor-Koroma, Fatimah</b>	2002	Spring Track	4x100m	Champion	52.32	District	10	6	
	2003	Winter Track	4x200m	2nd	1:50.07	District	8	4	
	2002	Winter Track	4x200m	5th	1:50.34	Region	2	4	
	2003	Spring Track	4x100m	5th	51.14	Region	4	4	
	2003	Spring Track	100m Dash	6th	13.11	District	1	3	
	2002	Spring Track	100m Dash	5th	12.85	District	2	3	
	2003	Spring Track	4x100m	3rd	51.72	District	6	3	
								<b>TOTAL</b>	<b>27</b>
<b>Lightborn, Yvette</b>	1988	Spring Track	High Jump	2nd	4-08.00	District	8	4	
	1988	Spring Track	Long Jump	2nd	15-04.75	District	8	4	
	1988	Winter Track	High Jump	2nd	4-10.00	District	8	4	
	1988	Spring Track	100m Dash	3rd	13.0h	District	6	3	
	1988	Spring Track	200m Dash	3rd	26.7h	District	6	3	
	1988	Winter Track	Long Jump	5th	14-04.50	District	2	3	
	1988	Winter Track	55m Dash	3rd	7.60	District	6	3	
	1988	Winter Track	300m Dash	3rd	44.5h	District	6	3	
								<b>TOTAL</b>	<b>27</b>
<b>Luy, Justin</b>	2018	Winter Track	4x200m	2nd	1:34.79	Region	8	8	
	2018	Spring Track	4x100m	7th	51.38	Region	2	4	

	2018	Winter Track	55m Dash	3rd	6.76f/ 6.74p	District	6	3	
	2018	Spring Track	4x100m	3rd	44.86	District	6	3	
	2018	Spring Track	200m Dash	4th	24.00f/ 23.4f	District	4	3	
	2017	Spring Track	Pole Vault	5th	10-6.00	District	2	3	
	2018	Winter Track	Pole Vault	6th	10-0.00	District	1	3	
								<b>TOTAL</b>	<b>27</b>
<b>Nguyen, Lan</b>	1993	Winter Track	55m Hurdles	2nd	9.25		8	4	
	1992	Winter Track	Long Jump	2nd	15-05.00		8	4	
	1993	Winter Track	Triple Jump	2nd	32-06.50		8	4	
	1992	Spring Track	100m Hurdles	6th	21.3h	District	1	3	
	1992	Spring Track	Long Jump	5th	15-10.00	District	2	3	
	1992	Spring Track	Triple Jump	5th	32-10.50	District	2	3	
	1993	Spring Track	100m Hurdles	3rd	17.3h	District	6	3	
	1992	Winter Track	55m Hurdles	4th	9.76		4	3	
								<b>TOTAL</b>	<b>27</b>
<b>Palmer, Eric</b>	2008	Spring Track	1600m Run	6th	4:25.86	Region	3	4	
	2008	Winter Track	1000m Run	5th	2:37.30	Region	4	4	
	2008	Spring Track	1600m Run	4th	4:34.03	District	4	3	
	2008	Winter Track	1600m Run	5th	4:34.84	District	2	3	
	2007	Winter Track	1600m Run	5th	4:39.88	District	2	3	
	2008	Winter Track	1000m Run	3rd	2:38.27	District	6	3	
	2008	Spring Track	4x800m	3rd	8:11.06	District	6	3	
	2006	CC	Cross Country	13th		District		2	
	2007	CC	Cross Country	9th		District		2	
								<b>TOTAL</b>	<b>27</b>
<b>Gilbert, Paula</b>	1985	CC	Cross Country	7th		District		3	
	1986	CC	Cross Country	6th		District		3	
	1988	Spring Track	1600m Run	5th	5:36.7h	District	2	3	
	1986	Spring Track	1600m Run	5th	5:37.5h	District	2	3	
	1988	Spring Track	3200m Run	4th	12:06.6h	District	4	3	
	1986	Spring Track	3200m Run	3rd	11:56.7h	District	6	3	
	1986	Winter Track	1600m Run	4th	5:47.2h	District	4	3	
	1986	Winter Track	3200m Run	3rd	12:14.20h	District	6	3	
	1987	CC	Cross Country	14th		District		2	
								<b>TOTAL</b>	<b>26</b>
<b>Kircher, Jay</b>	2002	Winter Track	Pole Vault	2nd	13-00.00	Region	8	8	
	2002	Winter Track	Pole Vault	8th	13-00.00	State	0.5	8	
	2002	Winter Track	Pole Vault	2nd	12-06.00	District	8	4	
	2000	Winter Track	Pole Vault	5th	10-00.00	District	2	3	
	2001	Winter Track	Pole Vault	3rd	12-06.00	District	6	3	
								<b>TOTAL</b>	<b>26</b>
<b>Lull, Hannah</b>	2013	Winter Track	4x800m	2nd	9:57.40	District	8	4	
	2013	Spring Track	4x800m	2nd	9:30.43	District	8	4	
	2013	Spring Track	4x800m	6th	9:57.89	Region	3	4	
	2014	Winter Track	4x800m	5th	10:00.43	Region	4	4	
	2014	Winter Track	4x800m	2nd	10:00.24	District	8	4	
	2014	Spring Track	4x800m	3rd	9:40.86	District	6	3	
	2015	Winter Track	4x800m	3rd	10:00.63	District	6	3	
								<b>TOTAL</b>	<b>26</b>
<b>Shorten, Quinn</b>	2017	Winter Track	Triple Jump	Champion	42-10.25	District	10	6	
	2017	Winter Track	Triple Jump	7th	42-1.00	Region	2	4	
	2017	Winter Track	Long Jump	2nd	20-8.25	District	8	4	
	2016	Spring Track	Triple Jump	3rd	42-8.75	District	6	3	
	2017	Spring Track	Triple Jump	4th	40-1.00	District	4	3	
	2017	Spring Track	Long Jump	5th	20-7.00	District	2	3	
	2016	Spring Track	Long Jump	6th	19.0-00	District	1	3	
								<b>TOTAL</b>	<b>26</b>
<b>Siberski, Marc</b>	1976	Spring Track	120y Hurdles	Champion	14.9h	District	10	6	

	1976	Spring Track	330y Hurdles	Champion	39.9h	District	10	6	
	1976	Spring Track	330y Hurdles	3rd		Region		4	
	1976	Spring Track	120y Hurdles		14.9h	CHS Record		5	
	1976	Spring Track	330y Hurdles		39.9h	CHS Record		5	
	1975	Spring Track	330y Hurdles		40.9h	District			
								<b>TOTAL</b>	<b>26</b>
<b>Boyd, Jamie</b>	1988	Spring Track	100m Hurdles	2nd	15.7h	District	8	4	
	1988	Spring Track	100m Hurdles	4th	15.71	Region	4	4	
	1987	Winter Track	100m Hurdles	2nd	17.0h	District	8	4	
	1988	Winter Track	55m Hurdles	6th	9.22	Region	1	4	
	1988	Spring Track	300m Hurdles	5th	51.4h	District	2	3	
	1988	Winter Track	55m Hurdles	6th	9.70	District	1	3	
	1988	Winter Track	300m Hurdles	5th	50.7h	District	2	3	
								<b>TOTAL</b>	<b>25</b>
<b>Coffey, Ethan</b>	2001	Spring Track	3200m Run	2nd	9:44.68	District	8	4	
	2001	Spring Track	1600m Run	5th	4:26.07	Region	2	4	
	2001	Winter Track	1000m Run	5th	2:38.59	Region	2	4	
	2001	Winter Track	3200m Run	5th	9:59.34	District	2	3	
	2001	Winter Track	1000m Run	4th	2:41.54	District	4	3	
	2000	Winter Track	1000m Run	4th	2:44.94	District	4	3	
	1999	CC	Cross Country	10th		District		2	
	2000	CC	Cross Country	10th		District		2	
								<b>TOTAL</b>	<b>25</b>
<b>Cumberbatch, Omar</b>	2006	Winter Track	4x400m	2nd	3:35.72	District	8	4	
	2007	Winter Track	4x200m	2nd	1:35.83	District	8	4	
	2007	Winter Track	4x400m	6th	3:33.61	Region	3	4	
	2005	Spring Track	4x400m	8th	3:32.22	Region	1	4	
	2006	Winter Track	High Jump	6th	5-08.00	District	1	3	
	2004	Spring Track	4x400m	3rd	3:33.05	District	6	3	
	2007	Spring Track	4x100m	3rd	45.03	District	6	3	
								<b>TOTAL</b>	<b>25</b>
<b>Paska, Jeff</b>	2014	Winter Track	Shot Put	2nd	48-10.25	District	8	4	
	2015	Winter Track	Shot Put	2nd	48- 2.00	District	8	4	
	2015	Winter Track	Shot Put	5th	48-4.00	Region	4	4	
	2014	Winter Track	Shot Put	6th	47-10.25	Region	3	4	
	2013	Spring Track	Shot Put	5th	43-9.5	District	2	3	
	2014	Spring Track	Discus	3rd	116-7.00	District	6	3	
	2014	Spring Track	Shot Put	4th	46-10.50	District	4	3	
								<b>TOTAL</b>	<b>25</b>
<b>Saben, Clark</b>	2018	Winter Track	4x200m	2nd	1:34.79	Region	8	8	
	2018	Winter Track	4x400m	Champion	3:38.04	District	10	6	
	2018	Winter Track	4x400m	6th	3:37.57	District	3	4	
	2018	Winter Track	4x200m	2nd	1:36.36	District	8	4	
	2018	Winter Track	500m Dash	4th	1:11.58	District	4	3	
								<b>TOTAL</b>	<b>25</b>
<b>Boyd, Roderick</b>	1990	Winter Track	Triple Jump	Champion	43-00.00	District	10	6	
	1989	Winter Track	Triple Jump	Champion	42-03.50	District	10	6	
	1990	Winter Track	Triple Jump	5th	43-03.25	Region	2	4	
	1990	Spring Track	Triple Jump	3rd	41-05.50	District	6	3	
	1990	Indoor Track	Triple Jump		43-03.25	CHS Record		5	
								<b>TOTAL</b>	<b>24</b>
<b>Cumpian, Matt</b>	2010	Winter Track	4x800m	Champion	8:08.02	Region	10	12	
	2009	Cross Country	Cross Country	12th		District		2	
	2010	Spring Track	4x800m	3rd	7:57.93	Region	6	4	
	2010	Winter Track	4x800m	3rd	8:27.04	District	6	3	
	2010	Spring Track	4x800m	3rd	8:06.92	District	6	3	
								<b>TOTAL</b>	<b>24</b>
<b>Hauser, Jeanette</b>	1983	Winter Track	High Jump	5th	5-01.00	Region	2	4	
	1984	Spring Track	High Jump	4th	4-10.00	District	4	3	



	1983	Spring Track	High Jump	3rd	4-08.00	District	6	3	
	1983	Winter Track	High Jump	5th	NH	District	2	3	
	1984	Winter Track	55m Dash	3rd	7.9h	District	6	3	
	1984	Winter Track	High Jump	3rd	4-10.00	District	6	3	
	1983	Indoor Track	High Jump		5-01.00	CHS Record		5	
								<b>TOTAL</b>	<b>24</b>
<b>King, Steven</b>	1991	Spring Track	300m Hurdles	Champion	41.1h	District	10	6	
	1990	Spring Track	Long Jump	5th	19-00.25	District	2	3	
	1991	Spring Track	Long Jump	3rd	19-06.00	District	6	3	
	1990	Winter Track	55m Hurdles	5th	8.80	District	2	3	
	1991	Winter Track	55m Hurdles	3rd	8.67	District	6	3	
	1991	Winter Track	Long Jump	3rd	19-06.50	District	6	3	
	1990	Winter Track	Long Jump	3rd	19-03.25	District	6	3	
								<b>TOTAL</b>	<b>24</b>
<b>Moncrief, Will</b>	1988	CC	Cross Country	7th		District		3	
	1989	CC	Cross Country	4th		District		3	
	1990	Winter Track	1600m Run	2nd	4:34.46	District	8	4	
	1989	Winter Track	3200m Run	2nd	10:18.5h	District	8	4	
	1990	Winter Track	1600m Run	5th	4:32.44	Region	2	4	
	1989	Spring Track	3200m Run	6th	10:21.8h	District	1	3	
	1989	Winter Track	1600m Run	5th	4:42.1h	District	2	3	
								<b>TOTAL</b>	<b>24</b>
<b>Rembold, Matt</b>	2000	Spring Track	Shot Put	Champion	45-02.00	District	10	6	
	1999	Spring Track	Discus	Champion	134-07.00	District	10	6	
	2000	Winter Track	Shot Put	Champion	43-08.50	District	10	6	
	1999	Spring Track	Shot Put	4th	43-04.25	District	4	3	
	2000	Spring Track	Discus	3rd	130-06.00	District	6	3	
								<b>TOTAL</b>	<b>24</b>
<b>Bever, Wilson</b>	2009	Winter Track	4x400m	Champion	3:35.39	District	10	6	
	2009	Winter Track	1000m Run	6th	2:39.88	Region	3	4	
	2009	Winter Track	4x400m	4th	3:33.00	Region	5	4	
	2009	Spring Track	800m Run	4th	2:02.80	District	4	3	
	2009	Winter Track	1000m Run	5th	2:40.00	District	2	3	
	2008	Spring Track	4x800m	3rd	8:11.06	District	6	3	
								<b>TOTAL</b>	<b>23</b>
<b>Feck, Julie</b>	1986	CC	Cross Country	5th		District		3	
	1987	Spring Track	1600m Run	5th	5:43.6h	District	2	3	
	1988	Spring Track	3200m Run	5th	12:35.6h	District	2	3	
	1988	Winter Track	1600m Run	6th	5:41.60	District	1	3	
	1986	Winter Track	3200m Run	6th	13:15.80	District	1	3	
	1986	Winter Track	1600m Run	5th	5:51.3h	District	2	3	
	1987	Winter Track	1600m Run	3rd	5:28.50	District	6	3	
	1987	CC	Cross Country	11th		District		2	
								<b>TOTAL</b>	<b>23</b>
<b>Lauer, Zach</b>	1990	Spring Track	800m Run	2nd	1:57.77	Region	8	8	
	1990	Winter Track	1000m Run	2nd	2:43.39	District	8	4	
	1988	Spring Track	1600m Run	5th	4:48.1h	District	2	3	
	1990	Spring Track	800m Run	3rd	2:00.7h	District	6	3	
	1989	Winter Track	1600m Run	6th	4:45.5h	District	1	3	
	1989	CC	Cross Country	10th		District		2	
								<b>TOTAL</b>	<b>23</b>
<b>Lipsey, Sean</b>	1999	Winter Track	Sprint Medley	5th	3:34.88	Nationals		12	
	1999	Winter Track	4x200m	6th	1:32.70	State	3	8	
	1999	Winter Track	55m Dash	6th	7.01	District	1	3	
								<b>TOTAL</b>	<b>23</b>
<b>Salmons, Katrina</b>	2002	Spring Track	Pole Vault	5th	9-06.00	Region	2	4	
	2002	Spring Track	Pole Vault	5th	9-06.00	District	2	3	
	2001	Spring Track	Pole Vault	5th	8-06.00	District	2	3	
	2002	Winter Track	Pole Vault	4th	8-06.00	District	4	3	

	2001	Indoor Track	Pole Vault		9-03.00	CHS Record	5	
	2002	Spring Track	Pole Vault		9-06.00	CHS Record	5	
							<b>TOTAL</b>	<b>23</b>
<b>Sieder, Alexandra</b>	2012	Winter Track	4x800m	Champion	9:50.41	District	10	6
	2012	Spring Track	4x800m	Champion	9:33.96	District	10	6
	2012	Winter Track	4x800m	3rd	9:41.07	Region	6	4
	2012	Spring Track	4x800m	7th	9:36.62	Region	2	4
	2011	Spring Track	4x800m	3rd	9:37.77	District	6	3
							<b>TOTAL</b>	<b>23</b>
<b>Strub, Hannah</b>	2011	Winter Track	4x800m	Champion	9:54.98	District	10	6
	2011	Winter Track	4x800m	3rd	9:44.64	Region	6	4
	2010	Spring Track	4x800m	7th	9:57.77	Region	2	4
	2011	Winter Track	1000m Run	5th	3:13.59	District	2	3
	2010	Spring Track	4x800m	3rd	9:37.96	District	6	3
	2011	Spring Track	4x800m	3rd	9:37.77	District	6	3
							<b>TOTAL</b>	<b>23</b>
<b>Hunsinger, Joanne</b>	1991	Winter Track	1600m Run	Champion	5:33.34	District	10	6
	1991	Winter Track	3200m Run	6th	11:48.60	Region	1	4
	1991	Cross Country	Cross Country	7th		District		3
	1993	Cross Country	Cross Country	5th		District		3
	1992	Winter Track	1000m Run	5th	3:27.50	District	2	3
	1991	Winter Track	3200m Run	3rd	12:25.37	District	6	3
							<b>TOTAL</b>	<b>22</b>
<b>Kelly, Kevin</b>	1989	Winter Track	55m Dash	2nd	6.79	District	8	4
	1989	Winter Track	55m Dash	3rd	6.72	Region	6	4
	1988	Spring Track	200m Dash	5th	23.3h	District	2	3
	1989	Winter Track	300m Dash	4th	38.20	District	4	3
	1989	Winter Track	Long Jump	4th	20-00.25	District	4	3
	1989	Indoor Track	55m Dash		6.72	CHS Record		5
							<b>TOTAL</b>	<b>22</b>
<b>Robbins, Tracy</b>	1979	Winter Track	4x220y Relay	Champion	1:38.1	District	9	6
	1980	Winter Track	4x220y Relay	Champion	1:35.2	District	9	6
	1980	Winter Track	4x220y Relay	3rd	1:34.7	Region	6	4
	1979	Winter Track	60y Dash	4th	6.8h	District	4	3
	1980	Winter Track	55m Dash	5th	6.8h	District	2	3
							<b>TOTAL</b>	<b>22</b>
<b>San, Bianca</b>	2013	Spring Track	4x800m	6th	9:57.89	Region	3	4
	2014	Winter Track	4x800m	2nd	10:00.24	District	8	4
	2014	Winter Track	4x800m	5th	10:00.43	Region	4	4
	2014	Spring Track	4x800m	8th	9:39.12	Region	1	4
	2014	Spring Track	800m Run	5th	2:28.11	District	2	3
	2015	Winter Track	4x800m	3rd	10:00.63	District	6	3
							<b>TOTAL</b>	<b>22</b>
<b>Solometo, Patrick</b>	1993	Winter Track	4x200m	Champion	1:35.74	District	10	6
	1991	Spring Track	800m Run	2nd	2:00.6h	District	8	4
	1992	Spring Track	300m Hurdles	3rd	44.1h	District	6	3
	1992	Winter Track	55m Hurdles	5th	9.55	District	2	3
	1993	Winter Track	Long Jump	4th	19-11.00	District	4	3
	1994	Winter Track	Long Jump	3rd	21-00.75	District	6	3
							<b>TOTAL</b>	<b>22</b>
<b>Comerford, Tracy</b>	2005	Spring Track	4x100m	Champion	50.02	Region	10	12
	2004	Spring Track	High Jump	6th	4-04.00	District	1	3
	2005	Winter Track	55m Hurdles	6th	9.70	District	1	3
	2004	Winter Track	High Jump	6th	4-06.00	District	1	3
							<b>TOTAL</b>	<b>21</b>
<b>Ferguson, David</b>	1991	Spring Track	Discus	Champion	140-02.00	District	10	6
	1991	Spring Track	Shot Put	2nd	45-02.00	District	8	4
	1991	Spring Track	Shot Put	4th	48-09.00	Region	4	4
	1991	Winter Track	Shot Put	5th	46-02.00	Region	2	4

	1991	Winter Track	Shot Put	3rd	43-04.00	District	6	3	
								<b>TOTAL</b>	<b>21</b>
<b>Gallagher, Pat</b>	1983	Winter Track	1000m Run	Champion	2:37.2h	District	10	6	
	1983	Spring Track	800m Run	4th	2:03.20	District	4	3	
	1984	Spring Track	800m Run	3rd	2:02.5h	District	6	3	
	1982	CC	Cross Country	11th		District		2	
	1983	CC	Cross Country	13th		District		2	
	1983	Indoor Track	1000m Run		2:37.24	CHS Record		5	
								<b>TOTAL</b>	<b>21</b>
<b>Greer, Lisa</b>	1981	Winter Track	4x200m	Champion	1:49.8	Region	10	12	
	1981	Winter Track	4x200m	Champion	1:50.4	District	10	6	
	1981	Winter Track	55m Hurdles	5th	9.0h	District	2	3	
								<b>TOTAL</b>	<b>21</b>
<b>Hudson, Greg</b>	1988	Spring Track	300m Hurdles	Champion	40.0h	District	10	6	
	1988	Winter Track	Long Jump	2nd	20-09.50	District	8	4	
	1988	Spring Track	110m Hurdles	3rd	15.0h	District	6	3	
	1988	Spring Track	Long Jump	3rd	20-09.50	District	6	3	
	1988	Spring Track	110m Hurdles		15.0h	CHS Record		5	
								<b>TOTAL</b>	<b>21</b>
<b>Light, Carol</b>	1978	Spring Track	4x220y Relay	Champion	1:47.8	District	10	6	
	1978	Spring Track	4x110y Relay	2nd	50.9h	District	8	4	
	1978	Spring Track	4x110y Relay	5th	51.2h	Region	2	4	
	1978	Spring Track	100y Dash	3rd	11.6h	Region	6	4	
	1978	Spring Track	100y Dash	3rd	11.5h	District	6	3	
								<b>TOTAL</b>	<b>21</b>
<b>Peterson, Stephanie</b>	1993	Winter Track	Shot Put	Champion	37-01.00	Region	10	12	
	1993	Winter Track	Shot Put	Champion	36-09.75	District	10	6	
	1990	Winter Track	Shot Put	3rd	30-10.75	District	6	3	
								<b>TOTAL</b>	<b>21</b>
<b>Staszak, Andrew</b>	1999	Spring Track	Pole Vault	5th	11-06.00	Region	2	4	
	2000	Spring Track	Pole Vault	4th	12-06.00	Region	5	4	
	1999	Winter Track	Pole Vault	5th	11-06.00	Region	2	4	
	1999	Spring Track	Pole Vault	6th	11-00.00	District	1	3	
	1998	Winter Track	High Jump	6th	9-00.00	District	1	3	
	2000	Winter Track	Pole Vault	3rd	11-06.00	District	6	3	
								<b>TOTAL</b>	<b>21</b>
<b>Ullom, Nick</b>	2013	Winter Track	High Jump	5th	5-8.00	Region	2.5	4	
	2012	Winter Track	High Jump	5th	5-5.00	District	1	3	
	2012	Spring Track	High Jump	2nd	5-10.00	District	8	4	
	2013	Winter Track	High Jump	2nd	5-9.00	District	8	4	
	2014	Winter Track	4x200m	3rd	1:34.87	District	6	3	
	2012	Winter Track	High Jump	6th	5-6.00	District	1	3	
								<b>TOTAL</b>	<b>21</b>
<b>Asghar, Saeed</b>	2018	Winter Track	4x400m	Champion	3:38.04	District	10	6	
	2018	Winter Track	4x200m	2nd	1:36.36	District	8	4	
	2018	Winter Track	4x400m	6th	3:37.57	District	3	4	
	2017	Winter Track	500m Dash	4th	1:11.85	District	4	3	
	2018	Winter Track	500m Dash	5th	1:11.77	District	2	3	
								<b>TOTAL</b>	<b>20</b>
<b>Bradecamp, Dennis</b>	1988	Spring Track	800m Run	2nd	1:59.3h	District	8	4	
	1988	Winter Track	1000m Run	2nd	2:42.59	District	8	4	
	1988	Winter Track	1000m Run	6th	2:38.83	Region	1	4	
	1987	CC	Cross Country	5th		District		3	
	1987	Spring Track	800m Run	4th	1:58.6h	District	4	3	
	1986	CC	Cross Country	15th		District		2	
								<b>TOTAL</b>	<b>20</b>
<b>Claunch, Valerie</b>	2012	Winter Track	Pole Vault	2nd	8-0.00	District	7	4	
	2013	Winter Track	Pole Vault	6th	9-3.00	Region	3	4	
	2013	Spring Track	Pole Vault	3rd	8-6.00	District	6	3	

	2013	Winter Track	Pole Vault	4th	8-0.00	District	2	3	
	2012	Spring Track	Pole Vault	5th	7-6.00	District	2	3	
	2012	Spring Track	300m Hurdles	4th	49.83	District	4	3	
								<b>TOTAL</b>	<b>20</b>
<b>Cox, XB IV</b>	2005	Spring Track	800m Run	3rd	2:01.60	District	6	3	
	2005	Winter Track	1000m Run	6th	2:42.67	District	1	3	
	2005	Winter Track	4x800m	5th	8:14.76	Region	2	4	
	2004	Spring Track	4x800m	6th	8:11.45	Region	3	4	
	2004	Winter Track	4x800m	3rd	8:27.53	District	6	3	
	2004	Spring Track	4x800m	3rd	8:08.33	District	6	3	
								<b>TOTAL</b>	<b>20</b>
<b>Cumberbatch, Oswald</b>	2006	Spring Track	300m Hurdles	7th	41.46	Region	2	4	
	2007	Winter Track	4x400m	6th	3:33.61	Region	3	4	
	2007	Spring Track	110m Hurdles	5th	17.55	District	2	3	
	2006	Spring Track	300m Hurdles	5th	42.22	District	2	3	
	2007	Spring Track	300m Hurdles	3rd	41.97	District	6	3	
	2007	Winter Track	55m Hurdles	5th	8.54	District	2	3	
								<b>TOTAL</b>	<b>20</b>
<b>Melella, Mandy</b>	1993	Winter Track	4x800m	Champion	10:02.0	District	10	6	
	1995	Winter Track	4x800m	Champion	10:25.0	District	10	6	
	1993	Spring Track	1600m Run	6th	5:38.8h	District	1	3	
	1993	Winter Track	1000m Run	3rd	3:15.29	District	6	3	
	1992	Cross Country	Cross Country	13th		District		2	
								<b>TOTAL</b>	<b>20</b>
<b>Pantophlet, Chloe</b>	2013	Spring Track	4x100m	2nd	50.76	District	8	4	
	2013	Spring Track	4x100m	8th	50.89	Region	1	4	
	2013	Spring Track	Long Jump	5th	15-1.25	District	2	3	
	2014	Winter Track	Long Jump	5th	14-9.50	District	2	3	
	2015	Winter Track	Triple Jump	5th	32-11.0	District	2	3	
	2015	Winter Track	Long Jump	6th	15-3	District	1	3	
								<b>TOTAL</b>	<b>20</b>
<b>Shepherd, Michael</b>	2017	Winter Track	4x400m	Champion	3:32.98	District	10	6	
	2017	Winter Track	4x200m	2nd	1:35.12	District	8	4	
	2017	Spring Track	4x400m	2nd	3:29.78	District	8	4	
	2017	Winter Track	High Jump	5th	5-6.00	District	2	3	
	2017	Spring Track	High Jump	5th	5-8.00	District	2	3	
								<b>TOTAL</b>	<b>20</b>
<b>Baumann, Kyle</b>	2004	Winter Track	4x200m	Champion	1:35.27	District	10	6	
	2004	Winter Track	4x200m	5th	1:36.44	Region	2	4	
	2003	Winter Track	Triple Jump	6th	38-02.00	District	1	3	
	2003	Winter Track	4x200m	3rd	1:36.53	District	6	3	
	2005	Winter Track	4x200m	3rd	1:36.58	District	6	3	
								<b>TOTAL</b>	<b>19</b>
<b>Maheffey, Patty</b>	1988	Winter Track	Shot Put	2nd	33-01.00	District	8	4	
	1988	Winter Track	Shot Put	5th	34-07.50	Region	2	4	
	1987	Spring Track	Shot Put	3rd	32-04.50	District	6	3	
	1988	Spring Track	Shot Put	3rd	32-03.50	District	6	3	
	1988	Indoor Track	Shot Put		34-07.50	CHS Record		5	
								<b>TOTAL</b>	<b>19</b>
<b>Park, Sung Woo</b>	2013	Winter Track	High Jump	5th	5-8	Region	4	4	
	2012	Winter Track	High Jump	5th	5-5.00	District	1	3	
	2013	Winter Track	Triple Jump	3rd	41-10.25	District	6	3	
	2013	Winter Track	High Jump	3rd	5-7.00	District	5	3	
	2012	Spring Track	Triple Jump	5th	40-2.00	District	2	3	
	2012	Spring Track	High Jump	6th	5-8.00	District	1	3	
								<b>TOTAL</b>	<b>19</b>
<b>Woodward, Krissy</b>	1984	Winter Track	55m Dash	Champion	7.7h	District	10	6	
	1983	Spring Track	100m Dash	2nd	13.3h	District	8	4	

	1983	Spring Track	200m Dash	5th	29.70	District	2	3	
	1984	Spring Track	200m Dash	3rd	27.2h	District	6	3	
	1984	Winter Track	300m Dash	6th	48.2h	District	1	3	
								<b>TOTAL</b>	<b>19</b>
<b>Bradecamp, Mike</b>	1982	Spring Track	800m Run	Champion	1:59.1h	District	10	6	
	1982	Spring Track	800m Run	4th	1:58.6h	Region	4	4	
	1981	Spring Track	800m Run	5th	2:02.40	District	2	3	
	1982	Spring Track	800m Run		1:58.6h	CHS Record		5	
								<b>TOTAL</b>	<b>18</b>
<b>Brown, Davonte</b>	2018	Winter Track	High Jump	6th	5-8.00	Region	3	4	
	2018	Winter Track	High Jump	2nd	5-6.00	District	8	4	
	2018	Winter Track	4x200m	2nd	1:36.36	District	8	4	
	2018	Spring Track	4x100m	3rd	44.86	District	6	3	
	2018	Spring Track	Triple Jump	4th	38-11.00	District	4	3	
								<b>TOTAL</b>	<b>18</b>
<b>Davenport, Trosodas</b>	2018	Spring Track	4x400m	7th	3:33.53	Region	2	4	
	2018	Spring Track	4x100m	7th	51.38	Region	2	4	
	2018	Spring Track	4x400m	2nd	3:36.20	District	8	4	
	2018	Spring Track	4x100m	3rd	44.86	District	6	3	
	2018	Spring Track	Long Jump	4th	19-0.00	District	4	3	
								<b>TOTAL</b>	<b>18</b>
<b>Hazzard, Steve</b>	1985	CC	Cross Country	7th		Regional		4	
	1985	CC	Cross Country	4th		District		3	
	1987	CC	Cross Country	4th		District		3	
	1985	Winter Track	3200m Run	3rd	9:55.8h	District	6	3	
	1985	Indoor Track	3200m Run		9:56.04	CHS Record		5	
								<b>TOTAL</b>	<b>18</b>
<b>Kinnenberg, Sara</b>	1985	Winter Track	4x200m	Champion	1:52.3	District	10	6	
	1985	Winter Track	4x400m	Champion	4:22.5	District	10	6	
	1986	Winter Track	4x200m	Champion	1:51.1	District	10	6	
								<b>TOTAL</b>	<b>18</b>
<b>Ngo, Tristian</b>	2015	Spring Track	Shot Put	7th	48-6.0	State	2	8	
	2015	Spring Track	Shot Put	5th	48-1.0	Region	3	4	
	2015	Spring Track	Shot Put	3rd	46-4.50	District	6	3	
	2015	Winter Track	Shot Put	5th	43-5.75	District	2	3	
								<b>TOTAL</b>	<b>18</b>
<b>Shaw, Natalie</b>	2005	Winter Track	3200m Run	5th	11:44.59	Region	4	4	
	2007	Winter Track	4x800m	6th	9:48.22	Region	3	4	
	2005	Spring Track	3200m Run	4th	11:39.51	District	4	3	
	2005	Winter Track	3200m Run	3rd	11:48.67	District	6	3	
	2004	Cross Country	Cross Country	10th		District		2	
	2006	Cross Country	Cross Country	14th		District		2	
								<b>TOTAL</b>	<b>18</b>
<b>Sieder, Jacki</b>	2011	Winter Track	4x200m	2nd	1:35.08	Region	8	6	
	2010	Winter Track	500m Dash	7th	1:22.35	Region	2	4	
	2010	Winter Track	500m Dash	3rd	1:21.81	Region	6	4	
	2010	Winter Track	Long Jump	6th	14-8.50	Region	1	4	
								<b>TOTAL</b>	<b>18</b>
<b>Binford, Lauren</b>	2006	Spring Track	400m Dash	6th	1:00.57	Region	3	4	
	2004	Spring Track	4x400m	6th	4:10.43	Region	3	4	
	2006	Spring Track	200m Dash	4th	27.56	District	4	3	
	2004	Spring Track	400m Dash	3rd	59.75	District	6	3	
	2006	Spring Track	400m Dash	3rd	1:00.42	District	6	3	
								<b>TOTAL</b>	<b>17</b>
<b>Hedeen, Matthew</b>	1995	Winter Track	4x800m	5th	8:05.87	State	4	8	
	1996	Spring Track	4x800m	Champion	8:12.7	District	10	6	
	1996	Spring Track	200m or 800	6th	2:03.2h	District	1	3	
								<b>TOTAL</b>	<b>17</b>

Hubbard, Mark	2004	Spring Track	4x800m	6th	8:11.45	Region	3	4	
	2005	Winter Track	4x800m	5th	8:14.76	Region	2	4	
	2005	Winter Track	500m Dash	6th	1:10.89	District	1	3	
	2004	Spring Track	4x800m	3rd	8:08.33	District	6	3	
	2004	Spring Track	4x400m	3rd	3:33.05	District	6	3	
								<b>TOTAL</b>	<b>17</b>
Sung, Alex	2013	Winter Track	Pole Vault	7th	11-9.00	Region	2	4	
	2013	Spring Track	Pole Vault	8th	12-0.00	Region	1	4	
	2012	Spring Track	Pole Vault	3rd	12-0.00	District	6	3	
	2013	Spring Track	Pole Vault	3rd	11-6.00	District	6	3	
	2013	Winter Track	Pole Vault	4th	11-6.00	District	6	3	
								<b>TOTAL</b>	<b>17</b>
Baden, Mark	1982	Spring Track	1600m Run	6th	4:23.5h	Region	1	4	
	1981	CC	Cross Country	14th		District		2	
	1982	Spring Track	1600m Run		4:23.5h	CHS Record		5	
	1982	Spring Track	3200m Run		9:57.0h	CHS Record		5	
								<b>TOTAL</b>	<b>16</b>
Cooper, Emera	2018	Spring Track	4x100m	Champion	51.37	District	10	6	
	2018	Spring Track	4x100m	7th	51.38	Region	2	4	
	2018	Spring Track	Shot Put	4th	29-8.50	District	4	3	
					13.42f/ 13.30p				
2018	Spring Track	100m Dash	4th	13.30p	District	4	3		
								<b>TOTAL</b>	<b>16</b>
Hays, Pat	1989	Winter Track	55m Hurdles	Champion	8.1h	District	10	6	
	1989	Spring Track	110m Hurdles	2nd	15.3h	District	8	4	
	1989	Spring Track	300m Hurdles	4th	40.60	District	4	3	
	1988	Winter Track	Triple Jump	6th	39-00.25	District	1	3	
								<b>TOTAL</b>	<b>16</b>
Hundley, Garmai	2012	Spring Track	100m Hurdles	2nd	16.31	District	8	4	
	2013	Winter Track	55m Hurdles	6th	9.92	District	1	3	
	2013	Winter Track	Shot Put	6th	29-5.00	District	1	3	
	2013	Spring Track	100m Hurdles	3rd	16.42	District	6	3	
					49.74f/ 49.67p				
2013	Spring Track	300m	4th	49.67p	District	4	3		
								<b>TOTAL</b>	<b>16</b>
Prueitt, Sharon	2004	Winter Track	High Jump	2nd	4-10.00	District	8	4	
	2004	Spring Track	High Jump	5th	4-08.00	District	2	3	
	2003	Winter Track	High Jump	6th	4-08.00	District	1	3	
	2004	Winter Track	Triple Jump	6th	31-02.25	District	1	3	
	2004	Winter Track	55m Hurdles	5th	9.83	District	2	3	
								<b>TOTAL</b>	<b>16</b>
Sampson, Jordan	2001	Spring Track	Discus	Champion	143-11.00	District	10	6	
	2001	Spring Track	Discus	3rd	147-06.00	Region	6	4	
	2001	Spring Track	Shot Put	3rd	44-01.50	District	6	3	
	2001	Winter Track	Shot Put	3rd	40-05.00	District	6	3	
								<b>TOTAL</b>	<b>16</b>
Schad, Rebecca	2004	Winter Track	Pole Vault	2nd	8-00.00	District	8	4	
	2004	Spring Track	Pole Vault	4th	9-00.00	District	4	3	
	2003	Spring Track	Pole Vault	3rd	7-06.00	District	5	3	
	2002	Winter Track	Pole Vault	6th	8-00.00	District	1	3	
	2003	Winter Track	Pole Vault	3rd	8-00.00	District	6	3	
								<b>TOTAL</b>	<b>16</b>
Tully, Darren	2004	Winter Track	4x200m	Champion	1:35.27	District	10	6	
	2004	Winter Track	4x200m	5th	1:36.44	Region	2	4	
	2004	Winter Track	500m Dash	6th	1:09.82	District	1	3	
	2003	Winter Track	4x200m	3rd	1:36.53	District	6	3	
								<b>TOTAL</b>	<b>16</b>
Young, Jordan	2010	Spring Track	Discus	3rd	131-6.00	Region	6	4	
	2009	Spring Track	Discus	3rd	130-4.00	District	6	3	

	2010	Spring Track	Discus	5th	116-06.00	District	2	3	
	2008	Spring Track	Discus	5th	114-00.00	District	2	3	
	2010	Spring Track	Shot Put	6th	40-8.00	District	1	3	
								<b>TOTAL</b>	<b>16</b>
<b>Chapman, Colin</b>	2000	Cross Country	Cross Country	6th		District		3	
	2001	Spring Track	1600m Run	6th	4:28.34	District	1	3	
	2001	Winter Track	1600m Run	6th	4:37.06	District	1	3	
	2002	Winter Track	1600m Run	5th	4:32.99	District	2	3	
	2001	Winter Track	3200m Run	4th	9:58.24	District	4	3	
								<b>TOTAL</b>	<b>15</b>
<b>Filipek, Amanda</b>	2013	Spring Track	4x100m	2nd	50.76	District	8	4	
	2014	Spring Track	4x400m	6th	4:01.64	Region	3	4	
	2014	Winter Track	4x400m	8th	4:14.78	District	1	4	
	2014	Winter Track	4x400m	3rd	4:18.24	District	6	3	
								<b>TOTAL</b>	<b>15</b>
<b>Freeman, Kevin</b>	1993	Winter Track	4x400m	Champion	3:34.39	District	10	6	
	1993	Winter Track	4x800m	Champion	8:18.07	District	10	6	
	1993	Winter Track	500m Dash	4th	1:10.86	District	4	3	
								<b>TOTAL</b>	<b>15</b>
<b>Gosnell, Kelly</b>	1990	Spring Track	Shot Put	2nd	31-04.50	District	8	4	
	1990	Spring Track	Discus	2nd	91-08.00	District	8	4	
	1990	Winter Track	Shot Put	2nd	31-01.75	District	8	4	
	1989	Winter Track	Shot Put	5th	30-01.50	District	2	3	
								<b>TOTAL</b>	<b>15</b>
<b>Granger, Karen</b>	1985	Spring Track	400m Dash	6th	1:05.30	District	1	3	
	1986	Spring Track	400m Dash	5th	1:03.1h	District	2	3	
	1987	Spring Track	200m Dash	4th	27.3h	District	4	3	
	1986	Winter Track	500m Dash	6th	1:25.4h	District	1	3	
	1987	Spring Track	4x100m	3rd	51.5	District	6	3	
								<b>TOTAL</b>	<b>15</b>
<b>Jones, Brian</b>	1994	Spring Track	4x800m	Champion	7:58.78	Region	10	12	
	1994	Winter Track	500m Dash	4th	1:11.24	District	4	3	
								<b>TOTAL</b>	<b>15</b>
<b>Melella, Thomas</b>	1993	Winter Track	4x200m	Champion	1:35.74	District	10	6	
	1993	Winter Track	4x400m	Champion	3:34.39	District	10	6	
	1993	Winter Track	500m Dash	6th	1:12.10	District	1	3	
								<b>TOTAL</b>	<b>15</b>
<b>Rolfe, Eric</b>	2010	Winter Track	4x800m	Champion	8:08.02	Region	10	12	
	2010	Winter Track	4x800m	3rd	8:27.04	District	6	3	
								<b>TOTAL</b>	<b>15</b>
<b>Chambers, Angel</b>	1996	Winter Track	55m Dash	5th	7.45	Region	2	4	
	1995	Spring Track	100m Dash	2nd	12.7h	District	8	4	
	1996	Winter Track	300m Dash	6th	44.9h	District	1	3	
	1996	Winter Track	55m Dash	5th	7.5h	District	2	3	
								<b>TOTAL</b>	<b>14</b>
<b>Clark, Rob</b>	1984	Winter Track	Pole Vault	3rd	12-06.00	Region	6	4	
	1984	Spring Track	Pole Vault	2nd	12-00.00	District	8	4	
	1983	Spring Track	Pole Vault	4th	10-06.00	District	3	3	
	1983	Winter Track	Pole Vault	4th	10-06.00	District	3	3	
								<b>TOTAL</b>	<b>14</b>
<b>Gourley, Sonya</b>	1978	Spring Track	4x220y Relay	Champion	1:47.8	District	10	6	
	1978	Spring Track	4x110y Relay	2nd	50.9h	District	8	4	
	1978	Spring Track	4x110y Relay	5th	51.2h	Region	2	4	
								<b>TOTAL</b>	<b>14</b>
<b>Henderson, Beth</b>	1978	Spring Track	4x220y Relay	Champion	1:47.8	District	10	6	
	1978	Spring Track	4x110y Relay	2nd	50.9h	District	8	4	
	1978	Spring Track	4x110y Relay	5th	51.2h	Region	2	4	
								<b>TOTAL</b>	<b>14</b>
<b>Johnson, Michael</b>	1992	Spring Track	3200m Run	5th	10:06.9h	District	2	3	

	1993	Spring Track	3200m Run	3rd	10:05.3h	District	6	3	
	1992	Winter Track	3200m Run	4th	10:31.90	District	4	3	
	1993	Winter Track	3200m Run	3rd	10:20.63	District	6	3	
	1992	CC	Cross Country	11th		District		2	
								<b>TOTAL</b>	<b>14</b>
<b>Lewis, Tom</b>	1986	Spring Track	Pole Vault	2nd	12-00.00	District	8	4	
	1985	Winter Track	Pole Vault	2nd	12-00.00	District	8	4	
	1984	Spring Track	Pole Vault	3rd	11-00.00	District	6	3	
	1987	Winter Track	Pole Vault	3rd	12-06.00	District	6	3	
								<b>TOTAL</b>	<b>14</b>
<b>Parrell, John</b>	2006	Winter Track	4x400m	2nd	3:35.72	District	8	4	
	2005	Winter Track	4x200m	6th	1:37.75	Region	1	4	
	2006	Spring Track	400m Dash	5th	51.66	District	2	3	
	2006	Winter Track	300m Dash	3rd	37.62	District	6	3	
								<b>TOTAL</b>	<b>14</b>
<b>Shirley, Andy</b>	1976	Spring Track	330y Hurdles	2nd	41.7h	District	8	4	
	1977	Spring Track	330y Hurdles	2nd	42.4h	District	8	4	
	1976	Winter Track	60y Dash	3rd	8.3h	District	6	3	
	1978	Spring Track	330y Hurdles	3rd	40.5h	District	6	3	
								<b>TOTAL</b>	<b>14</b>
<b>Siemer, John</b>	1995	Winter Track	4x400m	6th	3:28.68	State	3	8	
	1995	Winter Track	300m Dash	6th	38.90	District	1	3	
	1995	Winter Track	High Jump	5th	5-08.00	District	2	3	
								<b>TOTAL</b>	<b>14</b>
<b>Wigle, Christopher</b>	2014	Winter Track	4x800m	4th	8:22.19	Region	5	4	
	2016	Spring Track	3200m Run	4th	10:01.29	District	4	3	
	2016	Winter Track	3200m Run	5th	10:15.24	District	2	3	
	2014	Cross Country	Cross Country	12th	15:54.0	District	12	2	
	2015	Cross Country	Cross Country	10th	16:23.0	District	10	2	
								<b>TOTAL</b>	<b>14</b>
<b>Allain, Thomas</b>	2017	Winter Track	1600m Run	8th	4:40.00	Region	1	4	
	2016	Cross Country	Cross Country	6th	16:05.00	District	6	3	
	2017	Winter Track	4x800m	3rd	8:38.35	District	6	3	
	2017	Winter Track	1600m Run	6th	4:40.83	District	6	3	
								<b>TOTAL</b>	<b>13</b>
<b>Aronhime, Caroline</b>	2018	Spring Track	4x400m	Champion	4:10.43	District	10	6	
	2018	Winter Track	Pole Vault	2nd	6-6.00	District	7	4	
	2018	Spring Track	Pole Vault	4th	7-0.00	District	7	3	
								<b>TOTAL</b>	<b>13</b>
<b>Barry, Shawn</b>	1991	Winter Track	Pole Vault	3rd	12-06.00	Region	6	4	
	1990	Spring Track	Pole Vault	3rd	12-00.00	District	5	3	
	1991	Spring Track	Pole Vault	3rd	12-06.00	District	6	3	
	1991	Winter Track	Pole Vault	4th	11-00.00	District	4	3	
								<b>TOTAL</b>	<b>13</b>
<b>Brown, Kyra</b>	1985	Winter Track	55m Dash	4th	7.8h	District	4	3	
	1986	Winter Track	Long Jump	3rd	15-02.75	District	6	3	
	1985	CC	Cross Country	11th		District		2	
	1985	Indoor Track	Long Jump		16-06.50	CHS Record		5	
								<b>TOTAL</b>	<b>13</b>
<b>Bush, Ernest</b>	1989	Spring Track	Discus	2nd	143-07.00	District	8	4	
	1989	Spring Track	Shot Put	3rd	44-10.75	District	6	3	
	1988	Spring Track	Discus	3rd	141-06.50	District	6	3	
	1989	Winter Track	Shot Put	6th	43-09.25	District	1	3	
								<b>TOTAL</b>	<b>13</b>
<b>Chen, Yvonne</b>	1992	Winter Track	Triple Jump	2nd	33-01.75	District	8	4	
	1992	Winter Track	55m Hurdles	6th	9.95	District	1	3	
	1992	Winter Track	Long Jump	4th	15-00.50	District	4	3	
	1991	Winter Track	Triple Jump	4th	32-08.50	District	4	3	
								<b>TOTAL</b>	<b>13</b>



<b>Hally, Alexandra</b>	2006	Winter Track	1000m Run	6th	3:05.90	Region	1	4
	2006	Spring Track	800m Run	6th	2:23.42	District	1	3
	2006	Winter Track	1000m Run	3rd	3:10.18	District	6	3
	2006	Winter Track	4x800m	3rd	9:49.26	District	6	3
<b>TOTAL</b>								<b>13</b>
<b>Hemstreet, Bruce</b>	1985	Winter Track	Long Jump	2nd	21-01.50	District	8	4
	1985	Winter Track	Triple Jump	2nd	42-07.50	District	8	4
	1985	Indoor Track	Triple Jump		42-07.50	CHS Record		5
<b>TOTAL</b>								<b>13</b>
<b>Jarrett, Tyeisha</b>	2008	Spring Track	4x100m	Champion	50.91	District	10	6
	2008	Spring Track	4x100m	5th	50.61	Region	4	4
	2010	Winter Track	55m Dash	6th	7.8	District	1	3
<b>TOTAL</b>								<b>13</b>
<b>Kohn, Nicholas</b>	1993	Spring Track	Discus	2nd	130-09.00	District	8	4
	1993	Spring Track	Shot Put	4th	43-01.00	District	4	3
	1992	Spring Track	Discus	4th	122-06.00	District	4	3
	1993	Winter Track	Shot Put	4th	43-08.75	District	4	3
<b>TOTAL</b>								<b>13</b>
<b>Monson, James</b>	2017	Cross Country	4x800m	12th	16:03.00	Region	12th	3
	2017	Winter Track	4x800m	3rd	8:38.35	District	6	3
	2018	Winter Track	1000m Run	6th	2:45.22	District	1	3
	2017	Cross Country	Cross Country	8th	16:10.00	District	8	2
	2016	Cross Country	Cross Country	12th	16:12.00	District	23	2
<b>TOTAL</b>								<b>13</b>
<b>Mosher, Allene</b>	1980	Spring Track	4x220y Relay	Champion	1:46.8h	District	10	6
	1980	Spring Track	4x200m Relay	5th	1:46.8h	Region	2	4
	1980	Winter Track	50m Dash	6th	7.8h	District	1	3
<b>TOTAL</b>								<b>13</b>
<b>Phimmassone, Anothep</b>	1985	Winter Track	Pole Vault	Champion	12-00.00	District	10	6
	1984	Winter Track	Pole Vault	2nd	12-00.00	District	8	4
	1983	Spring Track	Pole Vault	4th	10-06.00	District	3	3
<b>TOTAL</b>								<b>13</b>
<b>Soumahro, Jenay</b>	2018	Winter Track	55m Hurdles	Champion	9.56	District	10	6
					16.82f/			
	2018	Spring Track	100m Hurdles	2nd	16.76p	District	8	4
2018	Spring Track	300m Hurdles	4th	50.69	District	4	3	
<b>TOTAL</b>								<b>13</b>
<b>Von Hoene, Melissa</b>	2005	Spring Track	Shot Put	8th	34-10.50	Region	1	4
	2004	Spring Track	Shot Put	6th	29-09.00	District	1	3
	2005	Spring Track	Shot Put	4th	32-04.25	District	4	3
	2005	Winter Track	Shot Put	5th	33-03.50	District	2	3
<b>TOTAL</b>								<b>13</b>
<b>Wickstrom, Heather</b>	1988	Spring Track	300m Hurdles	2nd	49.3h	District	8	4
	1989	Spring Track	100m Hurdles	5th	17.2h	District	2	3
	1988	Winter Track	Long Jump	6th	14-03.50	District	1	3
	1989	Winter Track	55m Hurdles	4th	9.8h	District	4	3
<b>TOTAL</b>								<b>13</b>
<b>Adams, Leanna</b>	1986	Spring Track	Long Jump	2nd	16-02.00	District	8	4
	1986	Spring Track	Triple Jump	4th	32-01.25	District	4	3
	1986	Spring Track	Triple Jump		33-07.75	CHS Record		5
<b>TOTAL</b>								<b>12</b>
<b>Alley, Robert</b>	1992	Winter Track	55m Hurdles	Champion	8.40	District	10	6
	1992	Winter Track	Triple Jump	4th	42-09.75	District	4	3
	1992	Winter Track	Long Jump	3rd	19-06.75	District	6	3
<b>TOTAL</b>								<b>12</b>
<b>Chan, Teresa</b>	2005	Spring Track	100m Hurdles	6th	17.53	District	1	3
	2004	Spring Track	100m Hurdles	4th	17.45	District	4	3
	2005	Winter Track	55m Hurdles	5th	9.52	District	2	3

	2006	Winter Track	55m Hurdles	4th	9.45	District	4	3	
								<b>TOTAL</b>	<b>12</b>
<b>Cyr, Wyatt</b>	2018	Winter Track	4x800m	Champion	8:36.26	District	10	6	
	2017	Winter Track	4x800m	3rd	8:38.35	District	6	3	
	2018	Spring Track	800m Run	5th	2:06.05	District	6	3	
								<b>TOTAL</b>	<b>12</b>
<b>Galindo, Brandon</b>	2011	Winter Track	Shot Put	4th	37-8.75	District	4	3	
	2011	Spring Track	Shot Put	5th	40-4.5	District	2	3	
	2012	Winter Track	Shot Put	6th	40-2.00	District	1	3	
	2012	Spring Track	Discus	5th	118-10.00	District	2	3	
								<b>TOTAL</b>	<b>12</b>
<b>Gamble, Julie</b>	1995	Winter Track	4x800m	Champion	10:25.0	District	10	6	
	1994	Cross Country	Cross Country	14th		District		2	
	1994	Winter Track	1000m Run	2nd	3:19.42	District	8	4	
								<b>TOTAL</b>	<b>12</b>
<b>Grant, Chris</b>	2000	Spring Track	High Jump	2nd	6-01.00	District	7	4	
	2000	Winter Track	High Jump	2nd	5-10.00	District	8	4	
	2000	Spring Track	High Jump	3rd	6-00.00	Region	6	4	
								<b>TOTAL</b>	<b>12</b>
<b>Henderson, Chandler</b>	2014	Winter Track	55m Hurdles	4th	8.42	District	4	3	
	2014	Spring Track	300m Hurdles	3rd	42.62	District	6	3	
					17.67f/				
	2014	Spring Track	110m Hurdles	5th	16.94p	District	2	3	
	2014	Spring Track	Pole Vault	6th	11-3.00	District	1	3	
								<b>TOTAL</b>	<b>12</b>
<b>Jones, Kelly</b>	1992	Winter Track	4x400m	Champion	4:16.1	District	10	6	
	1992	Spring Track	400m Dash	6th	1:07.2h	District	1	3	
	1994	Winter Track	300m Dash	5th	45.63	District	2	3	
								<b>TOTAL</b>	<b>12</b>
<b>Morrison, Michael</b>	2004	Spring Track	4x100m	Champion	44.86	District	10	6	
	2004	Spring Track	300m Hurdles	3rd	41.98	District	6	3	
	2003	Spring Track	4x100m	3rd	45.72	District	6	3	
								<b>TOTAL</b>	<b>12</b>
<b>Orlandella, Hiroto</b>	1991	Winter Track	4x800m	Champion	8:38.49	District	10	6	
	1991	Spring Track	800m Run	3rd	2:01.9h	District	6	3	
	1991	Winter Track	1000m Run	4th	2:46.01	District	4	3	
								<b>TOTAL</b>	<b>12</b>
<b>Perdue, Taylor</b>	1992	Winter Track	Long Jump	5th	15-00.50	District	2	3	
	1993	Winter Track	500m Dash	4th	1:25.91	District	4	3	
	1992	Winter Track	300m Dash	3rd	45.00	District	6	3	
	1993	Winter Track	Long Jump	3rd	14-08.25	District	6	3	
								<b>TOTAL</b>	<b>12</b>
<b>Ren, Elizabeth</b>	2016	Winter Track	55m Hurdles	4th	9.93	District	4	3	
	2016	Spring Track	100m Hurdles	6th	17.48	District	1	3	
	2015	Winter Track	55m Hurdles	5th	9.63	District	2	3	
					17.76f/				
	2015	Spring Track	100m Hurdles	6th	17.65p	District	1	3	
								<b>TOTAL</b>	<b>12</b>
<b>Smith, Peggie</b>	1999	Spring Track	Long Jump	6th	15-05.75	District	1	3	
	1999	Spring Track	Triple Jump	6th	34-09.00	District	1	3	
	1999	Spring Track	100m Hurdles	4th	16.25	District	4	3	
	1998	Spring Track	100m Hurdles	4th	16.59	District	4	3	
								<b>TOTAL</b>	<b>12</b>
<b>Stahli, Brian</b>	1991	Winter Track	4x800m	Champion	8:38.49	District	10	6	
	1990	Winter Track	1000m Run	6th	2:48.30	District	1	3	
	1991	Winter Track	1000m Run	5th	2:49.00	District	2	3	
								<b>TOTAL</b>	<b>12</b>
<b>Williams, Vince</b>	1993	Winter Track	4x800m	Champion	8:18.07	District	10	6	

	1992	Spring Track	800m Run	6th	2:06.5h	District	1	3	
	1992	Winter Track	1000m Run	5th	2:49.80	District	2	3	
								<b>TOTAL</b>	<b>12</b>
<b>Yantchook, Niles</b>	1993	Spring Track	High Jump	4th	5-10.00	District	4	3	
	1993	Winter Track	High Jump	5th	5-08.00	District	1.5	3	
	1991	Winter Track	High Jump	5th	5-08.00	District	2	3	
	1992	Winter Track	High Jump	4th	5-08.00	District	4	3	
	1993	Indoor Track	High Jump		6-03.00	CHS Record		5	
								<b>TOTAL</b>	<b>12</b>
<b>Alston, Kathy</b>	1975	Spring Track	440y Dash	Champion	61.8h	District	10	6	
	1975	Spring Track	440y Dash		61.8h	CHS Record		5	
								<b>TOTAL</b>	<b>11</b>
<b>Baden, Katherine</b>	1982	Spring Track	1600m Run	Champion	4:26.1h	District	10	6	
	1983	Winter Track	1600m Run	4th	NT	District	4	3	
	1982	CC	Cross Country	14th		District		2	
								<b>TOTAL</b>	<b>11</b>
<b>Carlisle, Alexa</b>	2018	Winter Track	Shot Put	2nd	33-3.00	District	8	4	
	2018	Spring Track	Shot Put	2nd	35-2.50	District	8	4	
	2017	Spring Track	Shot Put	4th	32-6.75	District	4	3	
								<b>TOTAL</b>	<b>11</b>
<b>Forman, Tim</b>	1988	Spring Track	200m Dash	3rd	22.7h	District	6	3	
	1988	Winter Track	55m Dash	3rd	6.79	District	6	3	
	1988	Indoor Track	55m Dash		6.79	CHS Record		5	
								<b>TOTAL</b>	<b>11</b>
<b>Freeman, David</b>	1985	Spring Track	800m Run	4th	1:58.8h	District	4	3	
	1985	Spring Track	800m Run	3rd	2:01.30	District	6	3	
	1985	Winter Track	1600m Run	6th	4:39.1h	District	1	3	
	1985	CC	Cross Country	15th		District		2	
								<b>TOTAL</b>	<b>11</b>
<b>Jamison, Josef</b>	2013	Spring Track	High Jump	2nd	5-10.00	District	8	4	
	2013	Spring Track	High Jump	8th	5-10.00	Region	0.5	4	
	2014	Spring Track	High Jump	5th	5-8.00	District	1	3	
								<b>TOTAL</b>	<b>11</b>
<b>Jue, Bhowah</b>	1996	Spring Track	100m Dash	2nd	11.1h	District	8	4	
	1996	Spring Track	100m Dash	6th	11.54	Region	1	4	
	1996	Spring Track	200m Dash	3rd	22.7h	District	6	3	
								<b>TOTAL</b>	<b>11</b>
<b>Lalley, John</b>	1987	Spring Track	Shot Put	5th	48-11.00	District	2	3	
	1986	Spring Track	Shot Put	3rd	42-04.75	District	6	3	
	1987	Spring Track	Shot Put		48-11.00	CHS Record		5	
								<b>TOTAL</b>	<b>11</b>
<b>Marlow, Patrick</b>	2018	Spring Track	4x400m	7th	3:33.53	Region	2	4	
	2018	Spring Track	4x400m	2nd	3:36.20	District	8	4	
	2018	Spring Track	1600m Run	4th	4:37.69	District	4	3	
								<b>TOTAL</b>	<b>11</b>
<b>Murray, Christie</b>	2014	Cross Country	Cross Country	8th	18:28.0	District		2	
	2013	Cross Country	Cross Country	15th	18:56.0	District		2	
	2014	Winter Track	4x800m	5th	10:00.43	Region	4	4	
	2014	Spring Track	4x800m	3rd	9:40.86	District	6	3	
								<b>TOTAL</b>	<b>11</b>
<b>Oliveira, Sofia</b>	2014	Winter Track	4x800m	2nd	10:00.24	District	8	4	
	2014	Winter Track	4x400m	8th	4:14.78	District	1	4	
	2014	Winter Track	4x400m	3rd	4:18.24	District	6	3	
								<b>TOTAL</b>	<b>11</b>
<b>Scott, Ashley</b>	2003	Spring Track	4x100m	5th	51.14	Region	4	4	
	2004	Spring Track	4x400m	6th	4:10.43	Region	3	4	
	2003	Spring Track	4x100m	3rd	51.72	District	6	3	
								<b>TOTAL</b>	<b>11</b>

Vranas, Jessica	2004	Winter Track	500m Dash	5th	1:20.00	Region	2	4	
	2005	Winter Track	4x400m	5th	4:08.97	Region	2	4	
	2004	Winter Track	500m Dash	4th	1:21.67	District	4	3	
								<b>TOTAL</b>	<b>11</b>
Abisogun, Olabisi	2010	Winter Track	High Jump	7th	4-10.00	Region	2	4	
	2009	Winter Track	High Jump	5th	4-08.00	District	2	3	
	2010	Winter Track	High Jump	4th	4-6.00	District	2	3	
								<b>TOTAL</b>	<b>10</b>
Chapman, Meredith	1998	Winter Track	4x800m	Champion	10:17.9	District	10	6	
	1999	Winter Track	4x800m	4th	9:41.23	Region	4	4	
								<b>TOTAL</b>	<b>10</b>
Croy, Matt	1990	Spring Track	Shot Put	Champion	46-00.00	District	10	6	
	1990	Spring Track	Discus	2nd	139-00.00	District	8	4	
								<b>TOTAL</b>	<b>10</b>
Donovan, Casey	2009	Spring Track	4x100m	Champion	50.93	District	10	6	
	2008	Spring Track	4x100m	8th	50.81	Region	1	4	
								<b>TOTAL</b>	<b>10</b>
Eadie, Blair	1999	Cross Country	Cross Country	6th		District		3	
	2000	Winter Track	1600m Run	4th	5:41.01	District	4	3	
	2000	Cross Country	Cross Country	8th		District		2	
	2001	Cross Country	Cross Country	9th		District		2	
								<b>TOTAL</b>	<b>10</b>
Edwards, Bryan	2000	Winter Track	300m Dash	2nd	37.76	District	8	4	
	2000	Spring Track	400m Dash	6th	52.05	District	1	3	
	2000	Spring Track	200m Dash	5th	23.59	District	2	3	
								<b>TOTAL</b>	<b>10</b>
Goude, Lata	2017	Winter Track	Pole Vault	2nd	8-3.00	District	8	4	
	2017	Spring Track	Pole Vault	4th	8-0.00	District	4	3	
	2016	Spring Track	Pole Vault	5th	8-6.00	District	2	3	
								<b>TOTAL</b>	<b>10</b>
Henderson, Kathy	1980	Spring Track	4x220y Relay	Champion	1:46.8h	District	10	6	
	1980	Spring Track	4x200m Relay	5th	1:46.8h	Region	2	4	
								<b>TOTAL</b>	<b>10</b>
Jones, Claire	2018	Spring Track	4x100m	Champion	51.37	District	10	6	
	2018	Spring Track	4x100m	7th	51.38	Region	2	4	
								<b>TOTAL</b>	<b>10</b>
Kinsey, Elise	2011	Winter Track	4x800m	Champion	9:54.98	District	10	6	
	2011	Winter Track	4x800m	3rd	9:44.64	Region	6	4	
								<b>TOTAL</b>	<b>10</b>
Knippler, Elizabeth	2010	Spring Track	4x800m	7th	9:57.77	Region	2	4	
	2011	Winter Track	3200m Run	6th	12:20.73	District	1	3	
	2010	Spring Track	4x800m	3rd	9:37.96	District	6	3	
								<b>TOTAL</b>	<b>10</b>
Marlette, Jenna	2010	Spring Track	4x800m	7th	9:57.77	Region	2	4	
	2010	Spring Track	800m Run	3rd	2:28.44	District	6	3	
	2010	Spring Track	4x800m	3rd	9:37.96	District	6	3	
								<b>TOTAL</b>	<b>10</b>
Palmer, Douglas Jr	2004	Spring Track	4x800m	6th	8:11.45	Region	3	4	
	2004	Winter Track	4x800m	3rd	8:27.53	District	6	3	
	2004	Spring Track	4x800m	3rd	8:08.33	District	6	3	
								<b>TOTAL</b>	<b>10</b>
Ploetz, Ben	1991	Spring Track	400m Dash	2nd	52.20	District	8	4	
	1990	Spring Track	Pole Vault	6th	11-06.00	District	1	3	
	1991	Winter Track	Pole Vault	3rd	12-00.00	District	6	3	
								<b>TOTAL</b>	<b>10</b>
Puhek, Joshua	2018	Spring Track	3200m Run	7th	9:49.48	Region	2	4	
	2018	Spring Track	3200m Run	3rd	9:56.45	District	6	3	
	2018	Winter Track	3200m Run	6th	10:06.84	District	1	3	
								<b>TOTAL</b>	<b>10</b>

<b>Vu, Pauline</b>	2013	Spring Track	4x100m	8th	50.89	Region	1	4	
	2013	Winter Track	55m Dash	6th	7.97	District	1	3	
	2012	Spring Track	4x100m	3rd	51.51	District	6	3	
								<b>TOTAL</b>	<b>10</b>
<b>Westerman, Michael</b>	2004	Winter Track	Shot Put	2nd	46-10.50	District	8	4	
	2003	Spring Track	Shot Put	6th	41-05.00	District	1	3	
	2003	Winter Track	Shot Put	5th	39-05.25	District	2	3	
								<b>TOTAL</b>	<b>10</b>
<b>Witek, Kristin</b>	2007	Winter Track	4x800m	6th	9:48.22	Region	3	4	
	2005	Winter Track	1600m Run	5th	5:27.89	District	2	3	
	2006	Winter Track	4x800m	3rd	9:49.26	District	6	3	
								<b>TOTAL</b>	<b>10</b>
<b>Withers, Jennifer</b>	2008	Winter Track	Pole Vault	2nd	8-06.00	District	8	4	
	2007	Spring Track	Pole Vault	4th	8-06.00	District	3	3	
	2008	Spring Track	Pole Vault	3rd	8-00.00	District	5	3	
								<b>TOTAL</b>	<b>10</b>
<b>Baughn, Wade</b>	1988	Spring Track	Discus	6th	127-01.50	District	1	3	
	1990	Spring Track	Shot Put	4th	41-08.50	District	4	3	
	1990	Spring Track	Discus	4th	127-05.00	District	4	3	
								<b>TOTAL</b>	<b>9</b>
<b>Black, Sheri</b>	1987	Winter Track	3200m Run	5th	12:23.5h	District	2	3	
	1986	Winter Track	3200m Run	5th	13:15.0h	District	2	3	
	1986	CC	Cross Country	7th		District		3	
								<b>TOTAL</b>	<b>9</b>
<b>Buckingham, Barbara</b>	1977	Spring Track	880y Run	2nd	2:31.9h	District	8	4	
	1977	Spring Track	880y Run		2:31.9h	CHS Record		5	
								<b>TOTAL</b>	<b>9</b>
<b>Burgoyne, Nick</b>	1998	Winter Track	Pole Vault	Champion	10-06.00	District	10	6	
	1997	Winter Track	Pole Vault	3rd	10-00.00	District	6	3	
								<b>TOTAL</b>	<b>9</b>
<b>Carmosino, Gordon</b>	1989	Spring Track	800m Run	6th	2:02.3h	District	1	3	
	1989	Winter Track	500m Dash	5th	1:10.5h	District	2	3	
	1988	Winter Track	500m Dash	4th	1:12.40	District	4.5	3	
								<b>TOTAL</b>	<b>9</b>
<b>Davis, Ed</b>	1986	Spring Track	Pole Vault	6th	11-06.00	District	1	3	
	1988	Spring Track	Pole Vault	5th	10-06.00	District	1.5	3	
	1987	Spring Track	Pole Vault	5th	11-00.00	District	2	3	
								<b>TOTAL</b>	<b>9</b>
<b>Florjancic, Grace</b>	2014	Winter Track	Pole Vault	6th	7-3.00	District	0.5	3	
	2014	Spring Track	Pole Vault	5th	7-6.00	District	1.5	3	
	2015	Spring Track	Pole Vault	6th	36739.00	District	1	3	
								<b>TOTAL</b>	<b>9</b>
<b>Foley, Eileen</b>	2007	Spring Track	3200m Run	6th	11:43.66	District	1	3	
	2004	Winter Track	3200m Run	5th	12:09.03	District	2	3	
	2007	Winter Track	3200m Run	4th	11:42.91	District	4	3	
								<b>TOTAL</b>	<b>9</b>
<b>Hasselkus, Amy</b>	1986	Spring Track	High Jump	3rd	4-10.00	District	5	3	
	1987	Winter Track	High Jump	3rd	4-08.00	District	6	3	
	1987	Spring Track	4x100m	3rd	51.5	District	6	3	
								<b>TOTAL</b>	<b>9</b>
<b>Le, Johanna</b>					17.92f/				
	2014	Spring Track	100m Hurdles	3rd	17.72p	District	6	3	
	2014	Winter Track	55m Hurdles	4th	9.91	District	4	3	
								<b>TOTAL</b>	<b>9</b>
<b>Lord, Jamie</b>					9.64	District	1	3	
	1989	Spring Track	100m Dash	5th	11.5h	District	2	3	

	1989	Winter Track	55m Dash	5th	6.87	District	2	3	
	1989	Winter Track	300m Dash	5th	38.7h	District	2	3	
								<b>TOTAL</b>	<b>9</b>
<b>McFail, Lawrence</b>	1975	Spring Track	100 Y Dash	2nd	10.2h	District	8	4	
	1975	Spring Track	100 Y Dash		10.2h	CHS Record		5	
								<b>TOTAL</b>	<b>9</b>
<b>McWeeny, Ryan</b>	2010	Winter Track	55m Hurdles	3rd	8.38	District	6	3	
	2009	Spring Track	300m Hurdles	6th	43.67	District	1	3	
	2010	Winter Track	High Jump	6th	5-6.00	District	1	3	
								<b>TOTAL</b>	<b>9</b>
<b>Morris, Scottie</b>	1993	Winter Track	4x800m	Champion	10:02.0	District	10	6	
	1993	Winter Track	1000m Run	6th	3:23.50	District	1	3	
								<b>TOTAL</b>	<b>9</b>
<b>Nas, Andor</b>	2015	Spring Track	High Jump	6th	5-8.00	District	1	3	
	2015	Spring Track	4x400m	Champion	3:26.92	District	10	6	
								<b>TOTAL</b>	<b>9</b>
<b>O'Donnell, Margaret</b>	2015	Winter Track	High Jump	5th	4-8.00	District	2	3	
	2016	Spring Track	300m Hurdles	6th	50.31 53.49f/	District	1	3	
	2015	Spring Track	300m Hurdles	6th	52.20p	District	1	3	
								<b>TOTAL</b>	<b>9</b>
<b>Oputa, Emeka</b>	2012	Winter Track	Triple Jump	5th	39-8.50	District	2	3	
	2012	Winter Track	Long Jump	6th	19-6.75	District	1	3	
	2012	Spring Track	Triple Jump	6th	40-0.75	District	1	3	
								<b>TOTAL</b>	<b>9</b>
<b>Patrick, Amy</b>	1983	Spring Track	100m Dash	6th	13.5h	District	1	3	
	1984	Winter Track	55m Dash	6th	8.1h	District	1	3	
	1983	Winter Track	55m Dash	6th	NT	District	1	3	
								<b>TOTAL</b>	<b>9</b>
<b>Perko, Cheryl</b>	1983	Spring Track	Long Jump	2nd	15-07.50	District	8	4	
	1983	Indoor Track	Long Jump		15-09.00	CHS Record		5	
								<b>TOTAL</b>	<b>9</b>
<b>Phan, Tobey</b>	2018	Winter Track	Triple Jump	3rd	39-6.75	District	6	3	
	2017	Winter Track	Triple Jump	5th	40-0.5	District	2	3	
	2018	Winter Track	Long Jump	6th	18-4.50	District	1	3	
								<b>TOTAL</b>	<b>9</b>
<b>Raja, Nader</b>	2003	Spring Track	Triple Jump	6th	39-07.25	District	1	3	
	2002	Winter Track	Triple Jump	6th	38-09.50	District	1	3	
	2003	Winter Track	Triple Jump	3rd	39-05.00	District	6	3	
								<b>TOTAL</b>	<b>9</b>
<b>Ritchey, Brad</b>	1990	Spring Track	300m Hurdles	3rd	42.4h	District	6	3	
	1988	Spring Track	High Jump	3rd	5-10.00	District	6	3	
	1989	Winter Track	High Jump	3rd	5-10.00	District	6	3	
								<b>TOTAL</b>	<b>9</b>
<b>Soukup, Leah</b>	2007	Spring Track	High Jump	6th	4-06.00	District	1	3	
	2008	Spring Track	High Jump	3rd	4-10.00	District	6	3	
	2008	Winter Track	High Jump	3rd	4-08.00	District	6	3	
								<b>TOTAL</b>	<b>9</b>
<b>Tho, Cindy</b>	2017	Winter Track	Pole Vault	3rd	8-3.00	District	6	3	
	2017	Spring Track	Pole Vault	3rd	8-6.00	District	6	3	
	2016	Spring Track	Pole Vault	5th	8-6.00	District	2	3	
								<b>TOTAL</b>	<b>9</b>
<b>Troyer, Tom</b>	1990	Winter Track	4x400m	Champion	3:37.56	District	10	6	
	1990	Winter Track	500m Dash	3rd	1:09.36	District	6th	3	
								<b>TOTAL</b>	<b>9</b>
<b>Westfall, Scott</b>	1989	Spring Track	110m Hurdles	6th	17.5h	District	1	3	
	1989	Spring Track	300m Hurdles	6th	42.60	District	1	3	
	1989	Winter Track	55m Hurdles	4th	8.4h	District	4	3	

								<b>TOTAL</b>	<b>9</b>
<b>Williams, Loris</b>	1990	Spring Track	100m Hurdles	4th	17.5h	District	4	3	
	1991	Winter Track	55m Dash	6th	8.16	District	1	3	
	1991	Winter Track	55m Hurdles	6th	10.00	District	1	3	
								<b>TOTAL</b>	<b>9</b>
<b>Wyrick, Chrissy</b>	1985	Spring Track	100m Dash	5th	13.94	District	2	3	
	1986	Spring Track	100m Dash	4th	13.64	District	4	3	
	1985	Spring Track	200m Dash	4th	27.84	District	4	3	
								<b>TOTAL</b>	<b>9</b>
<b>Abbott, Ryan</b>	1995	Spring Track	400m Dash	2nd	57.20	Region	8	8	<b>8</b>
<b>Boris, Dan</b>	1982	Spring Track	3200m Run	5th	9:53.4h	District	2	3	
	1982	Spring Track	3200m Run		9:46.6h	CHS Record		5	
								<b>TOTAL</b>	<b>8</b>
<b>Casscone, Pete</b>	1992	Spring Track	High Jump	2nd	6-00.00	District	8	4	
	1992	Spring Track	High Jump	6th	6-02.00	Region	1	4	
								<b>TOTAL</b>	<b>8</b>
<b>Colella, Leandra</b>	2013	Winter Track	4x800m	2nd	9:57.40	District	8	4	
	2013	Spring Track	4x800m	6th	9:57.89	Region	3	4	
								<b>TOTAL</b>	<b>8</b>
<b>Cook, MaryBeth</b>	2000	Winter Track	Pole Vault	6th	7-00.00	District	1	3	
	2000	Indoor Track	Pole Vault		7-00.00	CHS Record		5	
								<b>TOTAL</b>	<b>8</b>
<b>Fox, Steve</b>	2000	Spring Track	Shot Put	2nd	44-10.00	District	8	4	
	2000	Spring Track	Discus	2nd	131-04.00	District	8	4	
								<b>TOTAL</b>	<b>8</b>
<b>Hajibadri, Hozey</b>	2016	Spring Track	Shot Put	6th	45-9.5	Region	3	4	
	2016	Spring Track	Shot Put	2nd	44-1	District	8	4	
								<b>TOTAL</b>	<b>8</b>
<b>Johnson, Jason</b>	1999	Winter Track	4x200m	6th	1:32.70	State	3	8	<b>8</b>
<b>McCormick, John</b>	1985	Spring Track	High Jump	6th	5-08.00	District	0.5	3	
	1985	Spring Track	High Jump		5-08.00	CHS Record		5	
								<b>TOTAL</b>	<b>8</b>
<b>Nguyen, Thuy</b>	1988	Winter Track	Triple Jump	4th	30-11.00	District	4	3	
	1988	Indoor Track	Triple Jump		30-11.00	CHS Record		5	
								<b>TOTAL</b>	<b>8</b>
<b>Parshall, Joshua</b>	2013	Winter Track	1600m Run	8th	4:31.34	Region	1	4	
	2013	Spring Track	4x800m	2nd	7:55.46	District	8	4	
								<b>TOTAL</b>	<b>8</b>
<b>Zarou, Wael</b>	1978	Spring Track	Shot Put	5th	46-10.00	District	2	3	
	1979	Spring Track	Shot Put		47-05.00	CHS Record		5	
								<b>TOTAL</b>	<b>8</b>
<b>Abdul-Malek, Meera</b>	2008	Spring Track	4x100m	5th	50.61	Region	4	4	
	2008	Spring Track	100m Dash	4	13.90	District	4	3	
								<b>TOTAL</b>	<b>7</b>
<b>Baird, Hilary</b>	2007	Winter Track	4x800m	6th	9:48.22	Region	3	4	
	2007	Spring Track	400m Dash	4th	1:00.77	District	4	3	
								<b>TOTAL</b>	<b>7</b>
<b>Booker, Zach</b>	2012	Winter Track	Shot Put	2nd	42-00.25	District	8	4	
	2012	Spring Track	Discus	4th	120-0.00	District	4	3	
								<b>TOTAL</b>	<b>7</b>
<b>Carroll, John</b>	1992	Winter Track	300m Dash	2nd	38.30	District	8	4	
	1992	Winter Track	Long Jump	4th	19-04.25	District	4	3	
								<b>TOTAL</b>	<b>7</b>
<b>Chudasama, Shaan</b>	2017	Spring Track	4x100m	2nd	43.92	District	8	4	

	2017	Spring Track	Long Jump	6th	20-2.25	District	1	3	
<b>Eastman, Christian</b>	2016	Spring Track	110m Hurdles	2nd	15.8	District	8	4	
	2016	Spring Track	300m Hurdles	3rd	42.71	District	6	3	
								<b>TOTAL</b>	<b>7</b>
<b>Hally, Zach</b>	2007	Spring Track	Discus	7th	130-10.00	Region	2	4	
	2007	Spring Track	Discus	3rd	134-05.00	District	6	3	
								<b>TOTAL</b>	<b>7</b>
<b>Holt, Shawn</b>	2002	Winter Track	4x200m	5th	1:50.34	Region	2	4	
	2003	Winter Track	55m Hurdles	4th	9.56	District	4	3	
								<b>TOTAL</b>	<b>7</b>
<b>Khan, Miraj</b>	2013	Winter Track	4x800m	8th	8:30.41	Region	1	4	
	2014	Spring Track	3200m Run	6th	9:47.77	District	1	3	
								<b>TOTAL</b>	<b>7</b>
<b>Kimmel, Paul</b>	1999	Spring Track	Pole Vault	5th	11-06.00	Region	2	4	
	1999	Spring Track	Pole Vault	5th	11-06.00	District	2	3	
								<b>TOTAL</b>	<b>7</b>
<b>Metcalf, Saul</b>	1989	Winter Track	High Jump	2nd	6-00.00	District	8	4	
	1989	Spring Track	High Jump	6th	5-08.00	District	0.5	3	
								<b>TOTAL</b>	<b>7</b>
<b>Morgantini, Matt</b>	1987	Spring Track	Discus	2nd	127-07.00	District	8	4	
	1986	Spring Track	Discus	4th	130-03.00	District	4	3	
								<b>TOTAL</b>	<b>7</b>
<b>Sye, Gregory</b>	2005	Spring Track	Shot Put	7th	48-03.50	Region	2	4	
	2005	Spring Track	Shot Put	3rd	45-11.00	District	6	3	
								<b>TOTAL</b>	<b>7</b>
<b>Whitman, Andrew</b>	2005	Winter Track	4x200m	6th	1:37.75	Region	1	4	
	2005	Winter Track	4x200m	3rd	1:36.58	District	6	3	
								<b>TOTAL</b>	<b>7</b>
<b>Wynn, Edward</b>	2000	Winter Track	55m Dash	2nd	6.77	District	8	4	
	2000	Winter Track	300m Dash	6th	39.60	District	1	3	
								<b>TOTAL</b>	<b>7</b>
<b>Amare, Nako</b>	2018	Winter Track	4x800m	Champion	8:36..26	District	10	6	6
<b>Atkinson, Craig</b>	1991	Winter Track	4x800m	Champion	8:38.49	District	10	6	6
<b>Barbero, Marissa</b>	2018	Winter Track	55m Hurdles	5th	9.92f/ 9.79p	District	2	3	
	2018	Spring Track	300m Hurdles	6th	52.34	District	1	3	
								<b>TOTAL</b>	<b>6</b>
<b>Bliss, Aidan</b>	2018	Winter Track	High Jump	Champion	5-8.00	District	10	6	6
<b>Bouknight, DJ</b>	1998	Winter Track	55m Dash	4th	6.94	District	4	3	
	1998	Winter Track	High Jump	4th	5-10.00	District	4	3	
								<b>TOTAL</b>	<b>6</b>
<b>Bowser, Brett</b>	1990	Spring Track	High Jump	3rd	6-00.00	District	6	3	
	1990	Winter Track	High Jump	3rd	5-10.00	District	6	3	
								<b>TOTAL</b>	<b>6</b>
<b>Butkus, Chris</b>	1992	Spring Track	Pole Vault	5th	11-00.00	District	2	3	
	1992	Winter Track	Pole Vault	3rd	9-06.00	District	6	3	
								<b>TOTAL</b>	<b>6</b>
<b>Carroll, David</b>	1990	Winter Track	4x400m	Champion	3:37.56	District	10	6	6
<b>Ciccione, Alex</b>	2017	Spring Track	4x100m	Champion	49.50	District	10	6	6
<b>Clark, Jason</b>	2018	Winter Track	Shot Put	3rd	38-2.00	District	6	3	



	2018	Spring Track	Shot Put	6th	38-0.75	District	1	3	
								<b>TOTAL</b>	<b>6</b>
<b>Conroy, Miranda</b>	2018	Winter Track	4x400m	Champion	4:13.25	District	10	6	<b>6</b>
<b>Cowne, Mackenzie</b>	2014	Winter Track	High Jump	5th	4-6.00	District	1	3	
	2015	Winter Track	4x800m	3rd	10:00.63	District	6	3	
								<b>TOTAL</b>	<b>6</b>
<b>D'Imperio, Lindsay</b>	2018	Spring Track	Discus	5th	73-2.00	District	2	3	
	2018	Winter Track	Shot Put	6th	25-3.00	District	1	3	
								<b>TOTAL</b>	<b>6</b>
<b>Do, Cong</b>	2011	Winter Track	Long Jump	5th	19-8.25	District	2	3	
	2011	Winter Track	Triple Jump	5th	40-0.5	District	2	3	
								<b>TOTAL</b>	<b>6</b>
<b>Draine, Maria</b>	2000	Spring Track	100m Hurdles	5th	17.32	District	2	3	
	2001	Winter Track	55m Hurdles	4th	9.49	District	4	3	
								<b>TOTAL</b>	<b>6</b>
<b>Fay, Thomas</b>	2005	Spring Track	110m Hurdles	4th	16.76	District	4	3	
	2005	Winter Track	55m Hurdles	6th	8.87	District	1	3	
								<b>TOTAL</b>	<b>6</b>
<b>Fortney, Dan</b>	1996	Spring Track	4x800m	Champion	8:12.7	District	10	6	<b>6</b>
<b>Gallagher, Peter</b>	2000	Winter Track	Pole Vault	6th	9-06.00	District	1	3	
	2001	Winter Track	Pole Vault	4th	11-00.00	District	4	3	
								<b>TOTAL</b>	<b>6</b>
<b>Gentry, Rachel</b>	1986	Spring Track	Shot Put	5th	27-11.75	District	1	3	
	1984	Winter Track	Long Jump	6th	14-07.25	District	2	3	
								<b>TOTAL</b>	<b>6</b>
<b>Gornall, Bill</b>	1988	Spring Track	400m Dash	4th	52.5h	District	4	3	
	1988	Winter Track	1000m Run	4th	2:46.20	District	4	3	
								<b>TOTAL</b>	<b>6</b>
<b>Hart, Angela</b>	1994	Winter Track	Shot Put	6th	29-03.50	District	1	3	
	1995	Winter Track	Shot Put	6th	28-07.00	District	1	3	
								<b>TOTAL</b>	<b>6</b>
<b>Holcomb, Robert</b>	2002	Winter Track	Pole Vault	4th	12-00.00	District	4	3	
	2001	Winter Track	Pole Vault	6th	10-06.00	District	1	3	
								<b>TOTAL</b>	<b>6</b>
<b>Horn, Stephanie</b>	1985	Spring Track	4x100m	Champion	51.4	District	10	6	<b>6</b>
<b>Johnson, Greg</b>	1979	Winter Track	4x220y Relay	Champion	1:38.1	District	9	6	<b>6</b>
<b>Kaepfel, Cindy</b>	1983	Spring Track	Long Jump	4th	15-03.00	District	4	3	
	1983	Winter Track	Long Jump	3rd	14-07.50	District	6	3	
								<b>TOTAL</b>	<b>6</b>
<b>Kline, Maria Theresa</b>	1985	Spring Track	High Jump	6th	4-08.00	District	6	3	
	1985	Winter Track	High Jump	4th	4-06.00	District	4	3	
								<b>TOTAL</b>	<b>6</b>
<b>Loving, John</b>	1990	Spring Track	Discus	6th	121-04.00	District	1	3	
	1990	Spring Track	Shot Put	3rd	43-06.00	District	6	3	
								<b>TOTAL</b>	<b>6</b>
<b>Manley, Kaitlyn</b>	2009	Winter Track	55m Hurdles	6th	9.94	District	1	3	
	2008	Winter Track	55m Hurdles	5th	10.30	District	2	3	
								<b>TOTAL</b>	<b>6</b>

<b>Masters, Lisa</b>	1995	Winter Track	4x800m	Champion	10:25.0	District	10	6	<b>6</b>
<b>Moretti, Rachel</b>	2002	Winter Track	3200m Run	6th	12:19.79	District	1	3	
	2003	Winter Track	3200m Run	5th	12:14.36	District	2	3	
								<b>TOTAL</b>	<b>6</b>
<b>Moron, Jose</b>	2013	Winter Track	Shot Put	6th	41-1.75	District	1	3	
	2013	Spring Track	Discus	3rd	126-5.00	District	6	3	
								<b>TOTAL</b>	<b>6</b>
<b>Olsen, Paula</b>	2002	Spring Track	4x100m	Champion	52.32	District	10	6	<b>6</b>
<b>Oppenheimer, Megan</b>	2002	Spring Track	4x100m	Champion	52.32	District	10	6	<b>6</b>
<b>Page, Warring</b>	1988	Spring Track	Long Jump	6th	14-08.75	District	1	3	
	1988	Winter Track	High Jump	6th	4-04.00	District	1	3	
								<b>TOTAL</b>	<b>6</b>
<b>Park, Morgan</b>	2017	Spring Track	Shot Put	6th	30-2.75	District	1	3	
	2017	Spring Track	Discus	6th	89-0.00	District	1	3	
								<b>TOTAL</b>	<b>6</b>
<b>Perdue, Taylor</b>	1992	Winter Track	4x400m	Champion	4:16.1	District	10	6	<b>6</b>
<b>Perri, Kelli</b>	1985	Winter Track	Shot Put	4th	27-04.25	District	4	3	
	1984	Winter Track	Shot Put	3rd	26-06.50	District	6	3	
								<b>TOTAL</b>	<b>6</b>
<b>Purvis, Kathryn</b>	1994	Spring Track	200m Dash	6th	27.1h	District	1	3	
	1994	Winter Track	55m Dash	3rd	7.89	District	6	3	
								<b>TOTAL</b>	<b>6</b>
<b>Rashid, Lyzan</b>	2011	Spring Track	Discus	4th	81-0.00	District	4	3	
	2012	Winter Track	Shot Put	5th	29-0.00	District	2	3	
								<b>TOTAL</b>	<b>6</b>
<b>Sakovich, Scott</b>	1979	Winter Track	4x220y Relay	Champion	1:38.1	District	9	6	<b>6</b>
<b>Shay, Harrison</b>	2018	Winter Track	4x800m	Champion	8:36..26	District	10	6	<b>6</b>
<b>Sidhu, Jaspal</b>	1996	Spring Track	Pole Vault	4th	10-00.00	District	4	3	
	1996	Winter Track	Pole Vault	6th	10-00.00	District	0.5	3	
								<b>TOTAL</b>	<b>6</b>
<b>Sowah, Mareshah</b>	2012	Spring Track	4x100m	3rd	51.51	District	6	3	
	2014	Winter Track	Triple Jump	3rd	33-11.00	District	3	3	
								<b>TOTAL</b>	<b>6</b>
<b>Stratford, Matt</b>	1996	Spring Track	1600m Run	6th	4:34.6h	District	1	3	
	1996	Winter Track	1600m Run	3rd	4:48.6h	District	6	3	
								<b>TOTAL</b>	<b>6</b>
<b>Tait, Marvin</b>	1996	Spring Track	200m Dash	6th	23.4h	District	1	3	
	1996	Spring Track	100m Dash	5th	11.5h	District	2	3	
								<b>TOTAL</b>	<b>6</b>
<b>Walker, Hal</b>	1976	Winter Track	60y Hurdles	Champion	8.2h	District	10	6	<b>6</b>
<b>Carlson, Carolyn</b>	2011	Cross Country	Cross Country	12th		District		2	

	2012	Spring Track	3200m Run	6th	11:47.60	District	1	3	
<b>Colling, Ken</b>	1992	Winter Track	3200m Run	3rd	10:31.80	District	6	3	<b>5</b>
	1991	CC	Cross Country	11th		District		2	
								<b>TOTAL</b>	<b>5</b>
<b>Dillon, Mike</b>	1976	Spring Track	1600m Run-Y		4:36.0h	CHS Record		5	<b>5</b>
<b>Franks, Megan</b>	2000	Spring Track	Pole Vault		8-06.00	CHS Record		5	<b>5</b>
<b>Scarlett, Diana</b>	1977	Spring Track	High Jump		5-01.00	CHS Record		5	<b>5</b>
<b>Skulas, Elena</b>	1987	Winter Track	3200m Run	6th	12:29.20	District	1	3	
	1987	CC	Cross Country	9th		District		2	
								<b>TOTAL</b>	<b>5</b>
<b>Wolfe, John</b>	1980	Spring Track	880y Run		2:01.6h	CHS Record		5	<b>5</b>
<b>Baughn, Gene</b>	1990	Spring Track	Discus	6th	136-06.00	Region	1	4	<b>4</b>
<b>Boucher, Dylan</b>	2018	Spring Track	300m Hurdles	2nd	43.19	District	8	4	<b>4</b>
<b>Box, Taylor</b>	2005	Winter Track	4x800m	5th	8:14.76	Region	2	4	<b>4</b>
<b>Britt, ???</b>	1991	Spring Track	Discus	5th	140-03.00	Region	2	4	<b>4</b>
<b>Clark, Will</b>	1984	Spring Track	Pole Vault	6th	12-03.00	Region	1	4	<b>4</b>
<b>DeLeon, Andrew</b>	2013	Winter Track	4x800m	8th	8:30.41	Region	1	4	<b>4</b>
<b>Denis, Ed</b>	1988	Winter Track	Pole Vault	2nd	10-06.00	District	7	4	<b>4</b>
<b>Dutton, Rico</b>	2010	Spring Track	Shot Put	2nd	46-7.5	District	8	4	<b>4</b>
<b>Eadie, Robert</b>	1999	Winter Track	1000m Run	2nd	2:43.24	District	8	4	<b>4</b>
<b>Golden, Julia</b>	2015	Winter Track	4x400m	2nd	4:14.15	District	8	4	<b>4</b>
<b>Griffith, Linda</b>	1977	Spring Track	440y Dash	2nd	63.4h	District	8	4	<b>4</b>
<b>Hill, Kisha</b>	1991	Spring Track	100m Dash	2nd	12.8h	District	8	4	<b>4</b>
<b>Linehan, Patrick</b>	2013	Winter Track	4x800m	8th	8:30.41	Region	1	4	<b>4</b>
<b>Madaj, Jack</b>	2018	Spring Track	Shot Put	2nd	39-8.75	District	8	4	<b>4</b>
<b>Malander, Peter</b>	2011	Cross Country	Cross Country	15th		District		2	
	2013	Cross Country	Cross Country	15th	15:58.0	District		2	
								<b>TOTAL</b>	<b>4</b>
<b>Nash, Bob</b>	1989	Spring Track	Pole Vault	2nd	12-00.00	District	8	4	<b>4</b>
<b>Russo, John</b>	2007	Winter Track	4x200m	2nd	1:35.83	District	8	4	<b>4</b>
<b>Scott, Chris</b>	2006	Winter Track	4x400m	2nd	3:35.72	District	8	4	<b>4</b>
<b>Thapa, Abijaya</b>	2017	Spring Track	4x100m	2nd	43.92	District	8	4	<b>4</b>

<b>Tiemeni, Carlex</b>	2018	Winter Track	Shot Put	2nd	39-0.00	District	8	4	<b>4</b>
<b>Tran, Son</b>	2009	Winter Track	4x200m	6th	1:35.08	Region	3	4	<b>4</b>
<b>Warfield, Chris</b>	1990	Winter Track	500m Dash	6th	1:21.17	Region	1	4	<b>4</b>
<b>Yarger, Michelle</b>	2002	Winter Track	4x200m	5th	1:50.34	Region	2	4	<b>4</b>
<b>Abisogun, Akin</b>	2015	Winter Track	Shot Put	4th	44-3.5	District	4	3	<b>3</b>
<b>Amaya, Gary</b>	1994	Winter Track	500m Dash	5th	1:11.34	District	2	3	<b>3</b>
<b>Annab, David</b>	2006	Winter Track	Shot Put	5th	42-08.00	District	2	3	<b>3</b>
<b>Atkinson, Chris</b>	1992	Winter Track	500m Dash	3rd	1:11.64	District	6	3	<b>3</b>
<b>Augustine, Doub</b>	1996	Spring Track	400m Dash	6th	52.2h	District	1	3	<b>3</b>
<b>Baker, Greg</b>	1979	Winter Track	High Jump	4th	5-6.00	District	1.75	3	<b>3</b>
<b>Baker, Jeremy</b>	1996	Spring Track	Long Jump	5th	19-09.75	District	2	3	<b>3</b>
<b>Barrett, Elizabeth</b>	2001	Spring Track	400m Dash	6th	1:02.67	District	1	3	<b>3</b>
<b>Bartanowitz, Jim</b>	1984	Winter Track	3200m Run	6th	10:26.4h	District	1	3	<b>3</b>
<b>Beard, Danielle</b>	2016	Spring Track	4x100m	3rd	51.27	District	6	3	<b>3</b>
<b>Benson, Greg</b>	2011	Winter Track	High Jump	6th	5-5.00	District	1	3	<b>3</b>
<b>Besette, ???</b>	1983	Winter Track	Pole Vault	4th	???	District	4	3	<b>3</b>
<b>Bickley, Chris</b>	1996	Winter Track	1000m Run	3rd	2:45.1h	District	6	3	<b>3</b>
<b>Biskaduros, Eric</b>	2003	Spring Track	4x100m	3rd	45.72	District	6	3	<b>3</b>
<b>Bollinger, Kyle</b>	2004	Spring Track	300m Hurdles	6th	44.69	District	1	3	<b>3</b>
<b>Braden, Chris</b>	1985	Spring Track	1600m Run	5th	4:32.3h	District	2	3	<b>3</b>
<b>Carlson, XXX</b>	1983	Winter Track	500m Run	6th	NT	District	1	3	<b>3</b>
<b>Carter, Shana</b>	1993	Winter Track	Shot Put	3rd	32-06.25	District	6	3	<b>3</b>
<b>Chapman, Kimberly</b>	1990	Winter Track	3200m Run	6th	13:06.3h	District	1	3	<b>3</b>
<b>Chapman, Ryan</b>	1991	Winter Track	1600m Run	5th	4:51.85	District	2	3	<b>3</b>
<b>Cohen, Ethan</b>	2015	Winter Track	High Jump	6th	5-6.00	District	1	3	<b>3</b>
<b>Cohen, Jennifer</b>	2011	Winter Track	Pole Vault	4th	8-0.00	District	4	3	<b>3</b>
<b>Coleman, Carol</b>	1978	Spring Track	Long Jump	6th	15-2.25	District	1	3	<b>3</b>
<b>Collins, Audra</b>	1988	Spring Track	800m Run	6th	2:36.20	District	1	3	<b>3</b>
<b>Connors, Mike</b>	1978	Winter Track	60y Hurdles	4th	8.0h	District	4	3	<b>3</b>

<b>Csicsmann, Nicholas</b>	2013	Winter Track	4x400m	3rd	3:34.92	District	6	3	<b>3</b>
<b>Dale, Michelle</b>	1990	Spring Track	Discus	5th	89-06.00	District	2	3	<b>3</b>
<b>Deveau, Ciana</b>	2014	Winter Track	Triple Jump	4th	32-7.25	District	4	3	<b>3</b>
<b>Ewing, Trudi</b>	1984	Spring Track	100m Hurdles	4th	17.6h	District	4	3	<b>3</b>
<b>Fitzhugh, Samuel</b>	2018	Spring Track	110m Hurdles	6th	20.34f/ 18.71p	District	1	3	<b>3</b>
<b>Fitzpatrick, Kevin</b>	1978	Winter Track	High Jump	4th	5-6.00	District	4	3	<b>3</b>
<b>Franks, Jason</b>	1996	Spring Track	110m Hurdles	6th	18.5h	District	1	3	<b>3</b>
<b>Gaalaas, Eric</b>	1989	Winter Track	1000m Run	3rd	2:44.3h	District	6	3	<b>3</b>
<b>Gantt, Melanie</b>	1978	Spring Track	Two Mile Run	4th	12:20.6h	District	4	3	<b>3</b>
<b>Gast, Katie</b>	2007	Spring Track	300m Hurdles	6th	51.88	District	1	3	<b>3</b>
<b>Gautschi, Isabelle</b>	2015	Spring Track	Discus	6th	82-9.00	District	1	3	<b>3</b>
<b>Goldman, Shana</b>	2003	Spring Track	Pole Vault	6th	7-00.00	District	1	3	<b>3</b>
<b>Griner, Stacy</b>	1990	Spring Track	High Jump	5th	4-08.00	District	2	3	<b>3</b>
<b>Hamilton, Bob</b>	1986	Winter Track	55m Dash	5th	7.04	District	2	3	<b>3</b>
<b>Hinkley, Janet</b>	1983	Spring Track	800m Run	4th	2:31.4h	District	4	3	<b>3</b>
<b>Holland, Sean</b>	2001	Winter Track	55m Hurdles	5th	8.58	District	2	3	<b>3</b>
<b>Holton, Mike</b>	2008	Spring Track	4x800m	3rd	8:11.06	District	6	3	<b>3</b>
<b>Isner, Melissa</b>	1992	Winter Track	55m Dash	3rd	7.92	District	6	3	<b>3</b>
<b>Isom, Tiara</b>	2006	Spring Track	High Jump	6th	4-04.00	District	0.5	3	<b>3</b>
<b>Jackson, Robert</b>	1978	Spring Track	100y Dash	6th	10.5h	District	1	3	<b>3</b>
<b>Jeter, Jessica</b>	2005	Winter Track	Shot Put	5th	31-11.75	District	2	3	<b>3</b>
<b>Johnson, Bryant</b>	1996	Winter Track	3200m Run	6th	10:40.7h	District	1	3	<b>3</b>
<b>Justice, Emily</b>	2006	Spring Track	Shot Put	6th	28-02.00	District	1	3	<b>3</b>
<b>Kadolph, Leah</b>	1993	Winter Track	High Jump	6th	4-04.00	District	1	3	<b>3</b>
<b>Kaepfel, Tracy</b>	1983	Spring Track	400m Dash	5th	1:03.7h	District	2	3	<b>3</b>
<b>Kemavor, Aaron</b>	2012	Spring Track	Shot Put	5th	41-3.75	District	2	3	<b>3</b>
<b>Labar, Amelia</b>	2018	Winter Track	Shot Put	5th	26-1.50	District	2	3	<b>3</b>
<b>Landrey, Bryan</b>	1982	Winter Track	55m Hurdles	6th	8.5h	District	1	3	<b>3</b>
<b>Lasher, Angela</b>	1987	Winter Track	High Jump	6th	4-08.00	District	1	3	<b>3</b>

<b>LeFrancois, Danielle</b>	2012	Spring Track	4x100m	3rd	4:17.25	District	6	3	<b>3</b>
<b>Lee, Tom</b>	1988	Winter Track	Pole Vault	5th	10-00.00	District	2	3	<b>3</b>
<b>Lewis, Mhalia</b>	1988	Spring Track	Triple Jump	6th	32-02.00	District	1	3	<b>3</b>
<b>Lindjem, Erik</b>	1994	Spring Track	Shot Put	4th	42-10.50	District	4	3	<b>3</b>
<b>Lumicao, Carlo</b>	2014	Spring Track	Discus	4th	115-9.00	District	4	3	<b>3</b>
<b>Marcy, Steve</b>	1978	Spring Track	440y Dash	6th	53.8h	District	1	3	<b>3</b>
<b>Marotta, Nick</b>	2015	Spring Track	4x800m	3rd	8:13.44	District	6	3	<b>3</b>
<b>Matthews, Frank</b>	1994	Spring Track	100m Dash	6th	11.4h	District	1	3	<b>3</b>
<b>Mazloum, Sean</b>	2011	Spring Track	Long Jump	4th	19-7.75	District	4	3	<b>3</b>
<b>Maynard, Steve</b>	1986	Spring Track	Discus	3rd	136-02.50	District	6	3	<b>3</b>
<b>McDonald, Billy</b>	1992	Spring Track	110m Hurdles	6th	18.3h	District	1	3	<b>3</b>
<b>McGee, ???</b>	1993	Spring Track	Shot Put	3rd	44-04.50	District	6	3	<b>3</b>
<b>McNiel, Elmer</b>	1978	Spring Track	High Jump	5th	5-6.00	District	2	3	<b>3</b>
<b>Meadows, Jennfier</b>	1988	Spring Track	800m Run	4th	2:29.5h	District	4	3	<b>3</b>
<b>Miller, Sharon</b>	1978	Spring Track	440y Dash	4th	62.5h	District	4	3	<b>3</b>
<b>Miller, ???</b>	1993	Spring Track	Discus	6th	92-11.00	District	1	3	<b>3</b>
<b>Minor, Abigail</b>	2014	Spring Track	100m Hurdles	4th	18.04f/ 17.85s	District	4	3	<b>3</b>
<b>Mitchell, Nathan</b>	2016	Spring Track	Discus	6th	109-10	District	1	3	<b>3</b>
<b>Mitchual, Samantha</b>	2008	Spring Track	100m Hurdles	5th	19.15	District	2	3	<b>3</b>
<b>Moretti, Kristen</b>	2003	Winter Track	1600m Run	3rd	5:29.33	District	6	3	<b>3</b>
<b>Mutchler, Natalie</b>	2006	Winter Track	4x800m	3rd	9:49.26	District	6	3	<b>3</b>
<b>Nash, Brian</b>	1988	Spring Track	Pole Vault	3rd	11-00.00	District	6	3	<b>3</b>
<b>Naugles, Mikhail</b>	2013	Spring Track	Triple Jump	4th	40-6.00	District	4	3	<b>3</b>
<b>Nelson, Meka</b>	1989	Spring Track	100m Dash	6th	13.84	District	1	3	<b>3</b>
<b>Nguyen, Vinh</b>	2016	Winter Track	55m Dash	6th	6.96	District	1	3	<b>3</b>
<b>Norcini, Jake</b>	2015	Spring Track	Long Jump	4th	19-10.00	District	4	3	<b>3</b>
<b>O'Brien, Doug</b>	1996	Spring Track	Pole Vault	6	10-00.00	District	0.5	3	<b>3</b>

<b>O'Malley, KC</b>	2004	Winter Track	4x800m	3rd	8:27.53	District	6	3	<b>3</b>
<b>O'Malley, Shannon</b>	2004	Spring Track	High Jump	4th	4-06.00	District	4	3	<b>3</b>
<b>Panjshiri, Rostam</b>	2014	Spring Track	Long Jump	5th	19-1.75	District	2	3	<b>3</b>
<b>Parham, Ken</b>	1992	Winter Track	55m Dash	4th	6.98	District	4	3	<b>3</b>
<b>Park, Sejin</b>	2016	Winter Track	55m Hurdles	4th	8.6	District	4	3	<b>3</b>
<b>Patrick, Tim</b>	2008	Spring Track	Discus	6th	112-00.00	District	1	3	<b>3</b>
<b>Patten, Ray</b>	1978	Spring Track	Pole Vault	6th	9-6.00	District	1	3	<b>3</b>
<b>Pearson, Marc</b>	1984	Spring Track	110m Hurdles	3rd	15.34	District	6	3	<b>3</b>
<b>Perko, Doug</b>	1983	Spring Track	400m Dash	4th	51.9h	District	4	3	<b>3</b>
<b>Posey, Matthew</b>	2017	Spring Track	Shot Put	4th	43-6.50	District	4	3	<b>3</b>
<b>Schneebeck, Doug</b>	1978	Winter Track	60y Hurdles	5th	8.1h	District	2	3	<b>3</b>
<b>Reese, Renee</b>	1991	Winter Track	Long Jump	4th	15-01.75	District	4	3	<b>3</b>
<b>Rhoads, Megan</b>	2011	Winter Track	3200m Run	4th	12:11.65	District	4	3	<b>3</b>
<b>Ricks, James</b>	2009	Spring Track	High Jump	5th	5-08.00	District	1.5	3	<b>3</b>
<b>Rogers, John</b>	1992	Spring Track	Shot Put	6th	40-05.25	District	1	3	<b>3</b>
<b>Romano, Robert</b>	2007	Winter Track	Shot Put	4th	42-06.75	District	4	3	<b>3</b>
<b>Smith, Raeshawnn</b>	2013	Spring Track	Triple Jump	5th	40-4.25	District	2	3	<b>3</b>
<b>Sewell, Nicolette</b>	2014	Spring Track	Discus	3rd	102-6.00	District	6	3	<b>3</b>
<b>Stemberger, Vic</b>	1989	Winter Track	3200 Run	6th	10:46.90	District	1	3	<b>3</b>
<b>Sye, Leah</b>	2006	Spring Track	Shot Put	4th	28-09.50	District	4	3	<b>3</b>
<b>Tait, Matt</b>	1985	Winter Track	Triple Jump	6th	39-11.75	District	1	3	<b>3</b>
<b>Tarrant, Kelly</b>	2007	Spring Track	4x100m	3rd	52.04	District	6	3	<b>3</b>
<b>Tedder, Kim</b>	1983	Winter Track	1000m Run	3rd	3:24.10	District	6	3	<b>3</b>
<b>Terry, Alexander</b>	2012	Spring Track	100m Dash	6th	11.54	District	1	3	<b>3</b>
<b>Thalman, Brandon</b>	1991	Spring Track	110m Hurdles	3rd	16.1h	District	6	3	<b>3</b>
<b>Thies, Carl</b>	1982	Spring Track	5th	5th	133-07.00	District	2	3	<b>3</b>
<b>Tomczyk, Steve</b>	1978	Winter Track	Long Jump	6th	19-5.5	District	1	3	<b>3</b>
<b>Trammel, Ernie</b>	1985	Spring Track	400m Dash	4th	52.4h	District	4	3	<b>3</b>
<b>Tucker, Samuel III</b>	2010	Winter Track	4x800m	3rd	8:27.04	District	6	3	<b>3</b>
<b>Vassallo, Melanie</b>	2008	Winter Track	Pole Vault	6th	7-00.00	District	0.33	3	<b>3</b>

<b>Wang, Lily</b>	2008	Winter Track	55m Hurdles	6th	10.76	District	1	3	<b>3</b>
<b>Whaley, Melinda</b>	1989	Winter Track	Shot Put	6th	27-03.00	District	1	3	<b>3</b>
<b>Wickstrom, Diane</b>	1990	Spring Track	100m Hurdles	5th	17.7h	District	2	3	<b>3</b>
<b>Wiegand, Jake</b>	2008	Spring Track	High Jump	3rd	5-10.00	District	5	3	<b>3</b>
<b>Wilkins, Todd</b>	1988	Winter Track	Pole Vault	4th	10-06.00	District	4	3	<b>3</b>
<b>Wintrode, Jon</b>	1996	Spring Track	Shot Put	6th	43-10.00	District	1	3	<b>3</b>
<b>Woods, Obie</b>	1997	Spring Track	100m Dash	6th	11.6h	District	1	3	<b>3</b>
<b>Workman, Jeremy</b>	1987	Spring Track	400m Dash	5th	51.9h	District	2	3	<b>3</b>
<b>Wozniak, Kris</b>	1988	Spring Track	Discus	4th	96-11.00	District	4	3	<b>3</b>
<b>Young, Makini</b>	1997	Winter Track	Long Jump	6th	14-08.75	District	1	3	<b>3</b>
<b>Zhou, Rebecca</b>	2017	Winter Track	55m Hurdles	5th	10.00	District	2	3	<b>3</b>
<b>Barlow, Momiji</b>	2017	Cross Country	Cross Country	15th	19:07.0	District	15	2	<b>2</b>
<b>Carlson, Carl</b>	1999	Cross Country	Cross Country	12th		District	12	2	<b>2</b>
<b>Dobson, Jamie</b>	1997	Cross Country	Cross Country	9th		District	9	2	<b>2</b>
<b>Dudney, Louis</b>	1982	Cross Country	Cross Country	13th		District	13	2	<b>2</b>
<b>Hargett, Cindy Ann</b>	1982	Cross Country	Cross Country	11th		District	11	2	<b>2</b>
<b>Howard, Lauren</b>	2003	Cross Country	Cross Country	14th		District	14	2	<b>2</b>
<b>Lauro, Matt</b>	2001	Cross Country	Cross Country	12th		District	12	2	<b>2</b>
<b>Loughery, Richard</b>	1998	Cross Country	Cross Country	13th		District	13	2	<b>2</b>
<b>Nisco, Derek</b>	1987	Cross Country	Cross Country	14th		District	14	2	<b>2</b>
<b>Thwaits, Annette</b>	1983	Cross Country	Cross Country	14th		District	14	2	<b>2</b>
<b>Plummer, Natalie</b>	2011	Cross Country	Cross Country	14th		District	14	2	<b>2</b>
<b>Name</b>	<b>Year</b>	<b>Season</b>	<b>Event</b>	<b>Place</b>	<b>Perf</b>	<b>Level</b>	<b>Points</b>	<b>HoF Points</b>	<b>TOTAL</b>
<b>Dillon, Mike</b>	1976	Spring Track	1600m Run-Y		4:36.0h	CHS Record		5	<b>5</b>
<b>Wolfe, John</b>	1980	Spring Track	880y Run		2:01.6h	CHS Record		5	<b>5</b>